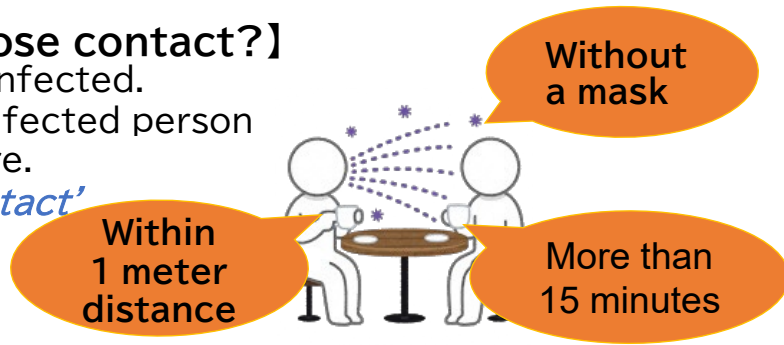


# For those who have had close contact with a COVID-19 case

## [Who may be considered a close contact?]

1. A household member has been infected.
2. You were within 1 meter of an infected person for a total of 15 minutes or more.

*If you are considered 'a close contact' your local public health center will contact you.*



## What to expect if you have become a close contact.

You may have contracted the virus. Your local public health center will request testing and monitor your health.

Notification from your local public health center

If you test Positive

You will be admitted to a designated hospital or a lodging facility for isolation. Some local public health authorities may request to self-isolate at home.

OR

- If you test Negative
- If you are NOT tested

You will be advised to self-quarantine and be monitored for 14 days (until ) after the last exposure. Some local public health authorities may call you or request to use an app to monitor your health. Stay home and away from other people whenever possible.

- Check and record your temperature twice a day : every morning and evening. If you have a temperature of 37.5C or higher, feel feverish, develop cough, runny nose, sore throat, shortness of breath, or loss of taste and/or smell, contact your local public health center.
- Self-isolate at home and avoid sharing spaces and things with other members of your household as much as possible.
- 8 tips to follow when you self-isolate.



## For questions and concerns, contact your local public health center.

(contact information)

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If you need to see your healthcare provider, make sure you call them in advance and inform that you are a close contact of a COVID-19 patient.

Avoid using public transportation