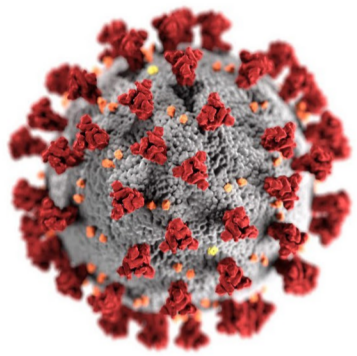


PROTECT YOURSELF AND THE LOVED ONES FROM CORONAVIRUS.

STAY home as much as you can.

It's important that everyone plays their part in reducing the spread of coronavirus in the Isle of Man. It's important that where you can, you stay home as much as possible.



What is COVID-19?

Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus



How is COVID-19 Transmitted?

The new coronavirus is a respiratory virus which spreads primarily through droplets generated when an infected person coughs or sneezes, or through droplets of saliva or discharge from the nose.



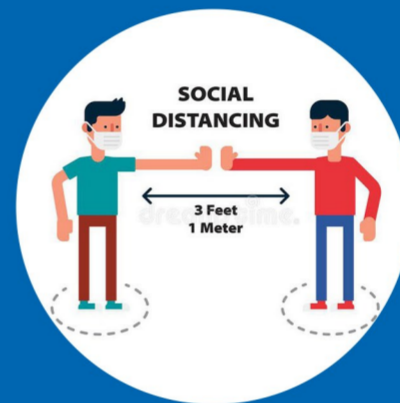
Droplets generated when an infected person coughs or sneezes.



Droplets of saliva when an infected person is talking or shouting.



Discharge from the nose of an infected person



Limiting face-to-face contact with others is the best way to reduce the spread of coronavirus disease 2019 (COVID-19).



Keeping hands clean is one of the most important steps we can take to avoid getting sick and spreading germs to others.



How To Prevent Individuals from Getting infected with COVID-19?

1. **STAY** home as much as you can.
2. **KEEP** a safe distance.
3. **WASH** your hands often.
4. **COVER** your cough.



Masks are effective only when used in combination with frequent hand cleaning with alcohol-based hand rub or soap and water.



Call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have **COVID-19**

Message to the community: People should continue to follow the precaution measures to protect themselves and the loved ones against COVID-19, also staying away from negative news which create fear.

#StaySafe
Coronavirus is real.