## STUDENT CRISIS RESPONSE

Use this guide to identify the best resource to support students in crisis or needing mental health support



## COUNSELING & PSYCHOLOGICAL SERVICES

## 805-756-2511

#### Contact when...

Situation is stable and student poses no imminent danger to self or others

Student has thoughts of harm to self or others

Student is interested in additional support, including safety planning and resources

You are unsure of what support is needed

#### Tell the student...

"The Crisis Line is available to support them 24/7 and in person and virtual services are available M-F 8:30am-4:30pm."

# SLO County MOBILE CRISIS TEAM

### 800-783-0607

#### Contact when...

Student is in visible distress, but no active danger is present

Student is expressing strong suicidal thoughts

Student has a plan to end their life

Student may qualify for an involuntary mental health hold (unable to care for self, intensifying thoughts of suicide or homicide with plan and intention)

#### Tell the student...

"Whenever MCT is contacted, CPPD is informed but does not typically accompany response."



## CAL POLY POLICE (CPPD)

## 911/805-756-2281

#### Contact when...

' Situation poses imminent danger for student or community; intensifying suicidal or homicidal thoughts

Weapons are present

Student is displaying aggression or hostility

Student is intoxicated and unable to care for themselves

Student has medical concerns

#### Tell the student...

"The police have been contacted and they are responding."

