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**Biowaste home composting: Experimental process monitoring and quality control**

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20 **ABSTRACT**

21 Because home composting is a prevention option in managing biowaste at local levels, the objective  
22 of the present study was to contribute to the knowledge of the process evolution and compost  
23 quality that can be expected and obtained, respectively, in this decentralized option. In this study,  
24 organized as the research portion of a provincial project on home composting in the territory of  
25 Pesaro-Urbino (Central Italy), four experimental composters were first initiated and temporally  
26 monitored. Second, two small sub-sets of selected provincial composters (directly operated by  
27 households involved in the project) underwent quality control on their compost products at two  
28 different temporal steps. The monitored experimental composters showed overall decreasing  
29 profiles versus composting time for moisture, organic carbon, and C/N, as well as overall increasing  
30 profiles for electrical conductivity and total nitrogen, which represented qualitative indications of  
31 progress in the process. Comparative evaluations of the monitored experimental composters also  
32 suggested some interactions in home composting, i.e., high C/N ratios limiting organic matter  
33 decomposition rates and final humification levels; high moisture contents restricting the internal  
34 temperature regime; nearly horizontal phosphorus and potassium evolutions contributing to limit  
35 the rates of increase in electrical conductivity; and prolonged biowaste additions contributing to  
36 limit the rate of decrease in moisture. The measures of parametric data variability in the two sub-  
37 sets of controlled provincial composters showed decreased variability in moisture, organic carbon,  
38 and C/N from the seventh to fifteenth month of home composting, as well as increased variability in  
39 electrical conductivity, total nitrogen, and humification rate, which appear to be conditions that are  
40 compatible with the respective nature of decreasing and increasing parameters during composting.  
41 The modeled parametric kinetics in the monitored experimental composters, along with the  
42 evaluation of the parametric central tendencies in the sub-sets of controlled provincial composters,  
43 all indicate that 12-15 months is a suitable duration time for the appropriate development of home  
44 composting in final and simultaneous compliance with typical reference limits.

45

- 46 *Keywords:*
- 47 Biowaste
- 48 Home composting
- 49 Kinetics
- 50 Process monitoring
- 51 Quality control
- 52 Time
- 53
- 54

## 55 **1. Introduction**

56 In accordance with the framework waste legislation (Directive 2008/98/EC), the European  
57 Union's approach to solid waste management is based on an integrated, hierarchical system with  
58 waste prevention as the highest priority. In line with this priority, and to comply with the further  
59 requirement of the European landfill directive (1999/31/EC) to progressively reduce the amount of  
60 municipal biodegradable waste going to landfills, prevention measures and programs are expected  
61 and particularly encouraged for the biowaste category, followed by recovery options based on  
62 separate collection and biological treatment systems for biowaste that cannot be prevented  
63 (European Commission, 2010). Moreover, the European strategy for waste prevention generally  
64 calls for prevention actions to be taken at all geographical scales of governance, including regional  
65 and local levels (European Commission, 2005).

66 At local territorial levels, the combined option of segregating domestic biodegradable waste at  
67 the source and directly destining it to home composting may be seen as a valuable prevention action  
68 contributing to reduce the generation of household waste (Onida, 2000; Cox et al., 2010). In fact,  
69 biowaste home composting closes the material loop directly at the source place (usually, the owned  
70 garden or land) and does not imply any external waste collection, transport, or management actions  
71 (with their related costs) nor should any residual waste be generated by the locally performed  
72 process (Onida, 2000; Zurbrügg et al., 2004; Adhikari et al., 2010). However, while the alternative  
73 and predominant recovery option of centralized composting of organic waste has been widely  
74 studied and developed at the industrial level and well addressed in international waste/biowaste  
75 management handbooks (Tchobanoglous et al., 1993; Krogmann et al., 2010; Epstein, 2011),  
76 biowaste home composting has only recently begun to be analyzed from a technical and scientific  
77 perspective (Colón et al., 2010). In particular, some studies have recently been focused on the  
78 following issues with biowaste home composting: (1) citizen attitude and behavior as evaluated by  
79 investigations including interviews, questionnaires, and focus groups (Tucker et al., 2003; Curtis et  
80 al., 2009); (2) the quantitative impact in terms of amounts of avoided waste per household and unit

81 time (Smith and Jasim, 2009; Cox et al., 2010; Sharp et al., 2010); and (3) the environmental  
82 assessment of the entire process based on the life cycle assessment methodology, with the  
83 preliminary individuation of the pertaining inventories (McKinley and Williams, 2007; Amlinger et  
84 al., 2008; Andersen et al., 2011, 2012; Colón et al., 2010).

85 In conjunction with the quantitative and life cycle-based evaluations, a comprehensive technical-  
86 scientific view of biowaste home composting should also include increasing the currently limited  
87 knowledge of the process performance and efficiency in the composting units (Karnchanawong and  
88 Suriyanon, 2011; Ermolaev et al., 2014). Indicatively, a comparative study on the characterization  
89 of product samples from home and industrial composting, with particular attention to their stability,  
90 appeared only recently (Barrena et al., 2014). Therefore, it seems useful to make available  
91 complementary research studies focused on (1) the monitoring and analysis of the temporal  
92 evolution of the home composting process, and (2) the evaluation of the quality of compost  
93 products that can be obtained in practice by households implementing this decentralized approach.  
94 Both of these aspects were considered in the present experimental study, which was performed as  
95 the technical-scientific portion of a project on the local feasibility of home composting managed by  
96 the provincial authority in the territory of Pesaro-Urbino (Marche Region, Central Italy, Adriatic  
97 Sea side), where the University of Urbino is located. In particular, the provincial project involved  
98 the distribution of identical composters to over 1,600 households for the home composting of  
99 domestic biowaste for an extended period of fifteen months. In the technical-scientific research  
100 component of the project, firstly the temporal evolution of the home composting process was  
101 studied at the University of Urbino by initially organizing and temporally monitoring four  
102 experimental composters: two located in the coastal area of the two main provincial sea-towns and  
103 the other two in the inland area of the main provincial hilly-town. Then, to obtain an indication of  
104 the actual performance of home composting carried out by households directly involved in the  
105 provincial project, two small sub-sets of household composters were selected by the provincial  
106 authority according to a partly statistical procedure, and the respective product samples underwent

107 quality control at the University of Urbino with the following temporal differentiation: (1) one  
108 intermediate characterization campaign on the first sub-set of composters, and (2) a final  
109 characterization campaign on the second sub-set of composters. For a realistic evaluation of the  
110 monitoring and control of biowaste home composting, the obtained characterization results  
111 (temporal profiles and related kinetic elaborations, univocal determinations, or data sub-sets) were  
112 compared with reference limits for several of the characterized parameters based on the Italian  
113 legislation (with an additional integration from a European specification).

114

## 115 **2. Materials and methods**

### 116 *2.1. Process monitoring of experimental composters*

117 The following experimental composters (“comp”) located in the provincial territory of Pesaro-  
118 Urbino were initiated and temporally monitored (Fig. 1, left): (1) “comp-uni-u” composter, which  
119 served the scientific campus (canteen and green area maintenance) of the University of Urbino  
120 (“uni”) situated in a green hilly area close to the historic town of Urbino (“u”); (2) “comp-house-u”  
121 composter, which served a detached house with a garden (“house”) situated in the hilly municipal  
122 territory of Urbino; (3) “comp-residential-p” composter, which served a multi-occupancy residential  
123 building with a garden (“residential”) situated in the municipal territory of the sea-town of Pesaro  
124 (“p”); and (4) “comp-rural-f” composter, which served a rural house with land (“rural”) situated in  
125 the municipal territory of the sea-town of Fano (“f”). Each experimental composter was of the same  
126 type (model 310, Mattiussi Ecologia, Italy) as that adopted in the aforementioned provincial project,  
127 with the following characteristics (Fig. 1, right): polypropylene composition, truncate conical body,  
128 92 cm in height and 80 cm in maximum diameter, volumetric capacity of 0.31 m<sup>3</sup>, and equipped  
129 with a circular opening lid on the upper part (for biowaste addition) and a side sliding door on  
130 guides (for control, sampling, and final compost withdrawal). The cylindrical-shaped bottom had  
131 channels, slits, and an internal vertical cone with non-clogging holes to favor a natural aeration into  
132 the composter.

133 The experimental composters were placed outdoors in partial shading conditions, directly onto  
134 stable but uncompacted soil. The biowaste feeding operations began in spring (end of April) for all  
135 experimental composters and continued for a period of seven months in “comp-uni-u”, “comp-  
136 residential-p”, and “comp-rural-f” composters and for a total of thirteen months in “comp-house-u”  
137 composter. The experimental composters were fed approximately twice a week, which is a feeding  
138 frequency previously adopted in another study of home composting (Andersen et al., 2010). Each  
139 feeding operation generally consisted of a combination of the two complementary streams of  
140 biowaste (i.e., kitchen and green waste) mixed in a volumetric proportion of approximately 1:1.  
141 Referring indicatively to “comp-uni-u” and “comp-residential-p” composters, the resulting average  
142 weekly amounts of feeding mixture were 5.5 and 5.3 kg week<sup>-1</sup>, respectively. Compared with  
143 relevant experimental studies on the life cycle assessment of home composting, these resulting  
144 average weekly amounts are within the range of weekly additions of biowaste mixture, with lower  
145 values of 2.7-3.7 kg week<sup>-1</sup> reported by Andersen et al. (2010, 2011), and higher values of 11.4 and  
146 18.0 kg week<sup>-1</sup> reported by Martínez-Blanco et al. (2010) and Colón et al. (2010), respectively.  
147 Further, the resulting values of 5.3 and 5.5 kg week<sup>-1</sup> are consistent with the overall range of  
148 average weekly additions of 4.6-6.9 kg week<sup>-1</sup> reported by McKinley and Williams (2007) based on  
149 a literature review of home composting data.

150 The temporal monitoring of the home composting process relied on the determination of the  
151 following parameters for each experimental composter: (1) moisture, pH, electrical conductivity,  
152 and volatile solids, determined on a monthly basis from the second to the tenth month since the  
153 biowaste feedings began; (2) total nitrogen, extractable phosphorus (as P<sub>2</sub>O<sub>5</sub>) and potassium (as  
154 K<sub>2</sub>O), determined on a monthly basis from the sixth-seventh to the tenth month since the biowaste  
155 feedings began; and (3) a conclusive characterization of all previous parameters in the thirteenth  
156 month since the biowaste feedings began along with the additional determination of humified  
157 organic carbon (HA + FA, the combined humic and fulvic acid fractions) and heavy metals  
158 (cadmium, chromium, copper, lead, nickel, and zinc). The mixture samples for these determinations

159 were collected through the composter lateral access (Fig. 1, right). The internal temperature was  
160 recorded in two experimental composters (“comp-uni-u” and “comp-residential-p”). Specifically,  
161 the temperature monitoring was performed twice weekly for “comp-uni-u” composter from the  
162 second to the eighth month of home composting and on a daily basis for “comp-residential-p”  
163 composter from the second to the sixth month (first ten days) of home composting.

164

## 165 2.2. *Selection and compost quality evaluation of the sub-sets of provincial composters*

166 To select the aforementioned small sub-sets of provincial households directly involved in the  
167 home composting project at the provincial territorial level of Pesaro-Urbino, a descriptive statistical  
168 analysis (in terms of resulting frequency distributions) was initially performed on the categorical  
169 household characteristic data from the completed questionnaires that were originally distributed by  
170 the provincial authority to the households experimenting with home composting. Then, a cascading  
171 data filtering procedure was organized in a computer worksheet by purposely extracting at each  
172 filter step households belonging to the predominant category within each of the following  
173 characteristics (in cascading order): (1) the number of persons per household; (2) the household  
174 education level; (3) the extension of available garden/land; and (4) the housing location. As a result  
175 of this applied procedure, a statistically filtered and limited group of representative households was  
176 obtained from the overall set of households that completed questionnaires. Finally, within this  
177 representative group, the provincial authority autonomously selected two different small sub-sets of  
178 households, consisting of fourteen and thirteen units. The compost samples were directly collected  
179 by the provincial authority from the selected sub-sets of household composters in two different  
180 temporal steps; then, the anonymous samples were delivered to the University of Urbino, and the  
181 following quality control campaigns were performed: (1) for the first sub-set of fourteen household  
182 compost samples, collected in an intermediate step (i.e., the seventh month since the beginning of  
183 the provincial home composting project), moisture, pH, electrical conductivity, volatile solids,  
184 humified organic carbon, total nitrogen, extractable phosphorus and potassium, heavy metals



185 (cadmium, chromium, copper, lead, nickel, and zinc), and *Salmonella* were determined; and (2) for  
186 the other sub-set of thirteen household compost samples, collected at the end of the provincial home  
187 composting project (i.e., fifteen months after the project began), the previous parameters were  
188 determined, with the exception of heavy metals and *Salmonella*.

189

### 190 2.3. *Analytical procedures and considered reference limits*

191 The analytical procedures for the aforementioned parametric determinations were performed in  
192 general accordance with the analytical methods published by the Italian Environmental Protection  
193 Agency (ANPA, 2001) and the Italian Ministry of Agriculture and Forestry (Italian Ministry of  
194 Agriculture and Forestry, 2000). In particular, the volatile solids determination was assumed to be  
195 indicative of the organic matter content (ANPA, 2001). Consequently, the total organic carbon  
196 (TOC) content was calculated by multiplying the organic matter content by 0.58 (according to the  
197 “Van Bemmelen” conversion factor: Italian Ministry of Agriculture and Forestry, 2000; European  
198 Commission, 2006). Based on the available HA + FA and TOC contents, a pertinent humification  
199 parameter was derived, namely the humification rate (HR) defined as the percentage of HA + FA  
200 with respect to TOC (Tomati et al., 1995; ANPA, 2001). Internal temperature monitoring in “comp-  
201 uni-u” and “comp-residential-p” composters was performed using a portable thermocouple.  
202 Ambient temperatures were obtained from the recorded daily data from the Meteorological  
203 Observatory “Serperi” of the University of Urbino relating to the weather station located on the  
204 scientific campus, for comparison with “comp-uni-u” composter, and from the Seismic-  
205 Meteorological Observatory “Valerio” relating to the weather station located in Pesaro, for  
206 comparison with “comp-residential-p” composter.

207 The compost reference limits assumed in this study are reported in Table 1. These limit values  
208 were primarily derived from the Italian Legislative Decree No. 75/2010 on fertilizers (as amended  
209 by the subsequent Ministerial Decree No. 10.07.2013) with reference to the soil improver category  
210 of biocompost (or alternately definable as composted mixed soil improver), which is generable from

211 source-separated organic waste inclusive of the organic fraction of municipal solid waste (MSW)  
212 and green and vegetable waste. Specifically, the limit value for chromium was obtained from the  
213 European eco-label criteria for soil improvers (European Commission, 2006), and those for total  
214 nitrogen, phosphorus, and potassium were from the original Italian Resolution No. 27.07.1984 on  
215 MSW compost.

216

#### 217 2.4. *Statistical analysis of monitoring and quality control data*

218 For the monitored experimental composters, simple statistical measures were first calculated for  
219 the internal and ambient temperature data sets characterizing “comp-uni-u” and “comp-residential-  
220 p” composters. Then, given a general assumption of first-order kinetics for the expected temporal  
221 decay of organic matter or contaminants in a solid matrix during a composting process (In et al.,  
222 2007; Kuhad et al., 2011), monthly parametric measures that visually showed an overall temporal  
223 decrease were modeled with a first-order curve of the typical form:

$$224 P_{m,t} = P_{m,0} \cdot e^{(-k \cdot t)} \quad (1)$$

225 where  $P_{m,0}$  is the starting parametrical value,  $t$  is the composting time in months, and  $k$  is the rate  
226 constant in units of reciprocal time. Differently, monthly parametric measures that visually showed  
227 an overall temporal increase, or at least such a presumable trend, were evaluated with a zero-order  
228 relationship (Kuo, 1999), representable with a typical straight line form:

$$229 P_{m,t} = P_{m,0} + k \cdot t \quad (2)$$

230 where  $P_{m,0}$  is the vertical intercept, and the line slope  $k$  represents the rate constant expressed in the  
231 given parametrical units associated with reciprocal time.

232 For the selected provincial composters, the parametric data sub-sets obtained from each quality  
233 control campaign were statistically evaluated through the visual summary provided by the box-and-  
234 whisker plot approach (Anderson and Finn, 1996). Typically, this plot consists of a box running  
235 from the lower to the upper quartiles, with a horizontal segment at the location of the middle  
236 quartile. Thus, the box itself compactly conveys both a robust measure of central tendency, the

237 median, and a robust measure of variability, the interquartile range (IQR, i.e., the difference  
238 between the upper and lower quartiles) (Giudici, 2003). This graphical representation is completed  
239 with two vertical segments (whiskers) extending from the box to the smallest and largest measures  
240 within 1.5 times the IQR, and any possible outliers are marked individually outside the whiskers. To  
241 confirm the visual indications of data asymmetry also derivable from the box-and-whisker plots, the  
242 provincial data sub-sets for some parameters were further evaluated by computing the asymmetry  
243 (or skewness) index, defined as the third central moment divided by the standard deviation cubed  
244 (Giudici, 2003).

245 The regression analysis of the exponential or linear fitting procedure, the box-and-whisker plot  
246 generation, and the asymmetry index determination were conducted using KaleidaGraph (version  
247 4.0, Synergy Software).

248

### 249 **3. Results and discussion**

#### 250 *3.1. Monitored experimental composters*

##### 251 *3.1.1. Temperature profiles*

252 Fig. 2 shows the temperature profiles monitored in two experimental composters. For “comp-  
253 uni-u” composter, the left side of Fig. 2 shows an internal temperature profile characterized by an  
254 initial increase followed by a decrease finally approaching ambient temperature, which can be  
255 traced back to the typical rise and fall change in temperature with time expected in the traditional  
256 windrow composting (Tchobanoglous et al., 1993). Conversely, “comp-residential-p” composter  
257 presented in the right side of Fig. 2 a fluctuating temperature profile. The composters in available  
258 experimental studies (on gas emission from and environmental assessment of home composting and  
259 comparing differently configured units) effectively reflected the possible diversity of resulting  
260 temperature profiles: assimilable to a rise and fall behavior (Karnchanawong and Suriyanon, 2011;  
261 Adhikari et al., 2013), presenting significant fluctuations (Amlinger et al., 2008; Colón et al., 2012),  
262 closely following seasonal changes (Andersen et al., 2010). In terms of microbial temperature

263 regimes (Diaz et al., 2002), the ranges of internal temperatures reported in Table 2 indicate that  
264 “comp-uni-u” composter developed both mesophilic and thermophilic conditions up to a recorded  
265 maximum value of 58°C, whereas only mesophilic conditions characterized “comp-residential-p”  
266 composter up to a recorded maximum value of 38°C. Because diversified microbial populations  
267 generally evolve and dominate during a small-scale composting process (Ryckeboer et al., 2003),  
268 chances are that, in any given instant in time in mesophilic or thermophilic conditions, internal  
269 temperature results effectively appropriate for some microbial group (Diaz et al., 2002). In  
270 particular, the overall development of exothermic microbial activity (Diaz and Savage, 2007; Smith  
271 and Jasim, 2009; Stentiford and de Bertoldi, 2010) in both experimental composters, although under  
272 the aforementioned differences in the microbial operating conditions, is revealed in Table 2 by the  
273 increase in internal temperature of 5.4 and 16.9°C (average) or 5.2 and 12.8°C (median) above  
274 ambient temperature in “comp-residential-p” and “comp-uni-u” composters, respectively.

275  
276 *3.1.2. Temporal evolutions of moisture, pH, and electrical conductivity*

277 Fig. 3 shows the resulting temporal evolutions of moisture (upper diagram), pH (central  
278 diagram), and electrical conductivity (lower diagram) in the monitored experimental composters.  
279 Except for the initial monitoring months (from the second to the fourth/fifth) in two composters  
280 (i.e., “comp-rural-f” and “comp-residential-p”), the upper diagram of Fig. 3 shows overall decreases  
281 in measured moisture contents versus monthly composting time, which can be seen as indicative of  
282 progress in the composting process (de Bertoldi et al., 1990; Liu et al., 2011). However, only two  
283 experimental composters (i.e., “comp-rural-f” and “comp-residential-p”) had moisture contents less  
284 than the corresponding upper limit from Table 1 in the final (thirteenth) month of home composting,  
285 whereas in the other two composters, the final moisture contents remained above the considered  
286 limit. Indeed, even the moisture content of compost products from different sources, commercially  
287 available and obtained from composting facilities, is reported to vary widely by up to 70% or more  
288 (Lasaridi et al., 2006; Boldrin et al., 2010). In general, an upper limitation to the moisture content of

289 finished compost is required to avoid storage, transport, and handling difficulties (Krogmann et al.,  
290 2010); however, these aspects do not particularly affect the home composting approach because the  
291 obtained compost is expected to be used directly on the household garden or land (Andersen et al.,  
292 2011). Notably, the higher moisture contents in “comp-residential-p” composter compared with  
293 “comp-uni-u” composter, shown in Fig. 3 (upper diagram), in particular from the second to the  
294 eighth month of composting, could have contributed to the lower internal temperature regime in  
295 “comp-residential-p” composter (previously shown in Fig. 2 and Table 2). In fact, greater water  
296 content is indirectly expected to limit the internal temperature increase due to both a reduction in  
297 air-filled pores, which is detrimental to natural aeration, and a lower total dry mass of the filled  
298 heap, which is unfavorable to heat entrapment (Vallini et al., 1994; Karnchanawong and Suriyanon,  
299 2011; Adhikari et al., 2013).

300 After a possible initial drop that most likely occurred during the first month of home  
301 composting (Karnchanawong and Suriyanon, 2011), the pH evolutions presented in the central  
302 diagram of Fig. 3 appear to be in qualitative agreement with the typically expected pH-time profile  
303 of the composting process (Tchobanoglous et al. 1993; Vallini et al., 1994). In particular, the  
304 experimental composters showed a similar temporal sequence with a phase of increasing pH  
305 (although varying from an intense, prolonged increase in “comp-residential-p” to a slighter,  
306 temporally limited increase in “comp-uni-u”) followed by a decreasing phase (although with a final  
307 increased value in the thirteenth month in “comp-rural-f” only). Except for the second month in  
308 “comp-rural-f” composter and the seventh to ninth months in “comp-residential-p” composter, the  
309 pH measures in the experimental composters evolved respecting the reference interval given in  
310 Table 1.

311 As shown in the lower diagram of Fig. 3, the measures of electrical conductivity in the  
312 experimental composters increased overall versus monthly composting time, except for the  
313 concentrated fluctuation in “comp-rural-f” composter between the fifth and seventh months of home  
314 composting. In general, the increase in electrical conductivity, which parametrically reflects the

315 salinity of the matrix, is an additional indication of progress in the composting process as the  
316 gradual decomposition of organic matter is usually accompanied by the increased relative  
317 concentration of different mineral ions (Cáceres et al., 2006; Liu et al., 2011). By the thirteenth  
318 month of home composting, only the electrical conductivity measure in “comp-rural-f” composter  
319 remained greater than 5 dS m<sup>-1</sup>, the value indicated in Epstein (2011) as an upper threshold above  
320 which potential phytotoxicity can occur. However, this phytotoxic behavior may be of concern  
321 especially in the specific application of compost as potting material, if used undiluted or in large  
322 amounts in potting mixtures (Manios, 2004; Lasaridi et al., 2006). Moreover, even analyzed  
323 commercial compost products had high electrical conductivity values, from 6 to over 12 dS m<sup>-1</sup>  
324 (Lasaridi et al., 2006).

325

### 326 *3.1.3. Temporal evolutions of organic carbon, C/N, total nitrogen, phosphorus, and potassium*

327 Fig. 4 shows the resulting temporal evolutions of organic carbon (upper diagram), C/N ratio  
328 (central diagram), and total nitrogen (lower diagram) in the monitored experimental composters.  
329 For organic carbon (upper diagram of Fig. 4), the experimental composters exhibited overall  
330 decreases in measured contents versus monthly composting time, reflecting the progressive  
331 decomposition of organic matter by the microbial community (Andersen et al., 2011; Liu et al.,  
332 2011). The measured contents of organic carbon shown in the upper diagram of Fig. 4 evolved  
333 respecting the lower limit of Table 1, with the exception of the final content in “comp-rural-f”  
334 composter, which was just below the considered limit.

335 The central diagram of Fig. 4 shows that the initially measured C/N values (in the seventh  
336 monitoring month) in two experimental composters (i.e., “comp-uni-u” and “comp-house-u”) were  
337 greater than 30 to 40, above which the technical-scientific literature indicates the possibility of  
338 slowing the composting process (Vallini et al., 1994; Diaz et al., 2002; Krogmann, et al. 2010).  
339 Conversely, the initially measured C/N values (in the sixth monitoring month) in “comp-residential-  
340 p” and “comp-rural-f” remained lower compared with the previous composters. This variation in the

341 initially measured C/N values in the experimental composters probably reflects the variety of  
342 components with differing C/N characteristics present in the categories of kitchen and garden/land  
343 wastes. Effectively, garden/land waste materials include either relatively high C/N ratio types (such  
344 as straw, leaves, barks, and shrub trimmings) or relatively low C/N ratio types (such as grass  
345 clippings, tree trimmings, mixed grasses, and farmyard manure); similarly, either relatively high  
346 C/N ratio types (such as fruit residues, potatoes, cooked meat scraps, and egg shells) or relatively  
347 low C/N ratio types (such as vegetable scraps, bread, fish scraps, and coffee grounds) occur among  
348 kitchen waste materials (Day and Shaw, 2001; Samples and Nash, 2001; Diaz et al., 2002; Niessen,  
349 2002; Khan, 2009; Deublein and Steinhauser, 2011). Anyway, Fig. 4 (central diagram) shows that  
350 the C/N measures of the respective experimental composters more or less clearly decreased overall  
351 versus monthly composting time, which is qualitatively consistent with the gradual C/N reduction  
352 generally expected in the evolution of the composting process (Vallini et al., 1994; Day and Shaw,  
353 2001; Diaz and Savage, 2007). As further shown in the central diagram of Fig. 4, by the end of  
354 experimental composting, the C/N measures in all of the monitored composters respected the  
355 corresponding upper limit given in Table 1.

356 For total nitrogen (lower diagram of Fig. 4), the experimental composters exhibited more or less  
357 pronounced overall increases in measured contents versus monthly composting time, with final  
358 values (in the thirteenth month) well above the corresponding lower limit given in Table 1. This  
359 increasing nitrogen condition appears in agreement with the concentration effect that is generally  
360 expected in the composting process due the gradual decomposition of organic matter, which causes  
361 a weight loss and, consequently, a relative increase in concentration (in terms of dry matter)  
362 provided that a possible concurrent nitrogen loss is relatively less than the weight loss (Saviozzi et  
363 al., 2004; Boldrin et al., 2010; Stentiford and de Bertoldi, 2010).

364 With final regard to extractable phosphorus and potassium, the temporal evolutions in the  
365 experimental composters are reported in Fig. 5. As shown in the left diagram of Fig. 5, two of the  
366 experimental composters (i.e., “comp-hilly-u” and “comp-house-u”) exhibited overall increases in

367 measured  $P_2O_5$  contents versus monthly composting time, with final values (in the thirteenth month)  
368 well above the lower limit given in Table 1. In the remaining experimental composters (i.e., “comp-  
369 residential-p” and “comp-rural-f”), the respective measured  $P_2O_5$  contents, shown in the left  
370 diagram of Fig. 5, had only a limited variation during the composting time, evolving almost  
371 horizontally below the considered lower limit. In the right diagram of Fig. 5, the  $K_2O$  contents  
372 measured in “comp-uni-u” and “comp-house-u” composters increased overall versus monthly  
373 composting time and were constantly greater than the lower limit given in Table 1. Differently, the  
374  $K_2O$  contents measured in “comp-residential-p” composter during the composting time remained  
375 just below or at the considered lower limit, whereas  $K_2O$  contents in “comp-rural-f” evolved by  
376 barely crossing the considered lower limit, presenting in particular a final value (in the thirteenth  
377 month) just above the limit and greater than the initially monitored value (in the sixth month). In  
378 effect, these resulting diversified behaviors are indicative of observable changes in the phosphorus  
379 and potassium contents during a composting process that can vary from increasing to decreasing  
380 over time (Adler and Sikora, 2004; Lin, 2008; Irshad et al., 2013), depending upon whether the  
381 prevailing condition concerns with the concentration effect due to the progressive decomposition of  
382 organic matter or alternately with the possible reduction of extractable phosphorus and potassium  
383 due to leaching losses (which, particularly for phosphate, may be favored by the presence of  
384 humified organic matter that masks or occupies possible matrix sorption sites) and/or due to  
385 transformation towards more stable forms (Bhatti et al., 1998; Traoré et al., 1999; Sommer, 2001;  
386 Boldrin et al., 2010). Anyway, the final  $P_2O_5$  contents (in the thirteenth month) in three  
387 experimental composters (i.e., “comp-uni-u”, “comp-house-u”, and “comp-residential-p”) were  
388 within the very wide interval 0.22-23.36% dm found in an array of analyzed compost products of  
389 different origins (Crippa and Corti, 1998), whereas the final  $P_2O_5$  content in “comp-rural-f”  
390 composter remained just at the lower limit of this interval. Moreover, the final  $K_2O$  contents (in the  
391 thirteenth month) in all experimental composters were within the interval 0.08-4.93% dm found in  
392 the aforementioned array of compost products (Crippa and Corti, 1998).



393

394 *3.1.4. Final evaluation of humification conditions and heavy metal contents*

395       Regarding the humification conditions in the monitored experimental composters in the final  
396 (thirteenth) month of home composting, Fig. 6 displays the resulting values of humified organic  
397 carbon (left diagram) and HR (right diagram). The left diagram of Fig. 6 shows that the humified  
398 organic carbon contents detected in all of the experimental composters were greater than the lower  
399 limit given in Table 1. A pairwise evaluation of the final HR values in the right diagram of Fig. 6  
400 indicates that higher values were reached in “comp-residential-p” and “comp-rural-f” compared  
401 with “comp-uni-u” and “comp-house-u” composters. As the humification rate is proportional to the  
402 progress of humification and hence of the stabilization of organic matter during composting  
403 (Tomati et al., 1995; Madejon et al., 1998), the lower HR values that finally characterized “comp-  
404 uni-u” and “comp-house-u” composters appear consistent with the slowing of the composting  
405 process that likely occurred in these two composters due to their high C/N values that were revealed  
406 in the initial monitoring month (as observed in the central diagram of Fig. 4 and outlined in  
407 Subsection 3.1.3).

408       Referring to heavy metals, Table 3 shows that the measured contents in the final (thirteenth)  
409 month were well below the respective limits of Table 1 in all experimental composters. These  
410 restricted levels confirm the importance of performing and controlling the source segregation of  
411 biowaste for any composting approach, including the home variant considered in this study, to  
412 minimize detrimental compost contamination by potentially toxic inorganic elements (Hogg et al.,  
413 2002; Smith, 2009; Barrena et al., 2014).

414

415 *3.1.5. Modeling of temporal decreases and increases in parameters*

416       Table 4 shows the resulting rate constants and coefficients of determination ( $R^2$ ) for the first-  
417 order decrease modeling of moisture, organic carbon, and C/N measures in the experimental  
418 composters, with corresponding curve fits drawn in the respective diagrams of Fig. 3 (moisture) and

419 Fig. 4 (organic carbon and C/N). Notably, a pairwise evaluation of the rate constant results for  
420 organic carbon in Table 4 highlights the lower values in “comp-uni-u” and “comp-house-u”  
421 compared with “comp-residential-p” and “comp-rural-f” composters, thus indicating a slower  
422 organic matter decomposition process in “comp-uni-u” and “comp-house-u” composters because a  
423 lower  $k$  value in a first-order decreasing kinetics implies more time taken to complete a definite  
424 reduction fraction (Kuo, 1999; Niessen, 2002; In et al., 2007). This resulting condition appears  
425 consistent with both the high C/N values revealed in the initial monitoring month in “comp-uni-u”  
426 and “comp-house-u” composters (as shown in the central diagram of Fig. 4 and outlined in  
427 Subsection 3.1.3) and the lower HR values finally obtained in these composters (as shown in the  
428 right diagram of Fig. 6 and outlined in Subsection 3.1.4). Interestingly, the C/N modeling based on  
429 Eq. (1) in “comp-rural-f” and “comp-residential-p” composters also gave the estimated starting ratio  
430 values (as  $P_{m,0}$ ) of 20.59 and 19.13, respectively. Thus, the starting C/N conditions were estimated  
431 to be either greater than the range from 15 to 20 (in “comp-uni-u” and “comp-house-u”, which were  
432 already greater in the seventh month) or essentially within this range (in “comp-rural-f” and “comp-  
433 residential-p”), representing in the technical-scientific literature a relevant threshold below which  
434 only a partial nitrogen loss through ammonia volatilization or nitrous oxide emission can be  
435 generally expected (Vallini et al., 1994; Diaz et al., 2002; Diaz and Savage, 2007). The lower  
436 moisture decrease rate constant shown in Table 4 in “comp-house-u” compared with the other  
437 composters, which indicates the comparative need for more time to obtain a definite reduction  
438 fraction in moisture (Kuo, 1999; Niessen, 2002), could have been influenced by the prolonged time  
439 of fresh biowaste feeding operations in this composter only (Tomati et al., 1995).

440 Table 5 shows the resulting rate constants (as line slopes) and  $R^2$  for the zero-order increase  
441 modeling of the experimental measures of electrical conductivity, total nitrogen,  $P_2O_5$ , and  $K_2O$ ,  
442 with corresponding straight-line fits drawn in the respective diagrams of Fig. 3 (electrical  
443 conductivity), Fig. 4 (total nitrogen), and Fig. 5 (phosphorus and potassium). Table 5 does not list a  
444 zero-order increase model for  $P_2O_5$  and  $K_2O$  in “comp-residential-p” composter and for  $P_2O_5$  in

445 “comp-rural-f” composter because the respective  $R^2$  values were close to zero, so that the related  
446 values of the correlation coefficient indicated a negligible or weak linear relationship between the  
447 parametrical measures and the monitoring time (Giudici, 2003; Hebel and McCarter, 2012), thus  
448 evidencing nearly horizontal patterns (Motulsky and Christopoulos, 2004). Notably, a pairwise  
449 evaluation of the slope values for electrical conductivity in Table 5 highlights that lower slopes  
450 characterized “comp-rural-f” and “comp-residential-p” compared with “comp-uni-u” and “comp-  
451 house-u” composters. This resulting condition appears qualitatively consistent with the nearly  
452 horizontal evolution in the  $P_2O_5$  and  $K_2O$  measures in “comp-residential-p” composter and with the  
453 similarly horizontal evolution in the  $P_2O_5$  measures and the limited increase in the  $K_2O$  measures in  
454 “comp-rural-f” composter (as shown in Fig. 5 and outlined in Subsection 3.1.3, and further  
455 confirmed by the aforementioned findings on  $R^2$  and by the low  $k$  for potassium in “comp-rural-f”  
456 reported in Table 5). The probable occurrence of leaching losses (including phosphorus and  
457 potassium fractions) and/or formation of precipitated forms (comprehensive of Ca and Mg  
458 phosphates) (Traoré et al., 1999; Cáceres et al., 2006; Montemurro et al., 2009; Liu et al., 2011) can  
459 be supposed to have contributed to moderate the increases in soluble salt contents in “comp-rural-f”  
460 and “comp-residential-p” composters.

461 The modeled decreasing and increasing relationships, as related to the parameters of the  
462 individual experimental composters listed in Tables 4 and 5, were functional (with the exclusion of  
463 electrical conductivity) to identify the temporal conditions at which the respective reference limits  
464 of Table 1 can be met in home composting. As a visual result, Fig. 7 reports the identified temporal  
465 intervals of parametric compliances with the considered limits, which are marked either by lower  
466 (in case at zero) temporal bounds only (based on the possible combinations of parametric decrease  
467 and upper limit or, alternately, parametric increase and lower limit) or by both lower (at zero) and  
468 upper temporal bounds (with the further combination of parametric decrease and lower limit). A  
469 simple geometric evaluation of Fig. 7 shows that the double vertical lines, delimiting the time at 12-  
470 13 months, simultaneously intercept the solid horizontal lines and segments representing the various

471 compliance conditions, with the exception of moisture in only two composters. Thus, the modeled  
472 parametric profiles in the experimental composters indicate 12-13 months as a suitable duration  
473 time for the home composting process to simultaneously meet typical reference limits, such as those  
474 assumed in Table 1, for parameters such as organic carbon, C/N, nitrogen, potassium, and  
475 phosphorus (although with the mentioned modeling evaluation limited to three and two  
476 experimental composters for the two last nutrients, respectively). The partial compliance with the  
477 moisture upper limit, achieved at 12-13 months in only two out of the four modeled composters,  
478 seems not particularly detrimental because the effects of moisture on the management of the final  
479 compost do not represent a major issue in the home composting approach (as previously noted in  
480 Subsection 3.1.2).

481

### 482 3.2. *Controlled provincial composters*

483 Concerning the two sub-sets of provincial composters, controlled in the seventh and fifteenth  
484 months of home composting, the diagrams of the obtained box-and-whisker plots are graphically  
485 combined as parametrical aggregations identical to those adopted in Figs. 3-6 and Table 3 for the  
486 monitored experimental composters. Thus, Fig. 8 first aggregates the resulting box-and-whisker  
487 plots for moisture (upper diagram), pH (central diagram), and electrical conductivity (lower  
488 diagram). Referring to moisture content in the upper diagram of Fig. 8, the boxes of quartiles for  
489 both sub-sets of provincial composters remained above the upper limit given in Table 1. Differently,  
490 the central diagram of Fig. 8 shows that all pH values in both sub-sets of provincial composters  
491 respected the reference interval given in Table 1. Finally, the lower diagram of Fig. 8 reveals that  
492 electrical conductivity had a higher median value in the sub-set of provincial composters controlled  
493 in the fifteenth month of home composting than the sub-set controlled in the seventh month, with a  
494 resulting relative difference of 33% (determined as  $[(\text{median}_{15 \text{ months}} - \text{median}_{7 \text{ months}}) / (\text{median}_{7 \text{ months}})] \times 100$ ).

496 Fig. 9 then aggregates the resulting box-and-whisker plots for organic carbon (upper diagram),

497 C/N (central diagram), and total nitrogen (lower diagram). In the upper diagram of Fig. 9, aside  
498 from the minimum value (an outlier) in the sub-set controlled in the fifteenth month, all measured  
499 organic carbon contents in both sub-sets of provincial composters were in compliance with the  
500 lower limit given in Table 1; in terms of central tendencies, the fifteenth month sub-set of provincial  
501 composters had a median value just below that of the seventh month, with the resulting relative  
502 difference (determined as  $[(\text{median}_{7 \text{ months}} - \text{median}_{15 \text{ months}}) / (\text{median}_{7 \text{ months}})] \times 100$ ) limited to 2%.  
503 The upper limit given in Table 1 for C/N distinguished between the central tendencies shown in Fig.  
504 9 (central diagram) by the two provincial sub-sets of C/N measures, as the corresponding median  
505 values remained unsatisfactorily above and satisfactorily below the limit in the seventh and fifteenth  
506 months, respectively; in particular, the relative difference between the median values was 16%.  
507 Concerning total nitrogen content, shown in the lower diagram of Fig. 9, the boxes of quartiles for  
508 both sub-sets of provincial composters remained satisfactorily above the lower limit given in Table  
509 1; in terms of central tendencies, the sub-set in the fifteenth month presented a median value just  
510 above that in the seventh month, with the resulting relative difference limited to 4%.

511 Referring to phosphorus and potassium contents, the respective diagrams of Fig. 10 show that the  
512 boxes of quartiles for both nutrients and sub-sets of controlled provincial composters were above  
513 the corresponding lower limits given in Table 1.

514 Concerning the humification conditions, the left diagram of Fig. 11 shows that the boxes of  
515 quartiles for humified organic carbon in both sub-sets of provincial composters remained above the  
516 lower limit given in Table 1. Further, in the right diagram of Fig. 11, HR exhibited a higher median  
517 value in the sub-set of provincial composters controlled in the fifteenth month than that controlled  
518 in the seventh month, with a resulting relative difference of 30%.

519 Even examining distinct sub-sets of the controlled composters, the evident decrease in the  
520 median for C/N with increasing time from seven to fifteen months of home composting, as well as  
521 the evident increase in the same statistical measure for electrical conductivity and HR over the same  
522 increasing time, could be considered compatible with the character of parameters with expected

523 decreasing or increasing evolutions, respectively, during the composting process. Due to the limited  
524 relative differences between the sub-sets of provincial composters (at seven and fifteen months), the  
525 comparison of the central tendency measures for organic carbon and nitrogen, in contrast, did not  
526 show similarly noticeable evidence of agreement with the expected parametric decrease or increase,  
527 respectively, during the composting process.

528 Further, in terms of data variability, parameters expected to decrease during the composting  
529 process, such as organic carbon, C/N, and moisture, were similarly characterized, respectively, in  
530 Fig. 9 (upper and central) and Fig. 8 (upper) by lower variability (indicated by a lower box height)  
531 in the sub-set of provincial composters controlled in the fifteenth month of home composting than  
532 that controlled in the seventh month. Differently, parameters expected to increase during the  
533 composting process, such as electrical conductivity, total nitrogen, and HR, were characterized by  
534 higher variability in the sub-set of provincial composters in the fifteenth month than that in the  
535 seventh month. This condition is observed, in particular, for nitrogen and HR by comparing the box  
536 heights in Fig. 9 (lower) and Fig. 11 (right), respectively, whereas for electrical conductivity, it  
537 appears in Fig. 8 (lower) as a slightly greater range (i.e., the difference between the maximum and  
538 minimum values, representing an alternative indicator of variability: Anderson and Finn, 1996;  
539 Giudici, 2003) in the fifteenth month compared with the seventh month. The box-and-whisker plot  
540 approach also provides visual information regarding the possible data asymmetry based on either  
541 the proportion between the two parts of the box (Anderson and Finn, 1996) or the comparison  
542 between the distances maximum-median and median-minimum (Kuehl et al., 2001); thus, total  
543 nitrogen, HR, and electrical conductivity were also similarly characterized by positively skewed  
544 data in both sub-sets of provincial composters. In particular, this condition is determined for total  
545 nitrogen (lower diagram in Fig. 9) and HR (right diagram in Fig. 11) from the greater distances  
546 between the upper quartile and median than between the median and lower quartile (Giudici, 2003),  
547 whereas for electrical conductivity (lower diagram in Fig. 8), the distances between the maximum  
548 and median were more or less clearly greater than the respective distances between the median and

549 minimum (Kuehl et al., 2001). Reliably, these visual indications were further reflected by the  
550 positive values of the calculated asymmetry index (Giudici, 2003), which, although indicative of  
551 different degrees of positive skewness (Wegner, 2007), were precisely equal to 0.177 and 0.504 for  
552 electrical conductivity, 0.862 and 0.512 for nitrogen, and 1.156 and 1.582 for HR in the seventh and  
553 fifteenth months of home composting, respectively. Interestingly, the reduced variability of the  
554 parametric data with increased composting time, as revealed for moisture, organic carbon, and C/N  
555 when comparing the two sub-sets of controlled provincial composters, could be considered  
556 compatible with the nature of parameters expected to decrease over time, for which it can be  
557 supposed a progressive compaction of parametric values, with the bottom limitation on indefinite  
558 decreasing imposed by the asymptotic character of the representative first-order kinetic models.  
559 Similarly, the increased variability of the parametric data with increased home composting time,  
560 revealed by comparing the two provincial sub-sets of nitrogen, HR, and electrical conductivity data,  
561 in combination with the positive skewness of the data (thus presenting a longer tail of distribution  
562 towards the higher parametric values), both appear compatible with the alternative nature of  
563 parameters expected to increase over time, which are therefore unbounded on top during their  
564 evolution (von Hippel, 2011).

565 With regard to heavy metals, the box-and-whisker plots in Fig. 12 show that the resulting  
566 contents in the sub-set of composters controlled in the seventh month of home composting,  
567 displayed as quartiles, whiskers, and outliers, were below the respective upper limits of Table 1,  
568 with the exception of the upper whisker for cadmium because of two sampled composts with  
569 slightly higher contents than the considered limit. The higher cadmium values could most likely be  
570 connected either with metallic fragments discarded accidentally into the composters or with waste  
571 papers and cardboards entering the home composting process, considering in the latter case the  
572 possible presence of cadmium in printing inks or even in the printing and decoration on the outside  
573 of wrapping papers and cardboards used for food-related purposes (Zorzi and Pinamonti, 1998;  
574 Reilly, 2002; Smith and Jasim, 2009). Finally, *Salmonella* was not detected in any compost sample

575 from the sub-set of provincial composters in the seventh month, thereby satisfying the regulatory  
576 requirement of absence for sanitary safety (Table 1).

577 Given the temporal discriminant for C/N only in Fig. 9 (central), the comparison between the  
578 two controlled sub-sets of provincial composters specifically indicates 15 months as a duration time  
579 of home composting at which the central tendency measures for pH, organic carbon, nitrogen,  
580 humified organic carbon, phosphorous, potassium, and the mentioned C/N are expected to all  
581 simultaneously meet their respective limits (such as those in Table 1) typically assumable for  
582 compost. Indeed, moisture remains outside this simultaneous condition of adequacy with the  
583 parametric requirements, which is in line with the partial compliance at the suitable duration time  
584 identified in the simulations of Fig. 7 on the monitored experimental composters.

585

#### 586 **4. Conclusions**

587 The objective of the present study was to contribute to the technical-scientific knowledge  
588 regarding the process evolution and compost quality that can be expected and obtained,  
589 respectively, in the decentralized approach of home composting.

590 In spite of the intrinsic simplicity of this approach, and although the registered temperature  
591 profiles (in “comp-residential-p” and “comp-uni-u” composters) indicated that diversified regimes  
592 could occur even in identically shaped composting units, the process monitoring of the four  
593 experimental composters showed overall decreasing profiles versus composting time for parameters  
594 such as moisture (with the exception of only the initial monitoring months in two composters),  
595 organic carbon, and C/N, as well as overall increasing profiles for parameters such as electrical  
596 conductivity and total nitrogen. These evolutions represented reliable qualitative indications of  
597 progress in the composting process. Appropriate comparative evaluations of parametric measures  
598 and modeled kinetics in the monitored experimental composters also indicated the plausibility of  
599 the following interactions in home composting: (1) initially high C/N values were reasonably  
600 associated with lower organic matter decomposition rates and lower final humification levels (as



601 revealed by comparing the pairs of “comp-uni-u”-“comp-house-u” and “comp-residential-p”-  
602 “comp-rural-f”); (2) higher moisture contents presumably contributed to restrain the internal  
603 temperature regime (as supposed from comparing “comp-residential-p” and “comp-uni-u”); (3)  
604 nearly horizontal or slightly increasing evolutions of extractable phosphorus and potassium contents  
605 were reasonably associated with lower slopes of increase in electrical conductivity (as revealed by  
606 comparing the pairs of “comp-residential-p”-“comp-rural-f” and “comp-uni-u”-“comp-house-u”);  
607 and (4) a prolonged time of biowaste additions presumably contributed to a lower rate of decrease  
608 in moisture (as supposed from comparing “comp-house-u” with the other composters).

609 The sub-sets of controlled provincial composters had a noticeable decrease in the central  
610 tendency measure (given by the median) of C/N from seven to fifteen months of home composting,  
611 as well as noticeable increases in the medians of electrical conductivity and HR over the same time  
612 period, which, as comparative conditions, appear compatible with the respective parametric  
613 decreasing or increasing evolutions generally expected in the composting process. In terms of the  
614 parametric data variability in the two sub-sets of controlled composters, the decreases in the  
615 corresponding measure (given by the IQR) for moisture, organic carbon, and C/N from seven to  
616 fifteen months of composting, as well as the increases in IQR (or the alternative range measure) for  
617 total nitrogen, HR, and electrical conductivity over the same time period, can be explained again by  
618 the expected decreasing or increasing evolutions during the composting process. Further, electrical  
619 conductivity, total nitrogen, and HR data were characterized in both sub-sets of controlled  
620 composters by a similarly interpretable condition of positive skewness.

621 The modeled parametric kinetics in the monitored experimental composters (with the exception  
622 of potassium and phosphorus in one and two composters, respectively), in combination with the  
623 evaluation of the parametric central tendencies in the sub-sets of controlled provincial composters,  
624 all indicate a suitable duration time for home composting of between 12 and 15 months, at which  
625 the simultaneous compliance with compost limits typically adoptable for parameters, such as pH,  
626 organic carbon, C/N, nitrogen, humified organic carbon, phosphorus and potassium, can be

627 expected. Further, at this indicated duration time, full compliance with typical upper limits on heavy  
628 metals is also expected (as shown in the monitored experimental composters), provided that careful  
629 attention is paid to avoid the inappropriate addition of metal fragments or even metal containing  
630 materials to the composters (as is supposed to have occurred for Cd in two samples of the sub-set of  
631 provincial composters controlled in the seventh month of home composting). The difficulty in  
632 simultaneously meeting an upper limitation on moisture seems to not be a relevant issue in home  
633 composting, given the expected use of the produced compost directly on-site. Ideally, the derived  
634 duration time of 12-15 months places the decentralized home composting approach near the upper  
635 limit of the total duration time (from 2 to 12 months) generally expected in the simplest of  
636 centralized composting approaches (i.e., the windrow process) (Bidlingmaier and Papadimitriou,  
637 2000). Moreover, this derived suitable time seems to fit well with the prevalent attitude of  
638 households in terms of their actual length of time using home composters (i.e., over 12 months,  
639 according to the survey by Curtis et al., 2009).

640

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651

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842 **Table 1**

843 Parametric reference limits considered in this study for the monitoring and quality control of the  
844 home composting process.

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Parameter	Limit	Regulation
Moisture (% w/w)	$\leq 50$	Legislative Decree No. 75/2010
pH	6-8.8	Ministerial Decree No. 10.07.2013
Organic carbon (% dm)	$\geq 20$	Legislative Decree No. 75/2010
Humified organic carbon - HA + FA (% dm)	$\geq 7$	Legislative Decree No. 75/2010
C/N	$\leq 25$	Legislative Decree No. 75/2010
Total nitrogen (% dm)	$> 1$	Resolution No. 27.07.1984
Phosphorus (as P <sub>2</sub> O <sub>5</sub> ) (% dm)	$> 0.5$	Resolution No. 27.07.1984
Potassium (as K <sub>2</sub> O) (% dm)	$> 0.4$	Resolution No. 27.07.1984
Cadmium (mg kg <sup>-1</sup> dm)	$\leq 1.5$	Legislative Decree No. 75/2010
Chromium (mg kg <sup>-1</sup> dm)	$< 100$	Eco-label to soil improvers (2006/799/EC)
Copper (mg kg <sup>-1</sup> dm)	$\leq 230$	Legislative Decree No. 75/2010
Lead (mg kg <sup>-1</sup> dm)	$\leq 140$	Legislative Decree No. 75/2010
Nickel (mg kg <sup>-1</sup> dm)	$\leq 100$	Legislative Decree No. 75/2010
Zinc (mg kg <sup>-1</sup> dm)	$\leq 500$	Legislative Decree No. 75/2010
<i>Salmonella</i> (cfu 25 g <sup>-1</sup> )	absent	Legislative Decree No. 75/2010

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847 dm: dry matter.

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851 **Table 2**

852 Statistical measures for the monitored temperature profiles of “comp-uni-u” and “comp-residential-  
853 p” composters (see Fig. 2).

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Temperature parameter	No. of data	Min (°C)	Max (°C)	Mean (°C)	Median (°C)
<i>“Comp-uni-u” composter</i>					
T <sub>internal</sub>	56	7.0	58.0	32.7	34.0
T <sub>ambient air</sub>	214	- 0.3	28.3	15.9	16.9
T <sub>internal</sub> - T <sub>ambient air</sub>	56	0.0	38.5	16.9	12.8
<i>“Comp-residential-p” composter</i>					
T <sub>internal</sub>	132	14.0	38.0	26.4	26.5
T <sub>ambient air</sub>	132	12.0	28.4	21.0	22.1
T <sub>internal</sub> - T <sub>ambient air</sub>	132	0.2	13.1	5.4	5.2

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866 **Table 3**

867 Monitored experimental composters: resulting heavy metal contents in the final (thirteenth) month  
868 of home composting.

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Composter	Cd	Cr	Cu	Ni	Pb	Zn
	(mg kg <sup>-1</sup> dm)	(mg kg <sup>-1</sup> dm)	(mg kg <sup>-1</sup> dm)	(mg kg <sup>-1</sup> dm)	(mg kg <sup>-1</sup> dm)	(mg kg <sup>-1</sup> dm)
Comp-uni-u	ND	27.50	7.71	1.56	11.90	8.80
Comp-house-u	ND	ND	8.53	2.60	14.60	66.60
Comp-residential-p	0.40	34.00	26.71	1.12	8.35	7.96
Comp-rural-f	0.08	22.00	33.49	ND	4.13	4.83
Upper limit (see Table 1)	1.5	100	230	100	140	500

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871 ND: Not Detected (i.e., less than the limit of analytical detection).

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884 **Table 4**

885 Monitored experimental composters: resulting rate constants and coefficients of determination for  
886 the first-order decrease modeling of moisture, organic carbon, and C/N measures.

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Parameter	Composter	$k$ (month <sup>-1</sup> )	$R^2$
Moisture	Comp-uni-u	0.033	0.877
	Comp-house-u	0.029	0.963
	Comp-residential-p	0.039	0.607
	Comp-rural-f	0.042	0.903
Organic carbon	Comp-uni-u	0.021	0.868
	Comp-house-u	0.028	0.945
	Comp-residential-p	0.040	0.880
	Comp-rural-f	0.056	0.957
C/N	Comp-uni-u	0.106	0.825
	Comp-house-u	0.116	0.850
	Comp-residential-p	0.098	0.860
	Comp-rural-f	0.073	0.786

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893 **Table 5**

894 Monitored experimental composters: resulting rate constants and coefficients of determination for  
 895 the zero-order increase modeling of electrical conductivity, nitrogen, phosphorus, and potassium  
 896 measures.

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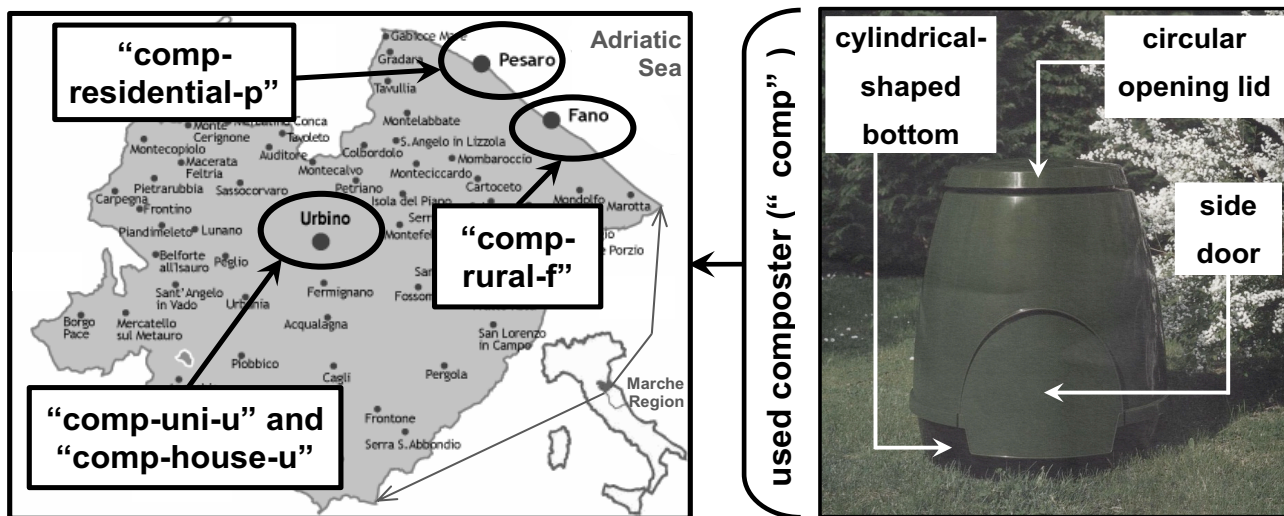
Parameter	Composter	$k$ (parameter unit month <sup>-1</sup> )	$R^2$
Electrical conductivity	Comp-uni-u	0.187	0.944
	Comp-house-u	0.251	0.944
	Comp-residential-p	0.171	0.890
	Comp-rural-f	0.159	0.447
Total nitrogen	Comp-uni-u	0.152	0.916
	Comp-house-u	0.173	0.973
	Comp-residential-p	0.153	0.732
	Comp-rural-f	0.056	0.445
P <sub>2</sub> O <sub>5</sub>	Comp-uni-u	0.258	0.858
	Comp-house-u	0.219	0.924
K <sub>2</sub> O	Comp-uni-u	0.216	0.945
	Comp-house-u	0.160	0.908
	Comp-rural-f	0.017	0.327

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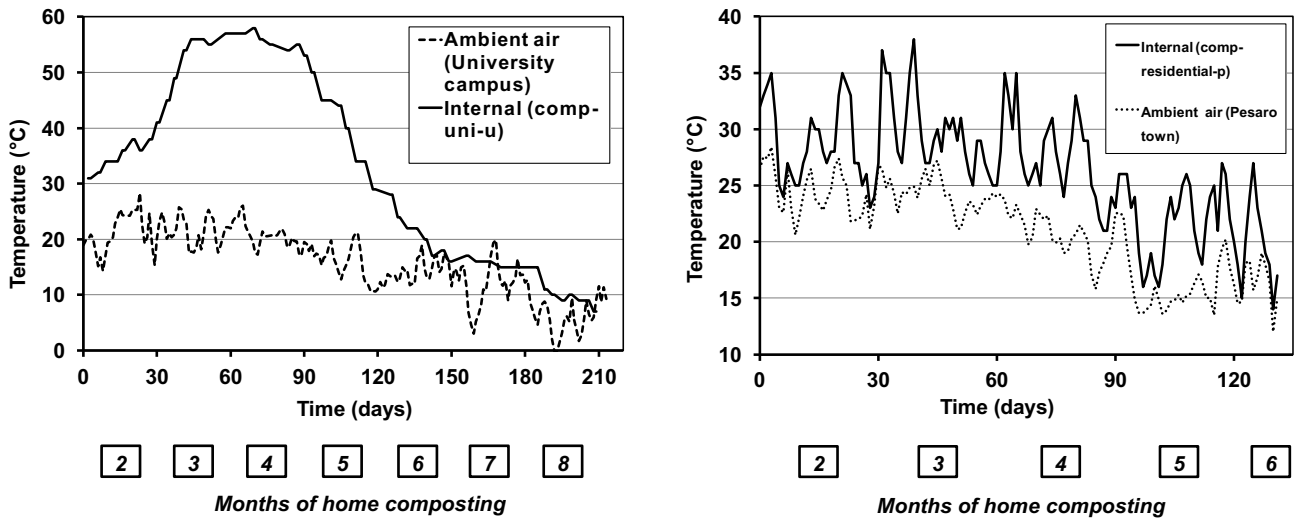


**Fig. 1.** Municipal locations of the monitored experimental composters (left), and representative picture of the composter used (right).



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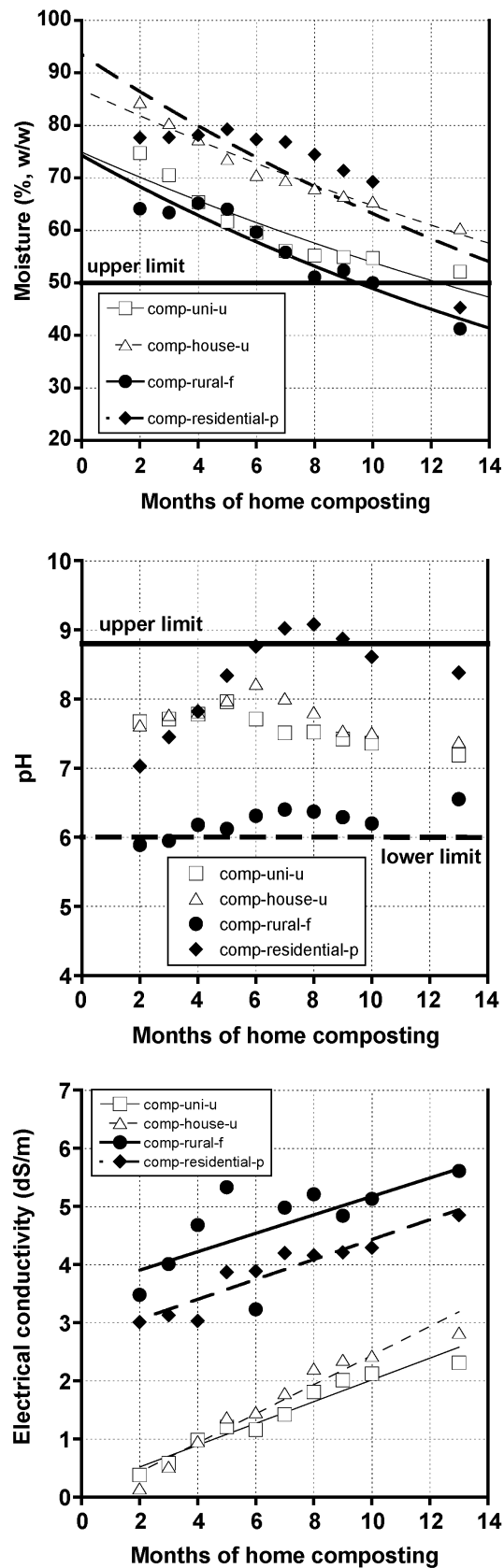


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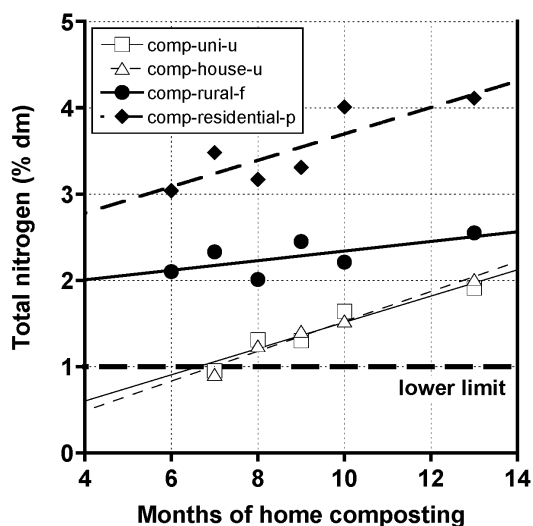
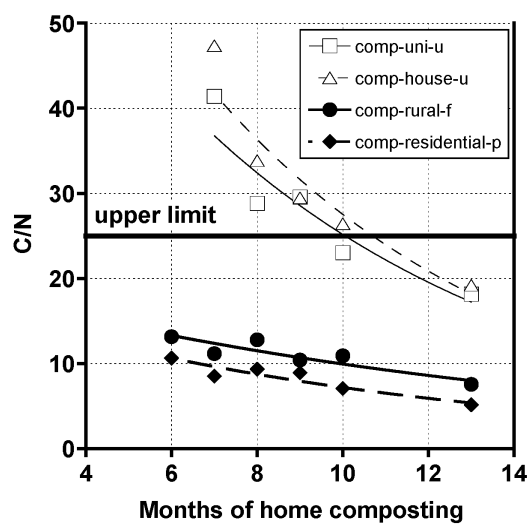
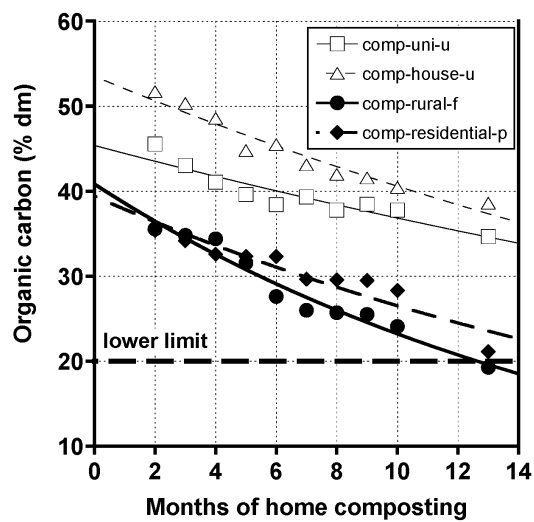
924 **Fig. 2.** Internal temperature profiles monitored in the experimental composters “comp-uni-u” (left)  
925 and “comp-residential-p” (right) in comparison with ambient temperature profiles. Temperature  
926 recording was performed from the second to the eighth month of home composting in “comp-uni-u”  
927 and from the second to the sixth month (first ten days) in “comp-residential-p”.

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931 **Fig. 3.** Monitored experimental composters: temporal evolutions of moisture (upper), pH (central),  
 932 and electrical conductivity (lower). Symbols represent the experimental measures, and lines  
 933 represent the fitted models (first-order decrease for moisture and zero-order increase for electrical  
 934 conductivity). For the adopted limits (horizontal lines) for moisture and pH, see Table 1.

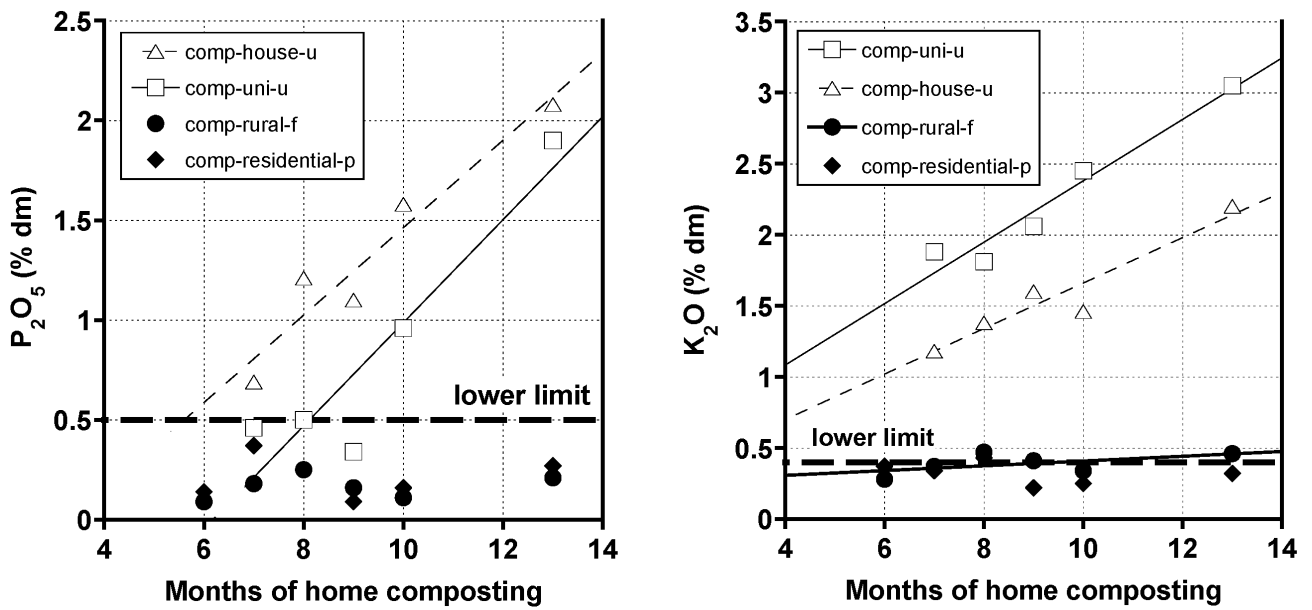


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937 **Fig. 4.** Monitored experimental composters: temporal evolutions of organic carbon (upper), C/N  
 938 (central), and total nitrogen (lower). Symbols represent the experimental measures, and lines  
 939 represent the fitted models (first-order decrease for organic carbon and C/N and zero-order increase  
 940 for total nitrogen). For the adopted limits (horizontal lines), see Table 1.

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946 **Fig. 5.** Monitored experimental composters: temporal evolutions of phosphorus (as  $P_2O_5$ : left) and  
947 potassium (as  $K_2O$ : right). Symbols represent the experimental measures, and lines represent the  
948 fitted models (zero-order increase for  $P_2O_5$  and  $K_2O$  in “comp-uni-u” and “comp-house-u” and for  
949  $K_2O$  in “comp-rural-f”). For the adopted limits (horizontal lines), see Table 1.

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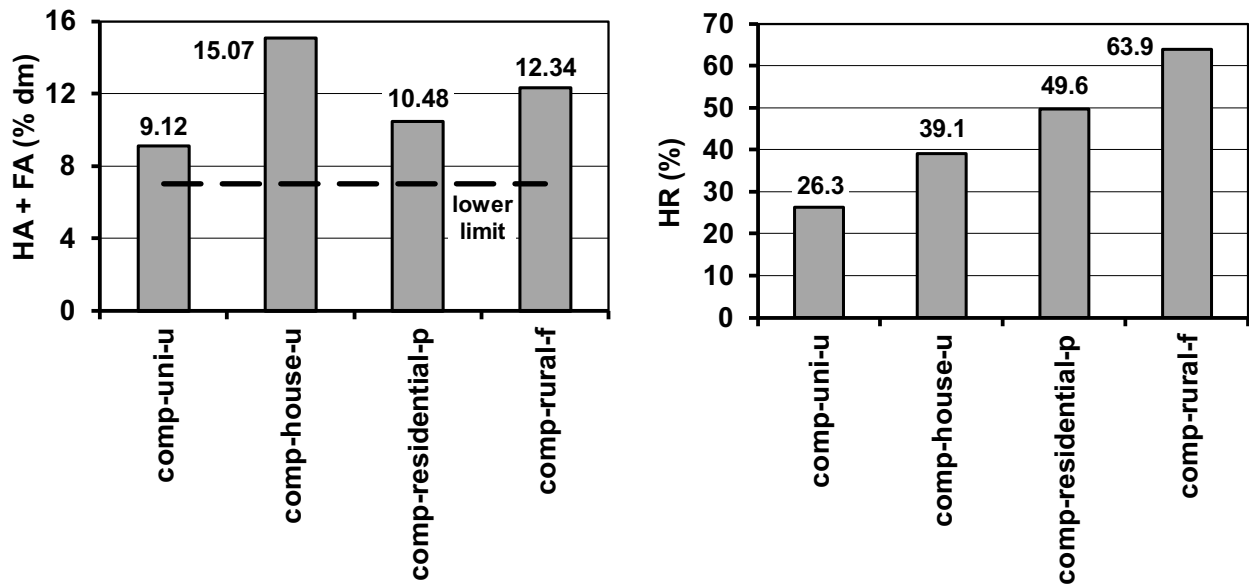
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964 **Fig. 6.** Monitored experimental composters: humified organic carbon (HA + FA: left) and  
965 humification rate (HR: right) in the final (thirteenth) month of home composting. For the adopted  
966 limit (horizontal line) for HA + FA, see Table 1.

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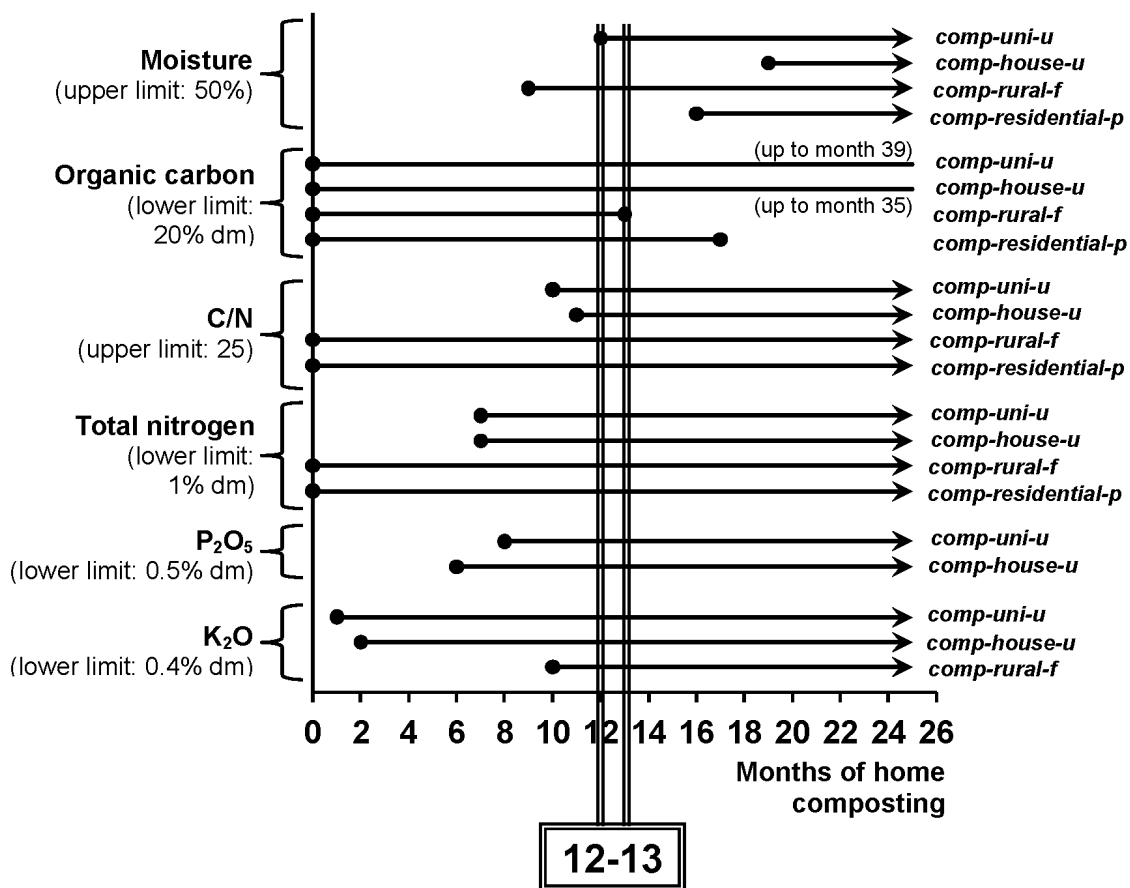
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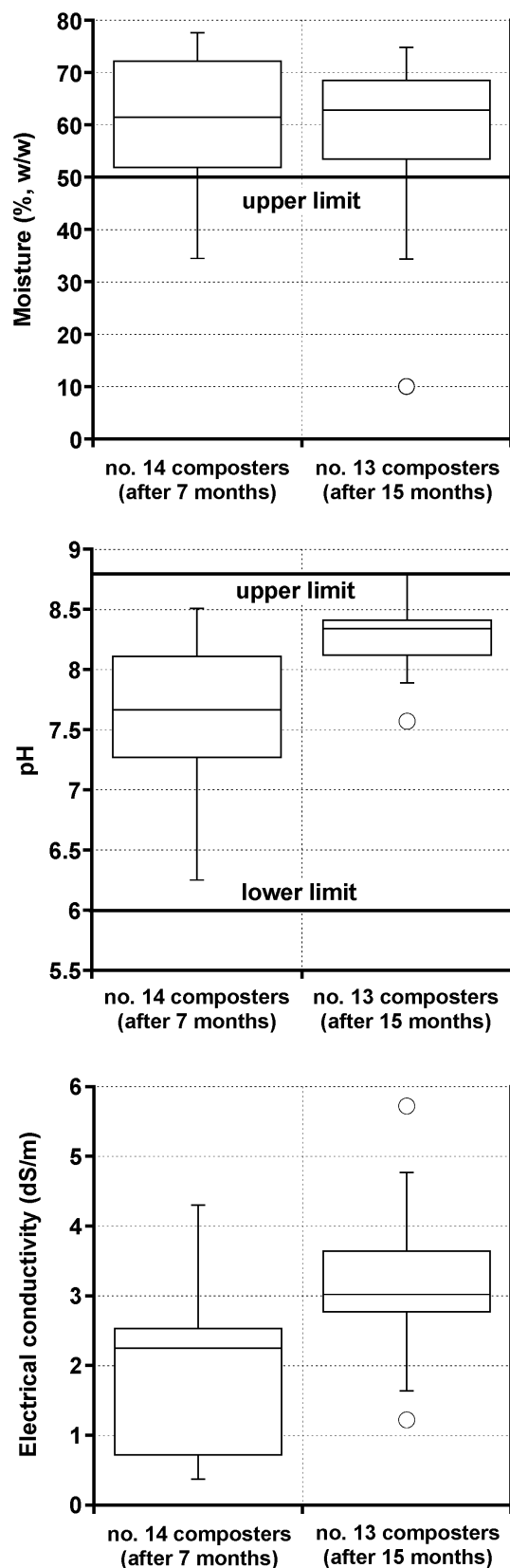
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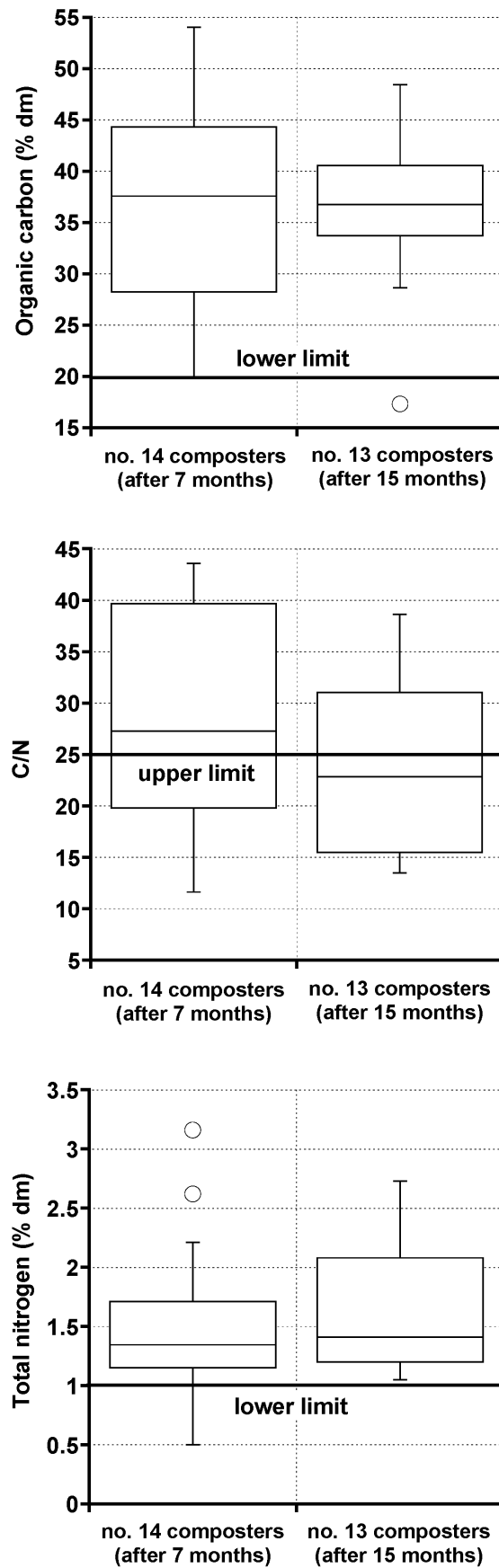
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**Fig. 7.** Modeled parametric evolutions in the experimental composters: resulting temporal conditions of parametric compliances with the respective reference limits given in Table 1.



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996 **Fig. 8.** Controlled provincial composters: resulting box-and-whisker plots for moisture (upper), pH  
 997 (central), and electrical conductivity (lower). Legend: □ = IQR box; — = median (inside the box);  
 998 vertical segments = whiskers; ○ = possible outliers. For the adopted limits (horizontal lines) for  
 999 moisture and pH, see Table 1.



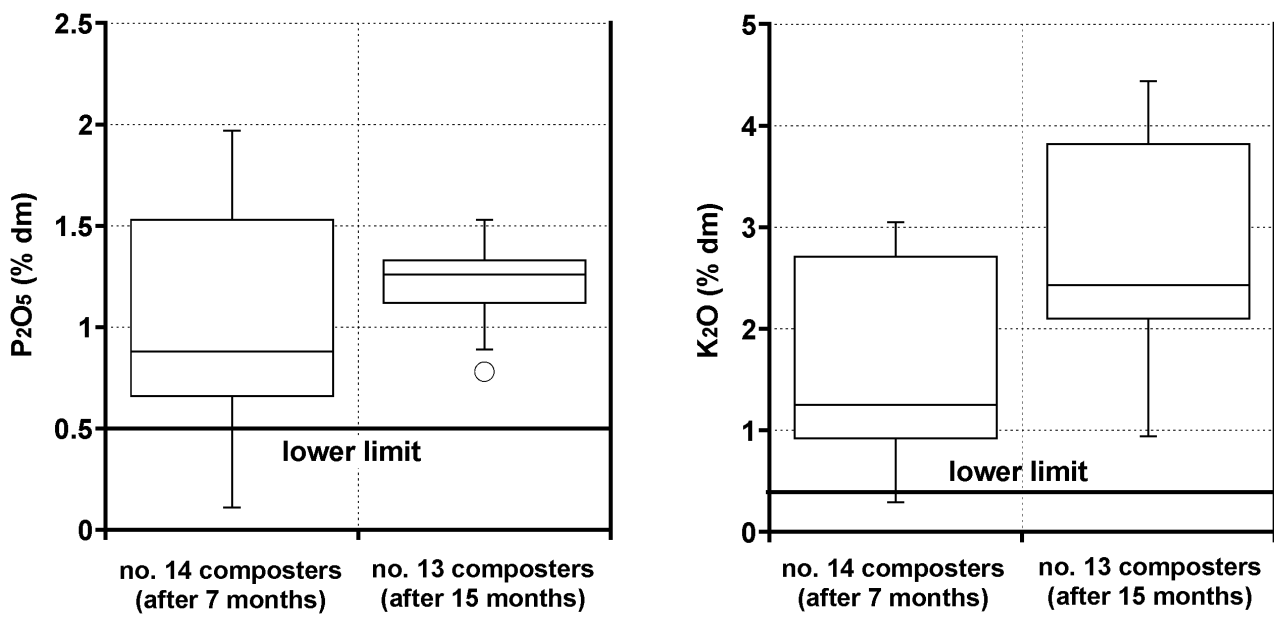
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1001 **Fig. 9.** Controlled provincial composters: resulting box-and-whisker plots for organic carbon  
 1002 (upper), C/N (central), and total nitrogen (lower). For the legend, see Fig. 8. For the adopted limits  
 1003 (horizontal lines), see Table 1.



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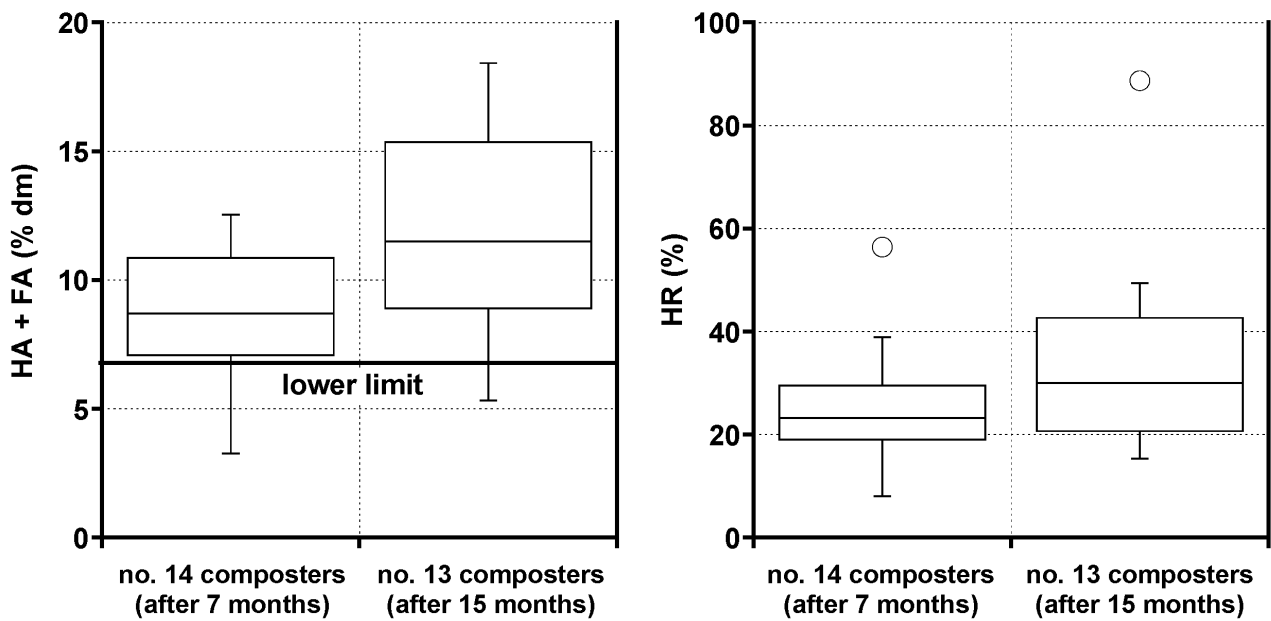
1008 **Fig. 10.** Controlled provincial composters: resulting box-and-whisker plots for phosphorus (as  
1009  $P_2O_5$ : left) and potassium (as  $K_2O$ : right). For the legend, see Fig. 8. For the adopted limits  
1010 (horizontal lines), see Table 1.

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1019 **Fig. 11.** Controlled provincial composters: resulting box-and-whisker plots for humified organic  
1020 carbon (HA + FA: left) and humification rate (HR: right). For the legend, see Fig. 8. For the  
1021 adopted limit (horizontal line) for HA + FA, see Table 1.

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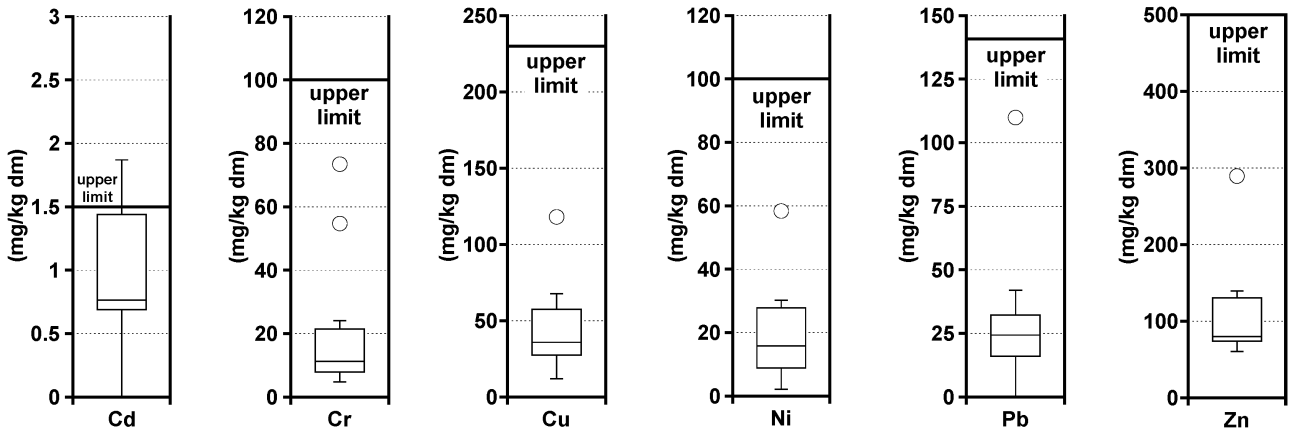
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1038 **Fig. 12.** Controlled provincial composters (at seven months of home composting): resulting box-  
1039 and-whisker plots for heavy metals. For the legend, see Fig. 8. For the adopted limits (horizontal  
1040 lines), see Table 1.

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