

Agile Methods and Virtual Distributed Teams

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Are Agile Methods and virtual distributed teams compatible? Aren't Agile Methods and virtual distributed teams polar opposites? Aren't they incompatible? And, if they are compatible, what are the specific techniques for making Agile Methods work for virtual distributed teams?

What does all of this mean? What is this controversy surrounding Agile Methods and virtual distributed teams? Why wouldn't Agile Methods be compatible with virtual distributed teams?

Well, all of this is related to the principles and values of Agile Methods as defined by the Agile Manifesto (<http://www.agilemanifesto.org>). The sixth of 12 major principles is as follows, "The most efficient and effective method of conveying information to and within a development team is face-to-face conversation." It relates to two of the four major values of Agile Methods: (1) individuals and interactions and (2) customer collaboration. So, taken at face-value, no pun intended, one would be omitting half or 50% of the values of Agile Methods if one didn't use face-to-face conversations with customers and team members. Or, would they?

Face-to-face communication is contextually-rich, and is the preferred method of communication in Agile Methods. In Traditional Methods, statements-of-work, requests for proposals, contracts, requirements, and designs are considered contextually rich. But, nothing beats good old face-to-face communication when it comes to interacting with customers and team members. The creators of Agile Methods realized this and etched face-to-face communication in stone as one of their 12 commandments.

Okay, now, so anyone who can read a book on Agile Methods knows that face-to-face practices are mandatory. That is, anyone except those who are trying to make money in the global software industry. The global software industry is all about connecting or automating the supply chain of goods and services using products from China, computer programming labor from India, project managers from North America, and researchers in Europe. Well, that's simple, just co-locate everyone. Not so fast, why can't everyone stay exactly where they are and use electronic means to communicate? Well, that would involve violating the principles and values of Agile Methods, wouldn't it? In fact, if a team is not face-to-face, it's using Traditional Methods, not Agile Methods. Or, is it?

The creators of Agile Methods had part of the equation correct. Face-to-face communication is contextually rich, and is therefore superior to virtual distributed communication or software documentation in certain circumstances. However, the North American creators of Agile Methods failed to anticipate or acknowledge that 95% of the world wasn't collocated with them, and that North America wasn't even the predominant computer programming market. Didn't they heed the warnings of Ed Yourdon who said that the Indian software market was skyrocketing or how about Michael Cusumano's warning that Japan's Software Factories were taking over the planet? Perhaps they were caught up in the euphoria of Microsoft's and Intel's instant success in the 1990s. Or, the Internet Gold Rush convinced them that North American information technology dominance was here to stay?

I think the only ones who didn't believe the creators of Agile Methods were the 70 or so other countries besides the United States, who benefited from the Personal Computer and Internet

revolution as well (along with any enterprising capitalist who wanted to make a quick-buck interconnecting the global supply chain).

The problem is that 99% of the population who knows anything about Agile Methods believes that one isn't being Agile if one isn't using face-to-face communication and all of the associated trappings (e.g., onsite customers, pair programmers, daily standup meetings, etc.).

Well, hang on to your seats, because the world is changing as we speak, and virtual distributed teams for Agile Methods are here to stay. We all have the benefit of being on the leading edge of this phenomenon as part of the next phase of software engineering evolution. I bet most people who are delving into Agile Methods didn't even realize they were on the cutting-edge of software engineering when they endeavored to use Agile Methods? Let's take a look at some of the evidence.

The folks at British Telecom have devised a set of practices for making Agile Methods work with virtual distributed teams (Cannizzo, Marcionetti, & Moser, 2008). They've identified four major practices to help marry Agile Methods with virtual distributed teams: (1) maximize project status visibility to all stakeholders, (2) ruthlessly automate as many development and management processes as possible, (3) ensure effective communications to the maximum extent possible, and (4) provide immediate feedback on every task performed. They use Eclipse IDE for writing code, Fitnesse and Selenium for acceptance testing, CruiseControl with Ant as a build tool, Danube ScrumWorks for user stories, Subversion for version control, and Atlassian Confluence Wiki for document sharing. Other tools include Visual Studio, NetBeans, Capistrano, Live Meeting, Communicator, Meet Me, and a variety of team building tools.

The folks at Yahoo! (Drummond & Unson, 2008) suggest mandatory meetings within time zones, periodic face-to-face meetings across time zones, overlapping virtual distributed meetings where possible, periodic synchronization between international Scrum Masters, the use of Wikis to share photographs of user stories on Post It notes, and ensuring that virtual distributed teams maintain the rank-ordering or priority of user stories. Furthermore, Yahoo! says to emphasize individuals and interactions over processes and tools as much as humanly possible, factor in the needs of the global workforce over individual practices of Agile Methods, and ensure that accurate information is shared in a timely fashion.

The folks in Canada (Robarts, 2008) say to have periodic face-to-face meetings as much as possible (especially during project kickoff), periodically send people back and forth from one country or location to another, ensure domain experts periodically visit one another, ensure delivery teams occasionally visit one another face-to-face, hold virtual distributed daily standup meetings between people in the same time zone, exchange informal notes such as PowerPoint presentations as meeting minutes, and ensure Wikis and other automated tool content is constantly up-to-date. The Canadians remind us to emphasize the use of Agile Methods practices like User Stories (instead of specifications), use video conferences as much as possible, and use portable information technologies such as laptops, cell phones, and personal digital assistants (e.g., BlackBerries). More importantly, proper schedule management is of utmost importance, especially when it comes to building in management reserve, accounting for international Holidays and unplanned events, and keeping the schedules current as well as communicating them. Interestingly enough, we're advised to allow enough latitude for differences in individual Agile Method practices across international boundaries.

The list goes on and on, as the Indians recommend automated dashboards and wikis (Shrinivasavadhani & Panicker, 2008). The Americans emphasize WebEx Meetings, periodic virtual

distributed meetings between international Scrum Masters, and a variety of techniques such as balancing power, allowing for variation in practices, detailed User Stories, empowerment, sharing vision statements, executive commitment, and as much communication as possible (Therrien, 2008). Another Canadian team says to use nearshore resources, maintain strict communication plans, share electronic workspaces, use synchronous communications only in adjacent time zones, and use asynchronous retrospectives (Vax & Michaud, 2008). Finally, a group of Americans and Canadians recommend instant messaging, synchronous communication mechanisms, video conferencing, face-to-face virtual distributed meetings, virtual distributed standup meetings, and the list goes on and on (Young & Terashima, 2008). You don't want to skip this last paper, because it contained a lot of helpful advice.

So, what's the bottom line? The creators of Agile Methods had it right, face-to-face communication is contextually rich and face-to-face is the preferred method of communication. And, a lot of face-to-face communication is a key, if not the key, to project success. I speak from experience on this one, because one of the most difficult projects I've ever managed, was success due to frequent, unscheduled face-to-face communication to break down the barriers to personal trust. Once the barriers to trust had been breached through frequent personal interaction, then the project completed successfully. We were given an award by a customer who had never given an award to a consulting firm before. You just don't find that kind of advice in your typical textbook on Traditional Methods. So, how do we duplicate the benefits of face-to-face interaction in virtual distributed teams? Communicate, frequently and often! Outside of video teleconferencing, telephone calls have been one of the best forms of communication over the last century. It's the "unscheduled" telephone calls that provide the most return-on-investment (versus regularly scheduled telephone calls that just don't seem to have the same effects). Ad hoc telephone calls help alleviate anxiety instantly, as opposed to scheduled phone calls. Intimate, personal communications break down barriers to trust and ensure project success almost every time.

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Practices of Agile Methods and Virtual Distributed Teams

Author	Category	Practice	Technique
1.0 Cannizzo, Marcionetti, & Moser, 2008	1.1 Provide maximum project status visibility	Enable stakeholders to see the status of the project in any desired detail.	Automation
		Enable managers and customers to see the status of user stories.	Automation
		Enable managers and customers to see user stories and backlogs.	Automation
		Enable teams to see the properties of the code being written.	Automation
		Enable teams to see whether software builds or passes tests.	Automation
	1.2 Ruthlessly automate everything	Enable teams to see whether software meets code metric thresholds.	Automation
		Automate as many development and management processes as possible.	Automation
		Automate the running of unit tests every time a source file is saved.	Automation
		Automate the running of metrics-gathering tools on the fly.	Automation
		Automate the running of back-end integration tests.	Automation
	1.3 Institute effective communication	Automate deployment of the Web portals to the production environment.	Automation
		Automate tasks around confirming whether something is release-ready.	Automation
		Enable information exchange with minimal waiting and misunderstanding.	Conferencing
	1.4 Enable teams to obtain immediate feedback	Enable teams to co-locate three days per week.	Periodic Collocation
		Enable teams to co-locate for one or two iterations per release cycle.	Periodic Collocation
		Enable teams to quickly know outcomes or side effects of completed tasks.	Automation
		Enable teams to address problems as they occur.	Automation
		Enable teams to quickly know whether completed code quality is sufficient.	Automation
		Enable teams to quickly gather feedback on any development activity.	Automation
		Enable teams to make use of IDE plug-ins to gathering of metrics on the fly.	Automation
		Enable teams to easily run only a subset of unit tests.	Automation
		Enable teams to produce integration tests to pinpoint the cause of faults.	Automation
		Enable teams to minimize clashes and merges of code and other artifacts.	Automation
	1.5 Use Eclipse to automate development	Enable teams to synchronize source code builds several times per day.	Automation
		Enable teams to negotiate the priority of user stories and evaluate backlogs.	Empowerment
		Use Eclipse as a framework for building rich client applications.	Automation
	1.6 Use Fitnesse and Selenium to automate acceptance testing	Use Eclipse with JUnit, Subversion, Emma, CheckStyle, and FindBugs.	Automation
		Use Eclipse as the editor of choice for working with the Java language.	Automation
		Use Fitnesse and Selenium to implement customer acceptance test suites.	Automation
		Use Fitnesse to test application programming interfaces (APIs).	Automation
		Use Selenium to test web front-ends.	Automation
		Use Fitnesse to allow developers to write tests using wiki syntax.	Automation
		Use Fitnesse to make tests available on web pages to be run on demand.	Automation
		Use Fitnesse to include test suites for specific types of environments.	Automation
	1.7 Use CruiseControl with Ant to automate software builds	Use Fitnesse to create test suites configured for different environments.	Automation
		Use Fitnesse to run integration tests for both development and production.	Automation
		Use Apache Ant to execute build scripts for Java applications.	Automation
		Use Apache Ant to write complex and flexible build scripts for reuse.	Automation
		Use Apache Ant to manage continuous builds.	Automation
		Use Apache Ant to build projects in different programming languages.	Automation
		Use Apache Ant to provide an administration console.	Automation
	1.8 Use Danube ScrumWorks to automate user stories	Use Apache Ant to provide reporting for managing builds and build artifacts.	Automation
		Use Apache Ant to automate builds for running performance tests.	Automation
		Use ScrumWorks to support the adoption of the Scrum agile methodology.	Automation
		Use ScrumWorks to allow teams to manage their backlog on a virtual wall.	Automation
		Use ScrumWorks to manage the Scrum backlogs, teams, and products.	Automation
	1.9 Use Subversion for version control	Use ScrumWorks to provide reporting facilities for accessing historical data.	Automation
		Use ScrumWorks to serve as a reporting front end.	Automation
		Use ScrumWorks to retrieve information during retrospectives.	Automation
	1.10 Use Atlassian for documentation	Use Subversion as a software source code control system.	Automation
		Use Subversion as a repository via several protocols.	Automation
		Use Subversion with Tortoise SVN, Subversive, and Subclipse plug-ins.	Automation
1.11 Use other tools for automation	Use Atlassian Confluence Wiki to share and produce documents.	Shared Workspaces	
	Use Atlassian Confluence Wiki for collaborative editing.	Shared Workspaces	
	Use Atlassian Confluence Wiki for rich content using add-ons.	Shared Workspaces	
	Use Visual Studio (for .NET development) and NetBeans (for Ruby).	Automation	
2.0 Drummond & Unson, 2008	Use Capistrano to automate deployment of Ruby on Rails applications.	Automation	
	Use Microsoft Live Meeting, Microsoft Communicator, and BT Meet Me.	Conferencing	
	Use Foosball table, games console, break-out area with sofas, and beanbags.	Process Flexibility	
	Don't follow the Scrum practices religiously.	Process Flexibility	
	Don't require teams in different time zones to attend all Scrum meetings.	Process Flexibility	
2.1 Don't fall into the easy trap	Don't follow Scrum to the exclusion of cultural and religious differences.	Cultural Sensitivity	
	Don't use Scrum to make international teams feel like second class citizens.	Empowerment	
	Don't hinder the adoption of Scrum by alienating international teams.	Empowerment	

Author	Category	Practice	Technique
3.0 Robarts, 2008		Don't limit international interactions to phone and video meetings.	Periodic Collocation
		Don't ask international teams to make unnecessary personal sacrifices.	Cultural Sensitivity
	2.2 Bridge the distributed divide	Use Scrum retrospectives to identify issues affecting international teams.	Empowerment
		Use Scrum retrospectives to smoke out inequitable practices.	Empowerment
		Use informal chats with Scrum Masters to augment retrospectives.	Empowerment
		Use face-to-face, onsite training to further identify inequitable practices.	Periodic Collocation
		Have Scrum Masters and Agile Coaches regularly communicate.	Touch Points
	2.3 Go local	Adopt "go-local" rule to remove having to attend early or late meetings.	Process Flexibility
		Allow each team to do their meetings at their own time zones.	Process Flexibility
		Institute key touch points between senior members of the team.	Touch Points
		Have managers at multiple locations meet two or three times a week.	Touch Points
		Alternate the schedule of who will wake up early and stay up late each week.	Process Flexibility
		Remove the pain of having the teams attend lengthy late or early meetings.	Process Flexibility
	2.4 Institute periodic face-to-face meetings	Foster bonding and collaboration by having face-to-face, quarterly meetings.	Periodic Collocation
		Alternate location of face-to-face, quarterly release planning meetings.	Periodic Collocation
		Have everyone together in one location for at least one occasional sprint.	Periodic Collocation
		Equalize the pain of having to travel 24 hours back and forth across sites.	Periodic Collocation
		Allow people to connect the faces to the voices they hear on the phone.	Periodic Collocation
	2.5 Make some immediate adaptations	Adopt a strict time limit on sprint planning and review meetings.	Conferencing
		Use the first hour to review prior deliverables and results of retrospectives.	Conferencing
		Allow exchange of stakeholder feedback between managers and developers.	Empowerment
		Reserve the second hour for discussing the details of the product backlog.	Conferencing
		Allow the teams to review backlog items and ask detailed questions.	Empowerment
		Enforce meeting end times, as well user stories, priorities, and commitments.	Conferencing
		Repeat the planning meeting at remote sites to identify tasks and estimates.	Touch Points
		Synchronize any local adjustments to sprint backlogs at the end of the day.	Process Flexibility
	2.6 Use local proxies	Synchronize communications between product owners and Scrum masters.	Touch Points
		Discuss the sprint progress and backlog status at least three times a week.	Touch Points
		Use local Scrum Masters as alternate product owners to answer questions.	Empowerment
	2.7 Get everyone on the same page up-front	Provide training in agile methods to the whole team at beginning of project.	Coaching
		Use the same agile methods trainer to maximize consistency.	Coaching
		Embed agile coaches within each team at each location.	Coaching
		Hold daily meetings among the agile coaches at each location.	Coaching
		Hold frequent voice and email exchanges among agile coaches.	Coaching
	2.8 Replicate information radiators	Use highly visible post-it notes for communicating sprint information.	Shared Workspaces
		Use shared easily editable team Wiki pages to communicate progress.	Shared Workspaces
		Keep shared information constantly updated to maintain interest in activities.	Shared Workspaces
		Produce current status and information using simple web page formats.	Shared Workspaces
		Distribute digital photographs of information radiators on wikis.	Shared Workspaces
		Use understandable identifiers and labels for user stories and tasks.	Shared Workspaces
		Make shape of task board and movement of stickies easy to follow.	Shared Workspaces
		Emphasize use of visible user stories and tasks on post it notes.	Shared Workspaces
		Produce frequent feedback by instituting two instead of four week sprints.	Process Flexibility
		Synchronize end-of-sprint reviews across international locations if possible.	Periodic Collocation
		Use Adobe Connect for voice and video conferencing services.	Conferencing
		Use localized retrospectives and sharing the results with all teams.	Touch Points
	2.9 Miscellaneous practices	Maintain the priority of user stories by disallowing cherry picking.	Empowerment
		Separate backlogs dedicated to regional customizations and considerations.	Process Flexibility
		Use Scrum of Scrums for upper-level coordination of multiple backlogs.	Process Flexibility
		Standardize communication, increasing visibility, and automate releases.	Process Flexibility
		Increase communication speed by providing less detail at the task level.	Process Flexibility
		Provide consistent and authoritative training messages from coaches.	Coaching
2.10 Avoid common pitfalls	Focus on individuals and interactions over processes and tools.	Process Flexibility	
	Don't allow teams to fall into the "Scrum-by-the-book" syndrome.	Process Flexibility	
	Don't cause resentment by having meetings at inconvenient times.	Process Flexibility	
	Don't use Scrum practices as a "big-stick" to alienate teams.	Process Flexibility	
	Make a genuine effort to factor in the needs of people.	Process Flexibility	
	Adapt Scrum processes, minimize pain, and place value on people.	Process Flexibility	
	Institute measures to close gaps in customer interaction and collaboration.	Empowerment	
	Identify individuals who have the abilities to succeed in distributed teams.	Personnel Selection	
3.1 Use face-to-face visits and rotations	Plan for rotations through each site on a regular basis.	Periodic Collocation	
	Get the entire delivery team together to kick off the project.	Periodic Collocation	
	Choose a location convenient for the majority of the team for the kickoff.	Periodic Collocation	
	Use face-to-face kickoff to meet, establish a rapport, and understand project.	Periodic Collocation	
	Use a face-to-face kickoff to help everyone feel like part of the same team.	Periodic Collocation	
	Invite the client or the customer to the face-to-face kickoff as well.	Periodic Collocation	
	Use a face-to-face kickoff to help the client become more trusting.	Periodic Collocation	
	Schedule periodic face-to-face exchanges in the case of a limited budget.	Periodic Collocation	

Author	Category	Practice	Technique	
4.0 Shrinivasavadhani & Panicker, 2008		Use face-to-face release planning with clients, product owners, and leads.	Periodic Collocation	
		Invest in face-to-face meetings by personnel who represent everyone.	Periodic Collocation	
		Schedule visits for product owners and team leads throughout each release.	Periodic Collocation	
		Use periodic face-to-face meetings to establish norms, rules, and protocols.	Periodic Collocation	
		Use face-to-face meetings to increase awareness of dedication and loyalty.	Periodic Collocation	
		Arrange for members of the delivery team to rotate between locations.	Periodic Collocation	
		Rotate team members between locations to share practices and customs.	Periodic Collocation	
		Learn international visa rules and limitations before release planning begins.	Periodic Collocation	
	3.2 Communicate progress with conference call standups	Hold conference calls every day within the same time zone.	Conferencing	
		Hold conference calls every other day across different time zones.	Conferencing	
		Hold conference calls with only the leaders of very large teams.	Conferencing	
		Hold conference calls by rotating the leaders of very large teams.	Conferencing	
		Hold conference calls by sharing knowledge among leaders in large teams.	Conferencing	
	3.3 Follow up in writing	Hold conference calls with strict time limits.	Conferencing	
		Follow up verbal messages with a written versions (using PowerPoint).	Process Flexibility	
	3.4 Communicate business needs by writing less	Update all project artifacts, wikis, and tracking tools prior to a status calls.	Shared Workspaces	
		Use video conferences to present a high-level vision of the application.	Conferencing	
		Provide a local installation of the application for demonstration purposes.	Process Flexibility	
		Provide video taped messages recorded by subject matter experts.	Coaching	
	3.5 Build contingency reserves into schedules	Provide wireframes and lo-fi prototypes to communicate requirements.	Process Flexibility	
		Take international holidays into account to minimize disruptions.	Cultural Sensitivity	
		Take international vacations into account to minimize disruptions.	Cultural Sensitivity	
		Take international customs, cultures, habits, and behaviors into account.	Cultural Sensitivity	
		Take international seasonal weather events and phenomenon into account.	Cultural Sensitivity	
	3.6 Build common understanding of practices	Take international personal time needs and preferences into account.	Cultural Sensitivity	
		Assess differences in Agile Methods terms and practices across locations.	Process Flexibility	
		Set up wiki pages to capture terminology, references, and standard practices.	Shared Workspaces	
		Provide training in Agile Methods and standard practices for new members.	Coaching	
	4.1 Use a product roadmap and stakeholder meetings	Allow teams to select their standard practices from a repository of templates.	Process Flexibility	
		Develop a product roadmap and circulate it to all of the stakeholders.	Process Flexibility	
		Constantly evaluate new features and align them with the roadmap.	Process Flexibility	
		Hold weekly meetings with the stakeholders to update them on the status.	Touch Points	
		Share feedback from weekly stakeholder meetings with the rest of the team.	Touch Points	
		Refine and update Wiki contents prior to all discussions and meetings.	Shared Workspaces	
		4.2 Enhance collaboration and productivity with heavy automation	Perform early integration and daily builds using Maven and Continuum.	Automation
			Gradually adjust build frequency to suit the team's pace within the test bed.	Automation
			Enhance collaboration by using automated modeling tools.	Process Flexibility
			Minimize effort by using automated modeling tools for documentation.	Process Flexibility
			Use tools such as project websites, Bugzilla, and source code repositories.	Automation
			Use WaccPlanner and Xplanner for planning, tracking, metrics, and reports.	Automation
		4.3 Split up the work between teams with greater and lesser skills and capabilities	Use Wiki and Wink to facilitate discussions within the teams.	Shared Workspaces
	Split up the work to help lesser skilled teams gain some momentum.		Process Flexibility	
	Perform release planning to divide the work into non-interdependent parts.		Process Flexibility	
Allow lesser skilled remote teams to work on lower priority tasks.	Process Flexibility			
Use separate branches of a common source code repository.	Process Flexibility			
Gradually merge more and more code between disparate branches.	Process Flexibility			
4.4 Select remote mentors	Use identical project environments to facilitate seamless integration.	Automation		
	Use remote mentoring as an effective way to ramp up a distributed team.	Coaching		
	Select remote mentors based on expertise with the product features.	Coaching		
	Select remote mentors based on their abilities to effectively communicate.	Coaching		
	Select remote mentors based on their abilities to maintain active visibility.	Coaching		
	Select remote mentors based on technical expertise and domain knowledge.	Coaching		
4.5 Select local mentors	Select remote mentors based on their ability to perform quality assurance.	Coaching		
	Select remote mentors based on their ability to focus on broad issues.	Coaching		
	Select local mentors based on technical capabilities and domain knowledge.	Coaching		
	Select local mentors based on ability to participate in pair programming.	Coaching		
4.6 Establish a remote mentoring process	Select local mentors based on their ability to interface with remote mentors.	Coaching		
	Select local mentors based on ability to participate in face-face discussions.	Coaching		
	Select local mentors based on ability to focus only the local team's release.	Coaching		
	Establish a remote mentoring process to help lesser skilled remote teams.	Coaching		
	Use remote mentoring to level skill sets, build trust, and create confidence.	Coaching		
	Collocate teams for kickoff, to discuss goals, and establish relationships.	Periodic Collocation		
	Assign mentors based on knowledge gained from working with all teams.	Coaching		
4.7 Use remote and	Ensure that remote mentors have full visibility into the work of the teams.	Coaching		
	Assign about 20% of the effort for remote mentors to perform their roles.	Coaching		
	Use written documents and diagrams to bridge culture and language barriers.	Process Flexibility		
	Post documents, models, and diagrams in Wikis to enhance communications.	Shared Workspaces		
	Use a project website to maintain dashboards that contain details of teams.	Automation		

Author	Category	Practice	Technique	
	local mentoring activities	Post the features for all releases in the project website for both teams.	Shared Workspaces	
		Hold multiple joint rounds of collaborative meetings to establish user stories.	Periodic Collocation	
		Hold multiple joint rounds of collaborative meetings to validate the scope.	Periodic Collocation	
		Use the centralized project website to store and retrieve user stories.	Shared Workspaces	
		Use local mentors to develop, refine, and post development tasks.	Coaching	
		Use local mentors to ensure collaboration and frequent update of status.	Coaching	
		Use local mentors to send updated status using WaccPlanner (tracking tool).	Coaching	
		Use remote mentors to identify issues and technical flaws early on.	Coaching	
		Use local mentors to ensure the quality of code under development.	Coaching	
		Establish and hold daily standup meetings at each location.	Process Flexibility	
		Ensure teams communicate on a daily basis and use instant messaging.	Conferencing	
		Post all clarifications using wikis in the form of diagrams instead of text.	Shared Workspaces	
		Use local mentors upload task breakdown into Waccplanner for user stories.	Coaching	
		Regularly update the status of teams in Waccplanner to provide visibility.	Automation	
		Do not require daily stand-ups if there are significant language barriers.	Process Flexibility	
		Check the deliverables into a source code repository to increase visibility.	Automation	
		Have both mentors take corrective action based on early visibility of status.	Coaching	
		Use updated project status, velocity, and test status to gauge the progress.	Automation	
		Use wikis to capture details of the look and feel of the diagrams.	Shared Workspaces	
		5.0 Therrien, 2008	5.1 Get team buy-in at local and remote locations	Include both local and remote teams in backlog scrubbing.
Allow all teams to participate in critical activities such as backlog scrubbing.	Empowerment			
Allow all team members time to achieve an optimum level of comfort.	Cultural Sensitivity			
Allow for cultural adaptations for consensus vs. individual decision making.	Cultural Sensitivity			
5.2 Adapt Scrum meetings for working with local and remote teams	Allow all teams to interface product owners, clients, and stakeholders.		Empowerment	
	Be flexible until a balance of home and work life is achieved.		Process Flexibility	
	Ensure that product owners attend at least two stand-up meetings per week.		Touch Points	
	Ensure that teams participate in backlog scrubbing meetings each week.		Empowerment	
5.3 Adapt Scrum Master roles	Allow teams to ask product owners for clarification on as-needed basis.		Empowerment	
	Ensure product owners update content in tools such as Version One.		Automation	
	Keep backlog scrubbing meetings down to a manageable time.		Conferencing	
	Charge local Scrum Masters with ensuring active participation by all teams.		Empowerment	
5.4 Adapt Product Owner roles	Allow all teams to identify, estimate, and managing user stories and tasks.		Empowerment	
	Have product owners focus on long term planning, vision, and strategy.		Process Flexibility	
	Allow product owners to host Sprint planning and review meetings.		Touch Points	
	Ask product owners to provide additional requirements (if necessary).		Process Flexibility	
5.5 Adapt Product Owner interactions	Ask product owners to document acceptance criteria (if necessary).		Process Flexibility	
	Ask product owners to exchange emails for sizing, scoping, and estimating.		Process Flexibility	
	Ask product owners to add additional content to tools such as Version One.		Process Flexibility	
	Ask product owners to conduct quarterly product roadmap meetings.		Process Flexibility	
5.6 Facilitate communication with tools	Ask product owners to communicate vision using WebEx and PowerPoint.		Process Flexibility	
	Ask product owners to communicate requirements as categories and epics.		Process Flexibility	
	Ask product owners to facilitate brainstorming and improvement sessions.		Empowerment	
	Ask product owners to travel to all locations to ensure project progress.		Periodic Collocation	
5.7 Maintain an equitable balance of power	Facilitate communications by using automated tools such as Version One.		Automation	
	Supplement user stories with requirements documents in automated tools.		Process Flexibility	
	Use WebEx and conference calls as the primary methods of interaction.		Conferencing	
	Adapt product owner and Scrum Master roles to maintain balance of power.		Empowerment	
5.8 Adapt Scrum practices and guidelines for local and remote teams	Don't disempower teams with localized product owners and Scrum Masters.		Empowerment	
	Allow teams to enjoy a sustained work pace and normal work hours.		Empowerment	
	Allow teams to fully participate in the Scrum process.		Empowerment	
	Adapt Scrum processes and practices to meet the needs of all teams.		Process Flexibility	
	Supplement user stories with detailed specifications (when necessary).		Process Flexibility	
	Provide detailed requirements to minimize dependency on product owners.		Process Flexibility	
	Use consultants to facilitate retrospectives and identify critical issues.		Coaching	
	Invest in training and coaching on an as-needed basis.		Coaching	
Enforce commitment by regular interaction with product owners.	Touch Points			
6.0 Vax & Michaud, 2008	6.1 Adapt Agile Methods for a distributed environment		Use visuals, mockups, diagrams, online meetings, and video conferencing.	Process Flexibility
			Satisfy user needs and delight customers, not follow Scrum religiously.	Process Flexibility
			Allow teams to use documentation and multiple communication channels.	Process Flexibility
		Allow teams to use status tracking and reporting tools and other meetings.	Automation	
	6.2 Use near shore resources as Scrum Masters	Allow teams to be initially collocated and then allow them to separate.	Periodic Collocation	
		Use shared source code management tools and a bug tracking systems.	Shared Workspaces	
		Use standardized iteration planning and daily status update processes.	Process Flexibility	
		Use near shore resources who can meet face-to-face at regular intervals.	Process Flexibility	
	6.3 Implement a	Keep lines of communication open between leads and Scrum Masters.	Touch Points	
		Provide overlapped communication time between leads and Scrum Masters.	Touch Points	
		Allow Scrum Masters to coordinate acceptance testing activities.	Touch Points	
	6.3 Implement a	Hold Scrum meetings three times per week between international teams.	Process Flexibility	

Author	Category	Practice	Technique	
	strict communication plan	Allow teams to work from home by using common a computing toolset.	Automation	
		Use tools such as instant messaging and VoIP teleconferencing.	Conferencing	
		Always provide instant informal feedback by email within 12 hours.	Conferencing	
	6.4 Use shared electronic work spaces	Provide a persistent workspace for critical project data such as SharePoint.	Shared Workspaces	
		Use SharePoint for status, announcements, discussions, and documents.	Shared Workspaces	
		Use common source code control systems and bug tracking systems.	Automation	
		Provide local system support for shared development servers.	Shared Workspaces	
	6.5 Manage work effectively across sites	Divide work across no more than two time zones.	Process Flexibility	
		Involve the entire team of a single time zone in synchronous retrospectives.	Process Flexibility	
		Involve only the leads and Scrum masters in synchronous retrospectives.	Process Flexibility	
	6.6 Get the right people communicating	Assign product owners and Scrum masters according to their abilities.	Personnel Selection	
		Allow Scrum Masters to talk and developer-to-developer communications.	Touch Points	
		Do not restrict the flow of communications to the organizational hierarchy.	Empowerment	
	6.7 Implement the appropriate planning mechanisms	Budget for occasional face-to-face travel, meetings, and communications.	Periodic Collocation	
		Provide comprehensive training, coaching, instruction, and mentoring.	Coaching	
		Refactor the code base for more modularity and independence among teams.	Process Flexibility	
		Base teams on personality, temperament, experience, skills, and education.	Personnel Selection	
	7.0 Young & Terashima, 2008	7.1 Place an emphasis on effective communication mechanisms	Use instant messaging for quick feedback as much as possible.	Conferencing
			Use Skype or iChat to have spontaneous meetings to discuss issues.	Conferencing
			Make an effort to overlap work schedules across all the teams.	Conferencing
			Establish a goal of being available synchronously as much as possible.	Conferencing
Use desktop sharing combined with video conferencing for discussing code.			Conferencing	
Use Virtual Network Computing (VNC) for pair programming sessions.			Conferencing	
Use VNC to leverage file-indexing, bookmarking, and debugging.			Conferencing	
Communicate using video conferencing for code-related reviews.			Conferencing	
Take breaks to ensure everyone is following along with code reviews.			Conferencing	
Use video conferences for conversation, participation, and high context.			Conferencing	
Have virtual stand up meetings as much as possible (if schedules permit).			Process Flexibility	
Hold weekly meetings with customers to negotiate priority of user stories.			Touch Points	
Use wikis to post weekly meeting agendas along with the meeting minutes.			Shared Workspaces	
Use asynchronous communication tools such as wikis.			Shared Workspaces	
Use bug management systems, newsgroups, and email to log project history.		Automation		
Create documents to describe the effort and time line for each team.		Process Flexibility		
Communicate the business value of new features and changes to all teams.		Process Flexibility		
Use a wiki page to merge and prioritize all of the work into one backlog.		Shared Workspaces		
Enter all tasks into a shared bug ticketing system.		Automation		
7.2 Build a sense of trust with remote team members		Use face-to-face kickoffs and sprints to allow the teams to get acquainted.	Periodic Collocation	
		Incorporate a short greeting period at the beginning of each meeting.	Conferencing	
	Discuss ordinary subjects such as the weather, wellness, and other small talk.	Conferencing		
	Incorporate physical surroundings into video conferences to ensure realism.	Conferencing		
	Allow everyone to relax as a pleasant way of starting meetings.	Conferencing		
	Have clear agenda and an expected duration time for all meetings.	Conferencing		
	Frequently pause for questions and clear up any misconceptions.	Conferencing		
	Strive to maintain real-time two-way communication and for realism.	Conferencing		
	Bring all participants into video conferences to resolve miscommunications.	Conferencing		
	Provide an introductory video conference on Agile Methods practices.	Coaching		
	Be mindful of etiquette rules associated with different cultures.	Cultural Sensitivity		
Respect the holidays of all teams and don't disturb them in these periods.	Cultural Sensitivity			
Learn as much as you can about the various cultures involved in projects.	Cultural Sensitivity			
Arrange meetings at reasonable times because of time zone differences.	Process Flexibility			
Obtain consensus on scheduling of subsequent follow-up meetings.	Empowerment			
7.3 Software Architecture, Tools, and Design Approaches	Maintain a wiki to document the application programming interfaces (APIs).	Shared Workspaces		
	Create a set of functional tests to verify the API against specifications.	Automation		
	Use functional tests for continuous integration to provide quick feedback.	Automation		
	Hold video conferences with all teams to discuss changes and updates.	Conferencing		
	Use a single code base for all teams that can be locally customized.	Process Flexibility		
	Program to interfaces and not to implementations when using the code base.	Process Flexibility		
	Enforce strict coding standards that require coding components to interfaces.	Process Flexibility		
	Leverage Spring Framework containers to help loosely couple systems.	Process Flexibility		
	Use polymorphism as a way of extending components when necessary.	Process Flexibility		
	Collaborate on tasks together when working on cross-country requirements.	Touch Points		
	Use Maven 2 for development and Ant as an auxiliary Java utility.	Automation		
	Use Eclipse as and IDE and with plug-ins for Maven and Ant.	Automation		
	Use Ant to run any command on multiple operating systems.	Automation		
Ensure everything is automated and repeatable using Ant or Maven.	Automation			
Help newcomers by using an automated development environment.	Automation			