

Selective oxidation-induced strengthening of Zr/Nb nanoscale multilayers

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Abstract

The paper presents a new approach, based on controlled oxidation of nanoscale metallic multilayers, to produce strong and hard oxide/metal nanocomposite coatings with high strength and good thermal stability. The approach is demonstrated by performing long term annealing on sputtered Zr/Nb nanoscale metallic multilayers and investigating the evolution of their microstructure and mechanical properties by combining analytical transmission electron microscopy, nano-mechanical tests and finite element models. As-deposited multilayers were annealed at 350°C in air for times ranging between 1 – 336 hours. The elastic modulus increased by ~ 20% and the hardness by ~ 42% after 15 hours of annealing. Longer annealing times did not lead to changes in hardness, although the elastic modulus increased up to 35% after 336 hrs. The hcp Zr layers were rapidly transformed into monoclinic ZrO₂ (in the first 15 hours), while the Nb layers were progressively oxidised, from top surface down towards the substrate, to form an amorphous oxide phase at a much lower rate. The sequential oxidation of Zr and Nb

1 layers was key for the oxidation to take place without rupture of the multi-layered
2 structure and without coating spallation, as the plastic deformation of the metallic Nb
3 layers allowed for the partial relieve of the residual stresses developed as a result of the
4 volumetric expansion of the Zr layers upon oxidation. Moreover, the development of
5 residual stresses induced further changes in mechanical properties in relation to the
6 annealing time, as revealed by finite element simulations.

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14 **Keywords:** multilayers; strengthening; oxidation; size effects
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17 18 19 **1. Introduction** 20

21 Nanoscale metallic multilayers have been studied in detail in the last 10 years due to
22 their outstanding mechanical properties [1–4], especially for individual layer thickness
23 below ≈ 100 nm, that originate from the high density of interfaces, that block dislocation
24 transmission. From all possible metal combinations, fcc/bcc systems with incoherent
25 interfaces, like Cu/Nb, have been widely studied, as they can achieve high strength at
26 ambient temperature [1,5]. Other combinations, like the substitution of Cu by Zr, to
27 produce Zr/Nb multilayers, are also promising as the Zr/Nb system is highly immiscible
28 and the Zr/Nb interfaces are also expected to block dislocation transmission. The
29 deformation behaviour of Zr/Nb multilayers fabricated by magnetron sputtering with
30 different layer thicknesses was recently reported [6] and a few other studies on Zr/Nb
31 multilayers are available. They are mainly focused on the hcp to bcc transformation of
32 the Zr layers with decreasing bilayer thickness [7] or on their superconducting
33 properties [8].
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53 From the viewpoint of engineering applications, metallic multilayers are limited by
54 thermal stability, especially in oxidizing environments. So far, the research on this area
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1 sputtering or accumulated roll bonding. Mechanical tests in vacuum or Ar atmosphere
2 have shown very good strength retention at high temperature [9,10] while the layer
3 thickness and the ambient temperature strength were not modified by annealing up to
4 500 °C in vacuum or inert atmospheres [11–14]. However, under oxidizing conditions,
5 Cu/Nb multilayers are prone to degradation at temperatures as low as 300 °C.
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11 In this work, we study the influence of long term annealing in air on the microstructure
12 and mechanical properties of Zr/Nb nanoscale metallic multilayers. Oxidation of Zr and
13 Nb have been studied for many years, and it is well known that their oxide layers
14 exhibit strong compressive residual stresses [15,16] as a consequence of the dramatic
15 volume expansion of 56% for Zr and 154% for Nb, associated with their oxide
16 formation [17], that lead to the spallation of oxide scales [18,19]. In this work, we show
17 that in the case of Zr/Nb nanoscale multilayers, the oxidation of the Zr, owing to its
18 more negative oxidation potential, occurs at a larger rate than that of Nb, and that the
19 multilayered structure allows for an accommodation of the residual stresses developed
20 during oxidation, preventing the spallation of the coatings. These results present a new
21 approach, based on controlled oxidation of nanoscale metallic multilayers, to produce
22 strong and hard oxide/metal nanocomposite coatings with high strength and good
23 thermal stability.
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48 **2. Materials and experimental methods**

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50 The Zr/Nb multilayer was deposited on single crystal (100) Si wafers using a balanced
51 magnetron sputtering apparatus (Kurt J. Lesker Company, Pennsylvania, US), with a
52 total layer thickness of $\approx 1.35 \mu\text{m}$. Monolithic Zr and Nb films were also deposited on
53 the same substrate with thicknesses of $0.85 \mu\text{m}$ and $1.24 \mu\text{m}$, respectively. Further
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1 details about the deposition process are reported elsewhere [6]. The multilayer and
2 monolithic films were thermally annealed in air inside a muffle furnace at 350 °C for
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4 annealing times $t_a = 2, 15, 48, 168$ and 336 h. The as-deposited and annealed Zr/Nb
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6 multilayers presented a roughness, R_a , measured by AFM, of ≈ 3 and 5 nm,
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11 The microstructure was evaluated by grazing incidence X-ray diffraction (XRD) and
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13 transmission electron microscopy (TEM). The XRD grazing angle ω was set at 1.5°, 3°
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15 and 5° in order to detect microstructural features at different depths. Diffraction data
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17 were collected by using a Rigaku SmartLab diffraction system (Rigaku Corporation,
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19 Japan) with Cu K α radiation. The transmission electron microscope (JEOL JEM 2100)
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21 was operated at an accelerating voltage of 200 kV. TEM samples were prepared by
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23 using a focused ion beam (FIB) system (FEI Helios 600i). Scanning transmission
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25 electron microscopy high angle annular dark field (STEM-HAADF) images of the
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27 cross-sections were obtained by using the STEM detector in the FIB system with the
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29 electron gun operated at 30 kV. A JEOL ARM200F (cold-FEG) TEM/STEM operated
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31 at 200 kV and equipped with a Gatan GIF spectrometer and a 100 mm² Centurion EDX
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33 detector (Thermo Fisher Scientific Inc., Madison, Wisconsin, USA) was also used for
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35 STEM imaging and chemical analyses. EELS acquisitions were performed with an
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37 energy dispersion of 0.05 eV/channel was used for the map in the low loss energy
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39 region, while 0.25 eV/channel was used to acquire data in the low and high loss energy
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41 range for line-scan data.
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51 Nanoindentation measurements were performed using the Nanotest Platform 3
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53 Instrument (Micromaterials, Wrexham, UK) equipped with a diamond Berkovich
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55 indenter. Reported hardness and elastic modulus are an average of ten indents
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57 performed by using a maximum load of 5 mN (for the Zr/Nb multilayer) and 2 mN (for
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1 monolithic Zr and Nb coatings) with a loading, holding and unloading times of 20, 10
2 and 5 s, respectively. The maximum load was chosen in order to keep $h_c/t < 0.1$, where
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4 h_c is the contact depth and t the film thickness. The reported elastic modulus of the
5 layers was corrected to eliminate substrate effects by using the Hay & Crawford model
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11 **3. Results and discussion**

12 *3.1. Microstructure evolution upon annealing in air*

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17 A STEM-HAADF cross-sectional image of the as-deposited Zr/Nb multilayer along
18 with the corresponding selected area diffraction (SAD) pattern are presented in Fig. 1.
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20 Nb appears brighter in the STEM-HAADF micrographs owing to its higher density
21 compared to Zr. The layered structure is well defined with flat interfaces close to the Si
22 substrate. Layer waviness increased as deposition progressed due to shadowing effects
23 inherent to the sputtering processes. The layer thicknesses were $t_{\text{Nb}} \sim 30$ nm and $t_{\text{Zr}} \sim 45$
24 nm. The SAD pattern (indexed as hcp Zr and bcc Nb) indicates that Zr and Nb layers
25 were nanocrystalline. Zr nanograins presented two main preferred orientations, i.e.
26 Zr{10-10} and Zr{0002} parallel to the substrate while Nb nanograins were randomly
27 oriented. The high resolution TEM micrograph in Fig. 1b, which shows the first Zr/Nb
28 bilayer, revealed that the multilayer exhibited a polycrystalline columnar growth with
29 irregular lateral grain sizes ranging between 10 – 30 nm.
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50 Oxidation of the sputtered monolithic Zr coatings resulted in spallation of large areas of
51 the coatings just after 2 h of exposure to air at 350 °C. In those areas that survived after
52 spallation, it was possible to determine that the coatings rapidly transformed into
53 monoclinic ZrO₂, resulting in a thickness increase of 24% and 32% after 2 h and 48 h
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annealing at 350 °C, respectively. The large thickness increase was a clear manifestation of the large volumetric expansion associated with the formation of the oxide, which is expected to be 56% for Zr [16], leading to the development of large compressive stresses responsible for the spallation of the coatings, as it is usually observed for monolithic Zr [18].

On the other hand, the Zr/Nb multilayers did not suffer any spallation or fracture, and survived the annealing process in air at 350°C, for times as long as 336 h. Moreover, detailed TEM studies revealed that the oxidation process underwent without loss of the multilayer structure. STEM-HAADF cross-sectional images and EDX line scan analyses of the as-deposited and annealed Zr/Nb multilayers are shown in Fig. 2. The total thickness of the multilayer increased with annealing time (t_a), and this phenomenon was mainly associated with a thickness increase of Zr layers from ~ 45 nm for the as-deposited multilayer to ~ 50 nm and ~ 55 nm for $t_a = 15$ h and 168 h, respectively. EDX line scans showed the preferential oxidation of Zr layers, while the Nb oxidised at a much slower rate. Only the first 2 layers ($t_a = 15$ h), 3 layers ($t_a = 48$ h) and 5 layers ($t_a = 168$ h) of Nb experienced a thickness increase from ~ 30 to ~ 50 nm due to oxidation. The remaining Nb layers showed negligible thickness variation during annealing at 350°C, although they show a substantial uptake of oxygen, as seen in the EDX profiles, even below the fully oxidized region.

Fig. 3 shows a bright field cross-sectional TEM image of the Zr/Nb multilayer annealed for 168 h. The area illustrated corresponds to a region about 450 – 650 nm below the surface where there is a clear boundary between the fully oxidised and partially oxidised Nb layers. The ZrO₂ layers appear to maintain the polycrystalline structure throughout the multilayer thickness, whereas the Nb layers adopt an amorphous structure after full oxidation. This is corroborated by the SAD patterns for the two regions: above the

1 boundary (near the surface), the diffraction rings are formed by a mixture of continuous
2 rings and discrete spots with all but one indexed as the monoclinic ZrO_2 phase. ZrO_2
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4 may exist at room temperature in two allotropic forms: (1) tetragonal, which can only be
5 stabilised by high compressive stresses near the metal/oxide interface [21] and (2)
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7 monoclinic, which is the most stable crystal structure of the zirconia phase at room
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9 temperature [22] and the dominant phase in sputtered ZrO_2 films [23]. There is one faint
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11 ring that could be attributed to few remaining Zr (110) crystals. The information in Fig.
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13 3 clearly shows that oxidized Nb layers are thicker and exhibit an amorphous structure
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15 in the region near the surface, where no Nb rings can be found in the DP. The evolution
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17 of the Nb layers upon annealing follow the expected oxidation sequence for this metal.
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19 First, the metallic Nb lattice undergoes a substantial oxygen uptake [19], as
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21 demonstrated by the EDX profiles of Fig. 2. These Nb layers suffer a negligible lattice
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23 distortion upon oxygen uptake, as shown in the DP of Fig. 3 below the dashed line,
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25 where the Nb rings can be identified in the SAD pattern, and the diffraction rings appear
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27 more continuous. Hence, these layers are labelled as NbO_x to reflect their high oxygen
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29 content. Above a certain critical oxygen content, full oxidation of the Nb layers takes
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31 place, presumably by the formation of amorphous Nb_2O_5 [24], resulting in a large
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33 volumetric expansion, as can be seen in the fully oxidized region near the surface of
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35 Fig. 3. The formation of amorphous Nb_2O_5 resulted in a large increase in thickness,
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37 from 30 nm to 50 nm, even bigger than for the Zr layers, as expected from the
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39 theoretical volumetric expansion of 154% for oxidation of Nb, as opposed to 56% for
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54 In order to shed light about the oxidation process, the Zr/Nb multilayer annealed for 168
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56 h at 350°C was investigated by EELS. Low- and high-loss electron energy loss spectra
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were collected across the boundary between the totally and partially oxidised regions.

Fig. 4 shows the EEL spectra extracted from the Zr and Nb layers above and below this boundary.

EEL spectra acquired on the Zr layers above the boundary (spectrum 4 in Fig. 4) exhibit very similar spectral features, which are in good agreement with the EEL spectrum reported for ZrO_2 [25]. The presence of overlapping peaks located at ≈ 15 eV and at ≈ 25 eV was attributed to the splitting of energy levels within conduction/valance bands of the oxide [25] reflecting the non-metallic nature of the metal-oxygen bonds. The EEL spectra for Zr layers located further below the boundary (spectrum 3 in Fig. 4) were very similar to those above the boundary (spectrum 4 in Fig. 4). A different scenario was found for Nb layers, where the broad Nb $\text{N}_{2,3}$ edge at ≈ 43 eV observed in spectrum 1 (Fig. 4) shifted towards higher energy losses in spectrum 2 (Fig. 4). This shift can be due to the presence of oxygen [25]. Furthermore, the presence of extra peaks beside the plasmon peak in spectrum 2 suggests a change in bonding from metal-metal to metal-oxygen. These results indicate that metallic Nb may form a sub-oxide first, while an oxide phase forms when enough oxygen is accommodated in the Nb layers, as .

An EELS linescan across the whole multilayer is shown in Fig. 5a. Although absolute quantification is not precise due to the overlapping of spectral features, the oxygen line profile clearly indicates that most of the oxygen is stored in the Nb layers in the heavily oxidised region above the boundary. Quantification of EEL spectra extracted from spectrum images on Nb layers above the boundary confirmed a Nb_2O_5 composition in the fully oxidized region, while the oxygen content in the Nb layers decayed with distance from the surface. On the other hand, Zr layers accommodated more oxygen than Nb layers below the boundary, but the oxygen content of the Zr layers was found to be approximately constant above and below the boundary. The annealing process did

1 not cause any relevant mixing between constituent elements as can be observed in the
2 EDX elemental maps in Fig. 5b. They show a layer thickness increase in the heavily
3 oxidised region, especially for Nb layers, which absorbed a larger amount of oxygen in
4 this region. On the other hand, most of the oxygen was stored in the Zr layers below the
5 boundary. These results corroborated the preferential oxidation of Zr with respect to Nb,
6 which instead undergoes a much slower oxidation process.
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14 The TEM observations were corroborated by the XRD patterns of the as-deposited and
15 annealed Zr/Nb multilayers shown in Fig. 6. Only hcp Zr and bcc Nb were detected in
16 the as-deposited Zr/Nb with well-defined Zr(002) and Nb(110) peaks, in agreement
17 with the SAD patterns. After annealing for 15 h, the monoclinic ZrO₂ phase became
18 dominant at the expense of the Zr phase, while the intensity of Nb peaks decreased but
19 to a much lesser extent. This indicates that Nb layers did not appear to be significantly
20 oxidized after annealing for 15 h at 350°C, while all the Zr layers were mostly
21 transformed to ZrO₂ in agreement with the TEM observations. After 168 h, the Nb
22 peaks also disappeared, indicating that the Nb layers near the surface have been
23 oxidized and the ZrO₂ peaks dominate the XRD patterns with little traces of Zr and Nb
24 metallic phases.
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42 In-plane residual stresses in the annealed Zr/Nb multilayers were estimated qualitatively
43 from the shifts of the peaks observed in the XRD θ - 2θ patterns (not shown here) by
44 comparing the position of the measured patterns with respect to the stress-free reference
45 standards (ICDD PDF-2 database). In the as-deposited condition ($t_a = 0$ h), the Zr and
46 Nb peaks shifted towards lower angles indicating that the Zr and Nb were subjected to
47 intrinsic compressive residual stress that developed as a result of the growing process,
48 as thermal stresses should be negligible due to the relatively low deposition
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1 temperature. Upon annealing, the Nb peaks shifted towards higher 2θ angles, thus
2 indicating that the Nb layers developed in-plane tensile stresses. Considering the large
3 volumetric expansion associated with the formation of ZrO_2 (the layer thickness
4 increased from ~ 45 to ~ 55 nm), it is surprising that the formation of ZrO_2 did not
5 result on spallation of the coatings, as it was the case for the oxidation of the monolithic
6 Zr coatings [18]. The fact that no delamination between layers was observed even after
7 annealing for 2 weeks far from the multilayer surface, indicated that the volumetric
8 expansion was partially accommodated by the plastic deformation of the metallic Nb
9 layers. This would lead to an increase in the compressive stresses in the Zr layers and to
10 the development of tensile stresses in Nb, in agreement with the qualitative information
11 about the residual stresses obtained from the XRD θ - 2θ patterns. Furthermore, the state
12 of residual stresses left after the oxidation of the Zr layers might favour the
13 accommodation of the large stresses that are expected to develop when the Nb layers
14 start to oxidize. The fact that the Nb and ZrO_2 layers are, after oxidation of the Zr
15 layers, left under tensile and compressive residual stresses, respectively, might help
16 accommodate the large compressive stresses expected upon oxidation of the Nb layers
17 (that undergo a large increase in thickness, from ~ 30 to ~ 50 nm), and the
18 corresponding tensile stresses expected in the ZrO_2 layers. However, at this stage, the
19 ZrO_2 layers are not expected to accommodate the volumetric expansion of the oxidizing
20 Nb layers by plastic deformation. As a matter of fact, it is interesting to note that, upon
21 annealing, defects in the form of cracks and delaminations appeared in the fully
22 oxidised region near the surface and, in particular, in the ZrO_2 layers (Fig. 7a). Some
23 defects exhibited a random shape and distribution within the ZrO_2 layers, while others
24 were located along to the Nb_2O_5/ZrO_2 interfaces and presented an elongated shape.
25 Some of the cracks formed along interfaces tended to coalesce, although in most cases

1 isolated cracks were observed (Fig. 7b and 7c). Hence, these cracks probably developed
2 as a result of the large volumetric expansion associated with the formation of Nb₂O₅
3 near the surface, as they are not present far from the surface where only the Zr layers
4 were oxidized and the Nb layers remained metallic.
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10 11 12 *3.2. Hardness and elastic modulus evolution upon annealing in air*

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14 The ambient temperature hardness and elastic modulus of the as-deposited and annealed
15 Zr/Nb multilayers and monolithic Zr and Nb films are shown in Figs. 8a and 8b,
16 respectively, as a function of annealing time (t_a). The layered structure provided an
17 additional strengthening ($H_{\text{Zr/Nb}} = 7.7$ GPa) with respect to the hardness given by the
18 rule-of-mixtures from those of the Zr and Nb constituents ($H_{\text{Zr}} = 6.1$ GPa and $H_{\text{Nb}} = 6.7$
19 GPa) in the as-deposited condition. A similar strengthening effect was observed on
20 other multilayers with incoherent interfaces, because interfaces stand as a major
21 obstacle to dislocation glide due to the large elastic and lattice mismatch between Zr and
22 Nb [26]. Annealing of the Zr and Nb films as well as of the Zr/Nb multilayer led to a
23 large increase in hardness (Fig. 8a). The largest change was found in the monolithic Zr
24 layer, whose hardness increased from 6.1 GPa to 12.2 GPa after 2h of annealing at
25 350°C, following the Zr to ZrO₂ oxidation. However, adhesion problems of monolithic
26 Zr layer to the Si substrate resulted in the delamination of the coating just after a few
27 hours of annealing. The monolithic Nb layer experienced a moderate increase in
28 hardness after oxidation. Delamination of the Nb layer from the Si substrate did not take
29 place even after $t_a = 336$ h., likely due to the much slower oxidation rate of Nb, which
30 allowed the accommodation of the compressive stresses induced by the volume increase
31 due to oxidation. Finally, the hardness of the Zr/Nb multilayer was also increased by
32 annealing at 350°C and reached a peak of 10.9 GPa for $t_a = 15$ h. Longer annealing
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1 times did not change the hardness and the multilayer remained well bonded to the Si
2 substrate.

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4 The elastic modulus of the Zr/Nb multilayer ($E_{\text{Zr/Nb}} = 147.7$ GPa) was higher than that
5 calculated by the rule-of-mixture from those of the Zr and Nb constituents ($E_{\text{Zr}} = 135.0$
6 GPa and $E_{\text{Nb}} = 113.0$ GPa), Fig. 8b. Annealing at 350°C led to an increase in the elastic
7 modulus of the Zr and Nb monolithic films as well as of the Zr/Nb multilayer. The
8 elastic modulus of Zr increased rapidly with annealing time due to the rapid oxidation
9 of Zr while the increase in the modulus of Nb took longer due to the slower oxidation
10 process. The elastic modulus of the annealed Zr/Nb multilayer exhibited similar trends
11 to those found for the monolithic Nb, except for a more abrupt increase for $t_a > 100$ h.
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26 **4. Numerical model and discussion**

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28 It is clear from the above results that high temperature oxidation led to a large
29 strengthening of the Zr/Nb multilayer due to the enhancement of mechanical properties
30 of individual layers after oxidation and to the development of internal stresses in the
31 layers. In order to clarify the role played by these mechanisms, finite element
32 simulations were performed to quantify the effect of the number of oxide layers and of
33 the internal stresses on the strength of the annealed Zr/Nb multilayers.
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44 *4.1. Geometrical model*

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46 Numerical simulations of the nanoindentation tests of the Zr/Nb multilayer were
47 performed using Abaqus [27]. The schematic of the Zr/Nb multilayer model is depicted
48 in Fig. 9. The 2D axisymmetric model included a rigid conical indenter (semi-angle of
49 70.3°), a Si substrate and 18 layers of Zr (ZrO_2) and Nb (Nb_2O_5). The width of the
50 geometrical model was large enough to eliminate boundary effects. Numerical
51 simulations of indentation were carried out assuming that the Zr layers were
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1 progressively oxidized from the top surface. Since the oxidization of Nb took place at a
2 much slower rate, as compared to Zr, it was assumed that the first Nb layer was fully
3 oxidised only after all Zr layers were oxidized. Thus, hardness values were computed
4 for the as-deposited Zr/Nb multilayer, ZrO_2 -Zr/Nb multilayers and ZrO_2 / Nb_2O_5 -Nb
5 multilayers. The number of Zr and Nb oxidised layers chosen for the simulations was 3,
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10 The thickness of the Zr and Nb layers was 45 nm and 30 nm, respectively, and the
11 thickness of the corresponding oxidized layers was 55 nm, based on TEM observations.
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13 The model was discretized with 14418 4-node bilinear axisymmetric quadrilateral
14 elements with reduced integration (CAX4R). The interfaces between layers were
15 assumed to be perfect, and interface sliding or fracture was not included in the model.
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18 Zr, Nb and their oxides were assumed to behave as isotropic, elasto-perfectly plastic
19 solids. The elastic modulus was obtained from nanoindentation results of the
20 corresponding monolithic layers. The yield stress was estimated from the
21 nanoindentation hardness assuming a Tabor factor of 2.9 [28], as listed in Table I. The
22 Poisson's ratio of Zr(ZrO_2) and Nb(Nb_2O_5) were 0.4 and 0.34, respectively. The Si
23 wafer was assumed to behave as an isotropic elastic solid, with elastic modulus of 187
24 GPa and Poisson's ratio of 0.18.
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27 The simulation of the indentation process was carried out by moving vertically the rigid
28 conical indenter. The penetration depth was set to 140 nm, which corresponds to ~ 10%
29 of the total multilayer thickness, in order to eliminate substrate effects. The bottom
30 boundary was completely fixed in space while the lateral boundary was unconstrained
31 during indentation. The first indentation was carried out in the metallic Zr/Nb multilayer.
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33 The second indentation was carried out assuming that the first three layers of Zr have
34 transformed into ZrO_2 . To this end, the mechanical properties of the first three layers
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1 were modified and, in addition, it was assumed that these three layers have experienced
2 a volume increase due to oxidation of $\Delta V_{\text{ZrO}_2} = 66.7\%$, which would lead to
3 experimental linear increase in the layer thickness from 45 nm to 55 nm ($\Delta V_{\text{ZrO}_2}/3$).
4 This procedure was repeated by including three layers of oxidised Zr in the model until
5 all the Zr layers were oxidised. Afterwards, the same strategy was followed with the Nb
6 layers, starting from the top surface. The volume increase in the case was $\Delta V_{\text{Nb}_2\text{O}_5} =$
7 250%, as the thickness of the Nb layers during oxidation increased from 30 nm to 55
8 nm ($\Delta V_{\text{Nb}_2\text{O}_5}/3$). The Oliver & Pharr method was used to extract multilayer hardness
9 from the simulated force-displacement curves. [24]
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24 *4.2. Numerical results*

25 The simulated nanoindentation curves are depicted in Fig. 10 for the as-deposited Zr/Nb
26 multilayers, the ZrO_2 -Zr/Nb multilayers with 6 ZrO_2 layers and the ZrO_2 /Nb-Nb $_2\text{O}_5$
27 multilayers with 6 Nb_2O_5 layers. For each oxidised material, two simulations were
28 presented in which the internal stresses associated with the increase in volume due to
29 oxidation were and were not taken into account. In the latter case, the only difference
30 introduced by oxidation was the change in the mechanical properties of the oxidized
31 layers but the internal stresses induced by the volume increase were not included in the
32 model.
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46 The numerical simulations in Fig. 10 show that the multilayer deformation was very
47 sensitive to both the layer oxidation and to the presence of internal stresses induced by
48 the volume increase associated with oxidation. In fact, the increment in maximum load
49 upon nanoindentation in the ZrO_2 -Zr/Nb multilayer with 6 ZrO_2 layers was mainly due
50 to the oxidation of Zr to ZrO_2 while the internal stresses played a noticeable but
51 secondary role. In the case of the ZrO_2 / Nb_2O_5 -Nb multilayers with 6 Nb_2O_5 layers, the
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1 contribution of the internal stresses to the maximum load was as high as that of the
2 oxidation of the Nb to Nb₂O₅. The contribution of oxidation to the hardness was clearly
3
4 due to the higher stiffness and strength of the oxidised layers, while the influence of the
5
6 residual stresses can be understood from the contour plots of the radial stress plotted in
7
8 Figs. 12a and 12b for the unloaded ZrO₂/Nb multilayer and the ZrO₂/ Nb₂O₅-Nb with 6
9
10 Nb₂O₅ layers, respectively. Neglecting the compressive residual stresses introduced in
11
12 the Zr and Nb layers during deposition, oxidation of the Zr layer to ZrO₂ during high
13
14 temperature annealing led to very high compressive stresses in the ZrO₂ layers (\approx 4.2
15
16 GPa) and tensile stresses in the Nb layers (\approx 0.5 GPa) (Fig. 12a), in agreement with the
17
18 qualitative information in the XRD θ -2 θ spectra. Oxidation of the first six layers of Nb
19
20 to Nb₂O₅ reduced the compressive stresses in the ZrO₂ layers and introduced high
21
22 compressive stresses in the upper Nb₂O₅ layers (\approx 3.1 GPa) (Fig. 12b). Thus, all the
23
24 layers near the surface in the ZrO₂/ Nb₂O₅-Nb were subjected to high compressive
25
26 internal stresses, which were opposed to the penetration of the nanoindenter and
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28 increased the hardness of the multilayer (Fig. 12c). In fact, some degree of pile-up was
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30 observed at the free edge of the nanoindentation imprint due to the large compressive
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32 stresses in the oxidised layers.
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41 The numerical and experimental variation of the multilayer hardness as a function of the
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43 number of oxidised Zr and Nb layers is plotted in Fig. 12. The simulation results with
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45 and without including the internal stresses induced by the volume change due to
46
47 oxidation showed a two-step increase in hardness with the number of oxidised layers.
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49 The hardness grew initially with the number of ZrO₂ layers due to the presence of the
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51 harder ZrO₂ layers until a plateau was reached after \sim 10 ZrO₂ layers were formed. The
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53 plateau in hardness after 10 ZrO₂ layers can be explained by the limited penetration
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1 depth of the nanoindenter. The stress field is mainly controlled by the layers around the
2 indenter tip and the properties of the layers far away from the deformed zone around the
3 tip have little effect on the measured hardness. A steeper growth in the multilayer
4 hardness was observed once the first three Nb layers were oxidized and this increase
5 was also attributed to the harder Nb₂O₅ layers, until a plateau was reached once 6 Nb₂O₅
6 layers were formed. It is evident from Fig. 12 that the stresses associated with volume
7 expansion during oxidation have a much larger effect on the multilayer hardness after
8 the Nb layers began to oxidise. Note too that the hardness obtained from the simulations
9 (considering the stresses associated with layer expansion) correlates very well with the
10 experimental results while the Zr layers oxidise, but it is significantly higher than the
11 experimental results after Nb layers start to oxidise. These differences can be attributed
12 to the development of damage in the form of cracks and holes in the multilayers during
13 the oxidation of Nb to Nb₂O₅ (Fig. 5), which can release the internal stresses. It should
14 be noticed that plastic deformation of Nb could absorb the volume change during the
15 initial oxidation of the Zr to ZrO₂. However, it was more difficult for ZrO₂ to absorb the
16 volume increased associated with the oxidation of Nb, and this led to the development
17 of cracks along the interface between layers. In any case, damage is not included in the
18 model, which always assumes a perfectly bonded interface, the release in internal
19 stresses due to cracking was not accounted for in the simulations, leading to the
20 overestimation of the hardness once Nb layers start to oxidise.
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51 **5. Conclusions**

52 A Zr/Nb nanoscale metallic multilayer with a hcp/bcc nanocrystalline structure was
53 synthesised by magnetron sputtering, with layers thicknesses of 45/30 nm. The as-
54 deposited multilayer exhibited a hardness and elastic modulus above those of the
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1 constituent elements. Zr layers transformed from an hexagonal closed-packed structured
2 to a monoclinic ZrO_2 phase after just a few hours of annealing in air at $350^\circ C$, while the
3
4 Nb layers oxidised at a much slower rate. Oxidised multilayers were thicker and the
5
6 hardness and the elastic modulus of the annealed Zr/Nb multilayer increased by near
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8 40% after long term annealing. The oxidised multilayer exhibited good thermal stability
9
10 without apparent deterioration and maintained the high hardness and modulus even after
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12 annealing for 336 h at $350^\circ C$.
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19 Experimental observations showed that the all the Zr layers were rapidly transformed
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21 into monoclinic ZrO_2 (in the first 15 hours), while the progressive oxidation of the Nb
22
23 layers from the top surface to the bottom took much longer. The increase in hardness
24
25 with the annealing time was studied by means of finite element models, which take into
26
27 account change in mechanical properties of the layers due to oxidation (Zr was
28
29 transformed to ZrO_2 and Nb to Nb_2O_5) and the development of internal stresses to
30
31 accommodate the volume increase associated with the sequential oxidation of Zr and Nb
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33 layers during annealing. It was found that both mechanisms contributed to the observed
34
35 increase in hardness during short term annealing although the first one (oxidation of Zr
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37 to ZrO_2) was dominant. During long term annealing, the finite element models showed
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39 that further strengthening was possible due to the synergistic contributions of the
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41 transformation of Nb to Nb_2O_5 and the development of compressive stresses in both
42
43 ZrO_2 and Nb_2O_5 layers to accommodate the volumetric expansion of the Nb layers
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45 during oxidation. However, the experimental results did not show any further increase
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47 in hardness during long term annealing (beyond 15 h). This behaviour was associated to
48
49 the development of damage at the interface between ZrO_2 and Nb_2O_5 layers, and the
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51 corresponding release of the internal stresses, as ZrO_2 was not able to accommodate by
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1 plastic deformation the volumetric expansion during the oxidation of Nb. In summary,
2 the sequential oxidation of Zr and Nb layers was key for the oxidation to take place
3
4 without rupture of the multi-layered structure and without coating spallation, as the
5
6 plastic deformation of the metallic Nb layers allowed for the partial relieve of the
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8 residual stresses developed as a result of the volumetric expansion of the Zr layers upon
9
10 oxidation. These results introduce a new approach, based on controlled oxidation of
11
12 nanoscale metallic multilayers, to obtain ceramics/metal nanocomposites with enhanced
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14 thermal stability and mechanical properties.
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11 **List of figures**

12 Fig. 1. (a) STEM-HAADF (FIB-STEM) micrograph of the Zr/Nb multilayer with the
13 SAD pattern (inset). (b) High resolution TEM micrograph of the first Zr/Nb bilayer.
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18 Fig. 2. (a) STEM-HAADF (FIB-STEM) images for the as-deposited and annealed
19 Zr/Nb multilayers along with EDX line scans profiles of Zr, Nb and O in each layer. Nb
20 appears brighter than Zr in the micrographs owing to its higher density. The blue arrows
21 indicate the extent of the multilayer region where all the Zr and Nb layers are fully
22 oxidised. (b) Higher magnification images of the STEM – HAADF micrographs. The
23 white arrows indicate the region where Zr and Nb were fully oxidized.
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32 for 168 h at 350°C. The discontinuous red line marks the boundary for the oxidation of
33 Nb. SAD patterns correspond to the top region near the surface (Nb is fully oxidised)
34 and to the bottom region (Nb is partially oxidised). The diameter of the aperture was
35 300 nm.
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43 boundary between heavily and non-heavily oxidised regions of the multilayer.
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54 Fig. 6. XRD patterns of the as-deposited ($\omega = 5^\circ$) and annealed ($\omega = 1.5^\circ$) Zr/Nb
55 multilayers.
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Fig. 7. (a) STEM-HAADF (JEOL ARM 200F – STEM) images of the Zr/Nb multilayer oxidised for 168 hrs. (b) and (c) High magnification details of the fully oxidised region (ZrO₂ layer appear with a brighter contrast).

Fig. 8. (a) Hardness and (b) elastic modulus of the Zr/Nb multilayer, monolithic Zr and monolithic Nb as a function of the annealing time at 350°C.

Fig. 9. Schematic of the axisymmetric finite element model of the Zr/Nb multilayer with different number of oxidised Zr and Nb layers.

Fig. 10. Representative indentation force-displacement curves for the as-deposited Zr/Nb multilayer, ZrO₂-Zr/Nb multilayer with 6 ZrO₂ layers and ZrO₂/ Nb₂O₅-Nb multilayer with 6 Nb₂O₅ layers with and without accounting for internal stresses induced by the volume expansion due to oxidation.

Fig. 11. Contour plot of the stresses in the radial direction: (a) Unloaded ZrO₂/Nb multilayer; (b) Unloaded ZrO₂/ Nb₂O₅-Nb with 6 Nb₂O₅ layers; (c) ZrO₂/ Nb₂O₅-Nb with 6 Nb₂O₅ layers loaded up to 140 mN.

Fig. 12. Evolution of multilayer hardness as a function of the number of oxidised Zr and Nb layers with and without including the internal stresses induced by the volume change due to oxidation.

List of tables

Table I: Elasto-plastic properties of the materials implemented in the FE models.

Figure 1
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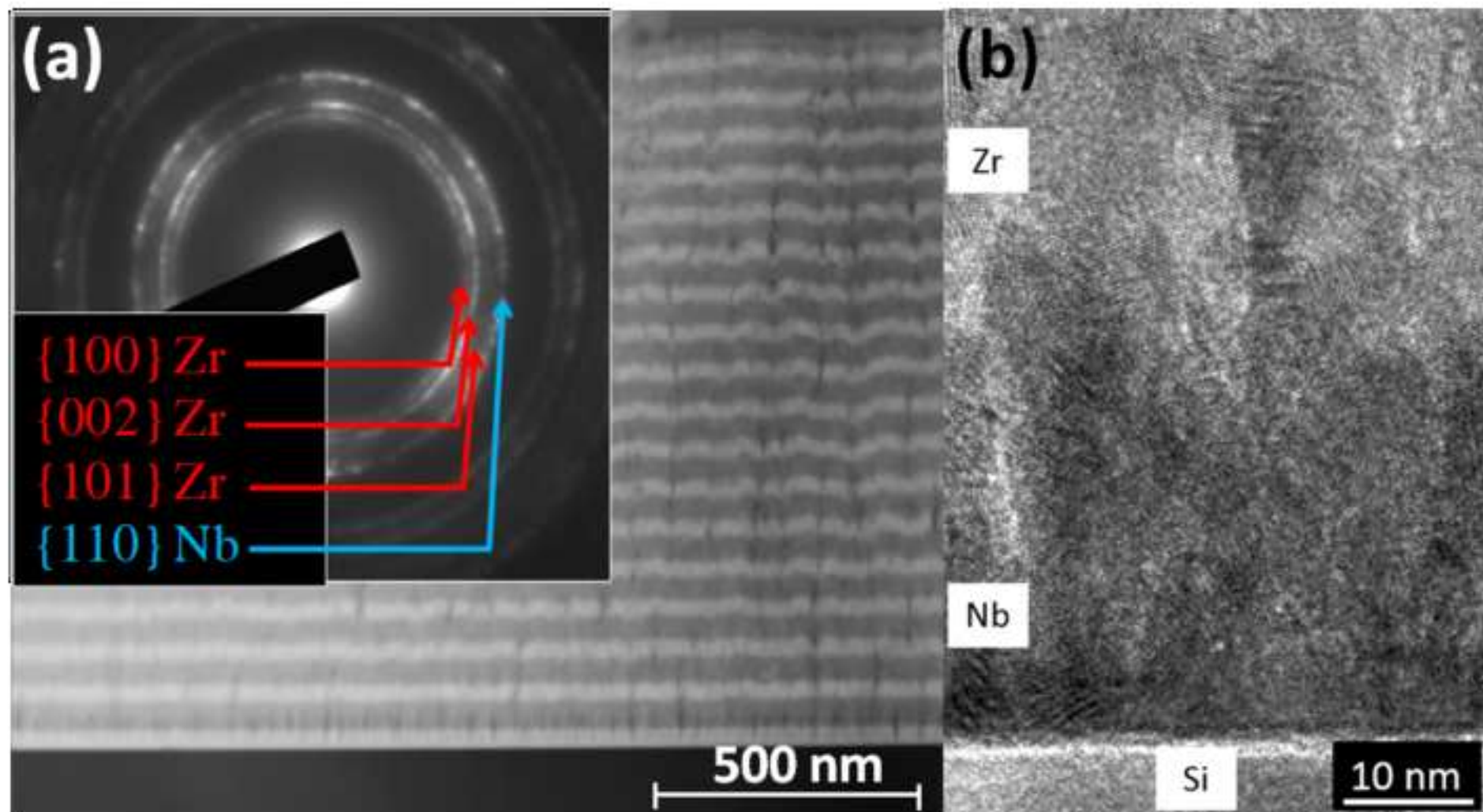
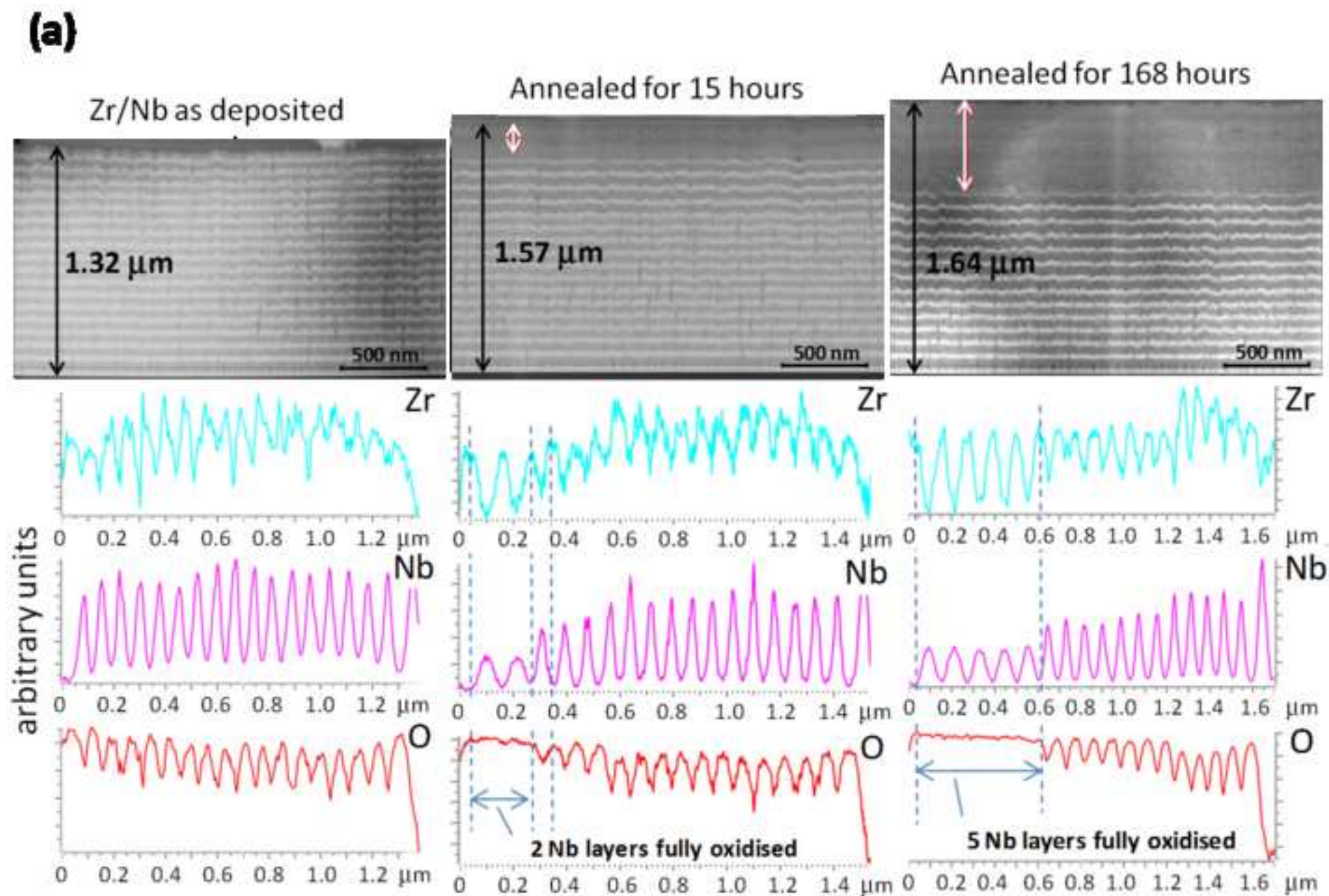


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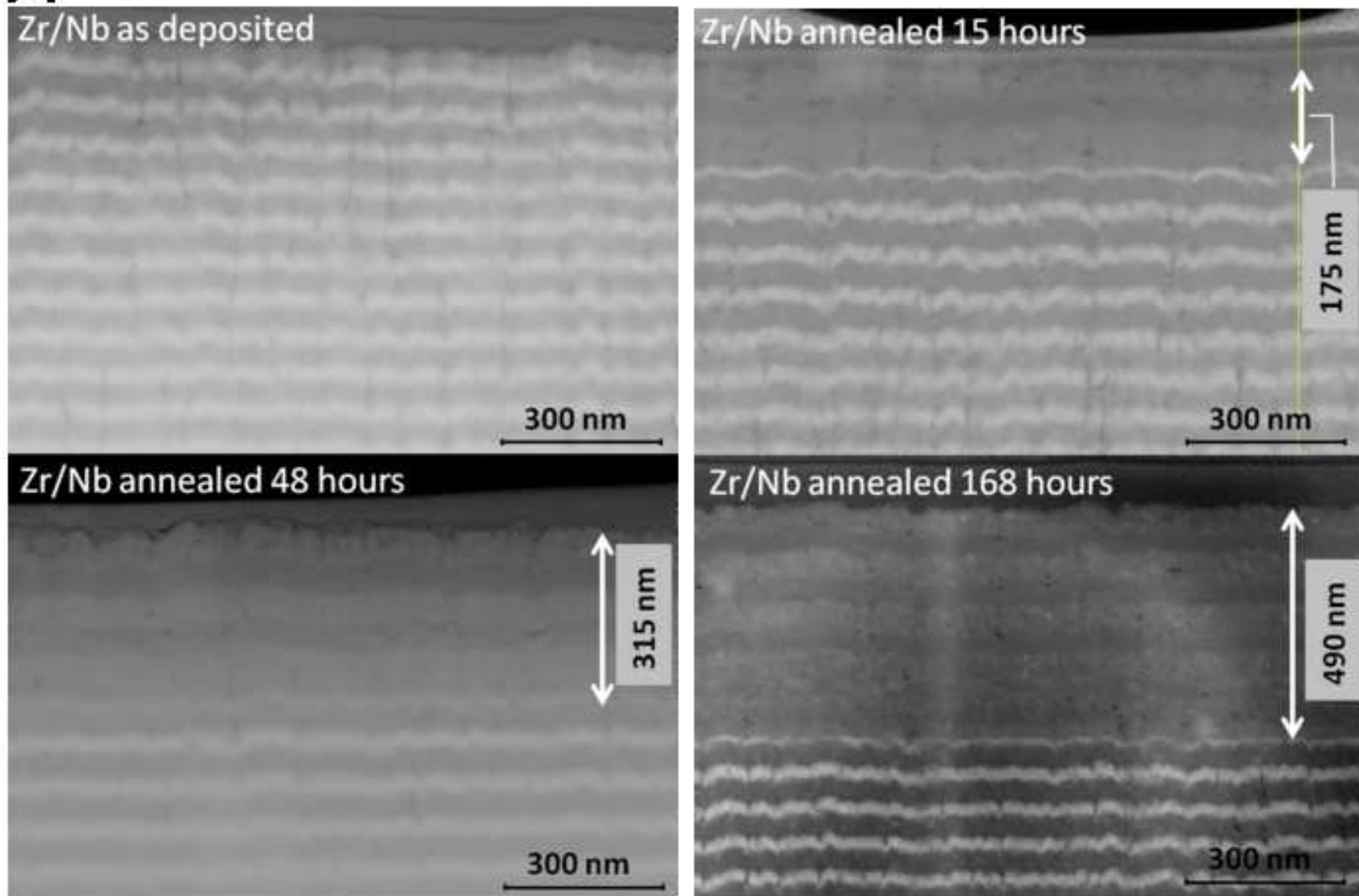


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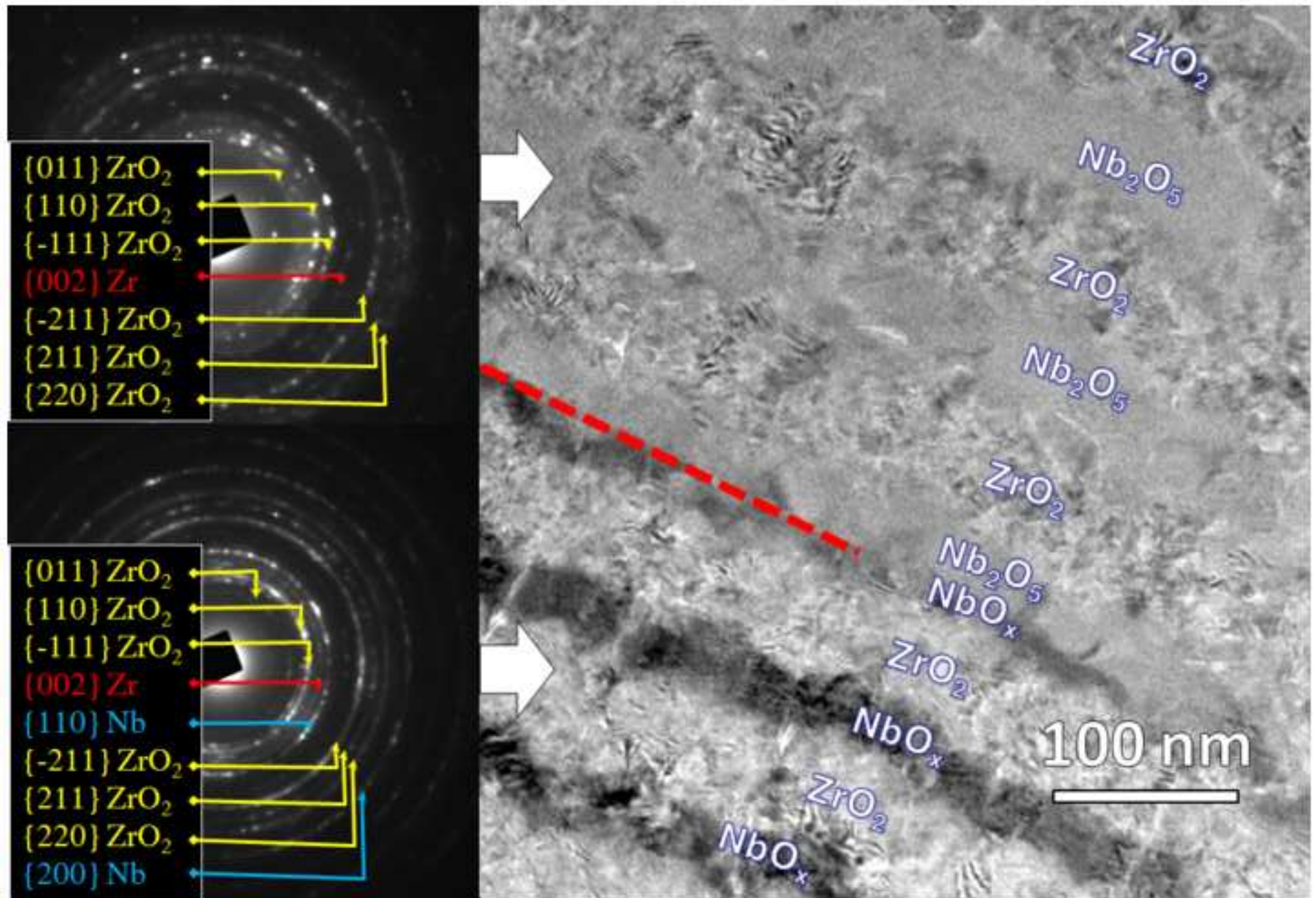


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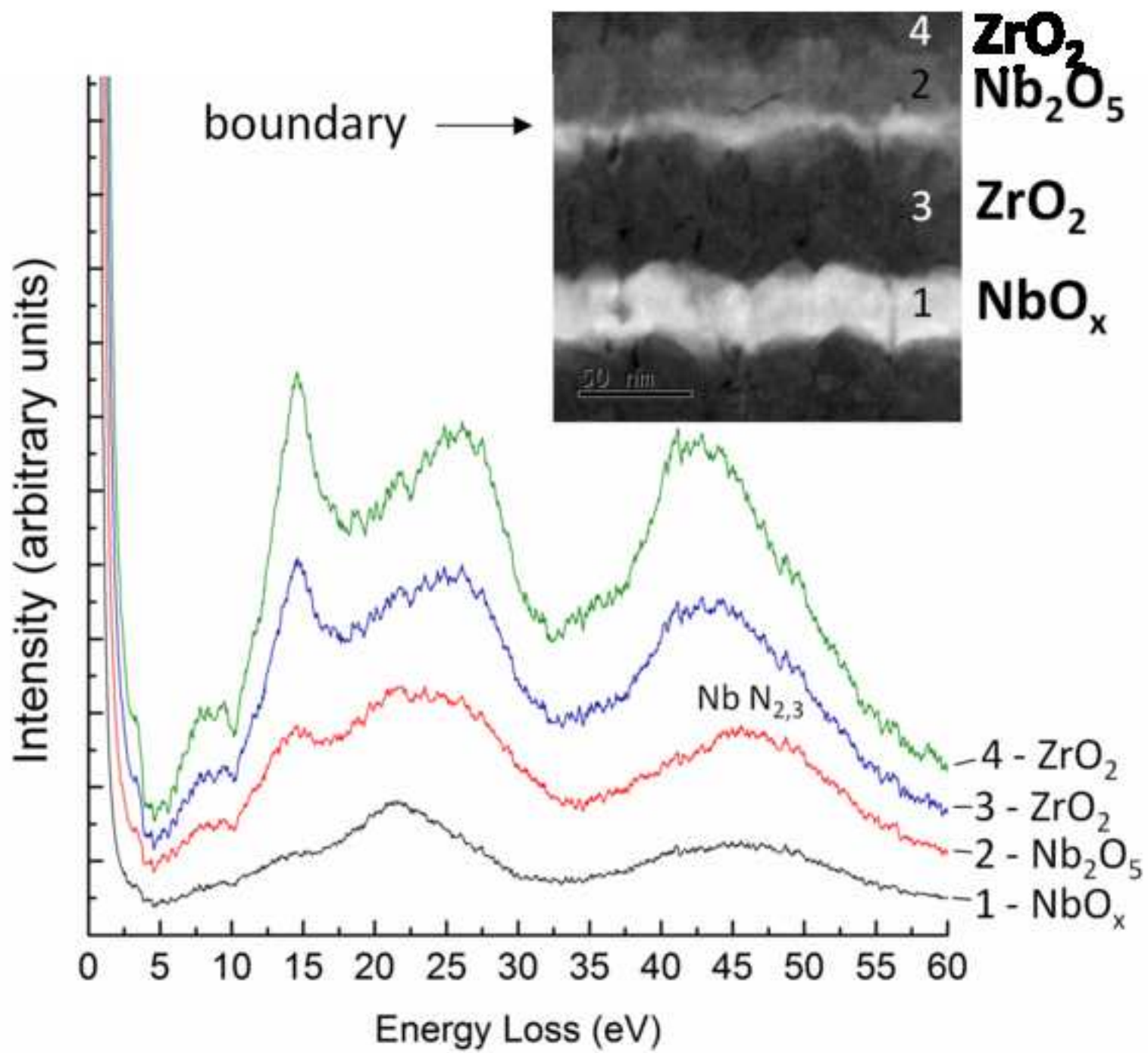
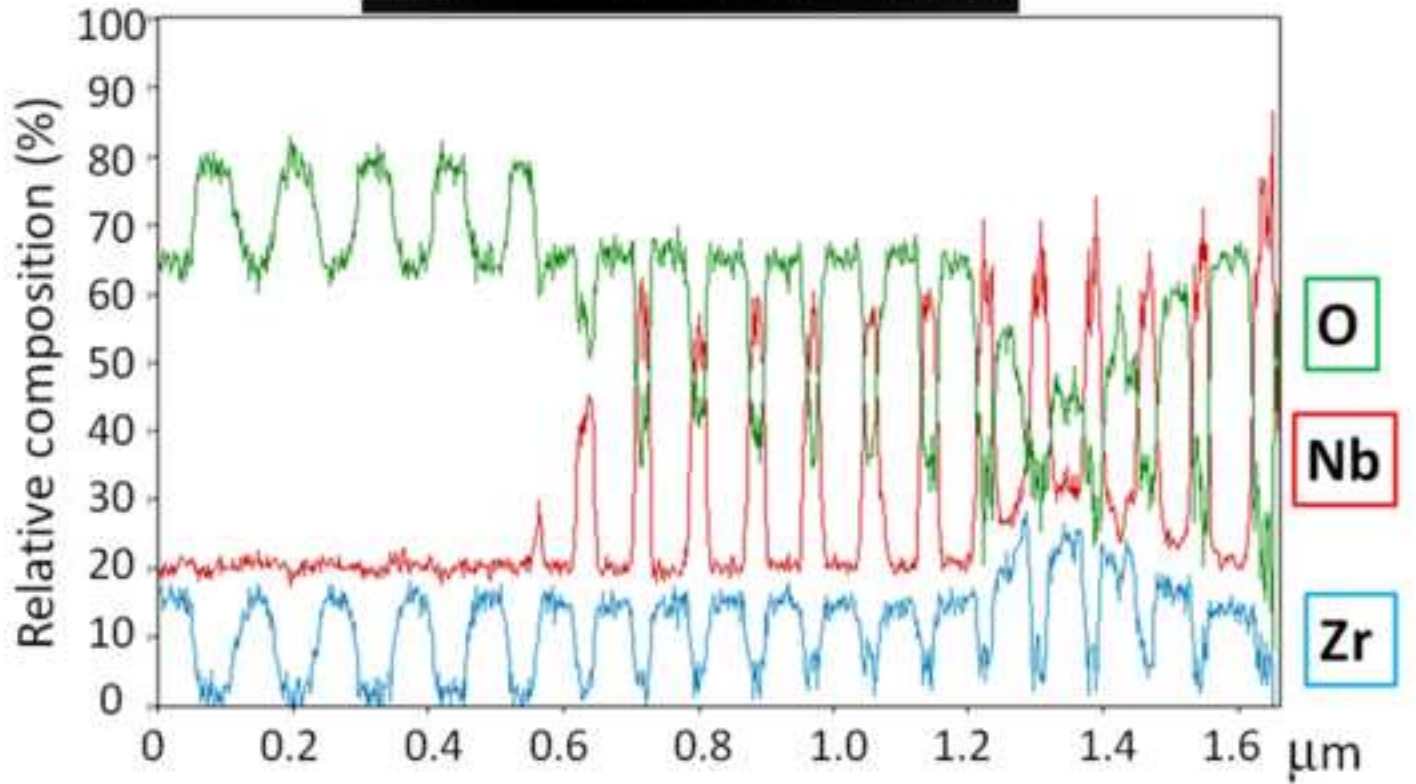
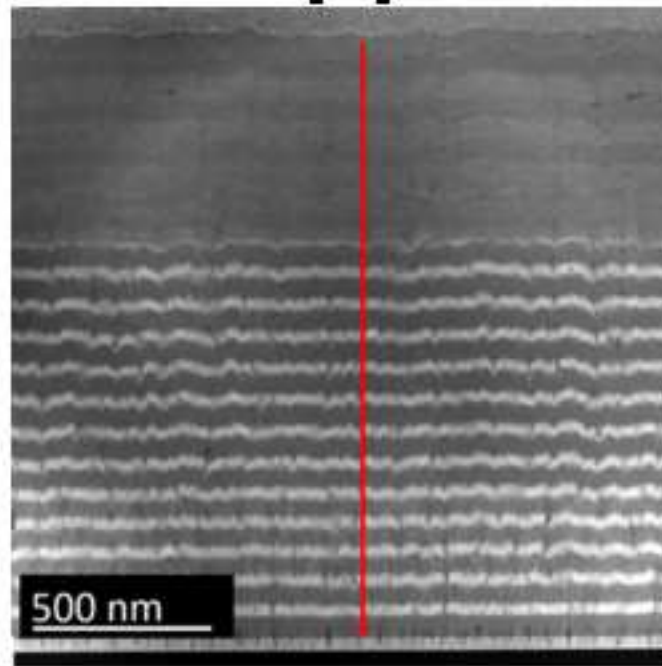


Figure 5a
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(a)



(b)

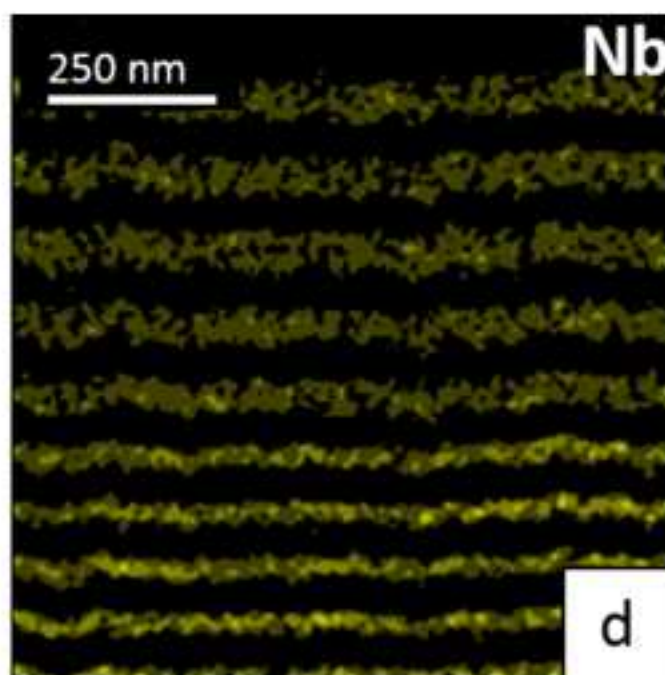
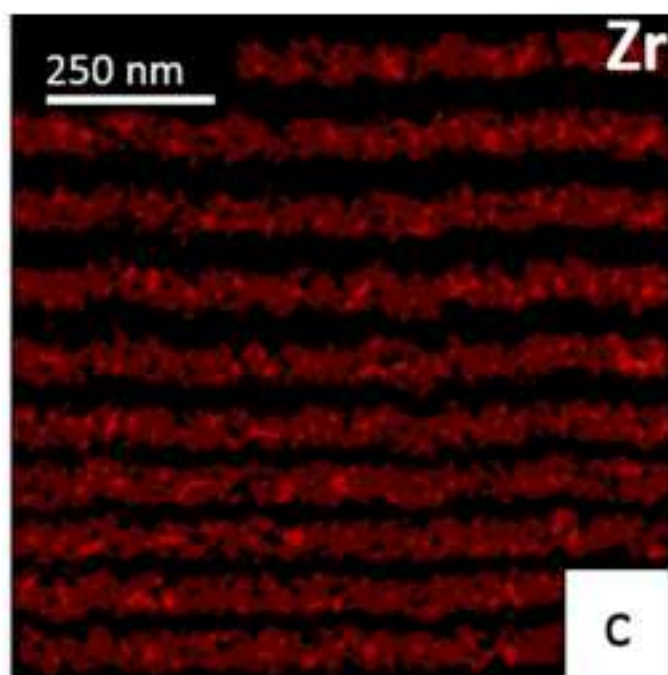
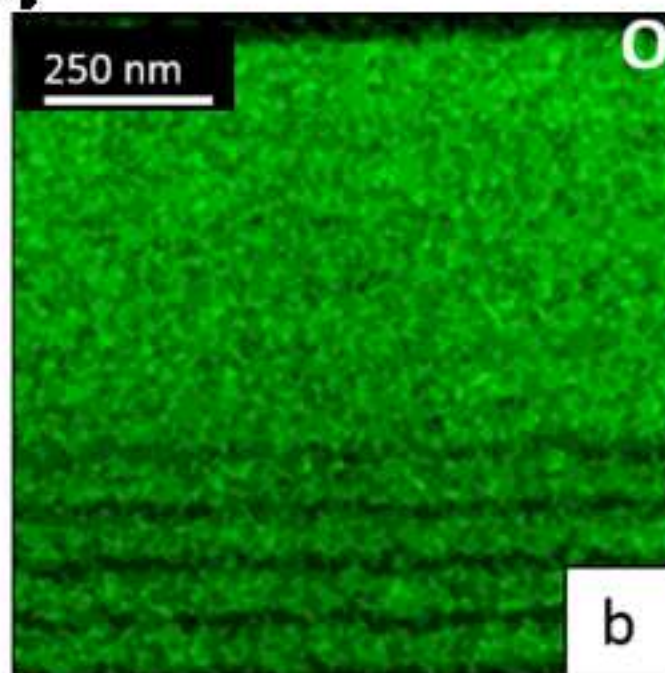
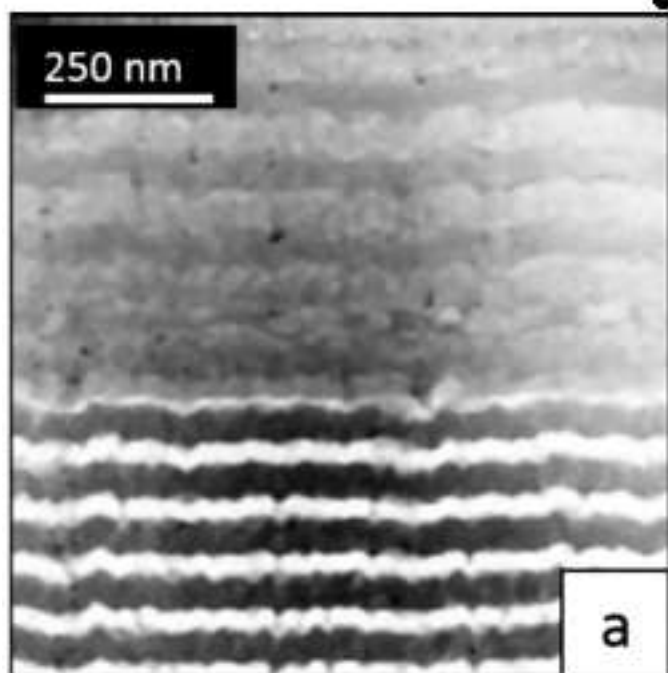


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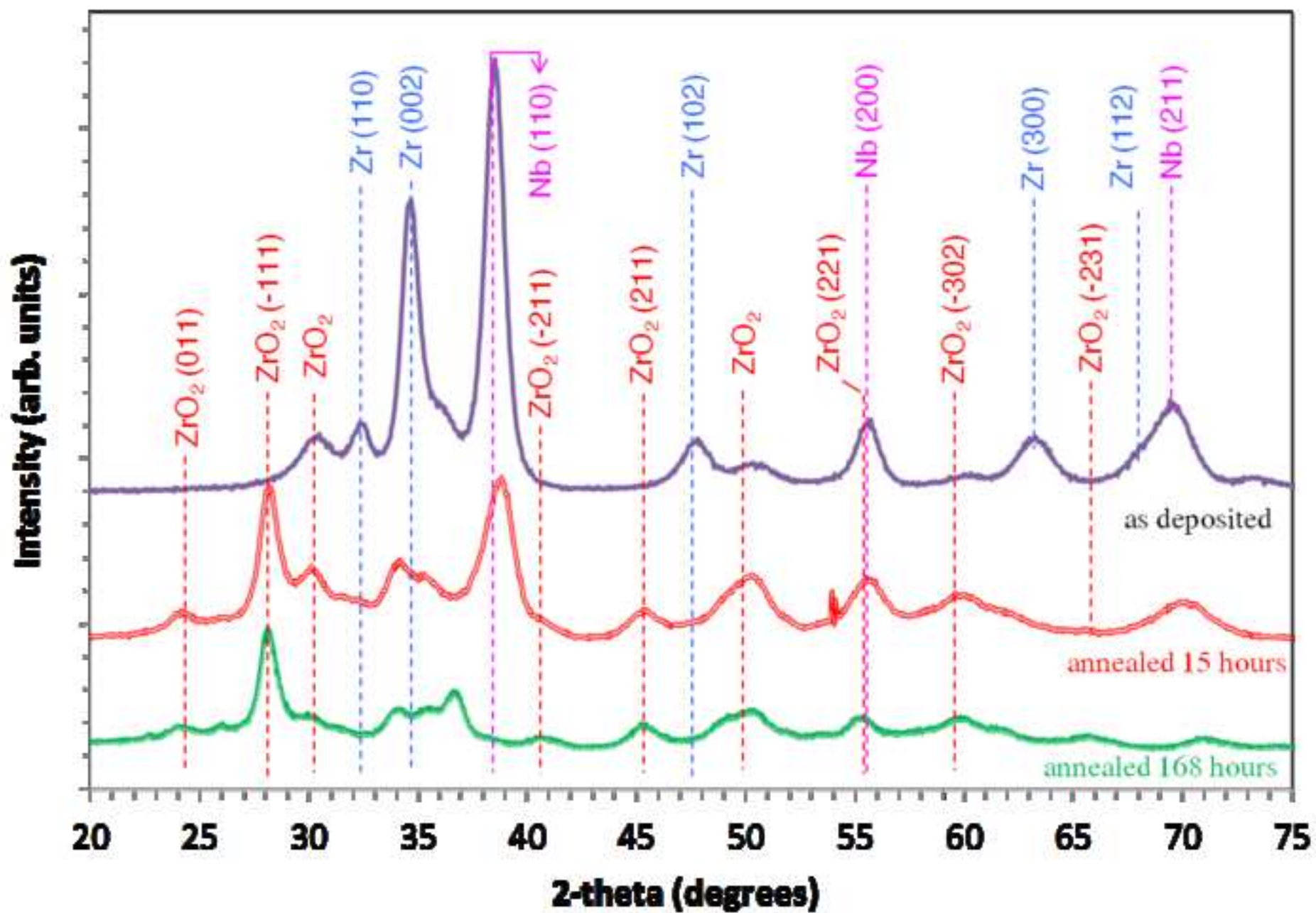


Figure 7

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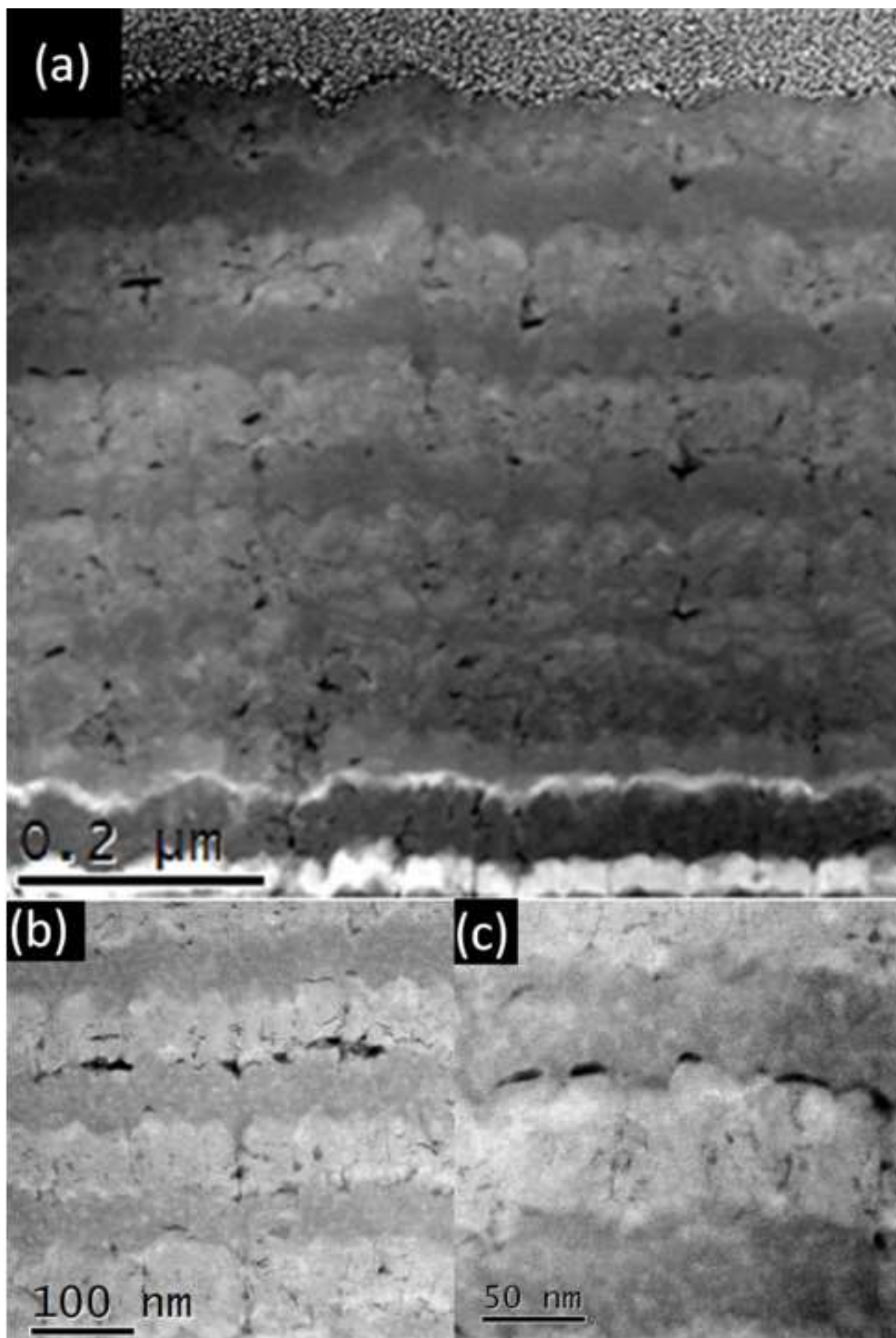


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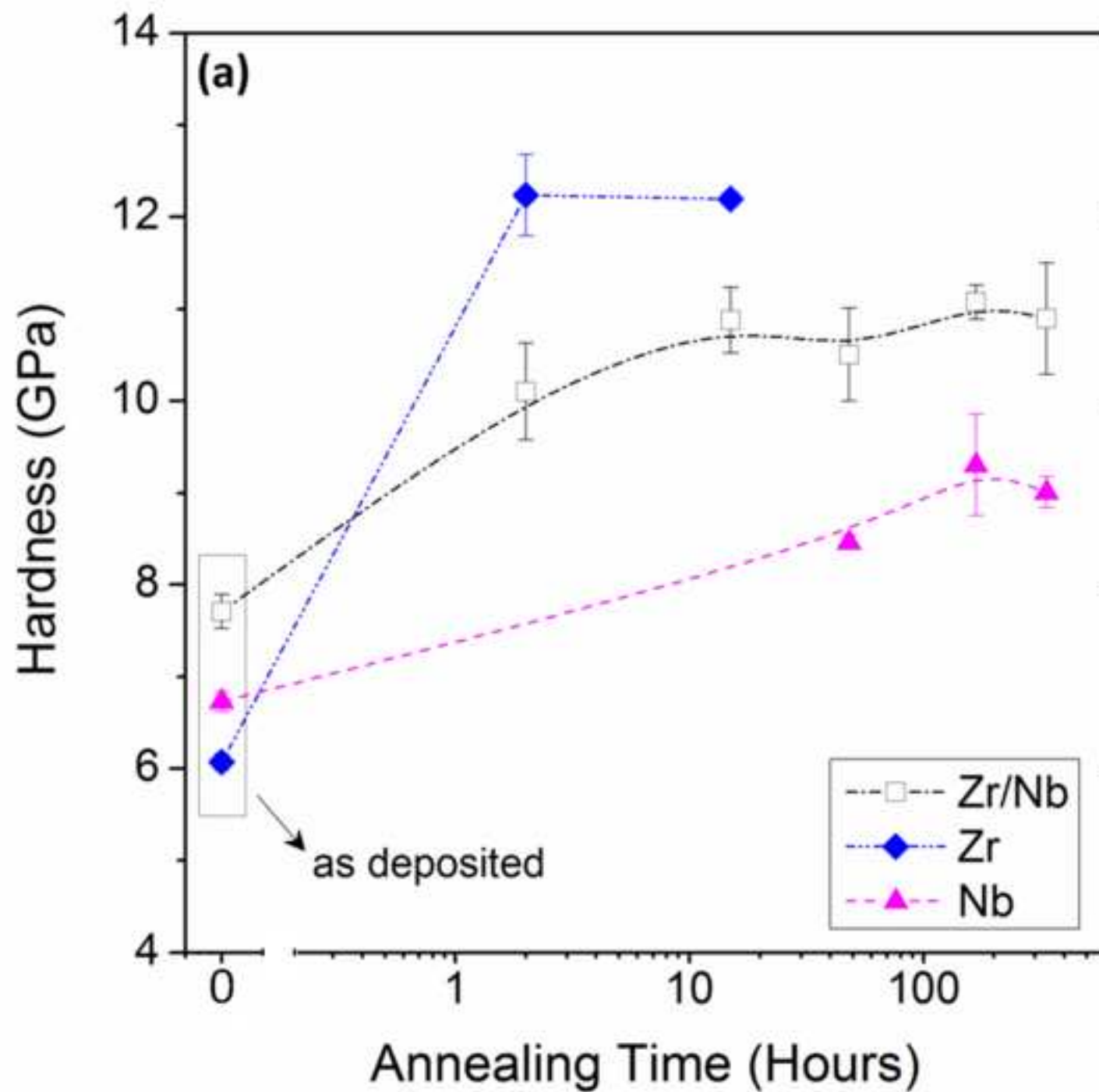


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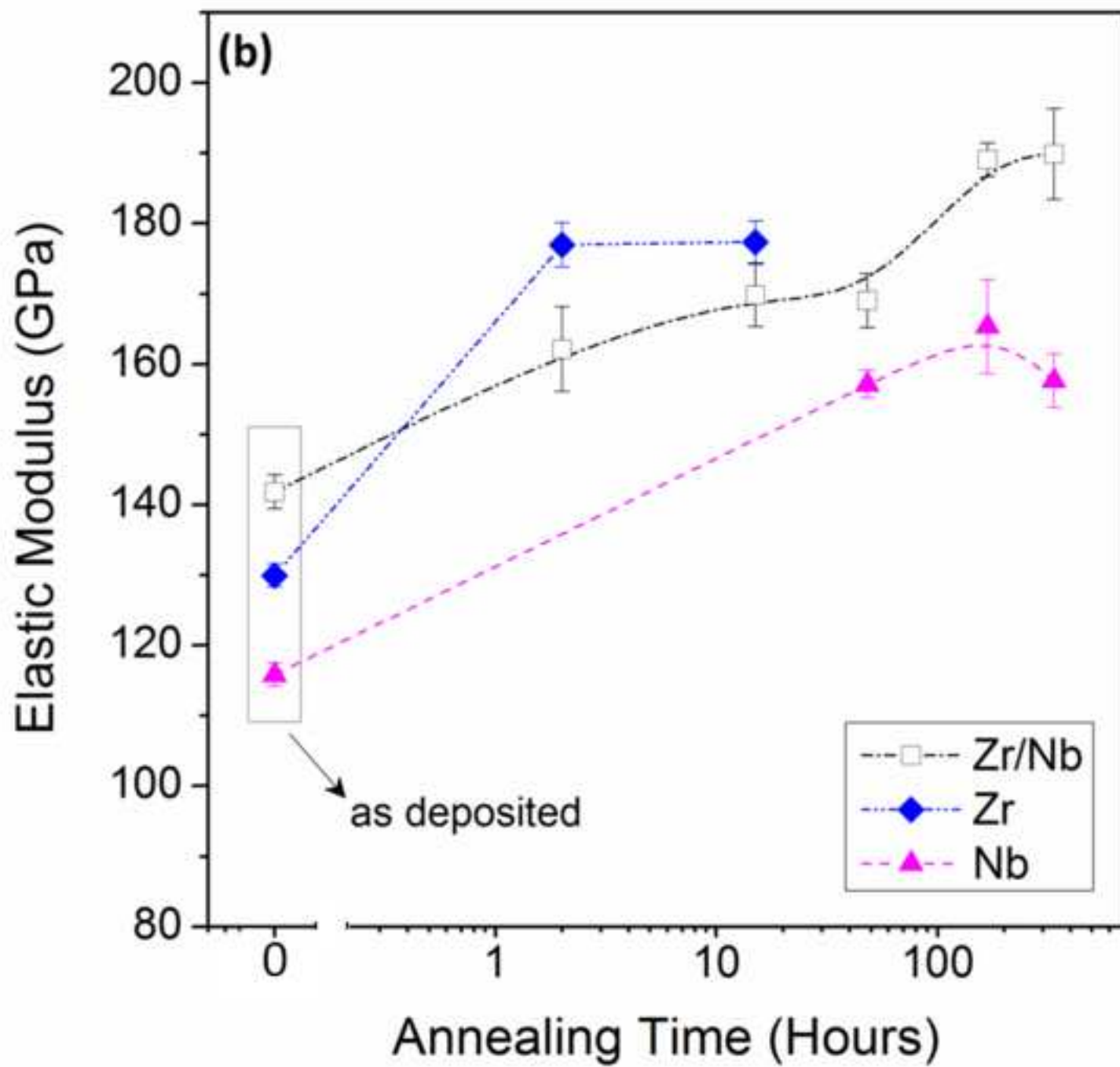


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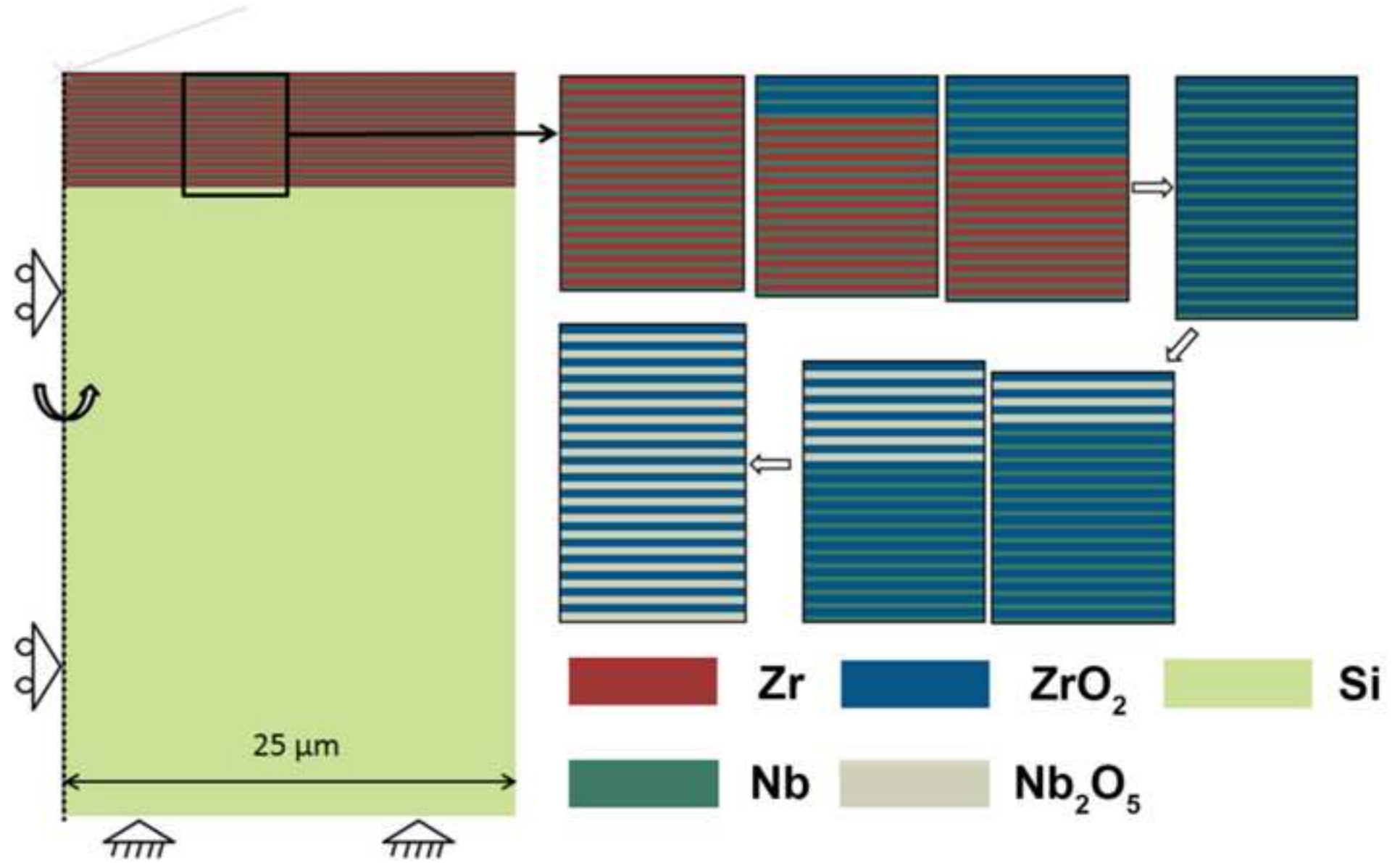


Figure 10

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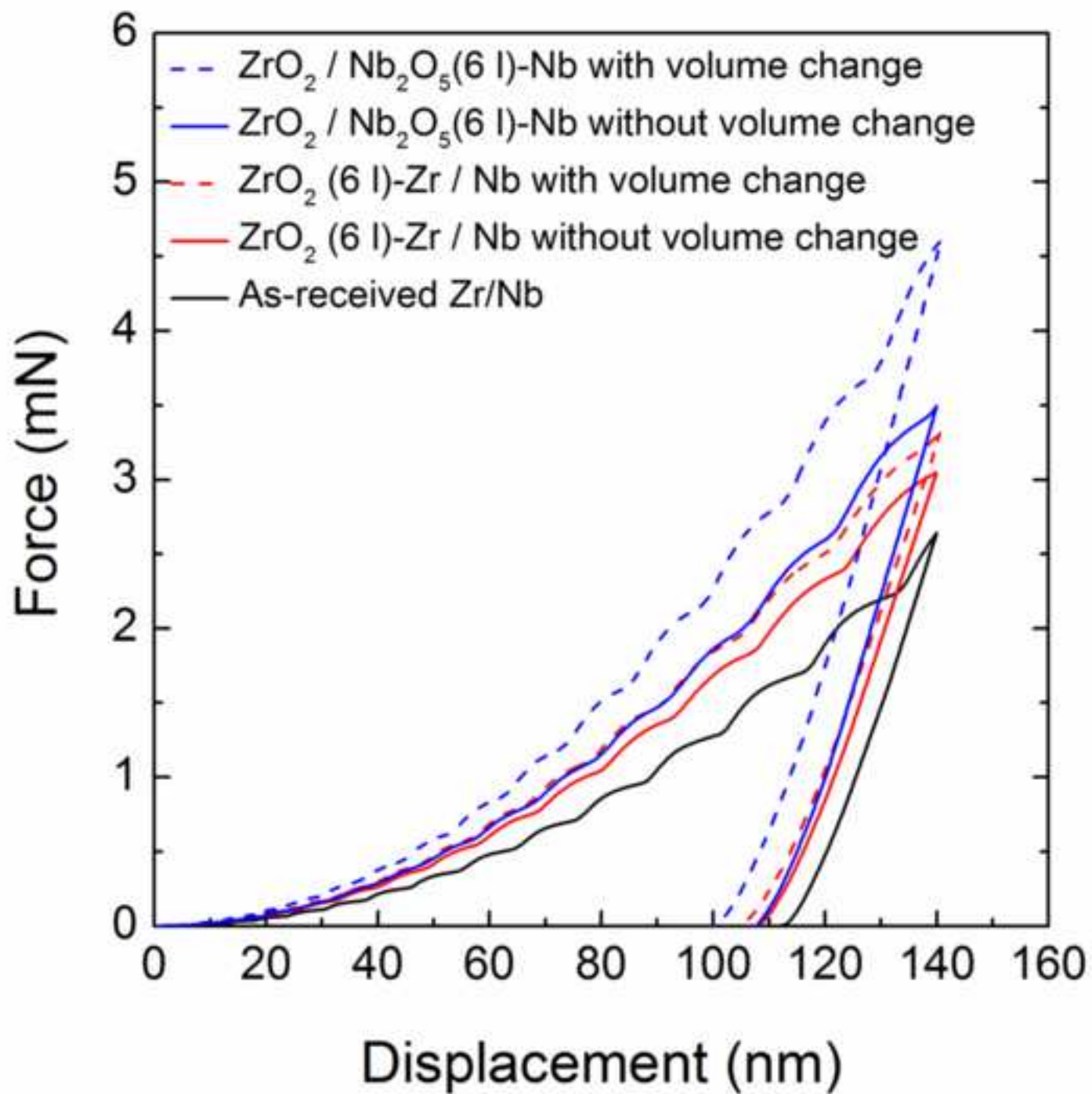


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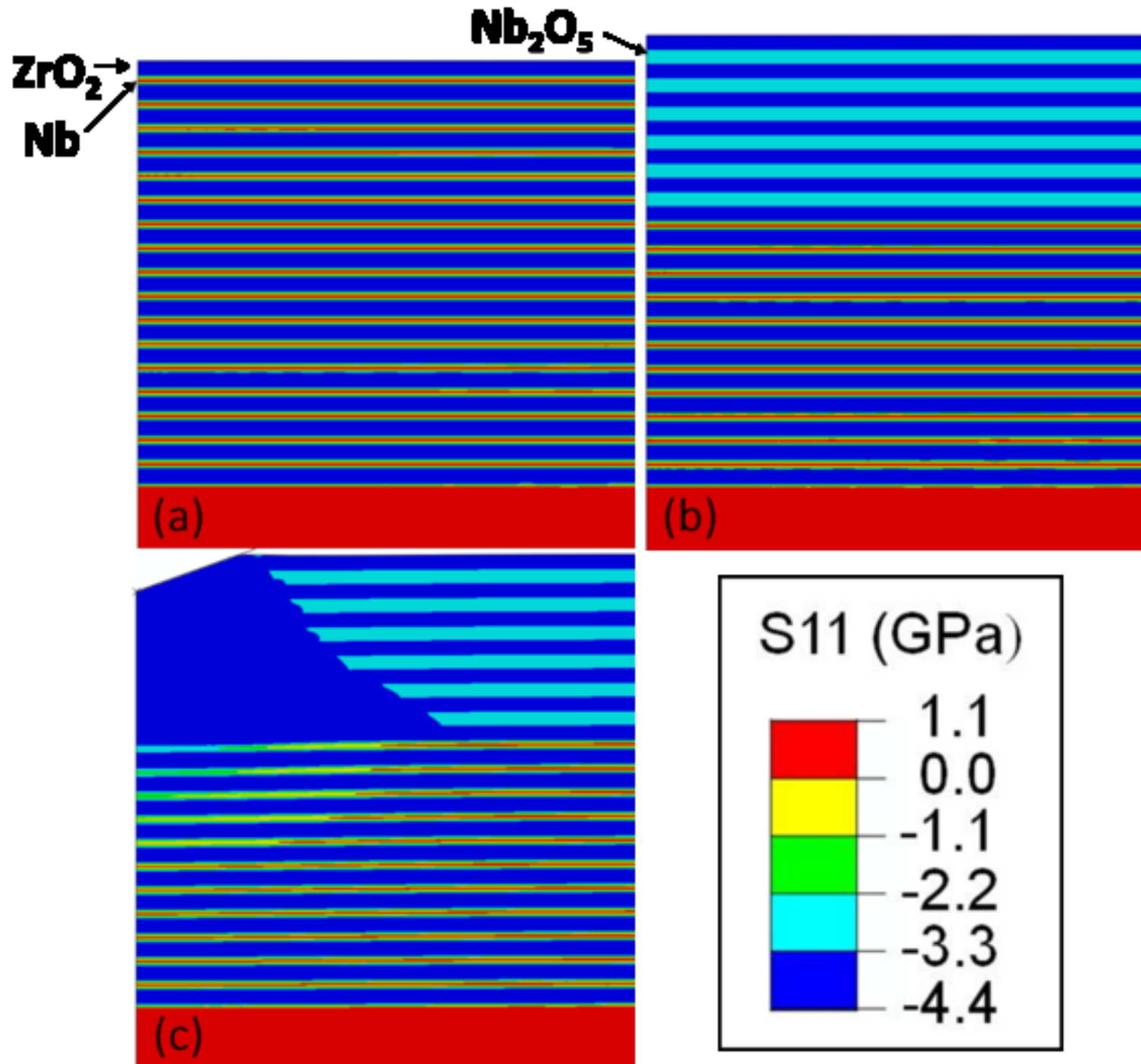


Figure 12
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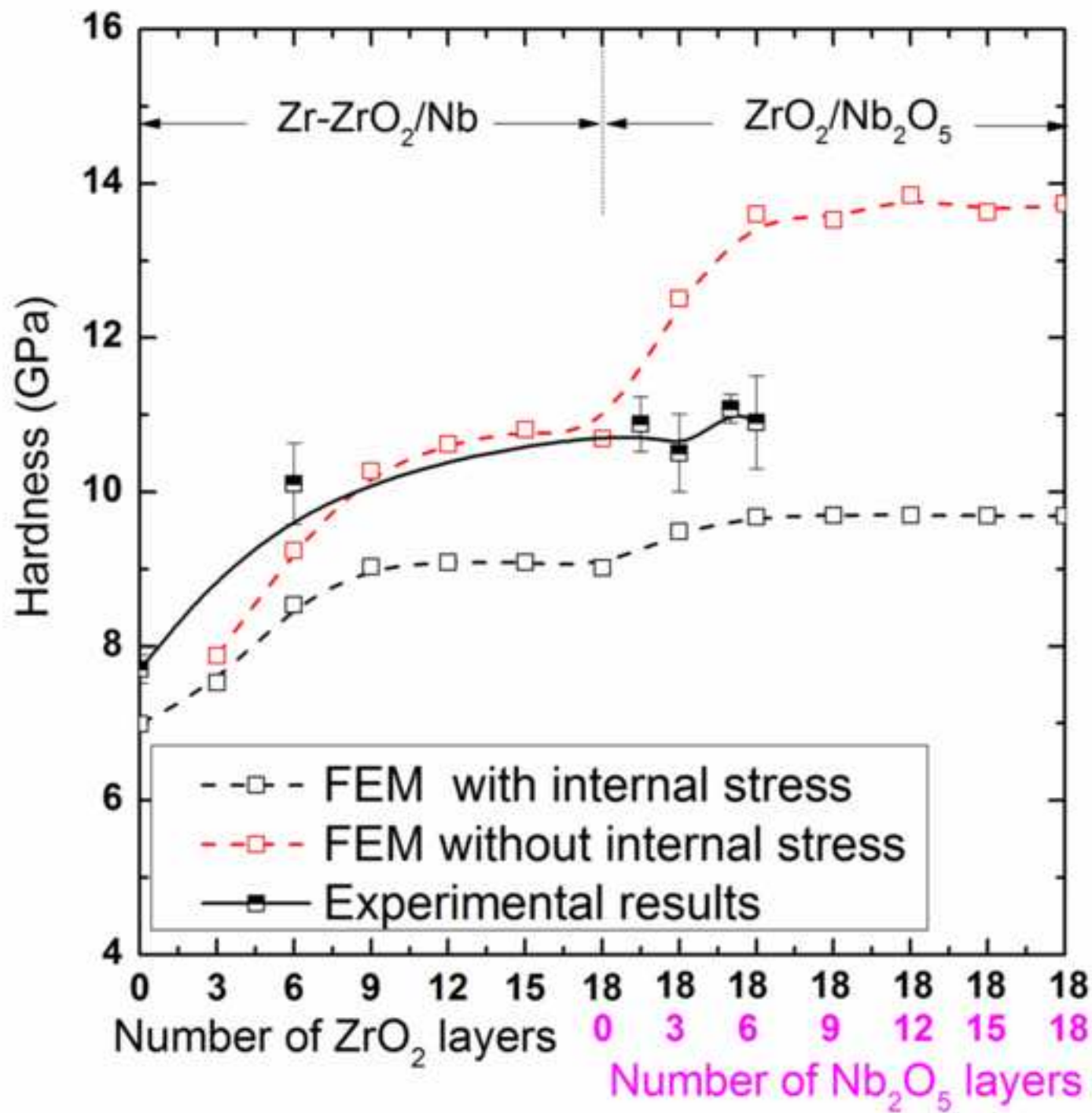


Table I: Elasto-plastic properties of the materials implemented in the FE models.

Material	Elastic Modulus (GPa)	Poisson's Ratio	Yield Stress (MPa)
Zr	135	0.34	2228
ZrO ₂	175	0.34	4207
Nb	113	0.4	2467
Nb ₂ O ₅	155	0.4	3107
Si	187	0.28	

Strengthening of Zr/Nb multilayers by selective oxidation

