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Supplementary File 3: Validity and reliability definitions.

	Definition
Validity	The extent in which a question measures what it is supposed to measure
Face validity	The degree to which non-experts perceive a test to be relevant for a particular assessment purpose
Content validity	The degree to which elements of an assessment instrument are relevant to and representative of the targeted construct for a particular assessment purpose as judged by professionals
Construct validity	The extent in which the measures used in the study assess the construct of interest.
Criterion validity	The extent in which the measures is related to some specific criteria
Reliability	The extent in which a measure is consistent and stable
Internal consistency	The assessment of how well individual items correlate between each other in measuring the same construct
Inter-item correlations	The extent in which scores in two items (measured at a point in time) relate closely to one another
Test-retest	The extent in which a measure yields the same results on repeated trials