Office of Cybersecurity at UW–Madison stated that there are risks associated with downloading any app on to a cell phone. The Office recommends users take the following additional steps to use WhatsApp safely:

## 1. Two-Step Verification

- a. Open WhatsApp
- b. Tap on the **Settings** tab
- c. Tap Account
- d. Tap **Two-step verification** and tap **Enable**.
- e. Enter a six-digit PIN of your choice and type it again to confirm it.
- f. If you want WhatsApp to send you an email to reset your PIN when you forget it, type your email address here and follow steps g and h. Tap **Skip** if you don't want to add an email address.

## g. Tap Next.

h. Confirm the email address and tap **Save** or **Done**.

# 2. Change WhatsApp group access from "Everyone" to "My Contacts"

- a. Open WhatsApp
- b. Tap on the **Status** tab
- c. Tap on Privacy
- d. Tap on "My contacts" and click "DONE".

Here are other ways you can use WhatsApp and your phone safely:

## Installing WhatsApp Updates

## Android

- a. Go to the Google Play Store and search for WhatsApp Messenger.
- b. Tap Update next to WhatsApp Messenger.

## iPhone

- a. Go to the App Store and search for WhatsApp Messenger.
- b. Tap **UPDATE** next to WhatsApp Messenger.

## Installing Smartphone Operating System Updates

- For Android, click this link and follow the instruction: https://support.google.com/android/answer/7680439?hl=en
- For iPhone, click this link and follow the instruction: https://support.apple.com/guide/iphone/update-ios-iph3e504502/ios

Please email Jzong Thao at jzong.thao@wisc.edu to remove your phone number from the list if you no longer wish to receive WhatsApp messages from us.