

# Cardiac Health Monitoring with Machine Learning: ECG-Based Disease Detection

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**Abstract:** *Cardiovascular maladies (heart maladies) are the driving cause of passing around the world. The prior they can be anticipated and classified; the more lives can be spared. Electrocardiogram (ECG) is a common, cheap, and noninvasive apparatus for measuring the electrical movement of the heart and is utilized to identify cardiovascular malady. In this article, the control of profound learning strategies was utilized to anticipate the four major cardiac variations from the norm: anomalous pulse, myocardial dead tissue, history of myocardial localized necrosis, and ordinary individual classes utilizing the open ECG pictures dataset of cardiac patients. This ponder presents imaginative strategies for early infection location. The to begin with approach utilizes Poincare representation and deep-learning-based picture classifiers, with promising comes about in identifying atrial fibrillation. XGBoost, whereas satisfactory in long term information, has long deduction times. The 1D ResNet show beats in both CinC 2017 and CinC 2020 datasets, with F1 scores of 85% and 71%, outperforming the top-ranking arrangements in each challenge. Moreover, the consider assesses effectiveness measurements highlighting the vitality productivity of 1D CNN and 1D ResNet models. Show translation uncovers that DenseNet identifies AF through heart rate changeability, whereas 1D ResNet surveys AF designs in crude ECG signals.*

**Keywords:** Machine Learning, Deep learning, electrocardiogram (ECG), neural network, algorithm

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