

Open-Source Culture Platform for Multi-Cell Type Study with  
Integrated Pneumatic Stimulation

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## Article

# Open-Source Culture Platform for Multi-Cell Type Study with Integrated Pneumatic Stimulation

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**Abstract:** Mechanical forces can influence the structure and development of healthy and cancerous cells and tissue microenvironments, acting on their physical shape and promoting non-genetic alterations during growth. For this reason, it is interesting to investigate the role of dynamic hydrostatic compression on such cultures, to assess the role of such stimuli on key parameters, such as cell differentiation, cell stiffness and cytoskeleton rearrangements. In this work, we present a versatile Arduino-based pneumatic system for the stimulation of a cell culture performed in a standard multi-well plate, designed to work inside a CO<sub>2</sub> incubator. The system is capable of modifying the hydrostatic pressure inside a dedicated culture chamber following the desired pattern, and, thus, providing a mechanical hydrostatic stimulus to a cell culture growing inside it. In the present work, a human respiration-like compression pattern was used, to mimic the mechanical stress conditions inside the human lung alveoli, and make the platform compatible with the development of lung tissues and organoids.

**Keywords:** Arduino; hydrostatic pressure; pressure profiles; bioreactor; precision medicine; cell culture



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## 1. Introduction

Recent studies highlighted the evidence that cancer is not only dependent on genetic mutations, but also influenced by the surrounding micro-environmental conditions [1]. Biomechanical forces can alter the conditions of tumor microenvironments, such as solid stress, high fluid pressure, increased interstitial flow, and matrix mechanics, thus, leading the cancer cells to spread to surrounding tissues and, eventually, to metastasize [2,3]. In recent years, a lot of studies analyzed the link between mechanical forces and tumorigenesis, finding correlations between changes in normal tissue architectures and the shift of such tissues to the precancerous state [1]. Collagen crosslinking, extracellular matrix (ECM) stiffening, and increased focal adhesions have also been found to be linked with breast tumorigenesis [4]. It is, thus, clear that mechanical forces and altered microenvironmental conditions play a role in tumorigenesis, and phenotypes may become more important over genotypes of the cancer cells [1]. Mechanical compression on cells can result in autolysis, promoting the recruitment of immune cells on the cancer tissues through the release of danger-associated signals during necrosis [5]. A lot of studies have been carried out highlighting the role of mechanical compression on both healthy and cancerous tissues, such as neurons [6], brain [7], fibroblasts [8,9], lung [10–12], breast [7,13], ovaries [14,15], and heart [16,17], resulting in inflammatory, late repair and fibrotic pathways in healthy tissues, and more invasive and metastatic forms in cancer tissues. Despite a wide typology of devices having been designed and tested to study the response and development of cell cultures under both cyclic and static compression [6,7,18–20], there is a lack of versatile

systems that are fully compatible with standard multi-well cell culture protocols. Moreover, a lot of studies suggest that the magnitude of the applied compression stimulus could be set between 3 and 6.5 kPa, while this value could be expanded to the physiological 3.7–18.9 kPa estimated to occur in tumor environments [14,15,21–23]. For this reason, further studies must be carried out to assess the nature and level of mechanical compression which affects the tissue microenvironment in a noticeable way [3]. In this work, a versatile, dynamic cell culture system is presented, in which a hydrostatic compression stimulus can be applied in a controlled manner to a standard multi-well plate tissue, while working in a CO<sub>2</sub> incubator. The plate can be placed inside a polymethyl methacrylate airtight chamber, inside which the hydrostatic pressure can be regulated through a diaphragm pump, which regulates the differential pressure level up to 12 kPa, and a proportional solenoid valve, which brings the chamber back to atmospheric pressure. The system is controlled by an Arduino Nano microcontroller, which acts on the pump and solenoid valve functioning times, and manages the feedback coming from a differential pressure sensor and a temperature sensor, acquiring environmental data inside the culture chamber. The system can be easily programmed with a laptop, through which it is possible to act on the duration of the compression stimulus, and on its duty cycle in the case of cyclic compression. Preliminary tests on cells were carried out to assess the biocompatibility of the device, ensuring the system worked in cyclic positive compression mode, trying to mimic the frequency of the human respiration rate.

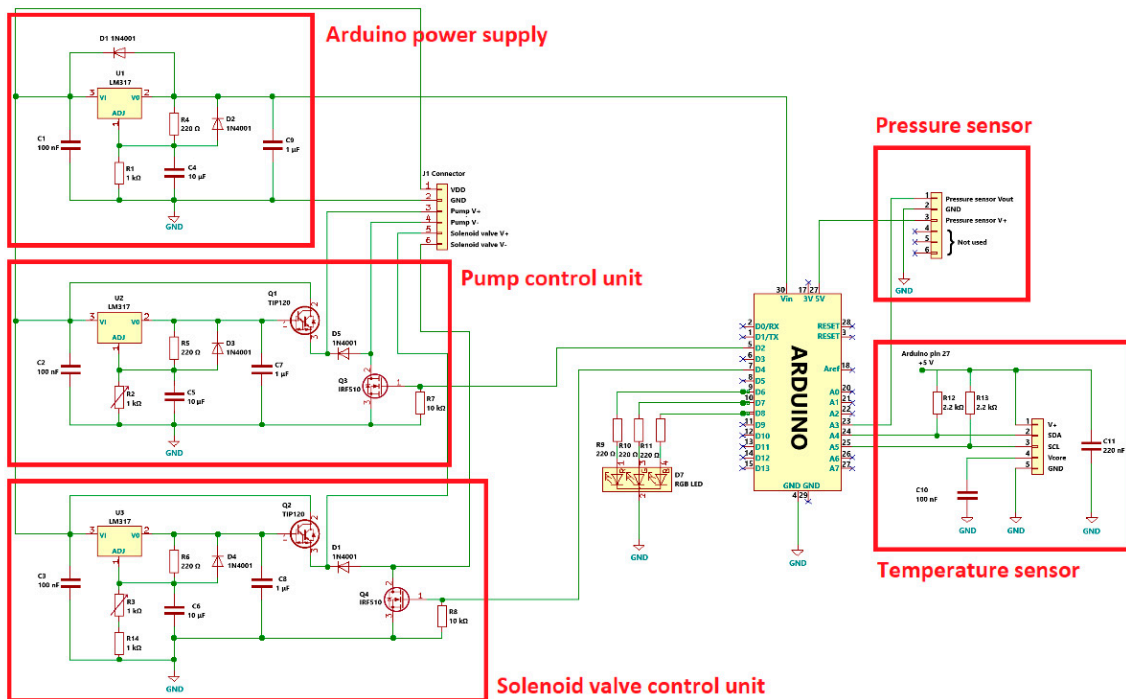
## 2. Materials and Methods

### 2.1. Culture Chamber Design and Fabrication

The cell culture chamber was designed through CAD software (Rhinoceros 5, Robert McNeel & Associates), and then manufactured with a numerically controlled milling machine (Benchman VMC 4000). The layout of the chamber is quite simple: it consists of a transparent box designed to contain a standard multi-well plate. Three Polymethylmethacrylate (PMMA) panels were arranged in a sandwich structure and then fixed with eight steel screws. The detailed development of the culture chamber is extensively discussed in [9].

### 2.2. Electronic Circuit Design and Fabrication

The block diagram of the system is shown in Figure 1. The core of the circuit is the Arduino Nano 3.0 board, which is a versatile chip based on the ATmega328 microcontroller. The board is connectable to a personal computer through a USB port, through which it is possible to upload the desired code written in C++. The board is also equipped with 8 analog input pins through which it is possible to read multiple analog signals coming from a wide variety of sensors and to convert them into a readable form, and 14 input/output digital pins, having the function to monitor their high or low state if in input mode, or to set a desired high or low state if in output mode. The system is equipped with a temperature sensor (Honeywell, Charlotte, NC, USA, HIH6130 series) to monitor the temperature inside the culture chamber during its operation, which communicates with Arduino by means of its I<sup>2</sup>C digital pins. A pressure sensor (NXP, Amsterdam, NL, MPX5100DP) is also connected to the culture chamber, to monitor the pressure reached by each cycle during its operation, communicating with Arduino through its analog pins. Both the sensors are powered by the board itself, which can provide two stable output voltages of +3 V and +5 V.



**Figure 1.** Electronic diagram of the system.

The platform is equipped with a pneumatic system to modify the pressure inside the culture chamber: a diaphragm pump (TCS Micropumps, Faversham, UK, D3K Series) increases (or decreases, depending on the application) the pressure to the desired value, while a normally closed proportional solenoid valve (255667, Burkert, Ingelfingen, DE) allows the pressure inside the chamber to go back to atmospheric pressure in a precise and controlled manner. Both the pump and the solenoid valve are each controlled by a dedicated circuit, controlled by Arduino, to set the desired timing for the pressure cycles, and in the case of the pump, the desired flow rate. The Arduino board can be powered in two different ways, either through the USB cable while connected to the PC, or with an external DC power source. This system is, thus, provided with an Arduino-dedicated DC power source, so that the PC can be eventually disconnected once the desired parameters are set. In the end, the system is powered by an AC/DC switching power supply (Mean Well, New Taipei City, TW, RS-25-12), that converts the AC main supply to 14 V DC ( $V_{DD}$ ). The complete electronic circuit, extensively discussed below, is shown in Figure 1, highlighting all the blocks described in this section. In the scheme, is an RGB LED connected to the digital pins D6, D7 and D8 of Arduino through three 220  $\Omega$  pull-up resistors, and their function is to present a different color during the pump and solenoid valve working periods, (red and blue, respectively), to better visualize the correct operation of the system.

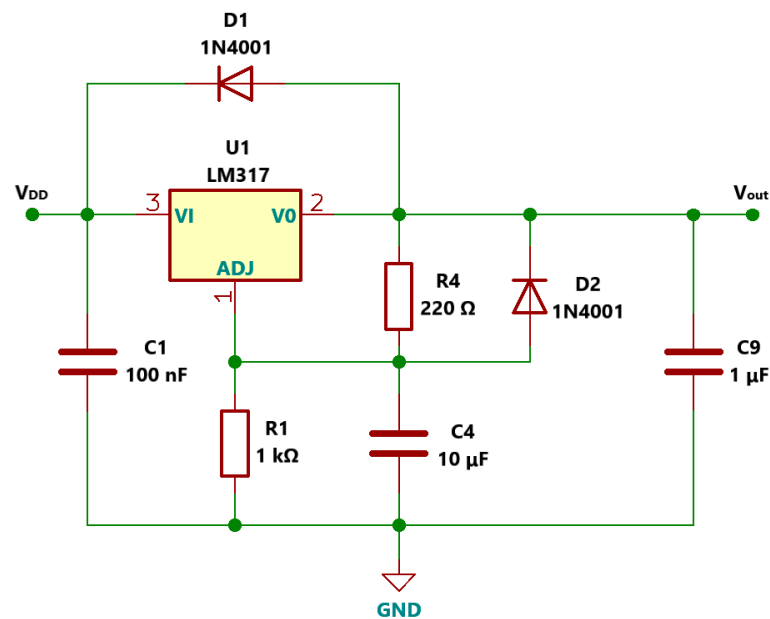
### 2.3. Arduino External Power Supply

The Arduino board, as mentioned, can be powered by an external DC power source, whose voltage must fall within the range of 7–12 V. Since the switching power supply, providing energy for all the components of the circuit, has a DC output of 14 V, it was necessary to lower the value to the Arduino input range. The circuit, shown in Figure 2, was designed using a linear voltage regulator (LM317BT, STMicroelectronics, Geneva, CH). This device is maintained by default at a constant voltage of 1.25 V ( $V_{REF}$ ) between the output and the adjust pins ( $V_{OUT}-V_{ADJ}$ ), while the maximum voltage swing of the circuit is governed by the input voltage ( $V_{IN}$ ). A 100 nF bypass capacitor ( $C_1$ ) was used to reduce any alternating component of the input voltage, a 10  $\mu$ F capacitor ( $C_4$ ) was placed between the adjust pin and ground to improve ripple rejection, and an output 1  $\mu$ F capacitor ( $C_9$ ) was used to improve transient response. The circuit also had a pair of protection diodes, D1

and D2. The first one protects the regulator from the input short circuit, and the second one protects the output short circuit from capacitance discharging. The output voltage is related to the voltage divider made by the two resistors  $R_4$  and  $R_1$ , and follows the ideal law:

$$V_{OUT} = \frac{R_1 + R_4}{R_4} \cdot V_{REF} + I_{ADJ} \cdot R_1, \quad (1)$$

where the second term is generally negligible, because it is generally two orders of magnitude lower than the first one, and  $R_4$  is recommended to be around 240  $\Omega$  by the manufacturer. Since a minimum output voltage close to 7 V is needed to power the Arduino board, one can easily find the desired minimum resistance value for  $R_1$ . In this work, a 220  $\Omega$  resistor was used from the E12 series for  $R_4$ , thus, providing a  $R_1$  value equal to 1012 k $\Omega$ , which involved a commercial 1 k $\Omega$  resistor from the E12 series.



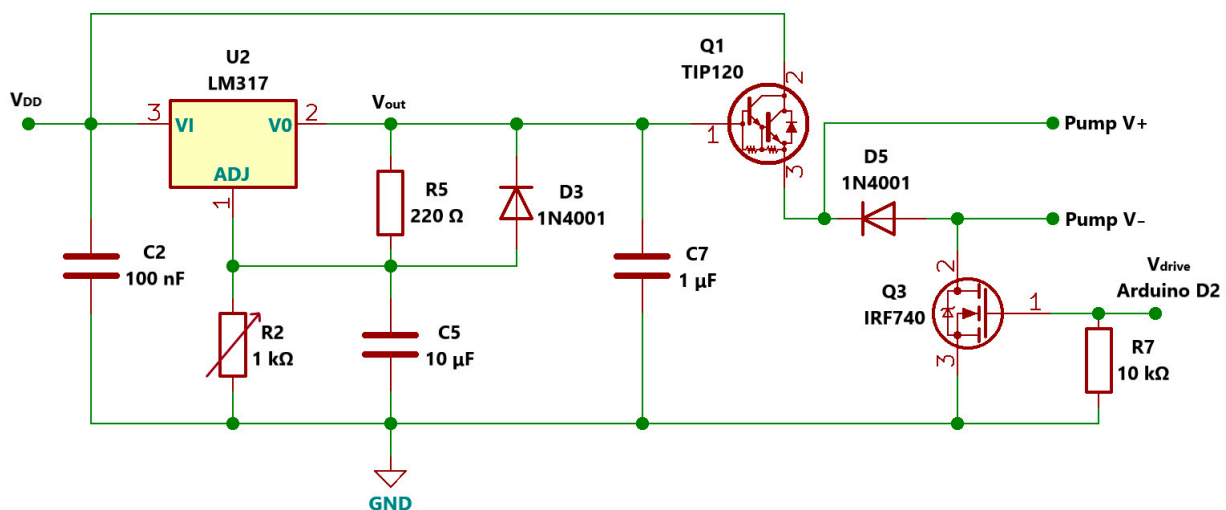
**Figure 2.** Voltage regulator circuit for Arduino power supply.

#### 2.4. Pump Power Supply

The circuit for the pump power supply was based on the same voltage regulator described in the previous section. The diaphragm pump has two different inlets and outlets which can be connected in series, if the application needs a higher maximum differential pressure/vacuum, together with a lower flow rate, or in parallel, if the application needs a lower maximum differential pressure/vacuum, but with a higher flow rate. In this work, the pump was connected in the parallel configuration, which provided a maximum flow rate of 3.5 l/min and a maximum differential pressure/vacuum of 0.41 Pa and  $-0.39$  Pa, respectively.

The flow rate can be adjusted by acting on the pump voltage, which can be set from a minimum of 2 V to a maximum of 6 V. In Figure 3 the pump control circuit is shown, where the adjust resistance was replaced with a precision 1 k $\Omega$  10-turn potentiometer (536-1-1-102, Vishay, Malvern, PA, USA) so as to have a linear variation on the output voltage. A protection diode D5 was placed across the pump connectors, to prevent any back voltage flowing during the switching-off transient phase of the pump. The  $V_{OUT}$  pin was directly connected to the basis of a power BJT in Darlington configuration (TIP120, STMicroelectronics), and its collector was connected to  $V_{DD}$ , together with the input pin of the voltage regulator. The emitter of the BJT was directly connected with the positive pump connection, while the negative connection was connected to the drain of an n-channel MOSFET (IRF510, Vishay), having a source directly connected to ground. The MOSFET gate was connected both to a 10 k $\Omega$  pull-down resistor, and to an Arduino digital pin D2. The BJT was used to increase the maximum current range of the circuit, thus making the

current flow mainly across the BJT, instead of the voltage regulator. The MOSFET was used to act as a switch, being turned to its ON and OFF states by Arduino. The output voltage coming from the regulator, namely  $V_{OUT}$ , dropped across the branch of the circuit, including  $V_{BE}$ ,  $V_{PUMP}$  and  $V_{DS}$ . When the potentiometer was set to its minimum value, the voltage regulator provided a minimum output voltage of 1.3 V. In this configuration, the BJT voltages would be  $V_C = V_{DD} = 14$  V,  $V_B = 1.3$  V, and  $V_E$  would be lower than  $V_B$ , thus, making the BJT work in a forward active region. As said before, the MOSFET operated as a switch: when the digital pin D2 from Arduino provided a logic low state, and the transistor gate voltage would be  $V_G = 0$  V, thus, lower than the transistor threshold voltage ( $V_{th}$ ), which turned out to be 4 V from the datasheet. In this condition, the MOSFET was in the OFF state, cutting off any current eventually flowing through the drain branch. When D2 provided a logic high state, the  $V_G > V_{th}$  condition was satisfied, and the transistor switched to the ON state. More precisely, since the  $V_{DS}$  voltage was never higher than  $V_G - V_{th}$  during the system's operation, the MOSFET always worked in the ohmic region during the ON state. As the potentiometer increased its resistance,  $V_{OUT}$  increased as well, thus making the voltage across the pump reach a value sufficient to make its DC motor start to run, providing the minimum pump flow rate. In this condition, if the MOSFET was in the ON state, a current of the order of tens of milliamperes flowed in the branch, as highlighted in the LTSpice simulations of Section 3.1.



**Figure 3.** Pump power supply and control circuit operated by Arduino digital pin D2.

### 2.5. Solenoid Valve Power Supply

The solenoid valve circuit, shown in Figure 4, has the same architecture as the pump power supply, but with some slight differences. The solenoid valve had a greater DC impedance with respect to the pump, (137  $\Omega$ , compared to 10.3  $\Omega$ ).

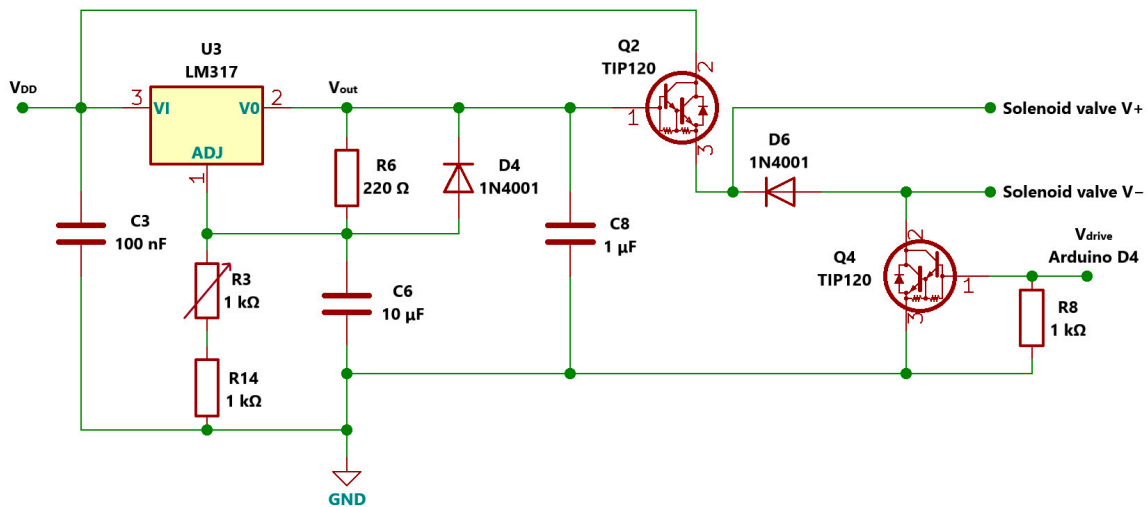


Figure 4. Solenoid valve power supply and control circuit operated by Arduino digital pin D4.

This translated into the need for a higher  $V_{OUT}$  to get a sufficient drop in voltage across the solenoid valve ( $V_{SV}$ ) to make the minimum required current to start opening its orifice flow through it. The 1 kΩ potentiometer was, thus, no longer sufficient for this purpose and a higher resistance was needed. For this reason, a 1 kΩ resistor was connected in series with the potentiometer, thus making the resistance range vary from a minimum of 1 kΩ to a maximum of 2 kΩ, preserving the precision of the 10-turn potentiometer on the desired resistance range. In this way, the  $V_{OUT}$  could span from a minimum of 7.23 V to a maximum of 12.46 V, as highlighted in the simulation chart in Figure 5, providing a precise current regulation on the solenoid valve current, which translates into a precise regulation on its orifice opening.

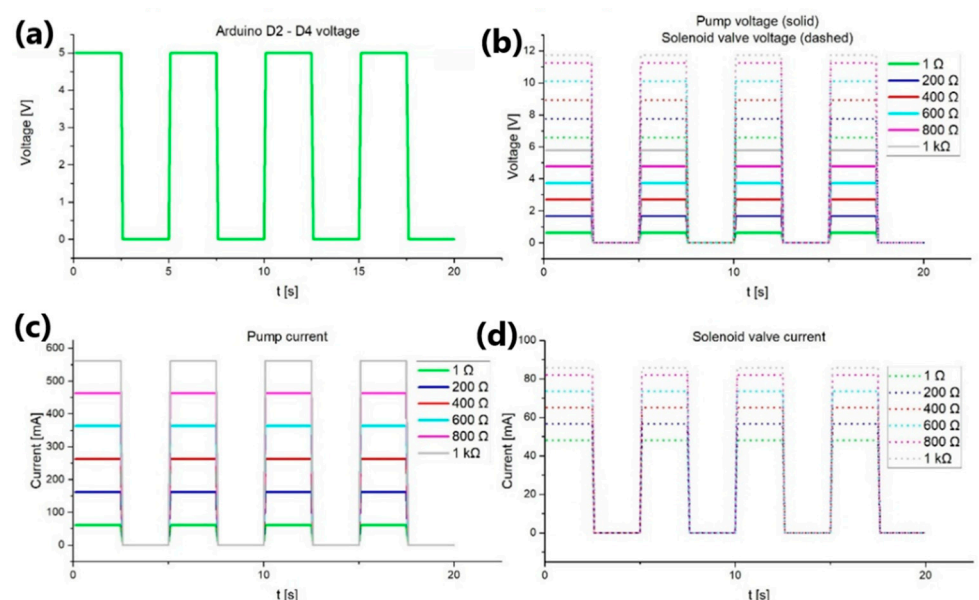


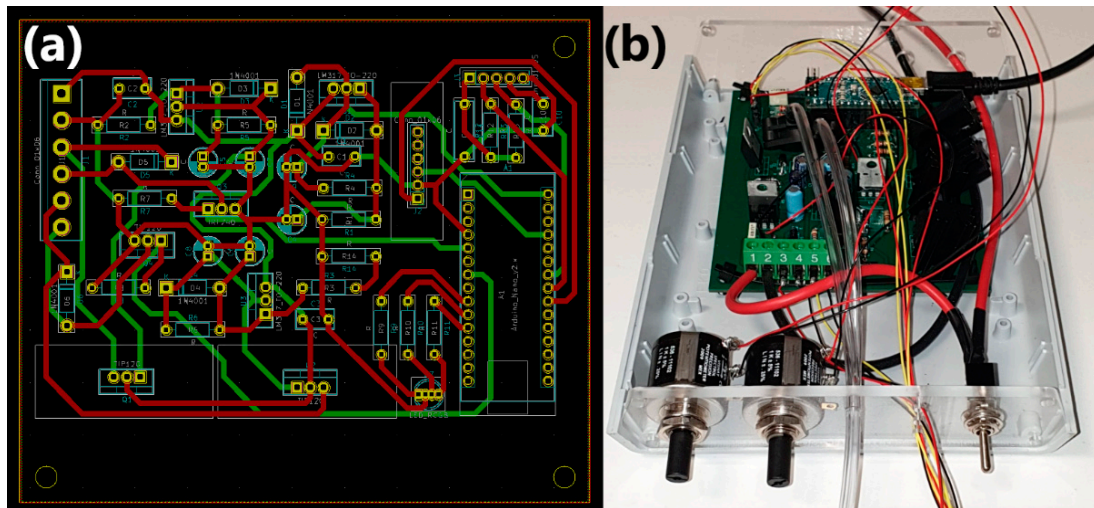
Figure 5. LTSpice simulation output data. (a) Arduino digital pin D2 and D4 voltage over time. (b) Pump (solid) and solenoid valve (dashed) voltage over time as a function of the adjust resistance. (c,d) Pump and solenoid valve current over time as a function of the adjust resistance.

### 2.6. PCB Design and Fabrication

The circuit components were arranged on a PCB board, using an open-source ECAD software (KiCad v5.1.6), as shown in Figure 6a. As mentioned before, the current range of the electronic circuit was extended below the voltage regulator maximum current ratings



(2.2 A, from datasheet) with the use of power BJT and MOSFET transistors, with maximum current ratings of 5 A and 5.6 A, respectively, well below both the pump and the solenoid valve maximum current ratings, which were lower than 600 mA. This choice was based on making the system open to the use of pumps demanding higher powers, with higher flow rates and maximum differential pressure capabilities.



**Figure 6.** (a) PCB tracks designed through KiCad. The red tracks are arranged on the top layer, while the green ones are arranged on the bottom layer. (b) PCB assembled and mounted on a plastic box.

For this reason, the thickness and width of the PCB copper tracks were chosen to be 0.89  $\mu\text{m}$  and 1 mm, respectively, to sustain a continuous load current of 3.5 A, with a theoretical maximum temperature rise of 20  $^{\circ}\text{C}$ , and 5 A with a temperature rise of 50  $^{\circ}\text{C}$ , which, in both cases, was acceptable for the application.

Moreover, since the circuit was designed to make the pump and the solenoid valve work in alternating cycles, this provided an additional margin to the PCB track power rating. A heat sink was also glued with thermal paste on all the power transistors of the circuit, to further decrease the temperature rise of such components during their operation. The components were soldered on the PCB board with a soldering machine (Hot air soldering station 124-4134, RS PRO) and mounted on a compact plastic box, as shown in Figure 6b. The system could be switched on with a two-state switch mounted on the front panel of the enclosure. The system assembled is shown in Figure 7.

### 2.7. Arduino Sketch

The Arduino board can be openly programmed to make the pump and the solenoid valve work for the desired amount of time. The Arduino sketch, summarized in the flow chart of Figure 8, shows the loop function performed by the microcontroller. In the program setup, the two periods regarding the pumping time and the solenoid valve functioning time were set as *timer\_P* and *timer\_SV*, together with a generic time variable defined as *t*. The temperature sensor and pressure sensor libraries were included, as well in the program, to ensure the Arduino board reads the output variables coming from such sensors. The loop function began with the pump in the ON state and the solenoid valve in the OFF state. The RGB LED highlighted the state providing a red-light output, and the variable *t* was set to zero. The time duration of this cycle was constantly checked, and the variable *t* was increased until it reached the value defined in *timer\_P*. Subsequently, the microcontroller read the analog signal coming from the pressure sensor, converting it into a readable form on the Arduino Serial Monitor, and read the I<sup>2</sup>C signal coming from the temperature sensor, printing it on the Arduino Serial Monitor as well. The pump then went into the OFF state, while the solenoid valve was turned to ON. The RGB LED now provided a blue light, and the variable *t* was again set to zero. As before, the time duration of this cycle was constantly



checked until the variable  $t$  reached the value defined in  $timer\_SV$ , when the loop function then started again. The complete sketch is available in Supplementary Material.

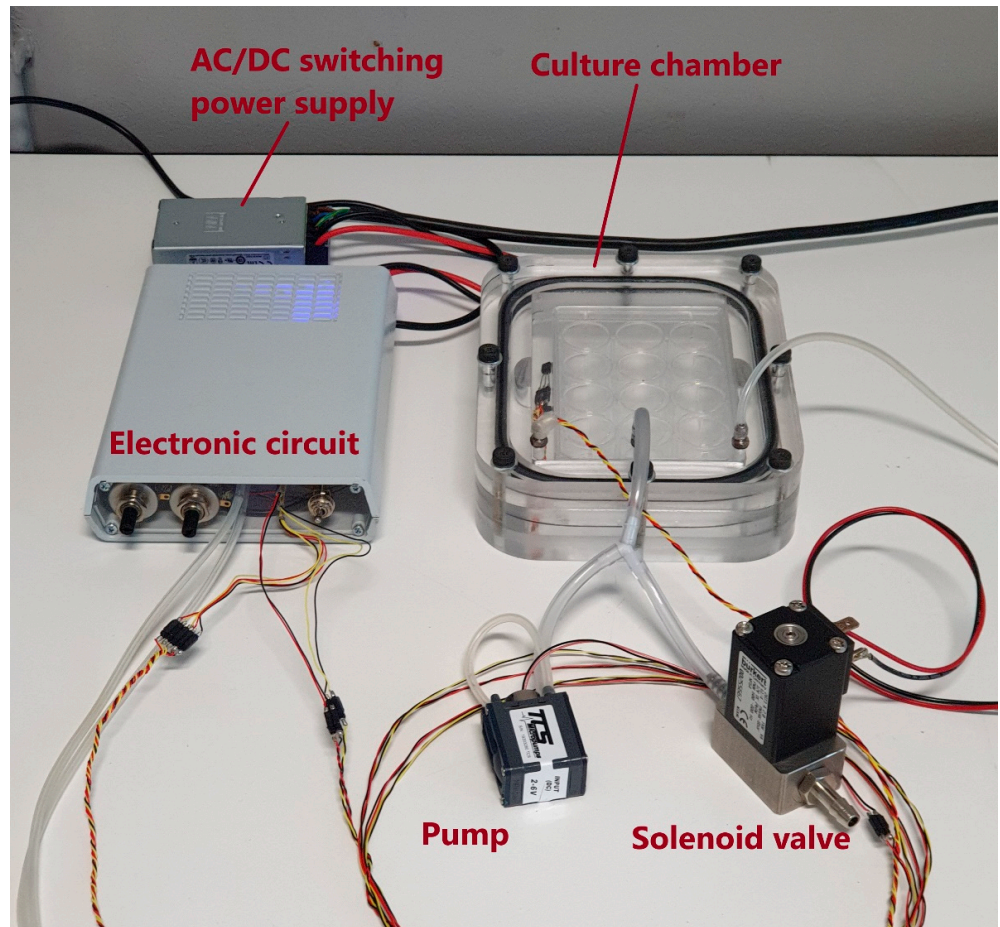


Figure 7. Complete system mounted, with all its main parts.

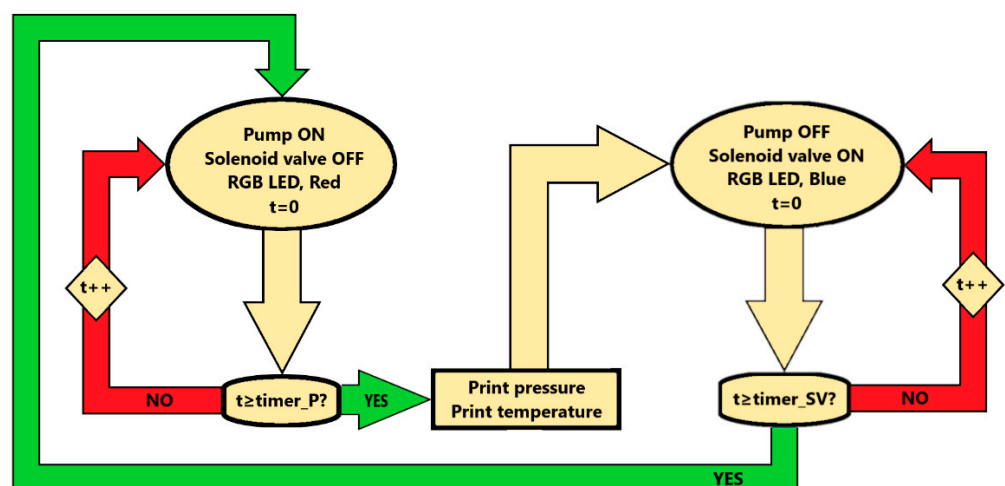


Figure 8. Arduino sketch showing the program loop function.

### 2.8. Cell Viability Assay

A preliminary test on cell proliferation was carried out. Two normal cell lines were selected, namely, the human epidermal keratinocyte line (HaCaT) and the human foreskin fibroblast line (HFF-1), following the protocol reported in reference [9]. The test was carried

out by selecting a positive pressure cycling mode and setting the final pressure to 12 kPa. The culture chamber was placed inside a CO<sub>2</sub> incubator, while the electronic circuit was kept outside of it.

### 3. Results and Discussion

#### 3.1. LTSpice Simulations

All the power supply circuits were simulated with LTSpice (Analog Devices, Wilmington, MA, USA), to highlight the dependence of the voltage regulator output on the resistance on the adjust branch of the circuit. The results of the simulation are reported in Table 1, where the voltage regulator  $V_{OUT}$  for five different values of the adjust resistance of the simulated circuits, ranging between 1  $\Omega$  and 1 k $\Omega$ , is shown. In the case of the Arduino Power supply, the latter resistance value provided an output voltage of 7.2 V, which fell into the Arduino input voltage range, thus confirming the choice of a fixed 1 k $\Omega$  resistor for the adjust branch of this main block. Since the pump power supply circuit was identical to the Arduino one, the  $V_{OUT}$  sweep was identical as well, ranging from 1.3 to 7.2 V, while the solenoid valve power supply, having an additional 1 k $\Omega$  resistor placed in a series in the potentiometer branch, provided a higher output voltage, ranging from 7.2 to 12.5 V.

**Table 1.** LTSpice simulation data, showing the voltage regulator output voltage for all three main blocks of the electronic circuit.

ADJ Resistance	$V_{OUT}$ , Arduino Power Supply ( $R_1$ )	$V_{OUT}$ , Pump Power Supply ( $R_2$ )	$V_{OUT}$ , Valve Power Supply ( $R_3$ )
1 $\Omega$	1.3 V	1.3 V	7.2 V
200 $\Omega$	2.49 V	2.49 V	8.4 V
400 $\Omega$	3.7 V	3.7 V	9.6 V
600 $\Omega$	4.7 V	4.7 V	10.8 V
800 $\Omega$	6.1 V	6.1 V	12.0 V
1 k $\Omega$	7.2 V	7.2 V	12.5 V

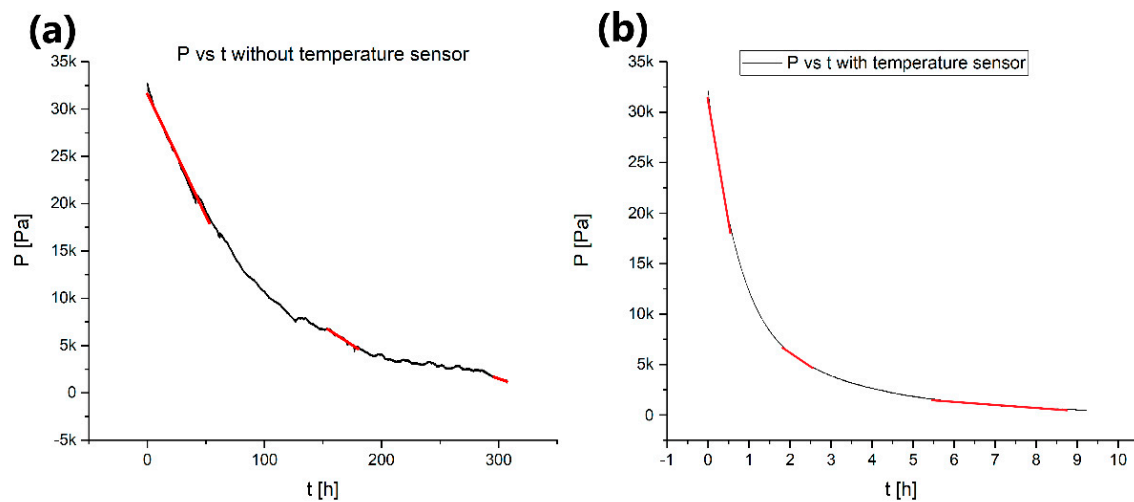
In Figure 5 the voltage, and the current dependence of both the pump and the solenoid valve as a function of the MOSFET gate voltage operated by Arduino, are shown. The devices were modeled with the associated DC impedances, which turned out to be 10.3  $\Omega$  for the pump and 137  $\Omega$  for the solenoid valve. As already mentioned, for both device circuits, the adjust resistance was selected by the precision 1 k $\Omega$  potentiometer. An increase in its resistance thus translated into an increase in the voltage across the two devices, as shown in the simulations, thus, making the pump vary its flow rate from minimum to maximum accordingly, and making the solenoid valve open proportionally to the current flowing through it.

#### 3.2. Tightness of the Culture Chamber

A preliminary tightness test was carried out on the system with and without the use of the temperature sensor feed-through, to assess the change in tightness due to the permeation rate of the sealing PDMS inside it.

As shown in the charts in Figure 9, the chamber was connected with an external pump providing a maximum differential pressure of about 30 kPa, and, then, isolated, and the pressure data acquired over time. In the first case, shown in Figure 9a, the temperature sensor feed-through was replaced with a commercial sealing cap. The chamber showed a relatively slow leakage trend over time. In the chart, three main trends were highlighted with a linear fit of the curve, showing a more pronounced leakage rate of  $-7.2 \cdot 10^{-2}$  Pa/s in the range 30–18 kPa,  $-2.2 \cdot 10^{-2}$  Pa/s in the range 6.6–4.6 kPa and  $-1.1 \cdot 10^{-2}$  Pa/s in the range 1.5–0.5 kPa. In the second case, shown in Figure 9b, the temperature sensor feed-through was connected, and the leakage rate showed a considerable increase. In the

figure, the same three main trends were highlighted with a linear fit of the curve, showing a more pronounced leakage rate with respect to the first configuration, which turned out to be  $-6.8 \text{ Pa/s}$  in the range 30 kPa–18 kPa,  $-7.7 \cdot 10^{-1} \text{ Pa/s}$  in the range 6.6–4.6 kPa and  $-8.2 \cdot 10^{-2} \text{ Pa/s}$  in the range 1.5–0.5 kPa. All the leakage trends are highlighted in Table 2.



**Figure 9.** (a) Chamber leakage as a function of time without temperature PDMS feed-through. (b) Chamber leakage with temperature feed-through plugged on the chamber lid.

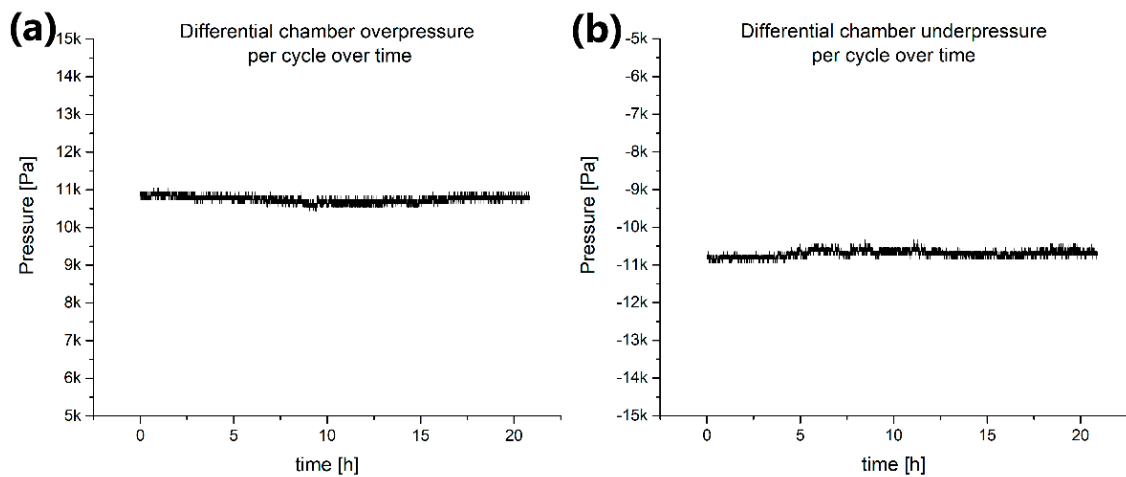
**Table 2.** Leakage rates of the chamber with and without temperature sensor feed-through.

Pressure Range	Leakage Rate without T Sensor	Leakage Rate with T Sensor
30–18 kPa	$-7.2 \cdot 10^{-2} \text{ Pa/s}$	$-6.8 \text{ Pa/s}$
6.6–4.6 kPa	$-2.2 \cdot 10^{-2} \text{ Pa/s}$	$-7.7 \cdot 10^{-1} \text{ Pa/s}$
1.5–0.5 kPa	$-1.1 \cdot 10^{-2} \text{ Pa/s}$	$-8.2 \cdot 10^{-2} \text{ Pa/s}$

Considering the system's functioning time, which in our case was programmed to make pressure cycles with a pumping time of 2.5 s and an evacuation time of 2.5 s, reaching a selectable final pressure in the order of tens of kPa, the leakage rate of the chamber was, thus, negligible for the application.

### 3.3. Stability of the Pressure Cycles

Tests on the repeatability of the final differential pressure reached inside the chamber per cycle over time were carried out in two configurations. In the first one, the pump was connected in overpressure mode, thus, making the pressure inside the chamber increase to a value set to 10.7 kPa. The results are highlighted in the chart in Figure 10a, showing a stable trend over time, with a standard deviation  $\sigma = 94.1 \text{ Pa}$  and a maximum absolute pressure oscillation of 310 Pa. In the second case, the pump was connected in vacuum mode, thus, making the differential pressure inside the chamber decrease.

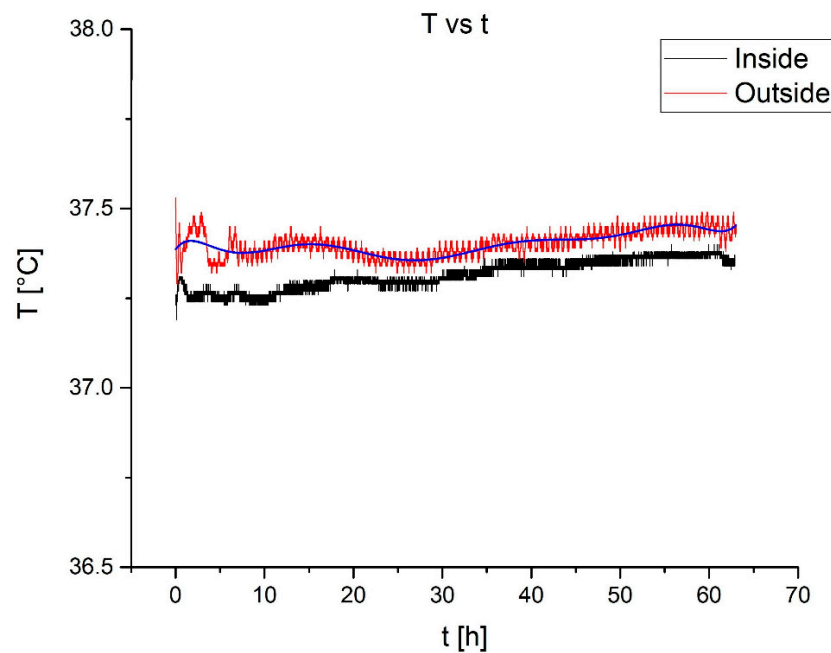


**Figure 10.** (a) Differential pressures reached by each cycle inside the chamber over time, with the pump mounted in overpressure configuration. (b) The same experiment, with the pump mounted in vacuum configuration.

The result is highlighted in Figure 10b, showing a constant trend, with a standard deviation of maximum pressure oscillation of  $\sigma = 93.5$  Pa and a maximum absolute pressure oscillation of 410 Pa. The Arduino board analog to digital converter (ADC) had a 10-bit resolution, which meant that the map function of the Arduino sketch was able to detect  $5V/1024$  bits = 4.88 mV of variation on the analog pins. The pressure sensor also had a sensitivity of 4.5 mV/Pa. For this reason, a 100 Pa oscillation was expected in the data read by Arduino from the chamber pressure. Additional pressure variations could be induced in long-term measurements, due to intraday barometric pressure variations, which could add an additional 100 Pa shift [24].

### 3.4. Temperature Stability

The culture chamber has to have a stable temperature, compatible with the growth of a cell culture, which is typically performed inside a CO<sub>2</sub> incubator with a controlled temperature set to 37 °C. For this reason, temperature stability tests were conducted on the system to highlight any temperature changes induced both by the heating of the pump and the solenoid valve during their operation and also by the pressure cycles themselves. The system was installed to work in a CO<sub>2</sub> incubator (ThermoFisher Scientific, Waltham, MA, USA, Heracell<sup>®</sup> 150i), and a second identical temperature sensor was placed in the surrounding environment to monitor both the temperature inside and outside the chamber. The resulting temperature profiles are highlighted in Figure 11, showing a mean temperature of 37.3 °C with a standard deviation  $\sigma = 2.6 \cdot 10^{-2}$  °C and a maximum absolute temperature shift of  $7.0 \cdot 10^{-2}$  °C in the case of the measured temperature inside the chamber. Outside the chamber there was a mean temperature of 37.4 °C, with a standard deviation of  $\sigma = 3.4 \cdot 10^{-2}$  °C and a maximum absolute temperature shift of 0.1 °C for the measured temperature. This demonstrated that neither the operation of the system nor the pressure cycles affected the temperature inside the chamber significantly. Moreover, both the standard deviation and the maximum absolute temperature shift were way smaller than the temperature sensor precision ( $\pm 0.5$  °C), thus further reinforcing the case.



**Figure 11.** Temperature profiles of the system while working in a CO<sub>2</sub> incubator set to 37 °C. The black line shows the temperature over time inside the culture chamber, while the red one shows the temperature of the surrounding air.

### 3.5. HaCaT and HFF-1 Proliferation Test

As previously mentioned, preliminary tests on cells were performed using the system in overpressure cycling configuration, reaching a maximum differential pressure of 12 kPa per cycle, and a period of 5 s. Further details about the tests performed are extensively discussed in [9].

## 4. Conclusions

This work showed the possibility of designing and implementing, with cheap and easily programmable components, a system capable of mechanically stimulating a cell culture by varying the hydrostatic pressure inside the culture chamber. The system showed very good repeatability of the pressure cycles when used, both in positive and negative differential pressure configurations, and an excellent tightness for the application for which it was intended. No substantial variations in the temperature inside the culture chamber were observed during its operation, thus showing that the system is suitable for hosting a cell culture without altering the normal temperature conditions of a standard CO<sub>2</sub> incubator. As highlighted in [9], the system also showed the feasibility of applying a cyclic increase of the hydrostatic pressure without causing damage to the cells. Given the absence of effects on cell proliferation, the cyclic increase of the hydrostatic pressure would probably not affect this parameter, but could influence cytoskeletal stiffness/rearrangements, which will be monitored in future tests. Furthermore, cell migration and wound healing will be analyzed to assess the effects of cytoskeletal changes on these features. Future experiments will be performed using different values of hydrostatic pressure, involving culture experiments of human alveolar epithelial cells and human adenocarcinomic alveolar epithelial cells (A549 cell line) inside the chamber, studying key parameters related to their growth. The versatility of the circuit makes it suitable for working at higher pressure values or flow rates, simply by replacing the pump used in this work with a higher powered one with the same voltage characteristics.

**Supplementary Materials:** The following supporting information can be downloaded at: <https://www.mdpi.com/article/10.3390/electronics12010073/s1>.



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