NEW ACCOUNT SETUP SECTION ONE SECTION FOUR Knowledge Check Personal Information The following questionnaire has been designed to assess your current level of understanding i. Account Details about CHD. Please select either 'TRUE', 'FALSE' or 'DON'T KNOW' for each statement. You will be asked to complete this questionnaire again at the end of the programme. ii. Contact Details iii. About Yourself Tick the box which you think is the correct answer i. PART ONE (Q 1-5 of 13) SECTION TWO **Coronary Heart Disease** False Don't Know **Risk Factors** (CHD) i. Exercise CHD is the world's leading cause of death ii. Diet b Women do not tend to suffer from CHD iii. Stress CHD is unusual in people less than 40 iv. Smoking years old v. Family History CHD is where one or more of the coronary arteries have narrowed SECTION THREE e CHD is a curable disease **Medical Information** i. Current Condition Risk factors for Coronary ii. Previous & Other Conditions True False Don't Know Heart Disease (CHD): iii. Additional Tests There is no link between prolonged stress and CHD SECTION FOUR A BMI of 25 or higher is associated with **Knowledge Check** an increased risk for CHD Raised cholesterol levels increase the i. Part One risk of CHD ii. Part Two CHD can be inherited d iii. Part Three The risk of CHD increases with age iv. Results