

TOOLS AUDIT SEARCH TERMS:				
Acceptance	Failing	Managing conflict	Relaxation	Stress
Accomplishment	Family (Note: lots of family history and family tracking apps)	Meeting new people	Satisfaction	Work and career
Achievement	Feeling connected (community)	Mental fitness	Seeking help (no relevant results)	
Achieving a balance in life (life balance)	Fitness	Mood	Self-acceptance	
Altruism	Finding your place (belonging)	Money	Self-belief	
Autonomy	Friendship (Note: lots of friendship tests)	Motivation	Self-esteem	
Caring for others (caring)	Goal setting	New experiences	Self-talk and self-awareness	
Challenging yourself (comfort zone)	Gratitude	Optimism	Sense of purpose (no relevant results)	
Communication (Note: lots of communication aids and social messaging tools)	Habits	Partying safe	Setting goals	
Confidence	Happiness	Personal growth	Setting priorities (no relevant results)	
Coping	Healthy	Personal identity	Sex	
Cognitive Behaviour therapy	Hope (Note: search returned lots of religious apps)	Physical health	Sleep	
Dealing with a relationship break-up	Independent (Note: search returned lots of games and Independence day themes)	Planning for the future	Sleeping issues	
Dealing with change	Interest in life (no relevant results)		Socialising (Note: search mainly returned social networking sites)	
Diet	Keeping calm (anxiety)	Positive relations	Social (Note: search mainly returned social networking sites)	
Eating well	Leaving home	Positive self-talk	Spending time with friends	
Empowered (Note: no valid results)	Legal issues	Positivity	Strengths	
Enjoyable activity	Life choices	Problem solving		
Environmental mastery	Looking after yourself	Promoting harmony		



