Supplemental Table 1. Mobile Phone Usage and Attitudes Baseline Survey

Please indicate how often you do each of the following activities on your mobile phone.

| 1. Send and receive text messages. | | | | |
|--|------------------|-----------------|----------------|------------------|
| Never (1) | Once a month (2) | Once a week (3) | Once a day (4) | All the time (5) |
| 2. Make and receive mobile phone calls. | | | | |
| Never (1) | Once a month (2) | Once a week (3) | Once a day (4) | All the time (5) |
| 3. Get directions or use GPS. | | | | |
| Never (1) | Once a month (2) | Once a week (3) | Once a day (4) | All the time (5) |
| 4. Browse the web. | | | | |
| Never (1) | Once a month (2) | Once a week (3) | Once a day (4) | All the time (5) |
| 5. Use apps (for any purpose) on mobile phone. | | | | |
| Never (1) | Once a month (2) | Once a week (3) | Once a day (4) | All the time (5) |
| Scoring: | | | | |
| Value of responses (in parentheses) is multiplied by 4 and total score equals sum of responses. Minimum score = 20; Maximum score=100. | | | | |