

Baseline and follow-up patient activation levels

| | | Baseline PAM | | | | |
|----------------------------|-------|--------------|-----------|------------|-----------|-----------------------|
| | | 1 | 2 | 3 | 4 | Total N (Column %) |
| Follow-up PAM N (row %) | 1 | 9 (2.9) | 4 (1.3) | 0 (0) | 0 (0) | 13 (4.1) |
| | 2 | 6 (1.9) | 34 (10.8) | 17 (5.4) | 3 (1) | 60 (19.1) |
| | 3 | 7 (2.2) | 45 (14.3) | 113 (36) | 19 (6.1) | 184 (58.6) |
| | 4 | 0 (0) | 1 (0.3) | 25 (8) | 31 (9.9) | 57 (18.2) |
| | Total | 22 (7) | 84 (26.8) | 155 (49.4) | 53 (16.9) | 314 (100) |

Shading key: green = increased PAM level, white = stable PAM level, red = decreased PAM level