

## Multimedia Appendix 5

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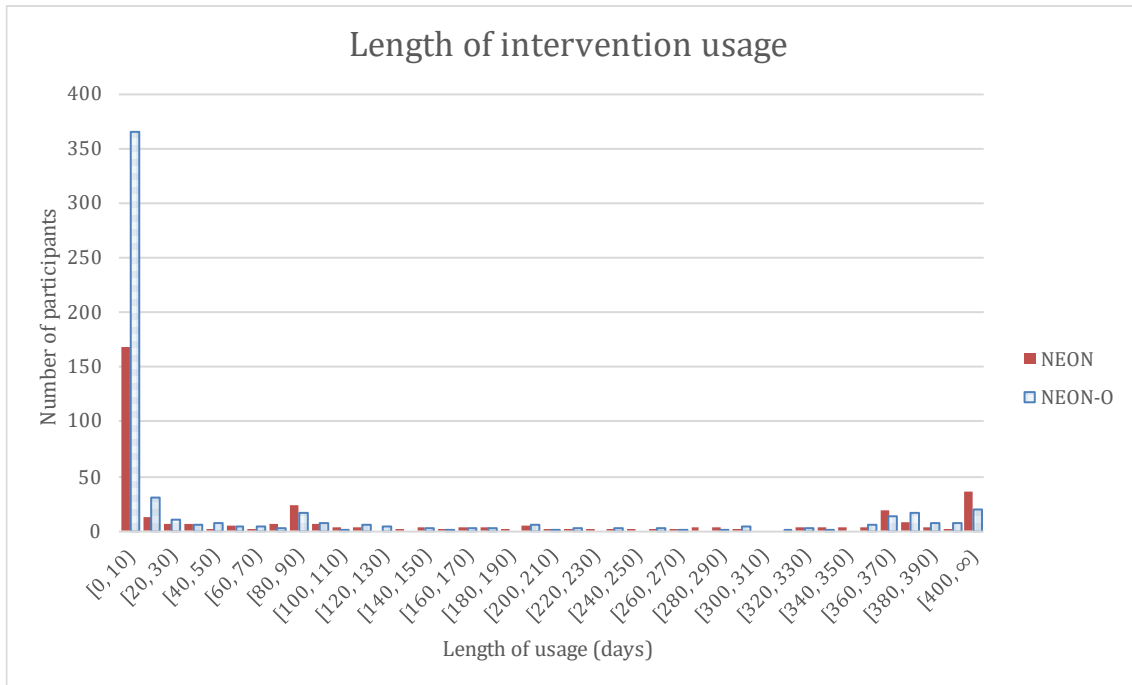


Figure S1 - Length of time between first and last narrative request, for both NEON and NEON-O participants.

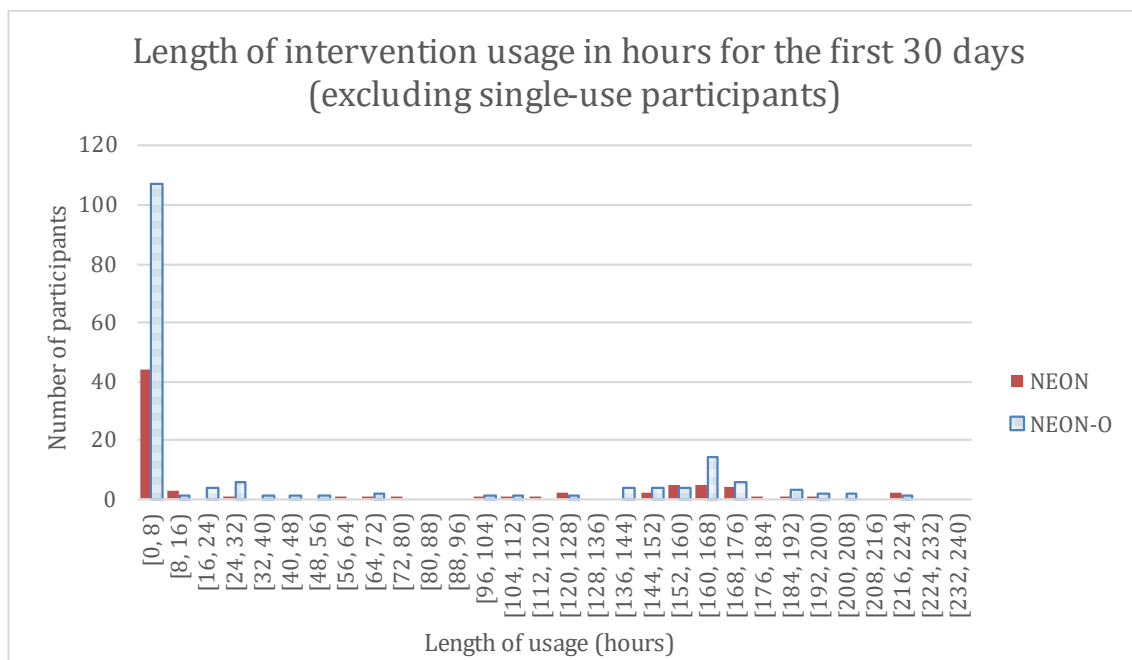


Figure S2 - Length of time between first and last narrative request showing only lengths up to thirty days, excluding participants who only used the intervention once, for both NEON and NEON-O participants.