An elaborate data set on human gait and the effect of mechanical perturbations

³ Jason K. Moore¹, Sandra K. Hnat¹, and Antonie J. van den Bogert¹

⁴ ¹Mechanical Engineering, Cleveland State University, Cleveland, Ohio, USA, 44115.

5 j.k.moore19@csuohio.edu, s.hnat@vikes.csuohio.edu, a.vandenbogert@csuohio.edu

• ABSTRACT

Here we share a rich gait data set collected from fifteen subjects walking at three speeds on an instrumented treadmill. Each trial consists of 120 seconds of normal walking and 480 seconds of walking while being longitudinally perturbed during each stance phase with pseudo-random fluctuations in the speed of the treadmill belt. A total of approximately 1.5 hours of normal walking (> 5000 gait cycles) and 6 hours of perturbed walking (> 20,000 gait cycles) is included in the data set. We provide full body marker trajectories and ground reaction loads in addition to a presentation of processed data that includes gait events, 2D joint angles, angular rates, and joint torques along with the open source software used for the computations. The protocol is described in detail and supported with additional elaborate meta data for each trial. This data can likely be useful for validating or generating mathematical models that are capable of simulating normal periodic gait and non-periodic, perturbed gaits.

8 Keywords: gait, data, perturbation

INTRODUCTION

The collection of dynamical data during human walking has a long history beginning with the first 10 motion pictures and now with modern marker based motion capture techniques and high fidelity 11 ground reaction load measurements. Even though years of data on thousands of subjects now exist, 12 this data is not widely disseminated, well organized, nor available with few or no restrictions. David 13 Winter's published normative gait data, Winter (1990), is widely used in biomechanical studies, yet 14 it comes from relatively few subjects and only a small number of gait cycles per subject. This small 15 source has successfully inspired many other studies, such as powered prosthetic control design, Sup 16 et al. (2008), but success in other research fields using large sets of data for discovery lead one to 17 believe that more elaborate data sets may benefit the field of human motion studies. To enable such 18 work, biomechanical data needs to be shared extensively, organized, and curated to enabled future 19 analysts. 20

There are some notable gait data sets and databases besides Winter's authoritative set that are publicly available. The International Society of Biomechanics has maintained a web page (http://isbweb.org/data) since approximately 1995 that includes data sets for download and mostly unencumbered use. For example, Vaughn, et. al's data, Vaughan et al. (1992), with kinematics and force plate measurement from several subjects is available on the site. At another website, the CGA Normative Gait Database, Kirtley (2014), Chris Kirtley shares normative gait data from

several studies and these files have influenced other studies, for example the average gait cycles
from children used in van den Bogert (2003).

Chester et. al, Chester et al. (2007), report on a large gait database comparison where one 29 database contained kinematic data of 409 gait cycles of children from 1 to 7 years old but the data 30 does not seem to be publicly available. This is unfortunately typical. But Tirosh et. al, recognized 31 the need for a comprehensive data base for clinical gait data and created the Gaitabase, Tirosh et al. 32 (2010). This database may contain a substantial amount of data but it is encumbered by a very 33 complicated and restrictive license and sharing scheme. However, there are examples of data with 34 less restrictions. The University of Wisconsin at LaCrosse has an easily accessible normative gait 35 data set, Willson and Kernozek (2014), from 25 subjects with lower extremity marker data from 36 multiple gait cycles and force plate measurements from a single gait cycle. 37

More recent examples of biomechanists sharing their data alongside publications are: van den Bogert et al. (2013) which includes full body joint kinematics and kinetics from eleven subjects walking for a small number of gait cycles and Wang and Srinivasan (2014) who includes a larger set of data from ten subjects walking for five minutes each at three different speeds but only a small set of lower extremity markers are present. The second is notable because it publishes the data in Dryad, a modern citable data repository.

The publicly available gait data is small compared to the number of gait studies that have been 44 performed over the years. The data that is available generally suffers from limitations such as few 45 subjects, few gait cycles, few markers, highly clinical, no raw data, limited force plate measurements, 46 lack of meta data, non-standard formats, and restrictive licensing. To help with this situation we are 47 making the data we collected for our research purposes publicly available and free of the previously 48 mentioned deficiencies. Not only do we provide a larger set of normative gait data that has been 49 previously available, we also include an even larger set of data in which the subject is being perturbed, 50 something that does not currently exist. We believe both of these sets of data can serve a variety of 51 use cases and hope that we can save time and effort for future researchers by sharing it. 52

Our use case for the data is centered around the need of bio-inspired control systems for emerging 53 powered prosthetics and orthotics. Ideally, a powered prosthetic would behave in such a way that the 54 user would feel like their limb was never disabled. There are a variety of approaches to developing 55 bio-inspired control systems, some of which aim to mimic the reactions and motion of an able-56 bodied person. A modern gait lab is able to collect a variety of kinematic, kinetic, and physiological 57 data from humans during gait. This data can potentially be used to drive the design of the human-58 mimicking controller. With a rich enough data set, one may be able to identify control mechanisms 59 used during a human's natural gait and recovery from perturbations. We have collected data that is 60 richer than previous gait data sets and may be rich enough for control identification. The data can 61 also be used for verification purposes for controllers that have been designed in other manners. 62

With all of this in mind, we collected over seven and half hours of gait data from fifteen able 63 bodied subjects which amounts to over 25,000 gait cycles. The subjects walked at three different 64 speeds on an instrumented treadmill while we collected full body marker locations and ground 65 reaction loads from a pair of force plates. The protocol for the majority of the trials included two 66 minutes of normal walking and eight minutes of walking under the influence of pseudo-random belt 67 speed fluctuations. The data has been organized complete with rich meta data and made available in 68 the most unrestrictive form for other research uses following modern best practices in data sharing, 69 White et al. (2013). 70

⁷¹ Furthermore, we include a small Apache licensed open source software library for basic gait

Table 1. Information about the 15 participants. The final three columns give the trial numbers associated with each nominal treadmill speed. The measured mass is computed from the mean total vertical ground reaction force just after the calibration pose event, if possible. Additional trials found in the data set with a subject identification number 0 are trials with no subject, i.e. unloaded trials that can be used for inertial compensation purposes, and are not shown in the table. Generated by src/subject_table.py.

Id	Gender	Age [yr]	Height [m]	Measured Mass [kg]	Self-reported mass [kg]	0.8 m/s	1.2 m/s	1.6 m/s
1	male	25	1.87	NA	101	NA	6, 7, 8	NA
3	female	32	1.62	54 ± 2	60	46	47	48
4	male	30	1.76	NA	74	12, 15	13	14
5	male	23	1.73	71.2 ± 0.9	65	32	31	33
6	male	26	1.77	86.8 ± 0.6	80	40	41	42
7	female	29	1.72	64.5 ± 0.8	63	16	17	18
8	male	20	1.57	74.9 ± 0.9	70	19	20	21
9	male	20	1.69	67 ± 2	64	25	26	27
10	male	19	1.77	92 ± 2	91	61	62	63
11	male	22	1.85	NA	80	9	10	11
12	male	22	1.85	74.2 ± 0.5	81	49	50	51
13	female	21	1.70	58 ± 2	64	55	56	57
15	male	22	1.83	80.5 ± 0.8	79	67	68	69
16	female	28	1.69	56.2 ± 0.6	52	76	77	78
17	male	23	1.86	88.3 ± 0.8	87	73	74	75

⁷² analysis and demonstrate its use in the paper. The combination of the open data and open software

⁷³ allow the results presented within to be computationally reproducible and instructions are included

⁷⁴ in the associated repository for doing so.

75 **METHODS**

76 Participants

Fifteen able bodied subjects including four females and eleven males with an average age of 24 ± 4 years, height of 1.75 ± 0.09 m, mass of 74 ± 13 kg participated in the study. The study was approved by the Institutional Review Board of Cleveland State University (# 29904-VAN-HS) and written

⁸⁰ informed consent was obtained from all participants. The data has been anonymized with respect

to the participants' identities and a unique identification number was assigned to each subject. A

selection of the meta data collected for each subject is shown in Table 1.

83 Equipment

The data were collected in the Laboratory for Human Motion and Control at Cleveland State University, using the following equipment:

- A R-Mill treadmill which has dual 6 degree of freedom force plates, independent belts for
- each foot, and lateral/pitch motion capabilities (Forcelink, Culemborg, Netherlands).

- A 10 Osprey camera motion capture system paired with the Cortex 3.1.1.1290 software (Motion Analysis, Santa Rosa, CA, USA).
 - USB-6255 data acquisition unit (National Instruments, Austin, Texas, USA).
 - Four ADXL330 Triple Axis Accelerometer Breakout boards attached to the treadmill (Sparkfun, Niwot, Colorado, USA).
- D-Flow software (versions 3.16.1 to 3.16.2) and visual display system, (Motek Medical, Amsterdam, Netherlands).

The Cortex software delivers high accuracy 3D marker trajectories from the cameras along with data from force plates and analog sensors (EMG/Accelerometer) through a National Instruments USB-6255 data acquisition unit. D-Flow is required to collect data from any digital sensors and to control the treadmill's motion (lateral, pitch, and belts). D-Flow can process the data in real time and/or export data to file.

Our motion capture system's coordinate system is such that the X coordinate points to the right, the Y coordinate points upwards, and the Z coordinate follows from the right-hand-rule, i.e. points backwards with respect to the walking direction. The camera's coordinate system is aligned to an origin point on treadmill's surface during camera calibration. The same point is used as the origin of the ground reaction force measuring system. Figure 1 shows the layout of the equipment.

Early on, we discovered that the factory setup of the R-Link treadmill had a vibration mode as low as 5Hz that is detectable in the force measurements, likely due to the flexible undercarriage and pitch motion mechanism. Trials 6-8 are affected by this vibration mode. During trials 9-15 the treadmill was stabilized with wooden blocks. During, the remaining trials the treadmill was stabilized with metal supports. See the Data Limitations Section for more details.

The acceleration of the treadmill was measured during each trial by four ADXL330 accelerometers placed at the four corners of the machine. These accelerometers were intended to provide information for inertial compensation purposes when the treadmill moved laterally, but are extraneous for trials greater than 8 due to the treadmill being stabilized.

114 **Protocol**

The experimental protocol consisted of both static measurements and walking on the treadmill for 116 10 minutes under unperturbed and perturbed conditions. Before a set of trials on the same day the 117 following happened:

- Calibration of the motion capture system using the manufacturer's recommended procedure.
- Subject changes into athletic shoes, shorts, sports bra, baseball cap, and rock climbing harness.
- All 47 markers are applied directly to the skin except for the heel, toe, and head markers, which were placed on the respective article of clothing. ¹.
- Subjects self-reported age, gender, and mass.
- Height was measured by the experimentalist.

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¹The sacrum and rear pelvic markers may have been placed on the shorts for a small number of the subjects



Figure 1. The treadmill with coordinate system, cameras (circled in orange), projection screen, and safety rope. The direction of travel is in the -z direction.

• Four reference photographs (front, back, right, left) were taken of subject's marker locations.

After obtaining informed consent and a briefing by the experimentalist on the trial protocol, the subject followed the verbal instructions of the experimentalist and the on-screen instructions from the video display. The protocol for a single trial was as follows:

1. Subject stepped onto the treadmill and markers were identified with Cortex.

The safety rope was attached loosely to the rock climbing harness such that no undue forces
 were acting on the subject during walking, but that the harness would prevent a full fall.

The subject started by stepping on sides of treadmill so that feet did not touch the force plates
 and the force plate signals are zeroed. This corresponds to the "Force Plate Zeroing" event.

4. Once notified by the video display, the subject stood in the initialization pose: standing straight
 up, looking forward, arms out by their sides (45 degrees) and the event, "Calibration Pose",
 was manually recorded by the operator.

A countdown to the first normal walking phase was displayed. At the end of the countdown the event "First Normal Walking" was recorded and the treadmill ramped up to the specified speed and the subject was instructed to walk normally, to focus on the "endless" road on the display, and not to look at their feet.

- 6. After 1 minute of normal walking, the longitudinal perturbation phase begun and was recorded
 as "Longitudinal Perturbation".
- After 8 minutes of walking under the influence of the perturbations, the second normal walking
 phase begun and was recorded as "Second Normal Walking".

- 8. After 1 minute of normal walking, a countdown was shown on the display and the treadmill
 decelerated to a stop.
- 9. The subject was instructed to step off of the force plates for 10 seconds and the "Unloaded
 End" event was recorded.
- ¹⁴⁸ 10. The subject could then take a rest break before each additional trial.

Trials 6-8 included a calibration pose at the start of the trial but the event was not explicitly recorded. In those trials, the "TreadmillPerturbation" event marks the beginning of longitudinal perturbations and the "Both" event marks the beginning of combined longitudinal and lateral perturbations. The force plate zeroing at the end was also not explicitly recorded.

153 Perturbation Signals

As previously described, the protocol included a phase of normal walking, followed by longitudinal belt speed perturbations, and ended with a second segment of normal walking. Three pseudorandom belt speed control signals, with mean velocities of 0.8 m s^{-1} , 1.2 m s^{-1} and 1.6 m s^{-1} , were pre-generated with MATLAB and Simulink (Mathworks, Natick, Massachusetts, USA). The same control signal was used for all trials at that given speed.

To create the signals, we started by generating random 100 Hz acceleration signals using the 159 Simulink discrete-time Gaussian white noise block followed by a saturation block set at the maximum 160 belt acceleration of 15 m s $^{-2}$. The signal was then integrated to obtain belt speed and high-pass 161 filtered with a second-order Butterworth filter to eliminate drift. One of the three mean speeds 162 were then added to the signal and limited between 0 m s^{-1} to 3.6 m s^{-1} . The cutoff frequencies 163 of the high-pass filter, as well as the variance in the acceleration signal, were manually adjusted 164 until acceptable standard deviations for each mean speed were obtained: 0.06 m s^{-1} , 0.12 m s^{-1} and 165 $0.21 \,\mathrm{m \, s^{-1}}$ for the three speeds, respectively. These ensured that the test subjects were sufficiently 166 perturbed at each speed, while remaining within the limits of our equipment and testing protocol. 167

To ensure that the treadmill belts could accelerate to the desired values, the high performance mode in the D-Flow software was enabled. This had the side effect of enabling too rapid of accelerations when the belt speed changed to or from zero speed. To eliminate this, a suitable ramped acceleration and deceleration were generated for the speed transitions.

The MATLAB script and Simulink model produce a comma-delimited text file of six signals: time stamp, slow, normal, and fast walking perturbation signals, and slow and fast running signals.² The measured speed of the treadmill belts are compared to the control input signals in Figure 2 to show the effect of the treadmill and controller dynamics. The system introduces a delay and seems to act as a low pass filter. The standard deviations of the outputs do not significantly differ from the desired values: 0.05 m s^{-1} , 0.12 m s^{-1} and 0.2 m s^{-1} for the three speeds, respectively.

To show the effects of the treadmill dynamics and give an idea of the frequency content of the actual perturbations, the input and output for each speed were transformed into the frequency domain using the Fast Fourier algorithm, and the results are shown in Figure 3. This shows that for the 1.2 m s⁻¹ walking speed, the amplitude of the output is significantly lower than the amplitude of the input signal at lower frequencies. Additionally, the amplitude of output signal in the 0.8 m s⁻¹ walking speed begins to attenuate around 2 Hz, which is a noticeably lower frequency than the other walking speeds.

²The running signals were not used in the experiments presented in this paper.



Figure 2. Treadmill belt speed input signals (purple) and recorded output speeds (blue) for average belt speeds of 0.8 m s^{-1} , 1.2 m s^{-1} and 1.6 m s^{-1} , respectively.



Figure 3. Frequency spectrum of the treadmill belt velocity input signal (purple) and the recorded output velocity (blue) for average belt speeds of 0.8, 1.2, and 1.6 m/s, respectively

185 **RESULTS**

186 Raw Data

The raw data consists of a set of ASCII tab delimited text files output from both the "mocap" and "record" modules in D-Flow in addition to a manually generated YAML file that contains all of the necessary meta data for the given trial. These three files are stored in a hierarchy of directories with one trial per directory. The directories are named in the following fashion T001/ where T stands for "trial" and the following three digits are provide a unique trial identification number.

192 mocap-xxx.txt

The output from the D-Flow mocap module is stored in a tab delimited file named mocap-xxx.txt 193 where xxx represents the trial id number. The file is tab delimited and contains a number of time 194 series. The numerical values of the time series are provided in decimal fixed point notation with 195 6 decimals of precision, e.g. 123456, 123456, regardless of the units. The first line of the file 196 holds the header. The header includes time stamp column, frame number column, marker position 197 columns, force plate force/moment columns, force plate center of pressure columns, other analog 198 columns, and potentially results from the real time Human Body Model van den Bogert et al. (2013) 199 which is included with D-Flow. The columns are further described below: 200

TimeStamp The monotonically increasing computer clock time when D-Flow receives a frame
 from Cortex. These are recorded at approximately at 100 Hz and given in seconds.

FrameNumber Monotonically increasing positive integers that correspond to each frame received from Cortex.

Marker Coordinates Any column that ends in .PosX, .PosY, or .PosZ are marker coordinates expressed in Cortex's Cartesian reference frame. The prefixes match the marker labels given in Table 2. These values are in meters.

Ground Reaction Loads There are three ground reaction forces and three ground reaction moments 208 recorded by each of the two force plates in Newtons and Newton-Meters, respectively. The 209 prefix for these columns is either FP1 or FP2 and represents either force plate 1 (left) or 210 2 (right). The suffixes are either .For [XYZ], .Mom [XYZ] for the forces and moments, 211 respectively. The force plate voltages are sampled at a much higher frequency than the 212 cameras, but delivered at the Cortex camera sample rate, 100 Hz through the D-Flow mocap 213 module. A force/moment calibration matrix stored in Cortex converts the voltages to forces 214 and moments before sending it to D-Flow. Cortex also computes the center of pressure from 215 the forces, moments, and force plate dimensions. These have the same prefixes for the plate 216 number, have the suffix . Cop [XYZ], and are given in meters. 217

Analog Channels Several analog signals are recorded under column headers Channel [1-99]. Anlg.
 These correspond to analog signals sampled by Cortex and correspond to the 96 analog channels in the National Instruments USB-6255. The first twelve are the voltages from the force
 plate load cells. We also record the acceleration of 4 points on the treadmill base in analog
 channels 61-72 that were in place in case inertial compensation for the lateral treadmill
 movement was required.

224 record-xxx.txt

The record module also outputs a tab delimited ASCII text file with numerical values at six decimal digits. It includes a Time column which records the D-Flow system time in seconds. This time corresponds to the time recorded in the TimeStamp column in mocap module tsv file which is necessary for time synchronization. There are two additional columns RightBeltSpeed and LeftBeltSpeed which provide the independent belt speeds measured in meters per second by a factory installed encoder in the treadmill.

Additionally, the record module is capable of recording the time at which various preprogrammed events occur, as detected or set by D-Flow. It does this by inserting commented (#) lines in between the rows when the event occurred. The record files have several events that delineate the different phases of the protocol:

A: Force Plate Zeroing Marks the time at the beginning of the trial at which there is no load on the force plates and when the force plate voltages were zeroed.

B: Calibration Pose Marks the time at which the person is in the calibration pose.

²³⁸ **C: First Normal Walking** Marks the time when the treadmill begins Phase 1: constant belt speed.

D: Longitudinal Perturbation Marks the time when the treadmill begins Phase 2: longitudinal perturbations in the belt speed.

E: Second Normal Walking Marks the time when phase 3 starts: constant belt speed.

F: Unloaded End Marks the time at which there is no load on the force plates and the belts are stationary.

244 meta-xxx.yml

Each trial directory contains a meta data file in the YAML format named in the following style meta-xxx.yml where xxx is the three digit trial identification number. There are three main headings in the file: study, subject, and trial. An example meta data file is shown in Listing 1.

The study section contains identifying information for the overall study, an identification number, name, and description. This is the same for all meta data files in the study. Details are given below:

²⁵² **id** An integer specifying a unique identification number of the study.

²⁵³ **name** A string giving the name of the study.

²⁵⁴ **description** A string with a basic description of the study.

The subject section provides key value pairs of information about the subject in that trial.

Each subject has a unique identification number along with basic anthropomorphic data. The following details the possible meta data for the subject:

age An integer age in years of the subject at the time of the trial.

²⁵⁹ **ankle-width-left** A float specifying the width of the subjects left ankle.

- ankle-width-right A float specifying the width of the subjects right ankle.
- ankle-width-units A string giving the units of measurement of the ankle widths.
- ²⁶² **id** An unique identification integer for the subject.
- ²⁶³ gender A string specifying the gender of the subject.
- height A float specifying the measured height of the subject (with shoes and hat on) at the time of
 the trial.
- ²⁶⁶ height-units A string giving the units of the height measurement.
- ²⁶⁷ **knee-width-left** A float specifying the width of the subjects left knee.
- ²⁶⁸ **knee-width-right** A float specifying the width of the subjects right knee.
- knee-width-units A string giving the units of measurement of the knee widths.
- ²⁷⁰ mass A float specifying the self-reported mass of the subject.
- mass-units A string specifying the units of the mass measurement.
- The trial section contains the information about the particular trial. Each trial has a unique identification number along with a variety of other information, detailed below:
- **analog-channel-map** A mapping of the strings D-Flow assigns to signals emitted from the analog channels of the NI USB-6255 to names the user desires.
- ²⁷⁶ **cortex-version** The version of Cortex used to record the trial.
- **datetime** A date formatted string giving the date of the trial in the YYYY-MM-DD format.
- ²⁷⁸ dflow-version The version of D-Flow used to record the trial.
- events A key value map which prescribes names to the alphabetic events recorded in the record file.
- files A key value mapping of files associated with this trial where the key is the D-Flow file type
 and the value is the path to the file relative to the meta file. The compensation file corresponds
 to an unloaded trial collected on the same day that could be used for inertial compensation
 purposes, if needed.
- hardware-settings There are tons of settings for the hardware in both D-Flow, Cortex, and the
 other software in the system. This contains any non-default settings.
- high-performance A boolean value indicating whether the D-Flow high performance setting
 was on (True) or off (False).
- id An unique three digit integer identifier for the trial. All of the file names and directories associated
 with this trial include this number.

- marker-map A key value map which maps marker names in the mocap file to the user's desired
 names for the markers.
- marker-set Indicates the HBM van den Bogert et al. (2013) marker set used during the trial, either
 full, lower, or NA.
- ²⁹⁴ **nominal-speed** A float representing the nominal desired treadmill speed during the trial.
- ²⁹⁵ **nominal-speed-units** A string providing the units of the nominal speed.
- ²⁹⁶ **notes** Any notes about the trial.
- ²⁹⁷ **pitch** A boolean that indicates if the treadmill pitch degree of freedom was actuated during the trial.

stationary-platform A boolean that indicates whether the treadmill sway or pitch motion was
 actuated during the trial. If this flag is false, the measured ground reaction loads must be
 compensated for the inertial affects and be expressed in the motion capture reference frame.

subject-id An integer corresponding to the subject in the trial.

sway A boolean that indicates if the treadmill lateral degree of freedom was actuated during the
 trial.

304 Markers

We make use of the full body 47 marker set described in van den Bogert et al. (2013) and presented 305 in detail in Table 2. As with all camera based motion capture systems, the markers sometimes go 306 missing in the recording. When a marker goes missing, if the data was recorded in a D-Flow version 307 less than 3.16.2rc4 [3], D-Flow continues to record the last non-missing value in all three axes 308 until the marker is visible again. In D-Flow versions greater than or equal to 3.16.2rc4, the missing 309 markers are indicated in the TSV file as either 0.000000 or -0.000000, which is the same as 310 has been in the HBM columns in all versions of D-Flow. The D-Flow version must be provided in 311 the meta data yml file for each trial to be able to distinguish this detail. 312

313 Processed Data

We developed a toolkit for data processing, GaitAnalysisToolKit v0.1.2, Moore et al. (2014b), for common gait computations and provide an example processed trial to present the nature of the data. The tool was developed in Python, is dependent on the SciPy Stack and Octave, and provides two main classes: one to do basic gait data cleaning from D-Flow's output files, DFlowData, and a second to compute common gait variables of interest, GaitData.

The DFlowData class collects and stores all the raw data presented in the previous section and applies several "cleaning" operations to transform the data into a usable form. The cleaning process follows these steps:

- 1. Load the meta data file into a Python dictionary.
- 2. Load the D-Flow mocap module TSV file into Pandas DataFrame.
- 324 3. Relabel the column headers to more meaningful names if this is specified in the meta data.

Set	#	Label	Name	Description
F	1	LHEAD	Left head	Just above the ear, in the middle.
F	2	THEAD	Top head	On top of the head, in line with the LHEAD and RHEAD.
F	3	RHEAD	Right head	Just above the ear, in the middle.
F	4	FHEAD	Forehead	Between line LHEAD/RHEAD and THEAD a bit right from center.
L/F	5	C7	C7	On the 7th cervical vertebrae.
L/F	6	T10	T10	On the 10th thoracic vertbrae.
L/F	7	SACR	Sacrum bone	On the sacral bone.
L/F	8	NAVE	Navel	On the navel.
L/F	9	XYPH	Xiphoid process	Xiphoid process of the sternum.
F	10	STRN	Sternum	On the jugular notch of the sternum.
F	11	BBAC	Scapula	On the inferior angle fo the right scapular.
F	12	LSHO	Left shoulder	Left acromion.
F	13	LDELT	Left deltoid muscle	Apex of the deltoid muscle.
F	14	LLEE	Left lateral elbow	Left lateral epicondyle of the elbow. Upper one in the T-Pose.
F	15	LMEE	Left medial elbow	Left medial epicondyle of the elbow. Lower on in the T-Pose.
F	16	LFRM	Left forearm	On 2/3 on the line between the LLEE and LMW.
F	17	LMW	Left medial wrist	On styloid process radius, thumb side.
F	18	LLW	Left lateral wrist	On styloid process ulna, pinky side.
F	19	LFIN	Left fingers	Center of the hand. Caput metatarsal 3.
F	20	RSHO	Right shoulder	Right acromion.
F	21	RDELT	Right deltoid muscle	Apex of deltoid muscle.
F	22	RLEE	Right lateral elbow	Right lateral epicondyle of the elbow. Lower one in the T-pose.
F	23	RMEE	Right medial elbow	Right medial epicondyle of the elbow. Lower one in the T-pose.
F	24	RFRM	Right forearm	On 1/3 on the line between the RLEE and RMW.
F	25	RMW	Right medial wrist	On styloid process radius, thumb side.
F	26	RLW	Right lateral wrist	On styloid process ulna, pinky side.
F	27	RFIN	Right fingers	Center of the hand. Caput metatarsal 3.
L/F	28	LASIS	Pelvic bone left front	Left anterior superior iliac spine.
L/F	29	RASIS	Pelvic bone right front	Right anterior superior iliac spine.
L/F	30	LPSIS	Pelvic bone left back	Left posterior superio iliac spine.
L/F	31	RPSIS	Pelvic bone right back	Right posterior superior iliac spine.
L/F	32	LGTRO	Left greater trochanter of the femur	On the cetner of the left greater trochanter.
L/F	33	FLTHI	Left thigh	On 1/3 on the line between the LFTRO and LLEK.
L/F	34	LLEK	Left lateral epicondyle of the knee	On the lateral side of the joint axis.
L/F	35	LATI	Left anterior of the tibia	On 2/3 on the line between the LLEK and LLM.
L/F	36	LLM	Left lateral malleoulus of the ankle	The center of the heel at the same height as the toe.
L/F	37	LHEE	Left heel	Center of the heel at the same height as the toe.
L/F	38	LTOE	Left toe	Tip of big toe.
L/F	39	LMT5	Left 5th metatarsal	Caput of the 5th metatarsal bone, on joint line midfoot/toes.
L/F	40	RGTRO	Right greater trochanter of the femur	On the cetner of the right greater trochanter.
L/F	41	FRTHI	Right thigh	On 2/3 on the line between the RFTRO and RLEK.
L/F	42	RLEK	Right lateral epicondyle of the knee	On the lateral side of the joint axis.
L/F	43	RATI	Right anterior of the tibia	On 1/3 on the line between the RLEK and RLM.
L/F	44	RLM	Right lateral malleoulus of the ankle	The center of the heel at the same height as the toe.
L/F	45	RHEE	Right heel	Center of the heel at the same height as the toe.
L/F	46	RTOE	Right toe	Tip of big toe.
L/F	47	RMT5	Right 5th metatarsal	Caput of the 5th metatarsal bone, on joint line midfoot/toes.

Table 2. Descriptions of the 47 markers used in this study. The "Set" column indicates whether the marker exists in the lower and/or full body marker set. The label column matches the column headers in the mocap-xxx.txt files and/or the marker map in the meta-xxx.yml file.

- 4. Optionally identify the missing values in the mocap marker data and replace them with 325 numpy.nan. 326
- 5. Optionally interpolate the missing marker values and replaces them with interpolated estimates 327 using a variety of interpolation methods. 328
- 6. Load the D-Flow record module TSV file into a Pandas DataFrame. 329
- 7. Extract the events and create a dictionary mapping the event names in the meta data to the 330 events detected in the record module file. 331
- 8. Interially compensate the ground reaction loads based on whether the meta data indicates 332 there was treadmill motion. 333
- 9. Merge the data from the mocap module and record module into one data frame at the maximum 334 common constant sample rate.

Once the data is cleaned there are two methods that allow you to extract the cleaned data: either 336 extract sections of the data bounded by the events recorded in the record-xxx.txt file or save 337 the cleaned data to disk. These operations are available as a command line application and as an 338 application programming interface (API) in Python. An example of the DFlowData API in use is 339 provided in Listing 2. 340

The GaitData class is then used to compute things such as gait events (toe off and heel strike 341 times), basic 2D kinematics and inverse dynamics, and to store the data into a Pandas Panel with 342 each gait cycle on the item axis at a specified sample rate. This object can also be serialized to disk 343 in HDF5 format. An example of using the Python API is shown in Listing 3. 344

A similar work flow was used to produce Figure 4 which compares the mean and standard 345 deviation of sagittal plane joint angles and torques from the perturbed gait cycles and the unperturbed 346 gait cycles computed from trial 20. This gives an idea of the more highly variable dynamics required 347 to walk while being longitudinally perturbed. 348

For more insight into the difference in the unperturbed and perturbed data, Figure 5 compares 349 the distribution of a few gait cycle statistics. One can see that the perturbed strides have a much 350 larger variation in frequency and length. 351

Data Limitations 352

The data is provided in good faith with great attention to detail but as with all data there are anomalies 353 that may affect the use and interpretation of results emanating from the data. The following list gives 354 various notes and warnings about the data that should be taken into account when making use of it. 355

• Be sure to read the notes in each meta data file for details about possible anomalies in that 356 particular trial. Things such as marker dropout, ghost markers, and marker movement are the 357 more prominent notes. Details about variations in the equipment on the day of the trial are 358 also mentioned. 359

• The subject identification number 0 stands for "no subject" and was used whenever data was 360 collected from the system with no subject on the treadmill, for example during the trials that 361 were intended to be used for inertial compensation purposes. These trials play through the 362 exact protocol as those with a human subject and the matching trials are indicated in the meta 363



Figure 4. Mean (right: solid, left: dashed) and 3σ (shaded) joint angles and torques from both unperturbed (purple) and perturbed (blue) gait cycles from trial 20. Produced by src/unperturbed_perturbed_comparison.py.

data. Matching unloaded trials were recorded on the same day as the loaded trials and is noted in the trial:files:compensation section of the meta data file.

- Trials 1 and 2 were not recorded as part of this study. Those trial identification numbers were reserved for early data exploration from data collected in other studies.
- Trials 37, 38, and 39 do not exist. The numbers were accidentally skipped.
 - Trials 9, 10, and 11 used a slightly different event definition where the calibration poses were not explicitly tagged by an event, yet the protocol was the identical to the following trials. The calibration pose will have to be determined manually.
- Trials 6-15 have force measurements are affected by the treadmill vibration mode mentioned in the equipment section and the forces should be not be used. We include the trials because both the kinematic data is valid and trials 6-8 include lateral perturbations in addition to the longitudinal.
- During trials 9-15 we used wooden blocks to fix the treadmill to the concrete floor to eliminate the treadmill's low vibration mode ($\tilde{5}$ Hz). But these blocks seem to have corrupted the force plate measurements by imposing frictional stresses on the system. The force plate measurements should not be used from these trials, but the marker data is fine.
- Trials 6-8 use an early experimental protocol which divided the perturbation sections into three sections: longitudinal perturbations, lateral perturbations, and a combination of each.

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Figure 5. Box plots of the average belt speed, stride frequency, and stride length which compare gait cycles for the unperturbed (purple) and perturbed (blue). Produced by src/unperturbed_perturbed_comparison.py.

We then learned the treadmill had a low vibrational mode which significantly affects the force plate measurements, requiring us to eliminate the lateral perturbation motions. The force measurements during these trials are corrupted by this vibrational mode and should be used with caution or not at all.

- We did not record unloaded compensation trials for trials 9-15. Regardless, they would likely be useless due to the corruption from the wooden blocks.
- Trials 6-8 use a only the lower body marker set. The remaining trials are full body.

• The ankle joint torques computed from subject 9's data in trials 25-27 are abnormal and should be used with caution or not at all. We were not able to locate the source of the error, but it is likely related to the force calibration.

392 CONCLUSION

We have presented a rich and elaborate data set of motion and ground reaction loads from human subjects during both normal walking and when recovering from longitudinal perturbations. The raw data is provided for reuse with complete meta data. In addition to the data, we provide software that can process the data for both cleaning purposes and to produce typical sagittal plane gait variables of interest. Among other uses, we believe the dataset is ideally suited for control identification purposes. Many researchers are working on mathematical models for control in gait and this dataset provides both a way to validate these models and a source for generating them.

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DATA AVAILABILITY 400

The data set, Moore et al. (2014a), is available via the Zenodo data repository. Two approximately 401 1.2GB gzipped tar balls contain the data and a README file with a short description of the contents. 402 The data is released under the Creative Commons CC0 license (http://creativecommons.org/about/cc0) 403 following best practices for sharing scientific data. 404

SOFTWARE AVAILABILITY 405

The tables and figures in the paper can be reproduced from the source repository shared on Github: 406 https://github.com/csu-hmc/perturbed-data-paper. Along with the source code in the repository, the 407 computations depend on version 0.1.2 of the GaitAnalysisToolKit, Moore et al. (2014b), which can 408 be downloaded from Zenodo or the Python Package Index (http://pypi.python.org). 409

AUTHOR CONTRIBUTIONS 410

A.v.d.B. conceived of the experiments and protocol. J.K.M and S.K.H refined the protocol, ran 411 the experiments, collected the data, developed the software, and analyzed the data. J.K.M was the 412 primary author of the paper with significant contributions from S.K.H and A.v.d.B. All authors were 413 involved in the revision of the draft manuscript and have agreed to the final content. 414

COMPETING INTERESTS 415

The authors have no financial, personal, or professional competing interests that could be construed 416 to unduly influence the content of this article. 417

GRANT INFORMATION 418

The work was partially funded by the State of Ohio Third Frontier Commission through the Wright 419 Center for Sensor Systems Engineering (WCSSE). 420

ACKNOWLEDGMENTS 421

We thank Roman Boychuk and Obinna Nwanna for assistance with the experiments. 422

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```
study:
  id: 1
   name: Gait Control Identification
   description: Perturb the subject during walking and running.
subject:
   id: 8
   age: 20
   mass: 70.0
   mass-units: kilograms
   height: 1.572
   height-units: meters
   knee-width-left: 107.43
   knee-width-right: 107.41
   knee-width-units: millimeters
   ankle-width-left: 70.52
   ankle-width-right: 67.66
   ankle-width-units: millimeters
   gender: male
trial:
  id: 58
  subject-id: 8
   datetime: 2014-03-28
   notes: >
       The subject did a somersault during this trial instead of following
       instructions to walk. Will have to use for another study.
   nominal-speed: 0.8
   nominal-speed-units: meters per second
   stationary-platform: True
   pitch: False
   sway: False
   hardware-settings:
       high-performance: True
   dflow-version: 3.16.1
   cortex-version: 3.1.1.1290
   marker-map:
       M1: LHEAD
       M2: THEAD
       M3: RHEAD
       M4: FHEAD
       M5: C7
   analog-channel-map:
       Channel1.Anlg: F1Y1
       Channel2.Anlg: F1Y2
       Channel3.Anlg: F1Y3
       Channel4.Anlg: F1X1
   events:
       A: Force Plate Zeroing
       B: Calibration Pose
       C: First Normal Walking
       D: Longitudinal Perturbation
       E: Second Normal Walking
       F: Unloaded End
   files:
       compensation: ../T057/mocap-057.txt
       mocap: mocap-058.txt
       record: record-058.txt
       meta: meta-058.yml
```

Listing 1. A fictitious example of a YAML formatted meta data file. All of the possible keys in the data set are shown.

```
>>> from gaitanalysis.motek import DFlowData
>>> data = DFlowData('mocap-020.txt', 'record-020.txt',
... 'meta-020.yml')
>>> mass = data.meta['subject']['mass']
>>> data.clean_data()
>>> event_df = dflow_data.extract_processed_data(
... event='Longitudinal Perturbation')
```

Listing 2. Python interpreter session showing how one could load a trial into memory, extract the subject's mass from the meta data, run the data cleaning process, and finally extract a Pandas DataFrame containing all of the time histories for a specific event in the trial.

```
>>> from gaitanalysis.gait import GaitData
>>> gdata = GaitData(event_df)
>>> gdata.inverse_dynamics_2d(left_markers, right_markers,
... left_loads, right_loads, mass, 6.0)
>>> gdata.grf_landmarks('Right Fy', 'Left Fy', threshhold=20.0)
>>> gdata.split_at('right')
>>> gdata.plot_gait_cycles('Left Hip Joint Torque', mean=True)
>>> gdata.save('gait-data.h5')
```

Listing 3. Python interpreter session showing how one could use the GaitData class to load in the result of DFlowData and compute the inverse dynamics (joint angles and torques), identify the gait event (e.g. heel strikes), split the data with respect to the gait events in a Pandas Panel, plot the mean and standard deviation of one time history with respect to the gait cycles, and save the data to disk.