#### **Detection of fossil Organic Carbon**

Fossil organic carbon has been identified and characterized by Raman microspectroscopy and High-Resolution Transmission Electron Microscopy (HRTEM) in all suspended and bed loads river sediments as well as in oceanic sediment samples, even in samples with high  $\Delta^{14}$ C. On Figure S3, representative Raman spectra of metamorphic Carbonaceous Material (CM) from river and oceanic sediments are depicted; these spectra were obtained on CM particles with at least micrometric dimensions. The general shape of these Raman spectra, in particular the intensity of defect bands relatively to the graphite band, shows some heterogeneity, but is systematically representative of graphitic CM with various degrees of structural organization (graphitization). In most cases, these spectra are highly similar to those observed by Beyssac et al.<sup>36</sup> in CM contained in metasedimentary rocks collected in the Lesser Himalaya of Nepal. Such CM were observed as isolated particles (no bands in the range 100-1100 cm<sup>-1</sup>) or as inclusions within minerals (additional bands in the range 100-1100 cm<sup>-1</sup>). HRTEM investigations were conducted to detail at the sub-nanometric scale the structural organization of such refractory CM in both river and marine sediments; some representative photomicrographs are presented in Figure S4. In all samples, refractory CM is observed spanning the range from disordered graphitic CM to perfectly crystallized graphite. Microtexture of this CM is heterogeneous, from porous to lamellar CM, but is highly similar to the variety of microtexture observed in CM extracted from metamorphic rocks<sup>35,37</sup>.

#### Source of C<sub>org</sub> in Bengal Fan sediments

The relative proportions of terrestrial and marine  $C_{org}$  in Bengal Fan sediments have already been evaluated in several studies following different approaches<sup>20-22,31,38</sup>. All concluded that  $C_{org}$  stored in Bengal Fan sediments is by far dominated by terrestrial inputs. The most recent and precise work used both n-alkanes relative abundance and isotopic composition in sediments from the distal Bengal Fan<sup>21</sup>. Here we use a similar approach for selected Channel-levee and Shelf sediments in order to confirm the terrestrial origin of the  $C_{ore}$  in the studied sediments.

Odd C-numbered high molecular weight (HMW) n-alkanes (mainly  $C_{27}$  to  $C_{33}$ ) are produced in the leaves of vascular higher plants and are therefore univocal tracers of terrestrial  $C_{org}^{39}$ . Marine algae and phytoplankton do not significantly produce HMW nalkanes and their n-alkanes distribution is dominated by low molecular weight odd Cnumbered n-alkanes ( $C_{15}$ ,  $C_{17}$  and  $C_{19}$ )<sup>39</sup>. We analysed n-alkane abundance in river and Bengal Fan sediments. HMW n-alkanes are dominant in both types of sediments with a strong predominance of odd over even compounds. This is illustrated by elevated values of the Carbon Preference Index (CPI)<sup>40</sup>. CPI ranges from 1.8 to 5.0 in river sediments and from 2.5 to 5.2 in oceanic sediments (Table S3). CPI above 2 is typical of terrestrial higher plants. The comparatively low CPI value (1.8) of the bed sediment MO 217 associated with relatively high proportions of LMW n-alkanes indicates a significant proportion of fossil  $C_{org}$ , which is consistent with its low TOC and  $\Delta^{14}$ C values.

Another line of evidence is provided by the comparison of carbon isotopic composition ( $\delta^{13}$ C) of bulk C<sub>org</sub> and individual n-alkanes. Bulk C<sub>org</sub>  $\delta^{13}$ C in Bengal fan sediments is highly variable between -25 and -15 % <sup>20</sup>. Such large range has been attributed to variations in the proportion of C3 and C4 plants in the continental basin<sup>20,41</sup>. Freeman and

Collarusso<sup>21</sup> showed that  $\delta^{13}$ C of odd C-numbered HNW n-alkanes co-vary with that of bulk  $C_{org}$ . This linear correlation implies a strong influence of vascular plants on bulk  $C_{org} \delta^{13}$ C and minor contributions from bacteria or phytoplankton. Our river and marine samples reinforce this relationship (figure S5). The 5% variability in bulk  $\delta^{13}$ C of our samples results from differences in C3-C4 vegetation between Ganga and Brahmaputra basins for river sediments, and over time for marine sediments<sup>42</sup>. Finally, the  $\delta^{13}$ C offset between TOC and higher plants biomarker n-alkane is between 7 and 10% (table S3). This is consistent with the range reported by Collister et al.<sup>43</sup> for vascular plants. The offset is also constant from river to marine sediments, which is consistent with no significant addition of marine  $C_{org}$ .

The high CPI of marine sediments, the low abundance of  $C_{15}$ ,  $C_{17}$  and  $C_{19}$ , the similarity of the n-alkane distribution between river and marine sediments, and stable  $\delta^{13}C$  offset between TOC and higher plants biomarker n-alkanes, all support that only negligible proportion of marine  $C_{org}$  is incorporated during sedimentation in the Bay of Bengal.

# Supplementary Notes

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# Supplementary Figures



Supplementary Figure 1: Flow velocity (diamonds) and total suspended sediment concentration (squares) of the Lower Meghna main channel during the 2004 (red) and 2005 (blue) monsoon. 2 sd. uncertainties on TSS and flow velocity are respectively 0.05 g/l and 0.1 m/s. Velocity and TSS gradients are oposed and characterise the strong heterogeneity of the river section. Average suspended sediment transported by the river corresponds to the integration of velocity, TSS, and composition gradients on the whole river depth.



Supplementary Figure 2: Total organic carbon content of Himalayan source rocks and river gravels. Rocks from the High Himalaya Crystalline (HHC) and the Lesser Himalaya (LH) have an average TOC of 0.06 and 0.10 % respectively. Mean TOC of the eroding source rock was calculated on the basis of relative contributions of HHC and LH formations (respectively 80 and 20 %) estimated using Sr and Nd isotopes<sup>8</sup>. River gravels are bed sediments of Himalayan rivers sieved to eliminate the <2 mm fraction and cleaned with  $H_2O_2$ . Each sample corresponds to the integration of the TOC variability over the different lithologies eroded by the river (more than 500 gravels). Average TOC estimated from individual source rock and composite gravels are consistently between 0.05 and 0.08 %.



Supplementary Figure 3: Representative Raman spectra of carbonaceous material (CM) observed in bed and suspended sediments of the Lower Meghna (top) and in marine sediments from the Bengal Shelf and Channel-levee system (bottom). a: Polycrystalline graphite inclusion in garnet. b,f: Polycrystalline graphite inclusion in quartz (Si-O stretching mode at ca. 464 cm<sup>-1</sup>). c,d: Polycrystalline graphite. e: Polycrystalline graphite inclusion in mica. g: Polycrystalline graphite, isolated particle. h: Poorly ordered CM, isolated particle.



Supplementary Figure 4: Transmission Electron Microscopy photomicrograph of graphitized  $C_{org}$  observed in surface suspended sediments of the Brahmaputra (a), Ganga (b) and Lower Meghna (c-d). These 002 lattice fringes images directly represent the profile of the aromatic layers in such carbonaceous materials.



Supplementary Figure 5:  $\delta^{13}$ C of higher plant biomarkers as a function of bulk  $C_{org}$  isotopic composition. Odd C-numbered high molecular weight n-alkanes ( $C_{27}$ - $C_{29}$ - $C_{31}$ - $C_{33}$ ) are univocal tracers of terrestrial higher plants. Their weighted average isotopic composition is positively correlated with bulk  $C_{org}$  isotopic composition. The black line represents the best fit of the whole dataset and the dashed curves define the 95 % confidence interval. G-B river (blue squares) and Bengal Fan (red diamonds) sediments define a unique trend showing that marine  $C_{org}$  contribution is minor in the later.



Supplementary Figure 6: Total  $C_{org}$  content of sediments from the Bengal shelf (yellow dots), Channel-levee system (green diamonds) and deep Fan (green squares) as a function of their Al/Si ratio. Best fit and 95% confidence interval are shown for the whole data set. Sediments from the different parts of the Bengal Fan define similar positive trends, indicating comparable  $C_{org}$  loading in every parts of the Fan. This implies that  $C_{org}$  oxidation is minor during the sediment transfer from the shelf to the channel-levee and to the deep Fan.



Supplementary Figure 7:  $C_{org}$  content determined on decarbonated fractions as a function of total organic carbon content (TOC). River and oceanic sediments define a unique trend showing that the proportion of  $C_{org}$  solubilized during the decarbonation is quite constant and comparable in these 2 types of sediment.

Sample	River	Location	Туре	Date	TSS	Al/Si	TOC	acid-insoluble $C_{\rm org}\Delta^{14}\text{C}$
			<u> </u>		g/l	at	%	%0
BR 212			SL 1m		0.57	0.38	0.66	
BR 211			SL 3.5m		0.75	0.34	0.62	
BR 209			SL 5m	16/07/02	0.71	0.35	0.67	
BR 208			SL 10m	10/01/02	0.74	0.34	0.62	-311
BR 210			SL 17m		1.25	0.28	0.47	-363
BR 214			BL			0.14	0.10	-434
BR 417			SL surf			0.38	0.53	
BR 415			SL surf		0.77	0.38	0.53	-259
BR 414			SL 2m		1.02	0.33	0.46	-254
BR 413			SL 4m		1.31	0.29	0.42	-284
BR 412			SL 6.5m		1.48	0.28	0.38	
BR 411			SL 9m	13/07/04	2.93	0.21	0.22	-294
BR 418			BL			0.13	0.03	-814
BR 419	0	Lister and the state of	Bank			0.19	0.15	
BR 420	Ganga	Harding bridge	Bank			0.26	0.33	
BR 421			Bank			0.22	0.28	
BR 422			Bank			0.21	0.33	
BR 515			SL surf		0.94	0.37	0.71	
BR 514			SI 2.5m		1.42	0.32	0.57	
BR 513			SL 5m		1 71	0.28	0.45	
BR 512			SL 7m		1.81	0.20	0.10	
BR 511			SL 10m		2 44	0.24	0.42	
BR 516			BI	23/07/05	2.77	0.24	0.02	-712
BR 510			SLeurf	23/07/03	0.66	0.13	0.00	-112
BD 518			SL 5m		1 53	0.41	0.02	
DR 510			SL 0.8m		1.00	0.01	0.55	
					1.01	0.20	0.47	
DR 520						0.17	0.14	045
BR 522			SL SUIT		1 1 0	0.40	0.71	-215
BR 205			SL 0.5m		1.18	0.31	0.57	
DR 204			SL ZIII			0.27	0.53	
BR 201				45/07/00		0.26	0.52	
BR 202			SL 9.5m	15/07/02	1.44	0.21	0.29	
BR 203			SL 11.5m		5.89	0.19	0.14	
BR 206			BL			0.20	0.06	
BR 207			SL 1m			0.23	0.25	
BR 401			SL 6.5m	11/07/04	4.34	0.23	0.26	
BR 405			SL 5m		6.00	0.22	0.22	
BR 406			SL 3m		3.13	0.24	0.32	
BR 407			SL 11m	12/07/04	6.39	0.22	0.26	
BR 408			SL 1.5m		1.82	0.29	0.44	
BR 409			SL surf		1.32	0.32	0.54	
BR 402			SL surf			0.32	0.50	
BR 459			SL surf			0.37	0.64	
BR 457	Brhamanutra	Siraigani	SL surf		1.34	0.36	0.69	-340
BR 456	Binanaputra	Onajganj	SL 3m		2.94	0.28	0.45	-395
BR 455			SL 6m	23/07/04	2.45	0.29	0.50	
BR 454			SL 9m	20/07/04	6.20	0.22	0.29	-421
BR 460			BL			0.17	0.04	-769
BR 450			BL			0.31	0.68	
BR 453			BL			0.22	0.19	
BR 500			SL surf	21/07/05		0.31	0.62	-474
BR 501			SL 6.5m		1.99	0.29	0.51	
BR 502			SL 2.5m		0.77	0.33	0.59	
BR 503			BL			0.18	0.11	
BR 504			SL 9.8m		2.29	0.25	0.37	
BR 505			SL 7m	22/07/05	2.13	0.27	0.40	
BR 506			SL 5m		1.57	0.29	0.49	
BR 507			SL 2.75m		1.38	0.32	0.53	
BR 508			SL surf		0.77	0.36	0.64	
BR 509			BL			0.15	0.05	
TCC: total	auanandad aadim	ont Cliauonondor		nth of complin		odlood	2.00	

# Table S1: TSS, Al/Si, TOC and $\Delta^{14}$ C of river sediments and gravels

TSS: total suspended sediment, SL: suspended load with depth of sampling, BL: bedload

Sample	River	Location	Туре	Date	TSS	Al/Si	TOC	acid-insoluble $C_{org} \Delta^{14}C$
					g/l	at	%	%
BR 528 BR 527 BR 526 BR 524 BR 525		Mawa	SL surf SL 2.3m SL 5m SL 7.5m SL 9.5m	24/7/05	0.99 1.31 1.43 2.25 2.56	0.35 0.31 0.29 0.24 0.24	0.67 0.56 0.48 0.38 0.33	
BR 529			BL			0.15	0.06	
BR 218 BR 220 BR 217 BR 216 BR 219	Lower Meghna		SL 1.5m SL 3m SL 5m SL 10m BL	18/07/02	0.36 0.84 0.50 1.67	0.36 0.28 0.30 0.21 0.20	0.71 0.59 0.50 0.27 0.04	
BR 448 BR 441 BR 444 BR 442 BR 440 BR 439 BR 445 BR 446		Bhola	SL surf SL surf SL 2m SL 4m SL 6m SL 8m SL 10m BL	18/07/04	0.33 0.55 0.67 1.79 2.97 3.88	0.34 0.39 0.34 0.33 0.26 0.23 0.26 0.16	0.59 0.80 0.63 0.58 0.42 0.40 0.57 0.05	-421 -370 -710
PB 5 PB 19 PB 22 PB 28 MO 94 MO 102 MO 112 MAR 3 AR 25 AR 32 AR 67	Kali Gandaki Lete Kola Rukse Kola Miristi Kola Jarang Marsel Kola Isul kola Marsyandi Tenga tributary Tenga tributary Manas tributary	Jomsom confluence confluence Muchchok confluence confluence Krishnebhir	gravels			0.11 0.20 0.18 0.20 0.08 0.14 0.08 0.14 0.30 0.15 0.15 0.17	0.20 0.01 0.08 0.02 0.02 0.02 0.07 0.10 0.02 0.04 0.05	

### Table S1 (continued from previous page)

TSS: total suspended sediment, SL: suspended load with depth of sampling, BL: bedload

|--|

Core	Depth	Location	Dep. Age	Al/Si	TOC
	cm		yrs	at	%
101/1	73			0.16	0.10
IAKE	154			0.44	1.06
	631		9085	0.42	0.66
27KL	711		10236	0.39	0.80
	726		10452	0.37	0.79
	172			0.40	0.69
	196			0.41	0.73
	216			0.35	0.56
	229	Deep fan		0.28	0.39
40KL	243	Doop lait		0.27	0.00
	381			0.33	0.56
	394			0.00	0.00
	622			0.25	0.45
47KI	728			0.28	0.10
	207			0.20	0.40
51KI	304			0.35	0.77
0 IIIL	<u>1</u> 82			0.00	0.79
	402		11	0.33	0.02
86KL	910 810		234	0.00	0.04
	70		204	0.72	0.99
96KL	1100		20	0.20	0.37
	81		25 45	0.40	0.00
	282	Shelf	45	0.04	0.04
	568	Onen	316	0.41	0.00
105KI	660		371	0.30	0.00
TUSINE	683		370	0.39	0.00
	600		202	0.52	0.40
	762		423	0.19	0.24
	702		11524	0.39	0.77
	774		11829	0.40	0.01
	822		12128	0.33	0.70
	022		12760	0.71	0.72
117KL	920		12709	0.39	0.91
	932		12012	0.42	0.95
	972		12416	0.39	0.01
	1029		13410	0.40	0.84
	1109		13914	0.40	0.78
	29		291	0.40	0.00
1101/1	000		5/4Z	0.39	0.09
IIONL	100		0907 6474	0.40	0.82
	920		04/4	0.29	0.62
	1144		0950	0.34	0.64
	54		1144	0.44	0.95
	84	Channel laws -	1779	0.41	0.83
	141	Channel-levee	2901	0.31	0.73
	348		0924	0.45	1.14
	412		8133	0.42	0.80
	556		9593	0.41	0.81
	5/9		9607	0.30	0.72
	593		9615	0.27	0.76
120KL	702		9683	0.41	0.88
	763		10001	0.40	0.82
	849		10785	0.36	0.79
	864		10926	0.42	0.97
	960		11844	0.41	0.80
	966		11901	0.40	0.76
	1031		12523	0.40	0.76
	1071		13470	0.29	0.77
	1107		15661	0.40	0.69
	111/		16099	0.28	0 11

Deposition age were estimated as explained in the "Methods" supplementary section.

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Sample	Туре	Location	C14	C15	C16	C17	C18	C19	C20	C21	C22	C23	C24	C25	C26	C27	C28	C29	C30	C31	C32	C33	C34	C35	δ' <sup>3</sup> C <sub>bulk</sub> δ	<sup>13</sup> C <sub>C27-C33</sub>	M/T	CPI
			%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	‰	‰		
SO 93 120KL 138-144			0.0	0.4	0.5	1.6	0.9	1.3	1.1	1.6	1.3	2.3	1.6	4.0	2.3	8.9	3.2	17.7	3.5	23.3	3.0	15.3	1.3	4.7	-21.4	-29.7	0.05	5.2
SO 93 120KL 591-596	08	Channel Joyce	0.1	0.9	1.0	3.4	1.5	1.8	1.4	2.3	1.9	3.2	2.2	4.6	2.6	9.1	3.6	15.6	3.3	20.5	2.8	13.1	1.3	4.0	-19.7	-28.7	0.10	4.5
SO 93 120KL 848-853	03	Chamlei-levee	0.0	0.3	0.5	1.8	1.0	1.3	1.1	1.9	1.5	2.9	1.8	4.7	2.6	9.2	3.8	15.7	3.7	22.9	3.3	14.2	1.3	4.2	-20.9	-29.2	0.06	4.5
SO 93 120KL 1104-1111			0.0	0.2	0.7	2.4	0.9	1.1	1.1	1.7	1.5	3.4	2.2	5.8	3.5	12.9	4.0	17.6	3.2	19.4	2.3	12.3	0.8	3.1	-18.8	-26.3	0.06	4.7
SO 93 105KL 77-86			0.0	0.0	0.0	0.3	0.1	0.3	0.6	1.2	1.9	3.4	4.0	6.2	5.6	9.7	5.6	13.9	5.3	17.5	4.1	12.4	2.2	5.5	-21.5	n.d.	0.01	2.5
SO 93 105KL 279-285			0.0	0.1	0.2	1.2	0.8	1.3	1.4	2.1	2.1	3.1	2.7	5.8	4.1	9.0	3.8	13.6	4.0	18.6	3.5	14.7	1.7	6.1	-21.1	n.d.	0.05	3.5
SO 93 105KL 564-572	OS	Shelf	0.0	0.0	0.1	0.5	0.5	1.1	1.3	2.2	2.3	3.4	3.5	6.1	4.7	9.1	4.6	14.5	4.5	19.2	3.6	12.7	1.5	4.6	-20.9	n.d.	0.03	3.1
SO 93 105KL 678-685			0.0	0.7	2.1	3.9	3.5	3.7	3.3	3.1	2.7	3.2	3.0	5.0	3.7	7.6	4.2	11.5	3.8	15.1	2.9	11.0	1.4	4.5	-21.4	n.d.	0.18	3.0
SO 93 105KL 758-765			0.0	0.1	0.4	1.4	1.0	1.4	1.5	2.0	2.1	3.5	3.7	6.7	5.3	8.9	4.7	12.0	4.4	16.2	3.8	13.0	2.1	5.9	-21.7	n.d.	0.06	2.7
MO 217	BL	Narayani	2.1	3.6	8.4	10.5	13.0	8.8	9.4	6.3	5.1	3.9	2.4	2.6	2.2	2.8	1.8	4.5	2.2	4.1	1.3	2.6	1.3	1.1	-23.8	-32.2	1.64	1.8
BR 325	Bank	Ganga	0.8	0.4	1.4	1.0	1.8	0.8	2.3	1.6	1.3	2.6	1.6	4.1	2.3	8.6	3.0	18.6	3.3	22.5	3.3	12.9	1.5	4.4	-22.0	-30.1	0.04	5.0
BR 420	Bank	Ganga	3.7	2.7	7.7	4.0	5.9	2.1	4.6	1.5	0.0	2.6	1.4	3.5	2.4	6.7	2.7	13.3	3.3	13.6	2.3	9.5	1.9	4.2	-22.3	-29.9	0.2	3.8
BR 417	SL	Ganga	0.3	0.3	0.3	1.8	1.7	2.2	4.1	4.3	6.3	5.5	2.7	3.3	2.5	7.2	4.0	13.1	4.9	14.8	4.1	9.3	2.6	4.5	-21.0	-28.9	0.1	2.6
BR 402	SL	Brahmaputra	1.1	1.5	1.8	4.5	3.8	4.3	5.2	7.8	11.8	9.9	4.4	3.8	1.9	4.8	2.4	8.0	2.5	9.2	2.0	5.9	1.1	2.2	-22.5	-31.1	0.37	2.8
BR 459	SL	Brahmaputra	0.5	1.2	1.6	4.3	3.7	4.3	5.2	7.2	10.4	8.6	3.6	3.7	1.7	4.9	1.9	10.0	2.2	13.0	1.9	7.4	0.7	2.2	-23.9	-33.1	0.28	4.1
BR 448	SL	Lower Meghna	1.3	1.8	2.0	4.7	3.5	4.0	4.8	6.1	8.7	7.6	3.7	3.8	2.1	4.8	3.1	8.8	3.3	10.8	3.0	7.1	1.8	3.1	-23.0	n.d.	0.33	2.5

#### Table S3: n-alkanes relative abundance and isotopic composition of Bengal Fan and river sediments

OS: oceanic sediment, SL: suspended load with depth of sampling, BL: bedload, δ<sup>13</sup>C<sub>C27-C33</sub>: weighted average composition of C<sub>27</sub>, C<sub>29</sub>, C<sub>31</sub> and C<sub>33</sub> n-alkanes,

M/T: Relative proportions of (C<sub>15</sub>+C<sub>17</sub>+C<sub>19</sub>) and (C<sub>27</sub>+C<sub>29</sub>+C<sub>31</sub>+C<sub>33</sub>) n-alkanes. CPI: Carbon Preference Index, calculated as described in Eglinton and Hamilton<sup>40</sup>.