SUPPLEMENTARY INFORMATION

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Experimental determination of frequency

In-situ rotation of the cantilever and sample (both placed on a rotator) is performed to minimise cantilever deflection due to vortex pinning and de Haas-van Alphen (dHvA) oscillation contributions (see Fig. 1 of main text), thereby reducing the possibility of torque interaction effects. Since the frequency of the oscillations varies as $F \approx F_0 / \cos$ θ, where θ is the angle between **H** and the crystalline c-axis¹⁰, the above procedure enables the minimal Fermi surface cross-sections to be determined. In order to overcome as far as possible limitations of the narrow field range over which oscillations are observed at 30 mK, we extract a value of the α frequency from higher temperature data. A frequency $F_{\alpha} \approx 500 \pm 20$ T is obtained from averaging several field sweeps at 1.5 K and extracting oscillations observed over a wider interval in magnetic field $(32 < \mu_0 H < 45 \text{ T})$ due to a reduction in contribution from vortex pinning at these high temperatures (see Fig. S1). This estimate is somewhat lower than the frequency $F_{\alpha} \approx 520 \pm 30$ T obtained from fits in the field interval 38 < $\mu_0 H$ $<$ 45 T to field sweeps at 30 mK in this work, and that obtained in ref. 7 ($F_{\alpha} \approx$ 530 \pm) 20 T) and ref. 10 ($F_\alpha \approx 540 \pm 4$ T). This difference could possibly be explained by factors such as a difference in field orientation, a magnetic field-dependence of *F*α, or the presence of a weak additional frequency.

Fig. S1. Hysteresis loops in the capacitance, Measured capacitance at different temperatures (the zero magnetic field value $= 1.4358pF$). The cantilever has been optimised for maximum sensitivity within its linear response regime in the high magnetic field regime where measurements have been made on $YBa_2Cu_3O_{6.51}$. Also shown is a similar measurement of $YBa₂Cu₃O_{6.50}$ at 4 K.

Harmonic Analysis

The proximity of the ratio F_{β}/F_{α} to 3 raises a potential concern as to whether the β frequency corresponds to a harmonic of the α frequency rather than a separate Fermi surface section. The effective mass ratio of $m^*_{\beta}/m^*_{\alpha} \approx 2$ implies that such a harmonic would need to originate from a non-linearity in the dHvA oscillations due, for example, to oscillations of the chemical potential³¹ or torque interaction effects rather than the Lifshitz-Kosevich theory¹¹. To a first approximation, such non-linearities would introduce an additional sinusoidal factor inside the argument of the periodic term in the dHvA effect (i.e.) $\mathcal{A}_B/B = \mathcal{A}_0 \sin(2\pi F(1+k \sin(2\pi F/B+\phi))/B+\phi) \exp(-\zeta/B)$ [Refs. 11,31] where $|k| \sim (B/F)^2$ exp(-ζ*IB*) ~ 1.5 × 10⁻⁴ and $|k| \sim \theta d\theta \sim 3 \times 10^{-7}$ (at fields \sim 41 T) for oscillations of the chemical potential and torque interaction respectively. The associated distortion of the signal would introduce additional harmonics that decay in amplitude with increasing harmonic index. Simulations indicate that the large value of ζ_{α} (Fig. 3b of the main manuscript) precludes oscillations of the chemical potential as a significant effect³³, while the small angular displacement d $\theta \approx 0^{\circ}$ 0' 1" of the cantilever (corresponding to the dHvA oscillations) would lead to an imperceptibly small harmonic distortion of the dHvA signal. Further, the weak $2F_\alpha$ feature in the experimental Fourier transform (Fig. 2a) is not intermediate in amplitude between that of F_α and F_β , and therefore appears inconsistent with a non-linear dHvA effect signal. Rather, the relative phase of the $2F_{\alpha}$ harmonic (Fig. S2) is consistent with the two dimensional Lifshitz Kosevich expression³³, indicative of damping of the F_α chemical potential oscillations by a large charge reservoir, as would be provided by the heavier β pocket.

 Fig. S2 shows measured oscillations at 30 mK from Fig. 2b as a function of 1/µ0*H* and the isolated β frequency component obtained on subtracting a sinusoidal fit to the α frequency oscillations plus a small contribution from 2α plus a residual fifth order polynomial. The β frequency oscillations shown over a reduced range in µ*0H* in

Fig. 2c are extracted using such a procedure. Also shown by vertical lines in the figure are the maxima of the F_β and F_α oscillations and anticipated maxima of the $3F_\alpha$ harmonics of the alpha frequency. The $1/\mu_0H$ -dependent separation between the F_β oscillation maxima and the locations where the $3F_\alpha$ oscillation maxima would occur suggests that F_β does not correspond to $3F_\alpha$.

Magnetic quantum oscillations and the vortex state

Vortex pinning within the mixed state leads to magnetic hysteresis over an extensive range of magnetic field between rising and falling magnetic fields, up to the irreversibility field H_{irr} . The torque of YBa₂Cu₃O_{6.51} is observed to be hysteretic over the entire range of magnetic field at base temperature ($T \approx 30$ mK), indicating that $\mu_0 H_{irr} > 45$ T (see Fig. S1). The change in field sweep direction at 45 T leads to an abrupt jump in the torque on reversing the polarity of the trapped flux. On increasing the temperature of the sample above 600 mK by applying heat to the dilution mixture in which the sample is in thermal contact, $\mu_0 H_{irr}$ is observed to fall below 45 T. The extracted H_{irr} versus *T* plot shown in Fig. S3 is similar to the flux lattice melting line measured on compositionally similar samples by Taylor and Maple³⁴. Differences in sample composition between different groups likely account for a small shift between the curves. We find three different UBC crystals of varying size and shape to lie on a single curve in Fig. S3, further exhibiting a behaviour consistent with the universal Lindemann model³⁴. The observation of hysteresis to magnetic fields of 45 T suggests that vortices are present throughout the experiment at the lowest temperatures³⁴, with the flux-lattice melting line playing the important role of a corroboratory in-situ temperature calibration.

The existence of dHvA oscillations within the vortex state is now confirmed in a wide variety of type II superconductors, key observations having been established in some early work 30 . The dHvA frequencies and effective masses are unchanged with respect to those in the normal state, but the quantum oscillations experience some additional damping, which is traditionally interpreted as an additional field-dependent scattering rate τ_s^{-1} . The effective scattering rate arises from the paired quasiparticles in Landau quantized states that constitute the Cooper pairs for $H_{c1} \ll H \ll H_{c2}$. The pair potential broadens the otherwise degenerate Landau levels, introducing an effective 1 s τ_s^{-1} that depends on the spatially averaged square of the superconducting order parameter Ψ (Ref 35). We use the expression determined by Yasui and Kita³⁶ to

estimate a value for the scattering rate: $\tau_{\rm s}^{-1} \approx \tilde{\Gamma} \frac{\Psi^2}{\tau^2}$ $\hbar^2\omega_c$ where $\tilde{\Gamma} \approx 0.125$ for *s*-wave superconductivity and $\omega_c = eB/m^*$. In the case of YBa₂Cu₃O_{6.51}, we estimate τ_s^{-1} $\tau_{\rm s}^{-1}$ at *B* = 38.5 T assuming that $2\Psi_0 = 3.52 \text{ k}_B T_c$ where $T_c \approx 57.5 \text{ K}, \Psi^2 = \Psi_0^2 (1 - H/H_{c2})$ and $\mu_0 H_{c2} \approx 60$ T (see Fig. S3). A value of $\tau_s^{-1} \geq 2.2 \times 10^{12}$ s⁻¹ is obtained for the α pocket, implying clearly observable oscillations.

Similar calculations yield a value of $\tau_s^{-1} \ge 4.4 \times 10^{12} \text{ s}^{-1}$ for the β pocket., which would imply an oscillation amplitude \sim 400 times smaller in size than the α oscillations (since the argument of the exponential damping term scales with the square of m^*). Additional factors are, however, likely to affect the oscillation amplitudes, leading to the visibility of β oscillations in the experiment – for instance, the nodal form of the *d*-wave superconducting wavefunction is predicted to have an important effect³⁶. In this case, Ψ is expected to be reduced³⁶ depending of the proximity of a given pocket to the node in the superconducting wavefunction in *k*-space. For an electron pocket situated near the antinode at $(\pi,0)$, Ψ would be minimally reduced relative to that of the *s*-wave case. However, for a hole pocket situated near the node at $(\pi/2, \pi/2)$, Ψ could be strongly reduced, perhaps explaining survival of the β frequency and its comparably weak field dependence deep within the vortex state. We note that it is likely that a modified theory for τ_s^{-1} $\tau_{\rm s}^{-1}$ needs to be developed to account for the competition between superconductivity and magnetism.

Were there to be no vortex state contribution to the scattering rate, a simple $\mathcal{A}_B/B = \mathcal{A}_0 \sin(2\pi F/B + \phi) \exp(-\zeta/B)$ fit (shown in Fig. 3) would yield $\tau_\alpha^{-1} \sim 4.6 \pm 1.5 \times$ 10^{12} s⁻¹ corresponding to the fit value of $\zeta_{\alpha} = 160 \pm 50$ T. Such a scattering rate would imply an electron mobility $\mu_{\alpha} = e\tau/m_{\alpha}^* = \pi/\zeta_{\alpha} \approx (2.0 \pm 0.5) \times 10^{-2} \text{ T}^1$, and mean free path $l_{\alpha} = 170 \pm 50 \text{ Å}.$

Fig. S3. The flux-lattice melting curve of YBa2Cu3O6.5. Data are shown for three different samples (red) from measurements like those presented in Fig. S1. The points correspond to the field H_{irr} above which reversible magnetic behaviour is observed in the torque experiments. Also shown (black) are data points corresponding to the flux-lattice line measured by Taylor and Maple on different samples with similar nominal doping³⁴. The temperature dependent values of H_{irr} for all samples from a single source can be fit to the Lindemann model for $T_c = 57.5$ K and $\mu_0 H_{c2} = 60 \pm 5T$.

Estimation of the electronic heat capacity

The measured heat capacity (χT) at temperatures marginally above T_c provides an estimate of the normal contribution to the electronic coefficient of heat capacity $\gamma_c T$, which is expected to decrease with decreasing *T* in the pseudogap regime. Measurements in ref. 37 on samples similar in composition to those measured in the current study yield a value of $\gamma_N \approx 10 \text{ mJmol}^{-1} \text{K}^{-2}$. Further, experiments performed in fields of up to 13 T [ref. 38] find no magnetic field dependence of γ_N within the resolution of the measurement.

In the case of the quantum oscillation experiments, the Q2D electronic structure of $YBa₂Cu₃O_{6.51}$ implies that only the magnitude of the effective mass of the carriers in each individual pocket is relevant for estimating its contribution to the electronic heat capacity.⁸ On assuming a Kramers degeneracy, each pocket contributes $|m^*/m_e| \times 1.46$ mJmol⁻¹K⁻² to γ_m , irrespective of the carrier type.

Fermi surface reconstruction for ordering wavevectors away from $Q = (\pi, \pi)$

The unreconstructed Fermi surfaces in Figs. 4a and c are calculated using a t ,*t*',*t*" tight binding parameterisation of the dispersion ε_k (refs. 13, 39) with $t = 380$ meV, $t'/t = -0.32$ and $t''/t = 0.16$. For schematic purposes, a value of $\Delta_1 \sim 0.83t$ is used in calculating the reconstructed bands (shown in Fig. 4d) to lowest order using $\varepsilon_{\mathbf{k}}^{\pm} = \frac{1}{2} \left(\varepsilon_{\mathbf{k}} + \varepsilon_{\mathbf{k}+\mathbf{Q}} \right) \pm \sqrt{\frac{1}{4} \left(\varepsilon_{\mathbf{k}} - \varepsilon_{\mathbf{k}+\mathbf{Q}} \right)^2 + \Delta_{1}^2}$, where '+' denotes the upper electron band and '-' denotes the lower hole band. Hole pockets appear for all non-zero Δ_1/t provided the system is hole doped $(p > 0)$, whereas the existence of electron pockets requires that $\Delta_1/t \leq 1$ for $p_{\text{nom}} = 0.1$. On adopting an alternative parameterisation scheme with $t'/t = -0.34$ and $t''/t = 0$ corresponding to a simple circular unreconstructed Fermi surface, the experimentally observed pockets can be similarly reproduced on using a smaller value of Δ_1 ~ 0.33*t* and similar value of δ.

In the case of an helical or spiral spin-density wave where $Q \neq (\pi, \pi)$, the scattering potential introduced by $S(R) = \cos(Q \cdot R)S_x + \sin(Q \cdot R)S_y$ couples downspin electrons at wavevector **k** to up-spin electrons at **k** + **Q** and up-spin electrons at **k** to down-spin electrons at $\mathbf{k} - \mathbf{Q}$, or vice versa. For simplicity, only the couplings between \bf{k} and \bf{k} + \bf{Q} are shown in Fig. 4d. Including both in the extended Brillouin zone representation yields a Fermi surface of the form shown in Fig. S4a whereas considering only couplings between \bf{k} and $\bf{k} + \bf{Q}$ in the repeated Brillouin zone representation yields a Fermi surface of the form shown in Fig. S4b.

In the case of a collinear spin-density wave where $\mathbf{Q} \neq (\pi, \pi)$, the scattering potential introduced by $S(R) = \cos(Q \cdot R) S_z$ couples electrons at wavevector **k** to those of the same spin at both \bf{k} + \bf{Q} and \bf{k} – \bf{Q} , opening twice as many gaps compared to the helical or spiral scenario. In general, collinear order leads to a hierarchy of gaps coupling different orders of $\pm n\mathbf{Q}$ [ref. 40]. If one considers the additional gaps to

occur wherever the repeated translations by **Q** in Fig. S4**b** intersect, for example, this will lead to open Fermi surface sheets with small or no hole pockets, as recently shown by Millis and Norman¹³. Larger hole orbits may, however, arise in sufficiently strong magnetic fields due to magnetic breakdown tunnelling overcoming the gaps, as has been experimentally shown in the case of the well known incommensurate spindensity wave system Cr (ref. 41) .

Fig. S4. Reconstructed Fermi surfaces. (a) shows that of a helical or spiral spin-density wave in the extended Brillouin zone representation including couplings between **k** and both **k** + **Q** and **k** - **Q**, whereas (b) shows only couplings between **k** and $\mathbf{k} + \mathbf{Q}$ in the repeated zone representation.

Additional experimental results

In addition to torque experiments on $YBa₂Cu₃O_{6.51}$, similar experiments are performed on a crystal of YBa₂Cu₃O_{6.50}, yielding dHvA oscillations of both the α and β frequencies (see Fig. S5). Shubnikov-de Haas (SdH) experiments are also performed on the YBa₂Cu₃O_{6.51} crystal in a motor-generator-driven magnet to \sim 55 T (in Los Alamos) using a contactless technique (results shown in fig. S6). The sample is placed inside an 8 turn compensated coil that forms part of a ~46 MHz tunnel diode oscillator (TDO) circuit. The resistive state induced on suppressing superconductivity by a magnetic field⁷ enables the oscillatory $\sim 10^{-7}$ T electromagnetic field of the TDO to penetrate ~ 100 µm into the sample. The resulting shift in the TDO frequency is linearly related to the orbitally-averaged in-plane resistivity $(\rho_{xx} + \rho_{yy})/2$. TDO measurements are performed in a ³He refrigerator with the sample GE-varnished to a sapphire plate (to minimise sample heating), both of which are in direct contact with liquid ³He below $\sim 2K$ and ³He gas at higher temperatures. Over the regime where vortex motion dissipation dominates ($\mu_0 H \leq 30$ T) the magnetic field of the motorgenerator magnet is swept at a slow rate of ≈ 20 Ts⁻¹ – a sweep rate which is still ≈ 100 times that employed in the DC field torque experiments described in this work. In the case of high T_c experiments in non-DC magnetic fields, a rise in sample temperature is inevitable due to considerable heat generated from flux-flow dissipation in the vortex state in response to a rapidly varying magnetic field. Despite this limitation, the slow sweep rate in the motor-generator magnet and the good thermal contact of the sample immersed in liquid 3 He enables a lowest sample temperature of \sim 1 K to be accessed when the 3 He refrigerator is cooled to 0.3 K.

Fig. S5. de Haas-van Alphen effect in YBa2Cu3O6.50. Fourier transform of 17 up and down averaged magnetic field sweeps showing the α and β frequencies (F_{α} = 490 ± 30 T and F_{β} = 1700 ± 50 T). The inset shows the dHvA oscillations together with those of just the β frequency after fitting and subtracting the α frequency and polynomial component as for YBa₂Cu₃O_{6.51}. Fits to the oscillations are shown as guides to the eye.

Fig. S6. Shubnikov-de Haas effect in YBa2Cu3O6.51. Fourier transform of oscillations averaged over 4 rising and falling sweeps in a field range 37 to 48 T comparable to the magnetic torque study (where the β appears most prominently in the SdH signal). Frequencies F_{α} = 510 ± 20 T and F_{β} = 1640 ± 50 T are measured, consistent with both the α and β frequencies in Fig. 2 of the main manuscript. Oscillations over a wider field range may indicate preliminary evidence for a slower frequency 250 ± 100 T, possibly consistent with the presence of a γ pocket⁴². Inset (a) shows the SdH oscillations together with the isolated β frequency after fitting and subtracting the α frequency and polynomial components as described in the main manuscript. Inset (b) shows the shape of the magnetic field sweep in the generator

magnet, which has a relatively slow ramp rate ~ 20 Ts⁻¹ in the vortex state up to ~20T.

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