Supplementary Methods | Reaction scheme used to isolate compound **1**.

Supplementary Table 2. Selected bond lengths for compound **1**. (See figure 1a for labelling)

Supplementary Table 3. *Ab initio* Computed Ground-State g-Tensors for each Dy center and Cr in **1**.

Supplementary Table 4. Energies of the Lowest Kramer's Doublet (KDs) of each Dy Center $\sin 1$

Supplementary Table 5. RASSI energies of the lowest spin-orbit states $(cm⁻¹)$ on each Dy center in complex **1**.

Supplementary Table 6. The *g*-tensors for the eight lowest Kramer's doublets in **1**.

Supplementary Figure 1. Packing diagram of compound **1**, with views along the crystallographic a) *a* axis b) *b* axis, c) *c* axis and d) a highlights the intermolecular interactions between a neighbouring pair.

Supplementary Figure 2. Plots of (left) *M* versus *H* isotherms for complex **1** at 2, 3, and 4 K.

Supplementary Figure 3. Plot of χ_M ["] versus *T* at the frequencies indicated for **1** with; (left) $H_{dc} = 0$ Oe and (right) $H_{dc} = 2000$ Oe. The negative value of χ_M ^{*n*} are due to instrumental error for values near to zero.

Supplementary Figure 4. Single-crystal magnetization (M) vs. applied field measurements (μ -squid) for complex 1 at (left) 0.03 K to 0.8 K with the scan rate of 0.14 Ts⁻¹; and (b) with different field sweep rates at 0.03 K. The orientation of the magnetic field is shown below.

Supplementary Figure 5. The structure of the modelled Dy fragment employed for calculation (green, Dy^{III} ; Dark blue, Lu^{III} , violet, Sc^{III}).

Supplementary Note 1. EPR simulation details.

Ab initio computed SINGLE_ANISO results of Dy1, Dy2 and Dy3 are employed as such along with the *J* values obtained from the simulation of susceptibility and magnetization data (see Supplementary Table 3 for the g-tensors and main text for the *J*s). We have employed only a $\{Dy_3Cr\}$ model with a pseudo $S = 1/2$ state for each Dy ^{III} ion and a $S = 3/2$ state for Cr^{III} ion for the simulation. Calculations with full model employing ${CrDy_6}$ was not possible as the system size is very large. The (χ, ρ) angles for the Dy-Dy employed are (63.3,14.9), (53.2,1.2) and (60.2,7.2) for Dy1-Dy2, Dy2-Dy3 and Dy1-Dy3 pair respectively as obtained from the calculations. Similarly (χ, ρ) angles of (45.4,0.0), (60.5,0.0) and (4.7,0.0) is employed for Cr1-Dy1, Cr1-Dy2 and Cr1-Dy3 pairs respectively. A Gaussian Line width of 150 G is utilized. The exchange Hamiltonian employed is described in equation 2 in the main text, except that only $\{Dy_3Cr\}$ model is employed for the calculation.

Supplementary Note 2. Single-ion relaxation mechanism

A qualitative mechanism for the magnetic relaxation originating from the Dy1 site, obtained from the *ab initio* calculations, is shown in Supplementary Fig. 6 (see below). For all three Dy^{III} ions the ground state tunneling probability is computed to be small (for example 0.24 $x10^{-1}$ for Dy1) suggesting magnetization blockage occurs at the individual ion sites with a possible relaxation mechanism occurring via the first excited state through a thermally assisted quantum tunneling of the magnetization (TA-QTM) process. This qualitative mechanism yields information only about the possible QTM and TA-QTM processes while other possible relaxations such as the Raman process, deriving from intra/intermolecular interactions, nuclear-spins of the Dy ^{III} ion and the ligand, spin-lattice relaxation, etc., are not taken in to consideration. Although this mechanism explains the presence of the low temperature out-of-phase signals at zero-field, the nature of the χ " signals are similar when a 2000 Oe static dc field was applied and the computed barrier heights are much larger than that observed in the ac susceptibility measurements. This suggests that other factors are involved and the magnetic blocking does not arise simply from the single ion Dy ^{III} anisotropy.

Supplementary Figure 6. The *ab initio* computed magnetization blocking barrier for a) the Dy1 site, b) the Dy2 site and c) the Dy3 site. The thick black line indicates the Kramers doublet (KDs) as a function of computed magnetic moment. The green/blue arrows show the possible pathway via Orbach/Raman relaxation. The dotted red lines represent the presence of QTM/TA-QTM between the connecting pairs. The numbers provided at each arrow are the mean absolute value for the corresponding matrix element of transition magnetic moment.

Supplementary note 3. *How does our analysis of the experimental results exclude a nontoroidal arrangement?*

To probe the robustness of our conclusion i.e. that the ground state in our system is ferrotoroidically coupled, we varied one of the key results of our CASSCF-RASSI-SO calculations, which plays a crucial role in determining the ferrotoroidic ground state, namely the direction of the local anisotropy axes of the Dy ions, and used the resulting modified model to simulate the experimental magnetization. From our calculations the local anisotropy axes turn out to be almost exactly contained in the two triangles' planes, and directed along the local tangent to the wheel's circumference. To set up models that depart from this ab initio result, we generalized our exchange + dipolar coupling Hamiltonian introducing two angles: an angle η measuring the departure of the anisotropy axis from an in-plane configuration, and an angle ϕ measuring the departure of the in-plane projection of the anisotropy axis from a locally tangential direction. To comply with the D_{3d} pseudo-symmetry of the metal core of the complex, we demanded that the angle ϕ be the same for all Dy ions, while the angle η should have opposite signs for the two wheels, due to inversion symmetry.

We explored two significant scenarios departing from our parameter-free ab initio model, and reported the resulting powder magnetization curves obtained at 2 K in the figure below, together with the results of our parameter-free ab initio model (orange curve in the picture) and the experimental data points (blue data points in the picture):

(i) $\eta = 30^{\circ}$, $\phi = 0^{\circ}$, *i.e.* a significant departure from in-plane tangential configuration of the magnetic axes, which will determine a significant out-of-plane magnetic moment for the Antiferrotoroidic (AFT) configuration only, but a zero out-of-plane magnetic moment for the Ferrotoroidic (FT) configuration. Such out-of-plane magnetic component of the AFT state will also be coupled antiferromagnetically to the Cr magnetic moment, thus stabilizing the AFT with respect to the non-magnetic FT state. For $\eta = 30^{\circ}$, the appearance of a significant anisotropic out-of-plane magnetic moment in the AFT state, determines a strong $Cr-Dy₆$ antiferromagnetic stabilisation energy contribution which makes the AFT configuration the ground state, and the FT state the first excited state. However, the powder magnetization we calculate in this scenario is reported in the picture below (green curve), and evidently it does not match the experimental data, which instead support our finding that at low field the only source of magnetic response comes from the Cr ion. Any additional (anisotropic) magnetism from the Dy-triangles would make the low-field magnetization steeper than what is observed experimentally, which supports our finding of the FT configuration (implying a zero magnetic moment on the wheels) as the ground state.

(ii) $\eta = 0^\circ$, $\phi = 90^\circ$, *i.e.* the axes are still perfectly in-plane (contained in the planes defined by the two triangles), but they are now directed radially instead of tangentially to the triangle's circumference. In such configuration it is still possible to achieve a non-magnetic noncollinear ground state on the Dy wheels, for which the magnetism solely arises from isotropic paramagnetic Cr. However, as first pointed out by some of us¹ in radially configured anisotropy axes, pure dipolar coupling does not favour such non-collinear non-magnetic configuration of the Dy magnetic moments, and favours instead a large in-plane magnetic moment in the ground state of each wheel. Furthermore, antiferromagnetic coupling to Cr ion determines the ferromagnetically coupled state (i.e. the state where the in-plane magnetic moments of the two Dy triangles lie parallel to each other) as the ground state, so that in fact adopting a radial instead of a tangential configuration of the magnetic axes leads to a strongly magnetic and strongly in-plane anisotropic ground state, while the states in which the two triangles have zero magnetic moment are the highest in energy. This simple rotation of the Dy anisotropy axes, still compliant with the system's pseudo-symmetry, and still allowing for the existence of non-magnetic states on the Dy triangular wheels, leads to a dramatically different exchange and dipolar coupled spectrum for $CrDy₆$ complex from the FT ground state predicted by our parameter-free model. However, due to the large and strongly anisotropic magnetism arising from this scenario, the low-field powder magnetization is in fact dramatically different from that experimentally observed, as can be seen from its plot in the figure below (red curve). This model also suggests that the ab initio calculations accurately reproduce the direction of the local anisotropy axes as in-plane tangential, thus stabilizing a ferrotoroidic ground state in which the magnetism solely arises from the Cr spin. We believe that this extended model, together with the fact that our proposed model is parameter-free, only relying on experimental information (i.e. geometry of complex) and ab initio calculations, provide strong evidence that the ground state of the title compound CrDy6 is indeed ferrotoroidically coupled.

Furthermore in the new revised version we introduce a substantial extension of our discussion of the dynamics of the magnetization in this system as observed from the single crystal magnetization experiments also introducing a theoretical model of the spin dynamics based on our model Hamiltonian which allows us to simulate and reproduce the zero-field hysteretic magnetic response observed in the experiments This point is further discussed below but we believe it provides further evidence for the validity of our conclusions

Supplementary Figure 7. Measured *M* vs *H* for complex **1** (dots) and the theoretical *M* vs *H* plot obtained from the model described in the text (solid line).

Supplementary Figure 8. Graphical representation of the states of $CrDy₆$ that are stabilized by a magnetic field contained in the plane of the figure, and oriented from bottom to top. The blue (red) arrows at the vertices of the top (bottom) triangle atomic positions represent the local Dy^{3+} magnetic moment in that state, while the central yellow arrow represents the Cr magnetic moment. The blue (red) thin arrows lying above the molecular system in panels c) and d) represent the direction of a total magnetic moment of \sim 20 mB arising from the sum of the Dy^{3+} atomic magnetic moments belonging to the top (bottom) triangle. Note that only in the ferrotoroidic states in panel a) and antiferrotoroidic states in panel b) the Cr magnetic moment is oriented along the field, while in the other states due to Dy-Cr antiferromagnetic coupling the Cr magnetic moment is oriented opposite to the magnetic field.

Supplementary Note 4. Comparison of toroidal coupling in CrDy⁶ and other Dy⁶ complexes.

The coupling of two or more triangular Dy_3 rings, each stabilizing a toroidal moment in their ground state, into a structure presenting new collective magnetic properties has been previously explored in three important works:

1) The earliest work on a D_{V6} cluster $(Dy_6 - 1)$ composed of magnetically coupled triangular subunits is that by Hewitt et al.,² who achieved a Dy_6 -1 SMM composed of two co-parallel but non co-planar triangles, each characterized by uniaxial Dy ions with anisotropy axes quasi-tangentially arranged around the triangles' circumference, and characterized by an inter-triangle antiferromagnetic coupling via two neighbouring vertices. As already pointed out by Lin et al.³ the work of Hewitt et al.,² nicely shows how coupling between toroidal states can offer new mechanisms to enhance slow magnetic relaxation, although due to the particular geometry of coupling achieved in that system, the total toroidal moment of Dy_6 -1 is not maximized by such coupling, as the antiferromagnetic inter-wheel interaction is such as to cancel the contribution from the Dy magnetic moment of the two coupled vertices to the overall vortex magnetisation. In the system we present here the ferrotoroidic ground state implies on the other hand a maximization of the toroidal moment achievable by six Dy ions.

The nature of the low-energy states in Dy_6 -1 were indeed graphically represented in the supplementary information file in terms of con-rotating and counter-rotating toroidal moments on the two triangular subunits, although the ferrotoroidic and/or antiferrotoroidic nature of such states was not explicitly discussed, or even mentioned in the main text of the paper. Given that ferrotoroidic and antiferrotoroidic states are non-magnetic (or weakly magnetic due to deviation from co-planarity of the Dy anisotropy axes), hence they make little contribution to the magnetic response of the system, at this stage where no direct experimental technique can easily probe the toroidal character and relative energy ordering of con-rotating and counter-rotating toroidal states, it is essential to minimize the source of free parameters in the theoretical models used to characterized them. In this respect, the fact that the Hamiltonian used by Hewitt et al. in their work contains four fitting parameters, and neglects dipolar coupling, suggests that more detailed investigations of Dy_6 -1 are necessary to make definitive statements about the ferrotoroidic nature of its ground state. We note here that the model Hamiltonian used here to simulate the magnetic data for $CrDy₆$ includes dipolar coupling (which in fact is shown to dominate the resulting energy spectrum), and contains no fitting parameter.

2) Lin et al.,**³** have presented an interesting study of a **Dy6-2** cluster that can be viewed as two very closely spaced Dy_3 triangular units with two edges, one from each triangle, directly facing each other. The system is not exactly co-planar, but displays a 29º dihedral angle between the two triangles' planes. In that work the magnetic coupling is modeled including both dipolar and exchange coupling, and the number of free parameters is greatly reduced with respect to the Hamiltonian reported by Hewitt et al., i.e. Lin et al. only use one fitting parameter.

We note however that there are a few features of the Hamiltonian used in that paper that would seem to need further testing before the conclusions drawn about the nature of the ground state be unambiguously confirmed. First of all, we note that the choice of a single exchange coupling parameter, especially given that this is a fitting parameter not derived from a theoretical model or an ab initio calculation, can be in principle criticized. In particular, we note that while antiferromagnetic coupling between ions belonging to the same triangle is known to stabilize a toroidal moment, given the geometry of Dy_6 -2, antiferromagnetic coupling between nearest neighbor ions on different triangles (e.g. Dy_1 and Dy_2 in Fig. S1 of that paper) will in fact stabilize counter-rotating toroidal states on different triangles, hence an antiferrotoroidic ground state. Given that the distance between Dy_1 and Dy₂ in Fig. S1 is shorter (3.34 Å) than any intra-triangular Dy-Dy distance (3.39Å, 3.51Å, 3.54Å), it could be argued that a stronger inter-molecular antiferromagnetic exchange between such ions could flip the energetic order of the con-rotating and counter-rotating coupled-toroidal states. On the other hand, an antiferromagnetic diagonal interaction (e.g. between Dy₁-Dy₃ in Fig. S1 of that paper) will indeed stabilize a con-rotating toroidal configuration, but the distance between the Dy ions is in CrDy6 (**1**) much longer, thus weakening such interaction (Dy_1-Dy_3) distance is 4.7Å). Such important competing effects are clearly not captured by a single fitting parameter, and these issues are not discussed by Lin et al.³ (We present alternative calculations on Dy_6 -2 and these are discussed below).

Aside from the details of the Hamiltonian parameterisation, assuming that the arrangement of local Dy magnetic moments in the ground state of **Dy6-2** leads to a maximization of the overall toroidal moment of the molecule, to characterize such ground state as a ferrotoroidically-coupled state still seems somewhat problematic on the grounds of two issues, which are in fact related to each other: (i) the triangle-triangle distance is shorter than two of the intra-triangle's Dy-Dy distances, so that the detailed connectivity of the central Dy₄ skewed rectangle is bound to play a central role in determining the final magnetic configuration of the system. This fact poses questions as to whether it is possible to identify the large toroidal moment in the ground state as resulting from the coupling of two welldefined separate toroidal subunits, or rather as an overall Dy_6 perimeter toroidal arrangement of magnetic moments resulting from the detailed molecular connectivity of this cluster, that cannot be simply analysed solely in terms of separate triangular subunits (ii) as a consequence, assuming the model with a single exchange coupling parameter presented by Lin et al. 3 is valid, the excited putative antiferrotoroidic state in which the toroidal moment on one triangle is counter-rotating with respect to the toroidal moment on the second triangle lies in fact at a relatively high energy, at the same energy in fact as that of purely magnetic excitations not determined by the simultaneous flipping of the spins on all Dy belonging to one triangular subunit. The lack of low-lying antiferrotoroidic excitations (or rather, the effective energetic equivalence of toroidal excitations and magnetic excitations), renders this system a somewhat less clear cut case of a well-defined magnetic coupling between separate toroidal subunits such as the case presented in this paper, albeit an interesting example of how to achieve a large toroidal moment in the ground state.

3) Novitchi et al.**⁴** reported the first example of exchange coupling between toroidal moments in a chiral heterometallic Cu^{II}/Dy^{III} polymer, built from alternating Dy_3 SMM building blocks. The ground state of such system has been found to be antiferrotoroidic, and it is argued there that the ferrotoroidic first excited state, having a magnetic component, can be stabilized by magnetic field, so that in a magnetic field applied in the appropriate direction the ground state would become ferrotoroidic (but not degenerate).

These previous works, and a tutorial review of these works by Tang et al.,⁵ unveil crucial information concerning microscopic pathways to the coupling of molecular toroidal moments, in addition to discussing how to harness the resulting states to enhance SMM slow relaxation properties (**Dy6-1**, Hewitt et al.), and to enhance the overall toroidal moment of a single molecule $(Dy_6 - 2, \text{Lin et al.}).$

Nevertheless, to the best of our knowledge, the $CrDy₆(1)$ system presented here, according to our parameters-free model, provides the first example of a well-defined ferrotoroidic ground state resulting from the coupling of two separate toroidal subunits, maximizing the total toroidal moment, and characterized by low-lying pure toroidal excitations to antiferrotoroidic states (counter-rotating toroidal moments resulting in zero toroidal moment), well separated from higher-energy magnetic excitations.

Alternative calculations on Dy6-2 complex: To test alternative scenarios for **Dy6-2** we have set up an approximate model Hamiltonian in which the two triangles are considered equilateral using average experimental bond distances, the 29º dihedral angle between the two triangles' planes is explicitly taken into consideration, and the deviation from coplanarity of the Dy anisotropy axes is also included in the model using the data reported in that paper. Dipolar coupling is explicitly included in the model as is exchange coupling (see equation 1 in the main manuscript for the dipolar Hamiltonian). However, we introduce here additional exchange coupling constants to differentiate between intra-triangle coupling, and the two independent inter-triangle coupling pathways. To illustrate our point, with no ambition to find optimal fitting parameters in a model that would become quickly over parameterised, we used our Hamiltonian to simulate the experimental data presented by Lin et al. (digitalized from paper), both (i) using a single exchange coupling parameter J_{Lin} as reported by Lin et al. thus reproducing their results, and (ii) by setting to zero the diagonal exchange coupling between the distant cross-coupled ions 4.7\AA apart (J_{diag}=0), and using two different constants, one describing intramolecular coupling $(J_{intra} = 1.8 J_{Lin})$ and intermolecular coupling $(J_{inter} = 1.5 J_{Lin})$. The resulting spectra and states are reported in Supplementary Fig. 9, together with the simulation of the low-temperature (2 K) powder magnetization compared for the two models (orange curve describes the model of Lin et al, the green curve is associated to the parameters discussed above). It can be seen that the simulation of the experimental data is hardly changed in the two settings, but for a single parameter the ground state consists of con-rotating toroidal states separated by a large energy gap from the counter-rotating toroidal state (transition indicated with a blue arrow in Supplementary Fig. 9), almost at the same energy as the first magnetic excitation (transition indicated with a red arrow in Supplementary Fig. 9), while with the new parameters tried here the con-rotating and counter-rotating energy ordering is inverted, and the toroidal excitation is much smaller than the magnetic excitation.

Supplementary Figure 9. The energy spectra (cm⁻¹) and schematic representation of the Dy ion magnetic moment arrangement in the low-lying collective magnetic states for the the molecule Dy_6 -2, modeled using the Hamiltonian reported with parameters (i) $J_{intra} = J_{inter}$ $J_{\text{diago}} = J_{\text{Lin}} = -0.2349 \text{ cm}^{-1}$, i.e. essentially the model reported in Lin et al. (spectrum on the left), and (ii) $J_{intra} = 1.8 J_{Lin}$, $J_{inter} = 1.5 J_{Lin}$, $J_{diago} = 0.0$ (spectrum on the right). The transitions between ground and lowest lying excited states are indicated with a red (blue) arrow if the excitation is magnetic (toroidal) in nature. In the top part of the figure a simulation of the powder magnetization at temperature $T = 1.9$ K is reported, obtained using either model (i) i.e. the Lin et al. one-parameter model (green curve), or the three-exchange parameters model (ii) discussed above (orange curve), together with the experimental data (blue data points) digitalized from Ref. Lin et al.**³**

Supplementary Figure 10. Energy levels of CrD_{y₆ as function of magnetic field (Zeeman spectrum)} computed using the parameter-free theoretical model presented in the text, but retaining only those 56 states out of 256 that have magnetic anisotropy axes oriented along the *y*-axis in Figure 6 (easy-axis), along which the sweeping field of the single-crystal experiment is oriented. These are the 56 states we have retained in our dynamical model Equation (11).

Supplementary Note 5. Further analysis of the theoretical dynamical magnetization

To further analyse our simulation of the dynamical magnetization, we report the plots of the contributions to $M(t) = Tr[\sigma(t)M]$ arising from the ferrotoroidic and antiferrotoroidic states (Supplementary Figure 11(b)), and from the intermediate magnetic states and the onion states (Supplementary Figure 11(c)). It can be seen that the hysteresis loop about the zero field region is not produced by the free fluctuating paramagnetic Cr spin (in zero field the magnetization of the FT and AFT states in Supplementary Figure 11(b) is zero), but, as evident from Supplementary Figure 11(c), the zero-field hysteresis loop arises from the lagging in the depletion of the non-equilibrium populations of the excited intermediate states predominantly, with contributions from the onion magnetic states as well. Note also that the contribution of FT states to the dynamics is visibly much larger than that of the AFT states.

Finally, we note that, due to the choice of coupling constants, the dynamics portrayed in Supplementary Figure 11 is dominated by the 1-flip transitions, as evidenced by the fact that the magnetization at high fields is dominated by the excited intermediate states (see Supplementary Fig. 11(c)). If we now solve Equation (8) Equation (11) for a slightly different set of parameters, still preserving the proposed hierarchy, but using faster 2-flip transitions, so that $\Gamma_{cr} = 3 \times 10^4$ Hz/(cm⁻¹)³>> $\Gamma_1 = 3.33 \times 10^{-7} \times \Gamma_{cr}$, $\Gamma_2 = 10^{-2} \times \Gamma_1$, and $\gamma_{cr} =$ 4×10^{15} Hz²>> γ_1 = 2 \times 10¹² Hz²> γ_2 = 10⁻¹ $\times \gamma_1$, we obtain a hysteretic magnetization reported in Supplementary Figure 12(a), which still reproduces the zero-field hysteresis loop, with an almost closed hysteresis at high fields, but now dominated by the onion states at high fields (see Supplementary Figure 12(c)), and displaying a sizeable contribution from AFT states at low-fields, almost as large as that of the FT states (see Supplementary Figure 12(b)), but otherwise not changing the main conclusions drawn above.

Supplementary Figure 11. a) Single-crystal experimental magnetization (blue curve) measured at *T* $= 0.03$ K and a sweep rate of 0.1T/s for a magnetic field oriented parallel to the triangles' planes and along the easy-axis (*y* axis in Figure 6), superimposed to the simulated dynamical magnetization at the same temperature, sweep rate and field orientation, by solving Equation (11)/ Equation (8) on the basis of 56 out of the 256 states obtained from our model and reported in Supplementary Figure 8, for the following numerical values of the transition rates appearing in the equations: Γ_{cr} = 10⁵ Hz/(cm⁻ $1/3$ >> Γ_1 =10⁻⁷ × Γ_{cr} = 10⁻³ × Γ_1 , and γ_{cr} = 10¹⁶ Hz²>> γ_1 = 10¹² Hz²> γ_2 = 10⁻³ × γ_1 ; b) Contribution to the total simulated dynamical magnetisation reported in panel a) from the ferrotoroidic (blue solid line) and antiferrotoroidic (orange dashed line); c) Contribution to the total simulated dynamical

magnetisation reported in panel a) from the intermediated magnetic states (blue solid line) and onion states (orange dashed line).

Supplementary Figure 12. a) Single-crystal experimental magnetization (blue curve) measured at *T* $= 0.03K$ and a sweep rate of 0.1T/s for a magnetic field oriented parallel to the triangles' planes and along the easy-axis, superimposed on the simulated dynamical magnetization at the same temperature, sweep rate and field orientation, by solving Equation (11) on the basis of 56 out of the 256 states obtained from our model, for the following values of the transition rates: Γ_{cr} = 3 \times 10⁴ Hz/(cm⁻¹)³>> Γ_1 = 3.33 $\times 10^{-7} \times \Gamma_{cr} > \Gamma_2 = 10^{-2} \times \Gamma_1$, and $\gamma_{cr} = 4 \times 10^{15}$ Hz²>> $\gamma_1 = 2 \times 10^{12}$ Hz²> $\gamma_2 = 10^{-1} \times \gamma_1$; b) Contribution to the total simulated dynamical magnetisation reported in panel a) from the ferrotoroidic (blue solid line) and antiferrotoroidic (orange dashed line); c) Contribution to the total simulated dynamical magnetisation reported in panel a) from the intermediated magnetic states (blue solid line) and onion states (orange dashed line).

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