## nature research

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## **Reporting Summary**

Nature Research wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Research policies, see our <u>Editorial Policies</u> and the <u>Editorial Policy Checklist</u>.

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For all statistical analyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.			
n/a Confirmed			
The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement			
A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly			
The statistical test(s) used AND whether they are one- or two-sided Only common tests should be described solely by name; describe more complex techniques in the Methods section.			
A description of all covariates tested			
A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons			
A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)			
For null hypothesis testing, the test statistic (e.g. <i>F</i> , <i>t</i> , <i>r</i> ) with confidence intervals, effect sizes, degrees of freedom and <i>P</i> value noted Give <i>P</i> values as exact values whenever suitable.			
For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings			
For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes			
$\square$ Estimates of effect sizes (e.g. Cohen's $d$ , Pearson's $r$ ), indicating how they were calculated			
Our web collection on <u>statistics for biologists</u> contains articles on many of the points above.			
Software and code			
Policy information about <u>availability of computer code</u>			
Data collection Metamorph 7.0 software was used for image acquisition, data were collected in Microsoft Excel 2019			
Data analysis Microsoft Excel 2019, Metamorph 7.0, Puncta 6,0 with IgorPro, Prism 8			
For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Research guidelines for submitting code & software for further information.			

## Data

Policy information about availability of data

All manuscripts must include a data availability statement. This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A list of figures that have associated raw data
- A description of any restrictions on data availability

All data supporting the findings of this study are available within the paper and the Source Data provided with this paper.

Field-spe	ecific reporting		
	ne below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.		
Life sciences	Behavioural & social sciences		
	the document with all sections, see <a href="mailto:nature.com/documents/nr-reporting-summary-flat.pdf">nature.com/documents/nr-reporting-summary-flat.pdf</a>		
Life sciences study design			
All studies must dis	sclose on these points even when the disclosure is negative.		
Sample size	no sample size calculation was performed, sample size was determined based on published methods (SIEBURTH et al. 2007; CH'NG et al. 2008; AILION et al. 2014; HARTWIG et al. 2009; PARK et al. 2009)		
Data exclusions	no data were excluded from the analyses		
Replication	each experiment was independently repeated at least three time, and all attempts at replication were successful		
Randomization	experimental groups were determined based on genotypes, no group allocation was performed, randomization is irrelevant to our study		
Blinding	no group allocation was performed, data were collected based on genotypes, blinding is irrelevant to our study since no selection bias during experiment and data collection		
Reporting for specific materials, systems and methods			
We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.			
Materials & ex	perimental systems Methods		
n/a Involved in th	ne study n/a Involved in the study		
Antibodies ChIP-seq			
Eukaryotic cell lines			
Palaeontology and archaeology MRI-based neuroimaging			
☐ Animals and other organisms  Human research participants			
Human res			
	esearch of concern		
Animals and other organisms			
Policy information about studies involving animals; ARRIVE guidelines recommended for reporting animal research			
Lahoratory anima	als C elegans I 4 stage and adult hermanhordites		

Policy information about studies involving animals; ARRIVE guidelines recommended for reporting animal research

Laboratory animals

C. elegans L4 stage and adult hermaphordites

Wild animals

Study did not involve wild animals

 $\label{thm:collected} \textbf{Field-collected samples} \quad \boxed{\textbf{Study did not involve samples collected from the field}}$ 

Ethics oversight no ethical approval was required because C. Elegans was studied

Note that full information on the approval of the study protocol must also be provided in the manuscript.