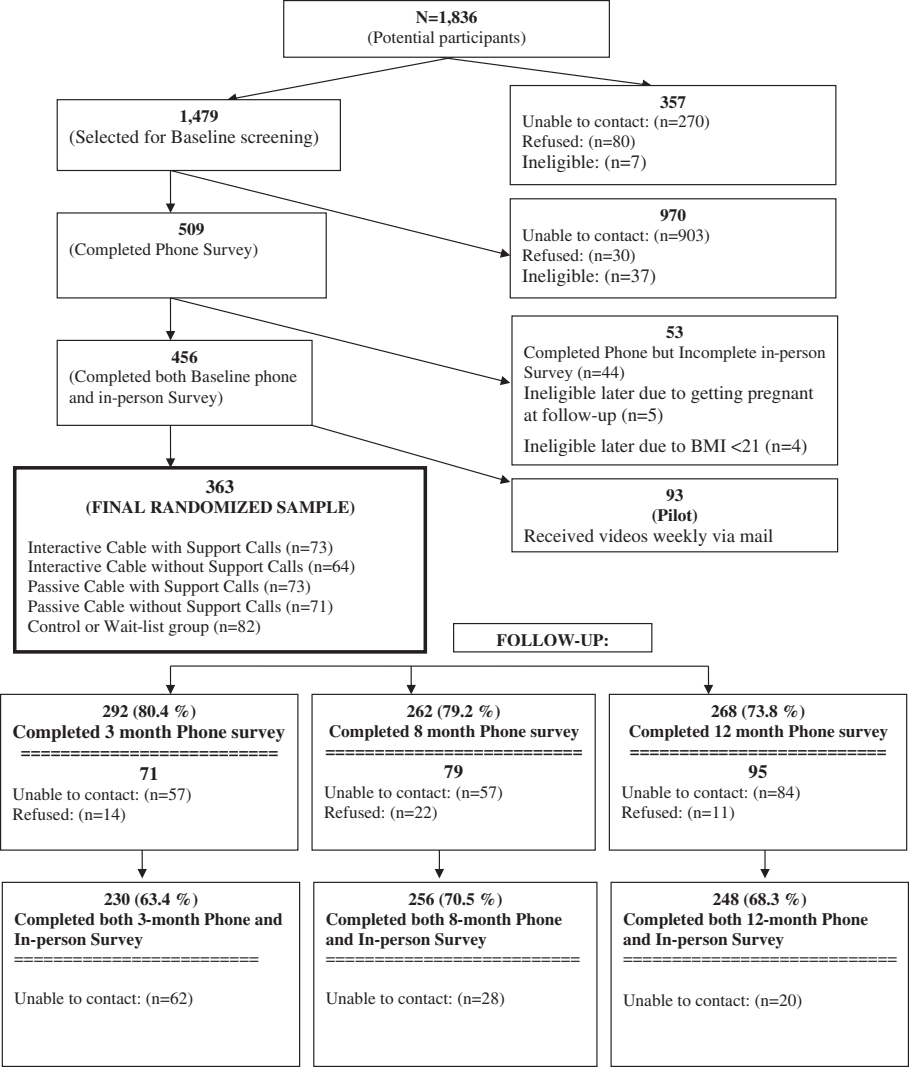
N=1,836
(Potential participants)
1,479
(Selected for Baseline screening)
357
Unable to contact: (n=270)
Refused: (n=80)
Ineligible: (n=7)
509
(Completed Phone Survey)
970
Unable to contact: (n=903)
Refused: (n=30)
Ineligible: (n=37)
456
(Completed both Baseline phone and in-person Survey)
53
Completed Phone but Incomplete in-person Survey (n=44)
Ineligible later due to getting pregnant at follow-up (n=5)
Ineligible later due to BMI <21 (n=4)
363
(FINAL RANDOMIZED SAMPLE)
Interactive Cable with Support Calls (n=73)
Interactive Cable without Support Calls (n=64)
Passive Cable with Support Calls (n=73)
Passive Cable without Support Calls (n=71)
Control or Wait-list group (n=82)
93
(Pilot)
Received videos weekly via mail
FOLLOW-UP:
292 (80.4 %)
Completed 3 month Phone survey
==========
71
Unable to contact: (n=57)
Refused: (n=14)
262 (79.2 %)
Completed 8 month Phone survey
==========
79
Unable to contact: (n=57)
Refused: (n=22)
268 (73.8 %)
Completed 12 month Phone survey
==========
95
Unable to contact: (n=84)
Refused: (n=11)
230 (63.4 %)
Completed both 3-month Phone and In-person Survey
==========
Unable to contact: (n=62)
256 (70.5 %)
Completed both 8-month Phone and In-person Survey
==========
Unable to contact: (n=28)
248 (68.3 %)
Completed both 12-month Phone and In-person Survey
==========
Unable to contact: (n=20)