**Randomised
(n= 123)**

**Allocated to original PIS
(n= 62)**

Received allocated intervention
(n = 60)

Did not receive allocated
intervention (n= 2):
(n= 1 recruited in error; n= 1
posted wrong PIS).

**Allocated to revised
PIS
(n= 61)**

Received allocated
intervention (n= 61)

Allocation

Interviewed (n= 55)

Not interviewed (n= 5):
(n= 3 unwell; n= 1 unwilling to
be interviewed; n= 1 did not
attend)

Interviewed (n= 61)

Not interviewed (n= 0)

Interview