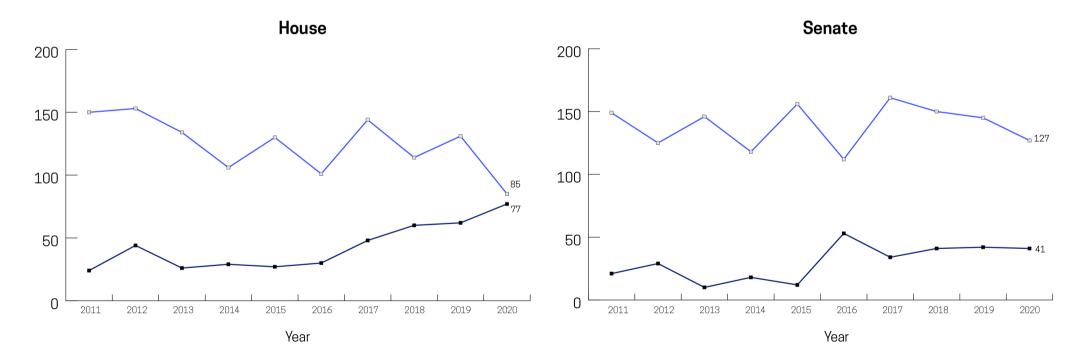
C-SPAN Legislative sessions

Pro forma sessions

Days in Session - 2020

The House met 162 days with 77 being pro forma sessions where no legislative business was conducted. The Senate met 168 days and held 41 pro forma sessions.



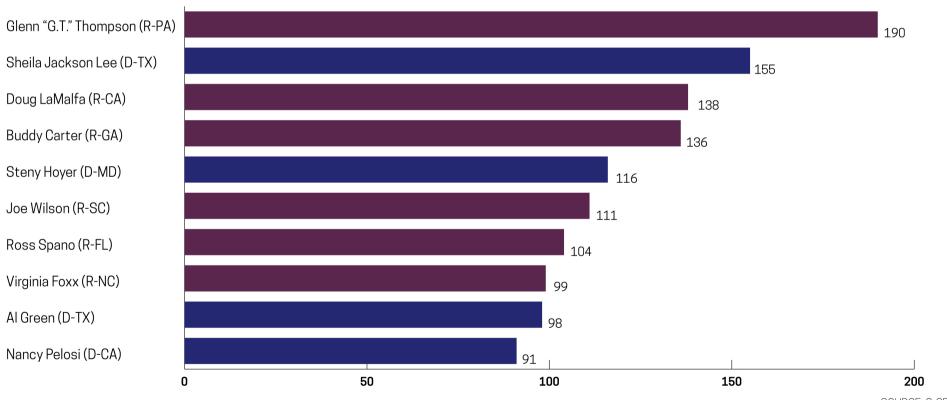
116th Congress: Jan. 3, 2019 - Jan. 3, 2021

SOURCE: C-SPAN.ORG



Floor Days - House

Representatives with the most individual days speaking from the House floor for the 116th Congress

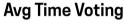


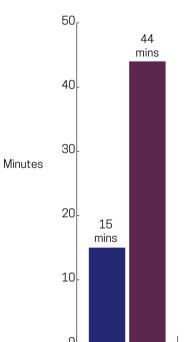
116th Congress: Jan. 3, 2019 - Jan. 3, 2021



Jan. 9 - March 13 March 13 - Jan. 3, 2021

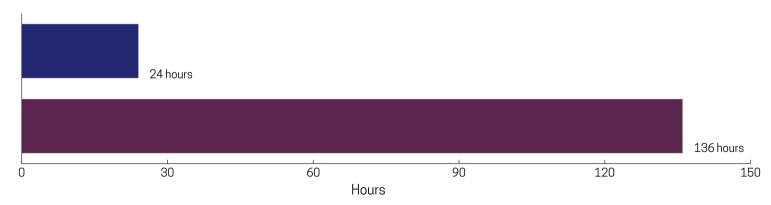
Length of Time Voting on the House Floor





As a response to the COVID-19 pandemic, safety measures were enacted in the House beginning in March. First, there was a limit on the number of members allowed on the House floor at any one time followed by the approval of proxy voting in May – both adding to the time it took the House to complete votes. Once these measures began, the average time it took the House to vote nearly tripled, from 15 to 44 minutes.

Total Time Voting

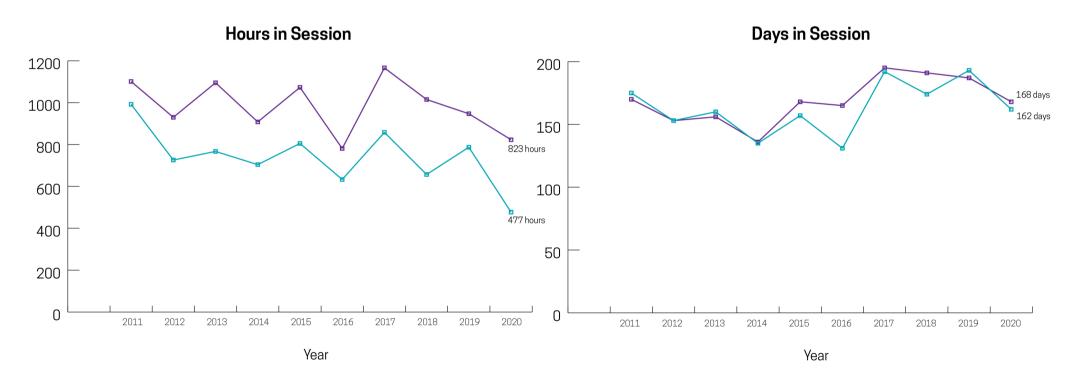


SOURCE: C-SPAN.ORG

Time in Session: Hours & Days - 2020

The House was in session for 477 hours over 162 days. The Senate was in session for 168 session days, totaling 823 hours.





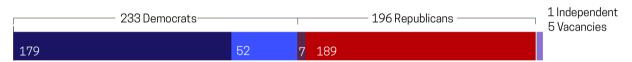
116th Congress: Jan. 3, 2019 - Jan. 3, 2021

C-SPAN

House - Proxy Voting

The passage of H.Res 965 gave members of the House of Representatives the ability to designate another member to vote on their behalf. Overall, 186 members filed letters of proxy between May 2020 - Jan 3. 2021. Of those members, 179 were Democrats and 7 were Republicans.

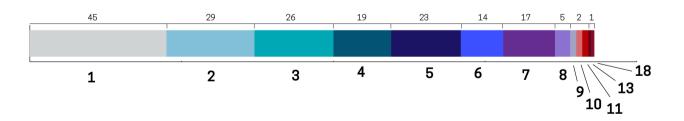
House Party Breakdown



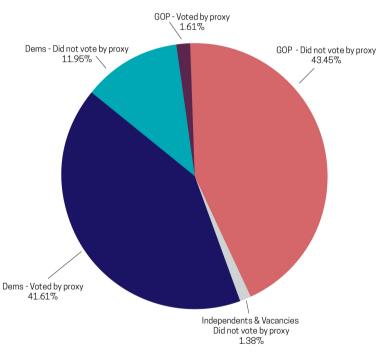
Democrat-Republican Split



Number of proxy votes cast by individual members:



Members who voted by proxy as a percent of the total House membership

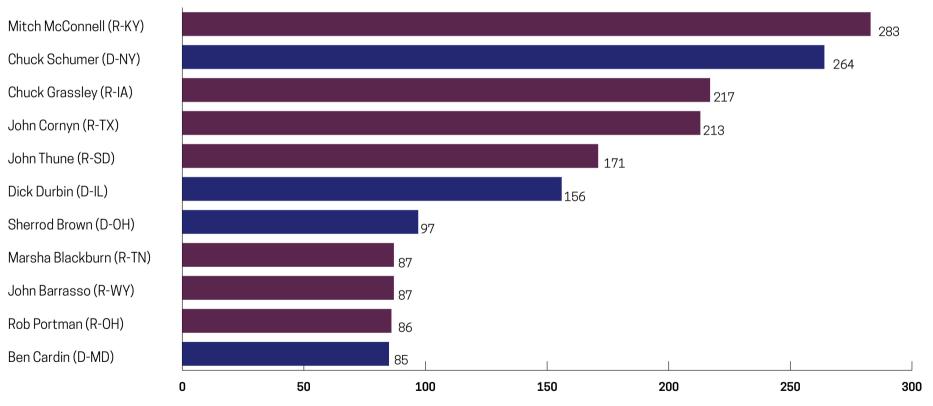


SOURCE: HOUSE CLERK'S OFFICE



Floor Days - Senate

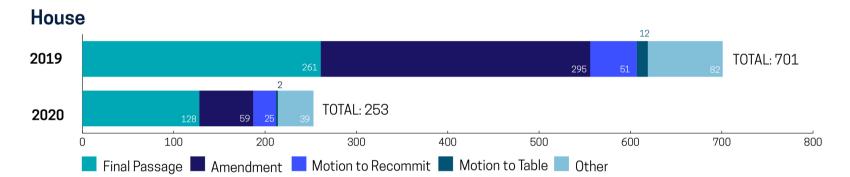
Senators with the most individual days speaking from the Senate floor for the 116th Congress

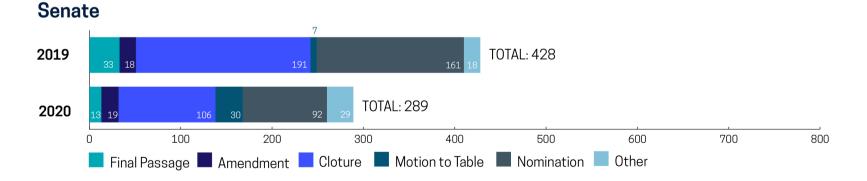




Total Votes

Votes cast in both the House and Senate for the 116th Congress





116th Congress: Jan. 3, 2019 - Jan. 3, 2021