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Data supplement



Fig. DS1 Example of a feedback screen displaying low risk level

Table DS1 Characteristics of the sample at baseline by version and condition

	Version 1: Depression feedback				Version 2: Social Anxiety feedback				F	p
	Feedback intervention (N = 642)		No feedback control (N = 724)		Feedback intervention (N = 700)		No feedback control (N = 705)			
	N	Mean (SD)	N	Mean (SD)	N	Mean (SD)	N	Mean (SD)		
AQoL utility score	629	0.57 (0.27)	718	0.57 (0.27)	690	0.57 (0.26)	694	0.58 (0.27)	0.45	0.505
Days out of role	634	3.75 (7.60)	722	3.48 (7.44)	693	3.35 (7.00)	697	3.69 (7.60)	0.02	0.887
Professional help seeking intentions	635	4.40 (1.78)	722	4.50 (1.77)	693	4.62 (1.77)	696	4.41 (1.76)	0.80	0.371
Depression score (PHQ-9)	642	9.34 (7.37)	724	9.01 (7.24)	480	8.88 (6.90)	481	9.27 (7.02)	0.02	0.886
Social anxiety score (SOPHS)	435	4.97 (5.68)	504	4.61 (5.27)	700	4.98 (5.31)	705	5.18 (5.49)	0.01	0.916
Years of education	639	15.07 (2.63)	699	15.10 (2.67)	723	15.04 (2.73)	703	15.12 (2.80)	0.01	0.930
	N	Count (%)	N	Count (%)	N	Count (%)	N	Count (%)	χ^2	p
Current professional service use	642		724		700		705		2.05	0.563
Yes		376 (58.6%)		399 (55.1%)		400 (57.1%)		410 (58.2%)		
No		266 (41.4%)		325 (44.9%)		300 (42.9%)		295 (41.8%)		
Screening status	606		715		655		688		14.68	0.023
Low risk		360 (59.4%)		418 (58.5%)		409 (62.4%)		420 (61.0%)		
At risk		172 (28.4%)		212 (29.7%)		151 (23.1%)		161 (23.4%)		
High risk		74 (12.2%)		85 (11.9%)		95 (14.5%)		107 (15.6%)		
Age group	641		723		699		705		12.62	0.181
18-45		232 (36.2%)		240 (33.2%)		264 (37.8%)		287 (40.7%)		
46-55		165 (25.7%)		185 (25.6%)		180 (25.8%)		183 (26.0%)		
56-65		161 (25.1%)		197 (27.2%)		175 (25.0%)		161 (22.8%)		
>65		83 (12.9%)		101 (14.0%)		80 (11.4%)		74 (10.5%)		
Gender	635		718		692		700		12.55	0.006

Male	156 (24.6%)	169 (23.5%)	121 (17.5%)	142 (20.3%)		
Female	479 (75.4%)	549 (76.5%)	571 (82.5%)	558 (79.7%)		
Employment	642	724	700	705	2.07	0.558
Employed	336 (52.3%)	382 (52.8%)	391 (55.9%)	376 (53.3%)		
Not employed	306 (47.7%)	342 (47.2%)	309 (44.1%)	329 (46.7%)		
Area of residence	642	724	700	705	5.52	0.479
Metropolitan city	280 (43.6%)	323 (44.6%)	318 (45.4%)	305 (43.3%)		
Regional area	281 (43.8%)	287 (39.6%)	290 (41.4%)	291 (41.3%)		
Rural/remote area	81 (12.6%)	114 (15.7%)	92 (13.1%)	109 (15.5%)		
Language spoken at home	642	724	700	704	1.78	0.620
English only	596 (92.8%)	679 (93.8%)	646 (92.3%)	660 (93.8%)		
Another language	46 (7.2%)	45 (6.2%)	54 (7.7%)	44 (6.3%)		

Notes: **bold** values indicate $p < 0.05$; AQoL: assessment of quality of life; PHQ: Patient Health Questionnaire; SOPHS: Social Phobia Screener; comparison of continuous variables based on F statistics from one-way ANOVA; comparison of categorical variables based on χ^2 values with $df = 3$

Table DS2 Professional service use from baseline to follow-up among completers, as a function of disorder focus, intervention condition and symptom level

		Ongoing service use (BL & F/U)	Exited service use at F/U	New service use at F/U	No service use	χ^2	p
Depression version							
Low risk	Feedback intervention	27 (15.6%)	19 (11.0%)	15 (8.7%)	112 (64.7%)	1.448	0.694
	No feedback control	36 (16.2%)	32 (14.4%)	15 (6.8%)	139 (62.6%)		
At risk	Feedback intervention	37 (45.1%)	15 (18.3%)	6 (7.3%)	24 (29.3%)	0.354	0.950
	No feedback control	51 (49.0%)	19 (18.3%)	7 (6.7%)	27 (26.0%)		
High risk	Feedback intervention	18 (54.5%)	3 (9.1%)	4 (12.1%)	8 (24.2%)	6.854	0.077
	No feedback control	24 (46.2%)	12 (23.1%)	6 (11.5%)	10 (19.2%)		
Social anxiety version							
Low risk	Feedback intervention	21 (23.9%)	16 (18.2%)	3 (3.4%)	48 (54.5%)	7.433	0.059
	No feedback control	22 (20.4%)	9 (8.3%)	11 (10.2%)	66 (61.1%)		
At risk	Feedback intervention	8 (29.6%)	7 (25.9%)	4 (14.8%)	8 (29.6%)	0.549	0.908
	No feedback control	16 (37.2%)	11 (25.6%)	6 (14.0%)	10 (23.3%)		
High risk	Feedback intervention	8 (42.1%)	6 (31.6%)	2 (10.5%)	3 (15.8%)	4.391	0.222
	No feedback control	10 (41.7%)	5 (20.8%)	8 (33.3%)	1 (4.2%)		

Notes: BL: baseline; F/U: follow-up; χ^2 tests with $df = 3$ compare the intervention group with the control group across the four service use categories