

Ástríður Stefánsdóttir
Born on the 10. February 1961

Associate Professor,
The Faculty of Health Promotion,
Sport and Leisure Studies
School of Education,
University of Iceland.



University Education:

Year	Degree	Field of study	Institution
1993	M.A.	Philosophy	Dalhousie University, Halifax, N.S. Canada
1992	B.A.	Philosophy	University of Iceland
1989	Licence to practice medicine	Physician	Ministry of Health
1987	Cand. Med. Et Chir.	Medicine	University of Iceland

Working experience

I have been a University teacher since 1990. First as an Adjunct, later as Assistant Professor and now as an Associate Professor. Main subject in both teaching and research is Applied Ethics. I have focused on ethics and disability studies, as well as on the role of the professional. Further I have concentrated on aspects of multiculturalism and ethics and on the role of the interpreter. Main fields of research are: Autonomy and minority groups, communication and interpretation, professionalism, ethics and disability studies, ethics of science, health care ethics and ethics and public health.

I have worked in diverse fields as a Medical Doctor. I acquired a licence to practice medicine in 1989. In the years 1998-2007 I worked part time as a Physician (Ass. Chief of Medicine) in the Dept. Of Lung diseases and Tuberculosis (Reykjavik Primary Health Care Centre). This is an ambulatory clinic for immigrants, where they are screened and treated for infectious diseases.

In the years 1997-98 I was Chief of the department of sign language interpretation at The Communication Centre for The Deaf and Hard of Hearing.

Bibliography (from 2010)

2018:

Astridur Stefánsdóttir, Ruth Jörgensdóttir Rauterberg (2018). "Relationale Autonomie von Menschen mit einer Geistigen Behinderung" in *Ethische Dimensionen Inklusiver Bildung* (ed. Michael Quante / Silvia Wiedebusch / Heidrun Wulfekühler). Beltz Juventa. Weinheim Basel

Astridur Stefánsdóttir.(2018). „Is ‘surrogacy’ an infertility treatment?“. *Clinical Ethics*. Vol. 13(2) 75–81

Stefánsdóttir, Guðrún, et al. (2018). Autonomy and People with Intellectual Disabilities Who Require More Intensive Support. *Scandinavian Journal of Disability Research*, 20(1), pp. 162–171. DOI: <https://doi.org/10.16993/sjdr.21> (skrifað með Guðrúnu Stefánsdóttur og Kristínu Björnsdóttur)

2017:

Kristín Björnsdóttir, Ástríður Stefánsdóttir og Guðrún Stefánsdóttir (2017). People with intellectual disabilities negotiate autonomy, gender and sexuality. *Sexuality and Disability*, 35(3), 295–311.

2016. Ástríður Stefánsdóttir. *Hvers vegna hafa læknar áhuga á feitu fólki? Um sjúkdómsvæðingu offitu* [Why are doctors interested in fat people? on the medicalization of obesity]. Sérít Netla – Vef tímarit um uppeldi og menntun: Sérít 2016 – Menntun, mannvit og margbreytileiki. Greinar frá Menntakviku

2015. Kristín Björnsdóttir, Guðrún V. Stefánsdóttir og Ástríður Stefánsdóttir: "Its my life"; *Autonomy and people with intellectual disabilities*. *Journal of Intellectual Disabilities*.

2015. Ástríður Stefánsdóttir. *Um heilbrigði og gott líf* [On health and good life] Netla - Vef tímarit um uppeldi og menntun: Sérít 2015 – Hlutverk og menntun þroskaþjálfara

2015. Ástríður Stefánsdóttir. *Reproductive technology and Surrogacy, a global perspective*. Chapter 5. In a report from the Nordic Bioethic Committee: Retrieved from: <http://ncbio.spektermedia.net/english/arkiv/TN2015561-surrogacy.pdf>

2014. Kristín Björnsdóttir, Guðrún V. Stefánsdóttir og Ástríður Stefánsdóttir: "Má ég fá að ráða mínu eigin lífi?" *Sjálfræði og fólk með þroskahömlun* [Can I make my own choices? Autonomy in the lives of people with intellectual disability]. *Icelandic Journal of education*. 23 (2).

2013. Ástríður Stefánsdóttir. *Eigindlegar rannsóknir og siðferðileg álitamál* [Ethical concerns in qualitative research]. Netla – Vef tímarit um uppeldi og menntun: Sérít 2013 – Rannsóknir og skólastarf. Menntavísindasvið Háskóla Íslands.

2012. Ástríður Stefánsdóttir., *Hvernig ber að skilja sjálfræði?* [How are we to understand autonomy?]. Grein í sérri Netlu vegna Menntakviku 2012. Menntavísindasvið H.Í.

2011. Ástríður Stefánsdóttir. *Seinfærir foreldrar, fjölskyldan, fagfólk og foreldrar í ljósi mannréttindasáttmála*. [Parents with learning difficulties; the Family, Professionals and Parents in view of Human Rights Conventions] *Rannsóknir í félagsvísindum XII*, Félags- og mannvísindadeild. (ritstjórar: Ása Guðný Ásgeirsdóttir, Helga Björnsdóttir og Helga Ólafsdóttir). Félagsvísindastofnun Háskóla Íslands. (http://skemman.is/stream/get/1946/10261/25581/1/Rannsoknir_i_felagsvisindum_XI_I_Felagsogmannv_deild.pdf)

2011. Ástríður Stefánsdóttir. *Offita sjúkdómur einstaklings eða vandi samfélags?* [Obesity; a Personal Disease or a Social Problem] Í bókinni [book chapter]: *Siðfræði og samfélag* (ritstj. Salvör Nordal og Vilhjálmur Árnason) Reykjavík: Háskólaútgáfan.

2010. Ástríður Stefánsdóttir. *Foreldrahlutverk og fjölskyldubönd; siðferðilegar vangaveltur um gjafaegg, gjafasæði og staðgöngumæðrun*. [Family Ties and the Role of the Parent; Ethical Evaluations on Donor Eggs, Donor Sperm and Surrogacy] Í bókinni [book chapter] *Heiðursriti Ármanns Snævarr*, Reykjavík: Bókaútgáfan Codex.

2010. Ástríður Stefánsdóttir. *The Sale of Genetic Information: Ethical Aspects of Genetic Analysis*. In: Consumer Medicine (ed. Aaro Tupasela). Copenhagen: Nordic Council of Ministers.

2010. *Report on Surrogacy; ethical, legal and medical aspects*, for the Icelandic Ministry of Health, (Authors: Ástríður Stefánsdóttir, Guðríður Þorsteinsdóttir og Kristján Oddsson)

Lectures on national and international conferences (from 2010)

2018:

Fósturgreiningar og manngildi [Fetal diagnostic and human worth] lecture in: University of Iceland, Hugvísindaping.

The limits of Medicin. Lecture in: Science conference, Surgery and Critical Care, Hilton Reykjavik Nordica þann 23-24. March

Ethical views in prenatal screening and diagnosis, NNFM (Nordic Network of Fetal Medicine) meeting in Reykjavík May 2nd - 4th 2018. Hotel Natura, Reykjavik,

2017:

Hvað er athugavert við fóstur með Downsheilkenni? [What is wrong with a Downs fetus?] lecture in University of Iceland, Menntakvika.

Autonomy, gender and the need for support. Lecture in NNDR (Nordic Network on Disability Research), Örebro 3-5 May

2016:

21.nóv. Ráðstefna um íslenskar æskulýðsrannsóknir. Þátttaka barna og ungmenna. heiti erindis: *Offita og staðalímyndir ungs fólks* [Young people; Obesity and stereotypes]

11.nóv. Ráðstefnuheiti: Daglega lífið: Fötlun, fjölskyldur og sjálfræði.heiti erindis: *Sjálfræði, án orða*. [Autonomy without words]

28.okt. Þjóðarspegill. *Að vera "feitur" eða "sjúkur"* [To be fat or sick]

7.okt. Menntakvika. *Hvers vegna hafa lækningar áhuga á feitu fólki?* [Why are physicians so interested in fat people?]

22.sept. Preventing overdiagnosis, Barcelona (20-22.sept): *Why are fat people the focus of medical attention?*

7.sept. The Lancaster disability studies conference (6-8.sept) *Is the possession of language necessary for autonomy?*

16.apríl. Ástríður Stefánsdóttir og Sigurður Kristinsson: Samræðing um eigindlegar rannsóknir við Háskólann á Akureyri. *Síðareglur og síðferðileg álitamál í eigindlegum rannsóknum* [Ethical codes and ethical concerns in qualitative research]

12.mars. Hugvísindafingur: *Hvert er hlutverk læknisins gagnvart dauðanum?* [What is the role of the doctor when death approaches?]

2015:

20.nóv. Erindi á ráðstefnunni Íslenskar Æskulýðsrannsóknir. *Að vera feitur eða þjást af offitu.* [To be fat or to suffer from obesity]

5.-6. Nóv. Fræðadaga Heilsugæslu höfuðborgarsvæðisins, Opnunarfyrirlestur [Panel lecture] Grand Hótel, Reykjavík, *Að vera heill; hugleiðingar um heilbrigði og gott líf.* [To be healthy; some thoughts on health and the good life]

30.okt. Þjóðarspegill. *Er tungumálið nauðsynleg forsenda sjálfræðis?* [Is formal language necessary for autonomy?]

2.okt. Menntakvika. *Sjálfræði, kyngervi og fólk með þroskahömlun.* [Autonomy, gender and people with intellectual disability]

3rd Annual Weight Stigma Conference, 18th-19th sept. Reykjavik,

Why are fat people the focus of medical attention?

29th European Conference on Philosophy of Medicine and Health Care 19-22 ágúst, *Self determination of the elderly in Icelandic nursing homes.* (with Vilhjálmur Árnason)

8.júní. Nordic-Baltic Network for Philosophy of Medicine and Medical Ethics Annual Workshop Issues in Bioethics and Philosophy of Medicine Ersta Sköndal. University College, Stockholm, Sweden. *Is being fat a health problem?*

7. maí, Bergen. Noregi. NNDR (Nordic Network in Disability Research). *Relational autonomy; definition and use in the life's of people with disability*

2014:

Hugvísindafingur. *Hagnýt síðfræði: Aðferðafræðileg tilraun* [Applied ethics: Experimenting with methodology]

2013:

26.-27.ágúst Ráðstefna á vegum Nordic Bioethic Committee, Reykjavík.

Surrogacy and the Healthcare Service. Erindi á ráðstefnu Heilsugæslunnar, Grand Hotel. *Siðferðileg álitamál og staðgöngumæðrun.* [Surrogacy; ethical concerns]

2012:

Dec. 10-12. Conference on: Relational Selves and Families in Medicine. Linköping University. Humanities Forum: Gender and Health. *Should surrogacy be a part of ordinary health service?*

7.nóv. Fyrirlestraröð sem haldin var fyrir þroskaþjálfara um stöðu fagstétta, fagmennsku, traust og siðareglur á haustmánuðum. *Hlutverk siðareglna* [What is the role of professional Codes of Ethics?]

5.okt. Menntakvika. Ráðstefnu Menntavísindasviðs Háskóla Íslands. *Sjálfræði í samningi Sameinuðu þjóðanna.* [Autonomy in the UN Convention on the Rights of Persons with Disabilities]

3.okt Fyrirlestraröð sem haldin var fyrir þroskaþjálfara um stöðu fagstétta, fagmennsku, traust og siðareglur á haustmánuðum *Fagmennska og traust* [Professionalism and trust]

14.sept. Erindi flutt á málþingi í tilefni útgáfu bókarinnar: Við góða heilsu; Konur og heilbrigði í nútímasamfélagi. *Er staðgöngumæðrun heilbrigðisþjónusta?* [Is surrogacy health service?]

5.sept Fyrirlestraröð sem haldin var fyrir þroskaþjálfara um stöðu fagstétta, fagmennsku, traust og siðareglur á haustmánuðum *Staða fagstétta í samfélaginu* [What is the role of the profession?]

14.mars. Ráðstefnu sem haldin var á Grand Hotel Reykjavík á vegum FFA. *Sjálfræði og þroski, um mikilvægi tjáningar.* [Autonomy and personal growth; on the importance of communication]

2011:

7.nóv. Fyrirlestur hjá rannsóknarstofu í þroskaþjálfarafræðum. *Sjálfræði sem siðferðilegt hugtak.* [Autonomy as an ethical concept]

Þjóðarspegill. *Seinfærir foreldrar: Fjölskyldan, fagfólk og samfélag í ljósi mannréttindasáttmála,* [Parents with learning difficulties; the Family, Professionals and Parents in view of Human Rights Conventions]

30 sept. Menntakvika, ráðstefna Menntavísindasviðs Háskóla Íslands. *Sjálfræði sem siðferðilegt hugtak; merking þess og gildi* [Autonomy in ethics; on meaning and value]

11.mars Erindi á ráðstefnu vegum fagdeildar félagsráðgjafa í barnavernd og Félagsþjónustunnar í Hafnarfirði. *Fjölskyldur, foreldrar og börn; Hvaða siðferðilegu gildi eru í húfi?* [Families, parents and children; What is ethically at stake?]

Lagadagurinn Þátttaka í umræðum á rökstólum. Ráðstefna á vegum Lögfræðingafélags Íslands, Lögmannafélags Íslands og Dómarafélags Íslands. *Er það réttur allra að eignast barn?* [Should everyone have the right to have a child?]

27.jan. Fyrirlestur á vegum RIKK, haldinn í Öskju 2011. *Frelsi eða höft? Staðgöngumæðrun og staða kvenna.* [Freedom or restriction? Surrogacy and the position of women]

2010:

5.nóv. Íslenskar æskulýðsrannsóknir. Haldið í húsnæði Menntavísindasviðs H.Í. Bratta. *Hvað er farsælt samfélag? Um misskiptingu auðs og velferð barna og*

unglinga. [What is a good community? On the gap between the rich and the poor and the well-being of young people]

22. október Menntakvika: rannsóknir, nýbreytni og þróun. ráðstefnu Menntavísindasviðs Háskóla Íslands. *Eru engin siðferðileg álitamál í eigindlegum rannsóknum?* [Are there no ethical problems in qualitative research?]

19.sept. A nordic symposium on „Research ethics“ in relation to a doctoral course. Siðfræðistofnun H.Í. Haldið í Skálholti. *The Limits of the Helsinki Declaration in light of qualitative research*,

30.-31.ágúst. Public Health-Ethical Issues, ráðstefna á vegum The Nordic Committee on Bioethics, Reykjavík, Hotel Saga. *Obesity: A Personal Illness or a Public Problem?*

27.feb. Ráðstefna FUM. Í húsnæði Menntavísindasviðs H.Í við Stakkahlíð. *Siðferðileg álitamál; um tengsl rannsakanda og þátttakenda í nýrri rannsóknarhefð*. [Ethical concerns regarding the connection between researcher and participant in qualitative research]

Supervision of master´s students; MA-thesis

Rebekka Sif Pétursdóttir. „Að viðhalda þyngdartapi,, [To sustain Weight Loss] Leiðbeinandi: Ástríður Stefánsdóttir. Sérfræðingur Steingerður Ólafsdóttir. Maí 2018

Sigurbjörn Birgisson. "Siðferðileg álitamál tengd næringu um görn. Réttur sjúklings til að þiggja eða hafna næringu". [Ethical evaluations on forced feeding of patients]. May 2011. (<http://skemman.is/item/view/1946/8621>). Co-supervisor Professor Vilhjálmur Árnason

Kristín Helga Þórarinsdóttir. „Misþjóðandi framferði gagnvart einstaklingum með heilabilun á öldrunarstofnunum - siðfræðileg umfjöllun“ [Diminishing Conduct Towards People with Alzheimer in Homes for the Elderly: an Ethical Evaluation] . January 2012. (<http://hdl.handle.net/1946/10481>). Specialist: Helga Hansdóttir M.D.

Administration (from 2010)

2012-2016: Head of Faculty of, Sport, Leisure Studies and Social Education.

2010 – 2012: Program co-ordinator in Social Education

Committees: University of Iceland (from 2010)

2010-2018. Appointed by the School of Education to sit in the board of the Centre for Ethics at the University of Iceland

2014-2018. The Ethical Review Board of the University of Iceland. Appointed by the Board of the School of Education.

2015-2016. Appointed by the Board of the School of Education, to review Faculty division in the School of Education

2015. Was in a working group appointed by the University Council, which examined the future structure and placement of undergraduate studies in Sports and Health Sciences at the University of Iceland.

2011-2014. Appointed by the School of Education to lay the groundwork for the rules currently in force by the Ethical Review Board of the University of Iceland

2013-2014. Led the the self-review team of the Faculty of Sports Studies, Leisure Studies, and Social Education that was done according to the Icelandic Quality Enhancement Framework.

Other Committees (from 2010)

2018- Appointed by the Directorate of Health to be in the National Cancer Screening Review Council.

2009-2010. Appointed by the Centre of Ethics to work for the Ministry of Health in a committee on Surrogacy. The agenda was to see if it was feasible to implement new laws on Gestational Surrogacy

2008-2011. The Ethical Review Board of the Landspítali University Hospital. Appointed by the Directorate of Health. (Deputy member)

2001-2012. The Ethical Committee of the Icelandic Medical Association.