

# Curriculum vitae

## Ólöf Guðný Geirsdóttir

**Born:** 03.11.1968; Reykjavik, Iceland

**Workplace:** University of Iceland, School of Health -faculty of food and nutrition

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### Google scholar profile:

<http://scholar.google.com/citations?user=Br01tOwAAAAJ>

## Education

2011 PhD. in Human Nutrition, University of Iceland

2004 Teaching studies, for higher education graduate diploma, University of Education

2001 M.Sc. in Human Nutrition, University of Iceland and in association with Karolinska  
Instituted in Stockholm (Public health nutrition)

1999 B.Sc. in Food Science, University of Iceland

## Occupation

2015- Associate Professor, at Faculty of Food Science and Nutrition, School of Health  
Sciences, University of Iceland

2012-2015 Assistance Professor, at Faculty of Food Science and Nutrition, School of Health  
Sciences, University of Iceland

2011-2012 Nutritionist at unit of Eating disorder for child and adolescent, Landspítali-  
University Hospital

2011- Part time teaching in Nutrition for elderly, Faculty of Nursing, School of  
Health Sciences, University of Iceland

2011- 2018 Project manager at The Icelandic Gerontological Research Center (RHLÖ)

2010- 2018 Teacher in Human nutrition for special patients groups. Framvegis. Continuing  
education courses for nursing assistants.

2008-2011 PhD-student; IceProQualita project (The Technological Development and  
Innovation Fund) at Unit for Nutrition Research, University of Iceland

2008-2009 Part time teaching at the Centre for Sport and Health Sciences, University of  
Education, Laugarvatn, Iceland

2005-2008 Nutritionist at unit of Eating disorder for child and adolescent, Landspítali-  
University Hospital

2004-2005 Teacher in Human Nutrition, Faculty of Teachers education, University of  
Iceland

2003- 2016 Part time teaching in Human Nutrition and dysphagia, Faculty of Sports, Social  
Education and Leisure Studies, University of Iceland

- 2003-2008 Nutritionist at unit of Eating disorder, The National University Hospital of Iceland
- 2001-2008 Nutritionist at unit of Neurology, National University Hospital of Iceland
- 2001-2006 Nutritionist at unit of Psychiatric, National University Hospital of Iceland
- 2001-2003 Nutritionist at unit of Heart disease, National University Hospital of Iceland
- 2001-2002 Nutritionist at unit of Oncology, National University Hospital of Iceland
- 2000-2005 Part time teaching in Human Nutrition, Faculty of Nursing, School of Health Sciences, University of Iceland
- 1999-2011 Part time teaching in Human Nutrition, Faculty of Food Science and Nutrition, School of Health Sciences, University of Iceland

## Other professional work

- 2018 Winner of prize for promising researcher in gerontology 2018 at NKG24 in Oslo
- 2010 Clinical guidelines for nursing - Prevention nutritional and hydration problems of patients after stroke. Landspítali-University Hospital. Expert/reviewer in the project group. <http://www.landspitali.is/lisalib/getfile.aspx?itemid=27674>
- 2008 Public recommendation - Handbook of food and nutrition for the elderly. The Public Health Institute of Iceland. ISBN 978-9979-9843-4-4. Expert/reviewer in the project group.
- 2007 Clinical guidelines for prevention of falls. Landspítali-University Hospital. Expert/reviewer in the project group reviewing the new recommendations. <http://innri.lsh.is/lisalib/getfile.aspx?itemid=20620>

## Opponent

- 2011 **Helga S. Lárusdóttir** for the degree of Master of Public Health Science. University of Iceland, Faculty of Medicine, Department of Public Health Sciences.
- 2011 **Vaka Rögnvaldsdóttir** for the degree of Master of Science. University of Iceland, Faculty of Sport, Leisure Studies and Social Education Department of Sport- and Health Sciences School of Education
- 2016 **Sara Bjargardóttir** for the degree of Master of Science. University of Iceland, Faculty of Medicine, Department of Speech therapy.

## Supervisor

- 2017 **Helga Guðrún Friðjónsdóttir** *The diet of young Icelanders with psychotic disorders and weight development over 12 months' period: Comparison with the general population.* University of Iceland, Faculty of Food Science and Nutrition
- 2017 **Björk Bragadóttir** *Heilbrigður lífsstíll einstaklinga eldri en 60 ára.* Lokaverkefni til MA-gráðu í öldrunarfræði. Félagssráðgjafardeild, Félagsvísindasvið Háskóla Íslands.
- 2017 **Berglind Soffía Blöndal** *Forrannsókn: Næringarástand aldraðra eftir útskrift af öldrunardeild - Félagshagfræðileg staða, fæðuöryggi og fæðuframboð.* For the degree

of Master of Science in nutrition, University of Iceland, Faculty of Food Science and Nutrition

- 2017 **Vilborg Kolbrún Vilmundardóttir** *Næringarástand skjólstæðinga Göngudeildar hjartabilunar á Landspítala Háskólasjúkrahúsi. Fæða, færni og líðan.* For the degree of Master of Science in nutrition, University of Iceland, Faculty of Food Science and Nutrition
- 2016 **Elísabet Reynisdóttir** *Mannrækt - Heildræn heilsuefling á vinnustöðum.* For the degree of Master of Science in nutrition, University of Iceland, Faculty of Food Science and Nutrition
- 2016 **Elínborg Hilmarsdóttir** *Diet and children with Attention deficit hyperactivity disorder. Impact of healthy diet.* For the degree of Master of Science in nutrition, University of Iceland, Faculty of Food Science and Nutrition
- 2016 **Katrín Sif Kristbjörnsdóttir** *Nutritional status of patients at geriatric unit - Their attitude and wastage of food.* For the degree of Master of Science in clinical nutrition, University of Iceland, Faculty of Food Science and Nutrition
- 2015 **Freydís Guðný Hjálmarsdóttir** *Few foods diet – a pilot study on compliance and effect on the ADHD symptoms in children.* For the degree of Master of Science in nutrition, University of Iceland, Faculty of Food Science and Nutrition
- 2014 **Erna Sif Óskarsdóttir.** *Serum 25(OH)D levels and blood glucose regulation among Icelandic patients with Parkinson's disease An opportunity for improved quality of life?* For the degree of Master of Science in nutrition, University of Iceland, Faculty of Food Science and Nutrition

### ***Other occupation***

- 2013-2014 Stjórn og í samninganefnd Stéttarfélag háskólamanna á matvæla- og næringarsviði (SHMN)
- 2013-2016 Varamaður Heilbrigðisvísindasviðs Háskóla Íslands í ráðgjafahópi vegna vinnu við gerð Krabbameinsáætlunar á vegum Velferðarráðuneytis
- 2012- Vísindanefnd Öldrunarfræðafélags Íslands
- 2011-2013 Fagráð Heilaheilla
- 2010- Stýrihópur heilbrigðisvísindasviðs Háskóla Íslands um þverfaglega nemagöngudeild „Heilsutorg“
- 2009- Löggildinganefnd Matvæla- og næringarfræðifélag Íslands (MNÍ)
- 2006-2008 Nefnd um gerð klínískra leiðbeininga varðandi umönnun heilablóðfalls (stroke) sjúklinga á taugalækningadeild LSH

- 2005-2007 Stjórn Matvæla- og næringarfræðifélags Íslands (MNÍ)
- 2001-20011 Kjarasamninganefnd Stéttafélags háskólamanna á matvæla- og næringarsviði (SHMN) fyrir ríkisstarfsmenn innan SHMN
- 2001-2008 Stjórn Stéttarfélag háskólamanna á matvæla- og næringarsviði (SHMN)