

Jakob Frímann Þorsteinsson

PROFILE

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CURRENT POSITION:

School of Education: Faculty of Health Promotion, Sport and Leisure Studies
Adjunct in Department of Leisure studies

EDUCATION:

2016 Working on my PhD with focus on Outdoor Education.
2011 MA in Teaching and Learning Studies from University of Iceland
2000 Diploma in Business and Administration from Continuing Education - University of Iceland.
1993 B.Ed. degree from Iceland University of Education.

University Positions

2004- Adjunct at Iceland University of Education
2012-2016 Department Chair of Leisure Studies and Social pedagogy
2003-2004 Part-time teacher at Iceland University of Education

Book

2011. **Að leika, læra og þroskast úti. Um útilíf, úti- og ævintýranám í frístundum og skólastarfi.** [To Play, learn and mature. About friluftsliv, Outdoor- and Adventure learning in leisure and schools]. Áskorun ehf., Reykjavík. 118 bls..

Book chapters

2017. **Tómstundir og menntun [Leisure and Education].** Í Alfa Aradóttir, Eygló Rúnarsdóttir og Hulda Valdís Valdimarsdóttir (ed). Frístundir og fagmennska [Leisure and Professionalism]. (p. 45 – 61). Reykjavík: Félag fagfólks í frítímaþjónustu, Félag íþróttá-, æskulýðs- og tómstundafulltrúa á Íslandi og Rannsóknarstofa í tómstundafræði við HÍ.

2014. **Non-formal Outdoor learning in Leisure centres.** Í E. Backman, B. Humberstone og C. Loynes (ed.) Urban nature: inclusive learning through youth work and school work (bls.98-121). Borås: Recito Förlag AB.

Papers

Peer-reviewed

2014. Vanda Sigurgeirsdóttir og Jakob Frímann Þorsteinsson. **Gæði og gagnsemi náms í tómstunda- og félagsmálafræði: Rannsókn meðal brautskráðra nemenda 2005–2012.** [Quality and utility of educations in Leisure studies and social pedagogy: Research among graduates 2005–2012]. *Tímarit um menntarannsóknir*. 11, 89-109.

Other papers

2018. (með Hervör Alma Árnadóttir og Karen Rut Gísladóttir). **Walking in wilderness: Reflection for personal and professional growth.** *Pathways*, Winter 2017, 30(2), bls. 16-22.

2015. Ævar Aðalsteinsson og Jakob Frímann Þorsteinsson. **Útivist í þéttbýli - Saga, gildi og tækifæri.** [Outdoor Recreation in urban areas. History, value and opportunities]. Ritstýrð grein birt í sérriiti Netlu um útinám.

2014. **Ný menntun í takt við kröfur samtímans: Tómsunda- og félagsmálafræði við Háskóla Íslands** [New education in line with contemporary requirements: Leisure and social pedagogy at the University of Iceland]. *Uppeldi og menntun*. 23,(1). 99-105.

2014. **Care and Adventure Education: Adventure-based Outdoor Journeys Provide Suitable Conditions for Giving and Receiving Care.** *Pathways. The Ontario Journal of Outdoor Education*, 26(2), 20-28

Reports

2018. Reynsla af þróunarverkefni í skólabúðunum á Úlfjótssvatni árið 2017. Skýrsla um rannsókn unnin fyrir Skóla- og frístundasvið Reykjavíkurborgar og Útilífsmiðstöð skáta á Úlfjótssvatni. Rannsóknarstofa í tómstundafræði. [Experience of a development project in the Outdoor Centre at Úlfjótssvatn in 2017. Report on study conducted for the School and Leisure Division of the City of Reykjavik and the Scout Outdoor Centre at Úlfjótssvatn. Published by the Research in Leisure Studies]

2016. **Final report in the European project "Under an Open Sky"**

2016. Hervör Alma Árnadóttir, Þorsteinsson, J.F. and Gísladóttir, K.R. **Holding the space: Evaluation report on the testing phase in project Reflect** Educational Research Institute, School of Education at the University of Iceland ISBN: 978-9935-468-11-6 See report at http://menntavisingindastofnun.hi.is/sites/menntavisingindastofnun.hi.is/files/reflect_report_0.pdf

2016. (with Concetta, T., D'Agostino, M., Vilder, D., Deltuva, A., Fedeli, M., Frison, D., Gísladóttir, K. R., Jackiené, E., Jakube, A., Jasiene, G., Árnadóttir, H. A., Leysen, J., Minnoni, E., Paci, A., Taylor, M., Vandenbussche, B. Vansieleghe, N. and Vilhjálmsón, B.) **Holding the space. Facilitating reflection and inner readiness for learning.** E., Jakube, Jasiene, G., Taylor, M. and Vandenbussche, B. (eds). Ghent: Sintjoris Graphius. Skýrslan gefin út sem bók ISBN: 9789082139983 2016 More information at http://www.reflecting.eu/wp_cont/uploads/2016/08/Holding-the-space-website-small.pdf

See more info in my CV in Icelandic:

<https://ugla.hi.is/pub/hi/simaskra/ritaskra/cb2b818a5bd5.pdf>