

Tendency of mass people to misunderstand (intentionally or not) the agony of the psychiatric patient and tormenting them as a subject of mockery with an emphasize on somatic-symptom disorder

Deep Bhattacharjee

Project Director of AATWRI – R&D Directorate of Electro-Gravitation Simulation & Propulsion Laboratory, Bhubaneswar, Odisha, India

Psychiatric disorders' or as emphasized in the paper in the form of somatic-symptom disorder, a sub-category of Schizophrenia has been from the ancient of the human civilization, when the medicinal approach and treatment of the subject hasn't been developed yet, the notion of the affected subject to be under some spiritual subjugation has automatically been implied on the minds of the people which leads to immense torture and torment of the subject by the society. However, in the modern medical scenario, the situation has shifted from spiritual/evilness to the extreme derision where it has been already implied on the healthy societies brain that, the subject is intentionally acting like a patient or it's a 'disease of the mind' with no associated physical pain which being attributed to the tendency of late diagnosis and recovery, makes the subject a sheer block of 'sarcasm' among the healthy society where they tries their best to make 'the fun out of him' as regards to his continuous pain and suffering. This generally amplified by the delay in the starting of the treatment for the difficulty of the doctors to diagnose the disease, as not so developed instruments are still in their infancy to detect and derelict the mental disorders, where in most of the time, the golden period of diagnosis is either over or even if psychiatric treatment is initiated can lead to a more defocused effects as doctors itself finds it difficult to approach the right medicine to the disordered person, where, in case, they have to go from one doctor to another in the risk of a trial and error effect.

KEYWORDS: Mental disorders – Somatoform disorders – Schizophrenia – Mockery – Mental subjugation – Peer abusing – Pain.

Mental disease or disorders may be fatal to one who is not diagnosed properly. In the medieval period the mental patients are either burned alive or hanged as because there was a common notion that mentally unstable people's are upon an influence of evil spirits or foul souls. But with the advancement of cognitive psychology mental diseases can be controlled but not totally cured. The most mysterious disease is the DID or Dissociative Identity Disorder. In this disorder the person is said to be different from multiple masked consciousness' under a single master consciousness. This is also called Multiple Personality Disorder. Multiple personality arises with no common link between them, that means the subject is unaware of its other personality trait that might happen after some time. There is no common cognitive linking. Moreover, there can be other diseases like Migraine, Alzheimers, Parkinson's. Each is with their ubiquity characteristics. But, the main culprit of human brain is Schizophrenia – A disorder that affects a person's ability to think, feel and behave clearly. This needs to be explored in details.

There are 4 lobes inside a human brain. Temporal lobe, Parietal Lobe, Frontal Lobe, Occipital Lobe. Each lobe is there inside 2 hemispheres of brain – Right & Left hemispheres connected by a common linking called Corpus Callosum. There are 100 billion neurons with at least 10,000 Synaptic Knob from dendrites that makes a total neural pathway of 1 Quintillion Connections (1 followed by 15 Zeros) inside an adult brain. There are millions of Glial cells that makes the cognitive Consciousness' and memory inside the hippocampus. Now, When this neurons misfire or doesn't fire in a coordinate fashion then the Alpha, Beta & Theta waves

from Electro – ENCEPHELOGRAPHY shows random curves which marked the improper firing of the Right Neurons' at the wrong time. A human brain atlas is very difficult to be constructed as because this is extremely fuzzy and complicated as because of 1,000,000,000,000 neural pathways with each group corresponding to specific stimuli.

Our Mind is a master of Cognitive Consciousness' as because we humans are the only living species with Level III Consciousness'. Only we humans are capable of a proper end to end communication with the material & mental world in an exact Pattern and sometimes also with the supernatural and paranormal world through deep meditation or Hypnosis. We are an infinite spiritual entity with a temporary Human experience. We are there in this earth in the form of numerous other species and we are also there in the world of eternal illusion between each death & birth. Every single memory is stored inside the Hippocampus of the Brain in deep down memory locations layer by layer. So, to activate it, some jerk or imbalance is needed from the synaptic electrical impulses of our neurons. When this polarized neurons misfires then the deep down memory locations are suddenly gets activated thereby forming delusions & hallucinations. This is when accompanied by depression & anxiety, sometimes bipolar (both excessive depression & happiness with an irregular fluctuations) disorder then the person is concerned to have been affected by Schizophrenia. This disease in turn activates a special class of neurons called Cholinergic Neurons which can only have instant access with our deep-down subconscious mind and they picks up those memories into the Visual Cortex of the Occipital Lobe which we experience as dreams accompanied by REM (Rapid Eye Movement), sleep and

insomnia. Our mind is the gateway to the super-conscious world of Superego. Only through our mind we can access the paranormal notions or superficial experiences but these are kept hidden deep inside the human brain. A damage to the left hemisphere of the brain may sometimes unlock the power of the Right hemisphere which makes a man more active or depressed than normal but that's not the case in all the times.

We humans are the master of prediction. We can Predict the future with a high level of accuracy and this future prediction when goes wrong in front of the eye then we laughs. This is humor which is the sign of extreme intelligence that persists within human brain. Let me give you an example, suppose a girl is walking down the stairs. While seeing her, we have already imagined what's ahead of it... That the girl will come down from the stairs and will walk over the floor towards me. But accidentally the girl slips down and loses control & rolls down from the stairs. At that moment, what occurs it that – A distinct vision in front of our eyes which we can't have imagined. This makes us smile. The more the person smile, the more accurate it's prediction and that means the more will be the divergent results, which in turn creates humor and therefore humor is a sign of intelligence. This humor gives birth of sarcasm and taunting that affects most of us. But our brain is a very soft tissue consuming about 20 Watt of energy. If the energy level increases then our brain will get overheated and burns down. So, to prevent this, brain takes shortcuts through the Superior COLLICULOUS of our eyes which makes our vision concentrated on a single point and blurs the surroundings. This happens when we are heavily concentrating, our brain turns into an autopilot mode, and therefore we missed out what is happening before us which is quite a normal cause of road accidents while the subject is driving in an empty road. Human mind when in Autopilot mode is dangerous. Suppose you are riding on a bicycle in a vacant road. There are no cars, so you don't have to use your brain to tackle. Therefore to save energy the brain will activate the autopilot mode and then your vision will be just a layout or 3D Voxels of the earlier image being redirected from your earlier experience of the driving in vacant road in hippocampus to your retina. You are not seeing anything new. Your eyes are idle. You are just watching the previous old slides without anything new.... As the brain is saving energy. Suddenly if someone comes near to you, you will make an accident and collide with them which has been deliberately proved.

Schizophrenia can be of 4 Types – *Dementia* - We used to forget our memories or short term memory loss. *Hysteria* – Our body gets paralyzed. *Catatonia* - The perception of time is lost as a brain can slow down or fast forward the time according to circumstances. We become a victim of present with no proper notion of future. *Somatization* - Bodily Pain without any external signs or symptoms. A delusion. We are a human with different identities. Our soul is the gateway of life and birth which is continuing for billions of years in the form of different body or different species. The human mind is a mystery. The consciousness is so complex, that the entire cosmos can be bridged with the human consciousness even

with the help of our brain we can move the material objects also but this requires excessive meditation. Our brain itself has its arms and legs and an object channeled by blood for oxygen & water that controls the mischievous entity called the human-mind.

Every disease has been associated with a golden period. The period within which if proper diagnosis can be made then, there is a chance of the subject to recover from that disease. However, in the case of the psychiatric disease, generally, in most of the cases, the subject is badly been a victim of a lifelong suffering, although with modern medication and diagnosis, this span of suffering can be reduced. Generally, psychiatric cases can be active, passive or in-born. There are numerous in-born examples like Down syndrome, Autism, active examples like due to some shock or trauma, passive examples like due to heavy injury or surgery or other existing diseases in the body prevailing for many years without any recovery. The most sufferers are the persons with the active diseases. By active, it can be said that, due to some depressions, the psychiatric disease kicked in, and there are numerous instances that most of the active cases are a byproduct of some incidents happened to their life from which his mind has been forced to plunge down in the domain of the mental disease. Modern treatments, apart from medicines, those which needed diagnosis like MRI, Vennogram, Scans are still unable to detect the psychiatric symptoms and as doctor conclude the subject to be psychiatric if and only if he is not recovering from the pain he is suffering by traditional means, several days have passed since the initiation of the disease and most importantly golden time is over. Then the subject goes for psychiatric treatment which (in most of the cases are failures because of not applying the right combination of medicines by the doctors associated with the subject) takes a prolonged time for recovery. However, the worse aspects of somatoform disorders, is that, the subject feels real physical pains or the pains associated with the body as oppose to other forms of psychiatric diseases. This pain can be immense with no shortcut medicine for recovery, not even medicines for initial relief of pains. Even doctors tend to ignore such subjects and take them casually without any further ado. Like a notion that, there is nothing that can be done before the initial 21 days (which sometimes take years) for the pain to get relieved.

The result is that, due to the delay in the diagnosis, the society found the subject to be funny and makes sarcasm with them, as if, it's a disease of mind, so, no bodily pain is involved and no symptoms exist as portrayed by the subject. Due to the inadequate knowledge along with the innate character of sarcasm among the human minds, the subject has to be tormented both physically and mentally, that too with vulgar words, profane languages and cruel actions that the subject has to bear with from the society. Therefore, this sort of inhumane behavior to the subject should be stopped and society should be made aware that, even psychiatric disease is also a disease and this needs proper treatment, not tormentation, abusing as empathy, sympathy and compassion towards the subject helps him to recover faster as mental disease requires mental peace.