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Article

A Derivation of a Microscopic Entropy and Time Irreversibility From the Discreteness of Time

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Abstract: The basic microscopic physical laws are time reversible. In contrast, the second law of thermodynamics, which is a macroscopic physical representation of the world, is able to describe irreversible processes in an isolated system through the change of entropy $\Delta S > 0$. It is the attempt of the present manuscript to bridge the microscopic physical world with its macroscopic one with an alternative approach than the statistical mechanics theory of Gibbs and Boltzmann. It is proposed that time is discrete with constant step size. Its consequence is the presence of time irreversibility at the microscopic level if the present force is of complex nature ($F(r) \neq const$). In order to compare this discrete time irreversible mechanics (for simplicity a “classical”, single particle in a one dimensional space is selected) with its classical Newton analog, time reversibility is reintroduced by scaling the time steps for any given time step n by the variable s_n leading to the Nosé-Hoover Lagrangian. The corresponding Nosé-Hoover Hamiltonian comprises a term $N_{df} k_B T \ln s_n$ (k_B the Boltzmann constant, T the temperature, and N_{df} the number of degrees of freedom) which is defined as the microscopic entropy S_n at time point n multiplied by T . Upon ensemble averaging this microscopic entropy S_n in equilibrium for a system which does not have fast changing forces approximates its macroscopic counterpart known from thermodynamics. The presented derivation with the resulting analogy between the ensemble averaged microscopic entropy and its thermodynamic analog suggests that the original description of the entropy by Boltzmann and Gibbs is just an ensemble averaging of the time scaling variable s_n which is in equilibrium close to 1, but that the entropy term itself has its root not in statistical mechanics but rather in the discreteness of time.

Keywords: Entropy; discrete time; inflation of the universe; scaling of time; time reversibility

1. Introduction

While the basic (microscopic) physical laws including the fundamental differential equations of mathematical physics Hamilton's, Lagrange's, Maxwell's, Newton's, Einstein's, and Schroedinger's are time reversible, only the second law of thermodynamics describing macroscopic systems brings the arrow of time into play by requesting that the entropy increases in an isolated macroscopic system [1–4]. Following the systematic formulation of statistical mechanics by Gibbs and Boltzmann, entropy S reflects thereby the number of accessible micro-states of the system in study in its thermodynamic equilibrium (for a micro canonical ensemble $S^G = k_B \ln \Omega$ with k_B the Boltzmann constant, and Ω the number of accessible micro-states [1,5–7] and exerts its presence as being part of the total free energy (for example for an ideal gas the Gibbs free energy is given by $G = U + pV - TS$ with U is the inner Energy, p the pressure, V the volume, and T the temperature; [1,5]). The latter argument brings the term entropy S back to its roots, where Clausius tried to design and understand “heat engines”, which are cyclic machines for the conversion of heat Q into useful work, and found when averaged over many cycles that for an irreversible machine $\frac{\Delta Q}{T} = \Delta S > 0$ [8]. Although the statistical mechanics argument of entropy increase with time by describing a system tendency towards its most probable state, which is the equilibrium state, is sound, Loschmidt and Zermelo's reversal and recurrence objections remain as powerful as ever [9–12]. Both objections have been extensively discussed and are just mentioned here in short. The center of Zermelo argument is that if waited long enough any system, which started at a special low entropic state, under a time reversible physics may go back to its special low entropic starting state requesting a decrease of entropy over a long period of action, which is in general not observed. Loschmidt indicated that any time reversible microscopic process in a closed system can be reversed by reversing all the velocity vectors of the involved particles and if done so yielding a decrease of entropy over a long trajectory, something that is not observed in general as just mentioned.

In addition to these objections of the interpretation of entropy, it is the author's notion, that the arrow of time is such an important physical measure that it has likely its root deep in physics at the microscopic level and not just at the macroscopic statistical level—a point of view that was also mentioned beforehand by others (for example [2,13]) and is experimentally supported by the observed time symmetry violation of the weak force [14]. The idea of an arrow of time (at the microscopic level) requests the existence of time contrasting the view of many scientists and philosophers, who suggested that time is an illusion [15]. In the following, we will assume time and the arrow of time to be fundamental already at the microscopic level.

But from where could the arrow of time, time irreversibility, and entropy be originated from? As we shall see, it is our attempt to derive the arrow of time and the entropy part of the total free energy from the assumption that time is discrete. Although the introduction of a discrete time is not new and upon energy quantization for quantum mechanics straightforward (for example References [16–18]) it is not a very popular concept, since upon the introduction by Newton, time and space are an infinitely divisible continuum yielding powerful mathematical description in classical physics, quantum mechanics, as well as special and general relativity theories. An experimental argument in favor of the discreteness of time is, that the experimentally measured time is composed of an array of events, which can be exemplified in physics only by an energy-consuming clock measurement, and thus can not be measured continuously

because of the uncertainty principle between energy and time ($\Delta E \Delta t > h/2$ with h being the Planck constant).

There have been a few attempts in the literature that developed theories with time as a discrete parameter (such as [19–27]). To describe the time evolution of Hamiltonian systems with time as a discrete parameter Lee introduced time as a discrete dynamical variable [22]. Lee points out that throughout the development of physics, time always appears as a continuous parameter, while the space coordinates in non-relativistic theories are dynamical operators dependent on time. Lee showed that the introduction of time as a dynamical variable enables the discretization of time without violating the conservation of energy law. Subsequently, by invoking the discrete-time action principle by Cadzow [28] Jaroszkiewicz and coworkers [24,25] succeeded in developing an equation of motion with time as a discrete parameter having time steps of equal size. Valsakumar [27] took a fresh look at the problem under the assumption that the time steps are identical to the Planck time (5.4×10^{-44} s). By adopting the phase space density approach he yields the discrete time-analog of the Liouville equation of the phase space density in classical mechanics. Amongst others, his approach yields an arrow of time that follows from the documentation that the replacement of the time derivative by a backward difference operator only can preserve the non-negativity of the phase space density [28]. In parallel, in attempts to unify the general relativity theory with quantum mechanics including in particular quantum loop theory [15,29] it is assumed at the most fundamental level that time has a granular structure with the Planck time as the smallest time step. Furthermore, it appears that the Dirac equation which describes the free electron is more sound in presence of a discrete time than its continuous analog without losing Lorentz invariance [15,21].

We follow here the approach by Lee [22] introducing time as a dynamical discrete variable yielding a scaling of time that depends on the potential present. This Ansatz is only applied to classical physics because of simplicity. The consequences of scaling time onto the law of energy conservation requests a reformulation of the Hamiltonian as established by Nosé for isothermal molecular dynamics simulations of macroscopic systems [30–34]. There is a logarithmic term in the Nosé-Hamiltonian which is dependent on the scaling of time. As we shall see, this term is defined as the microscopic entropy and if ensemble-averaged is equivalent to the macroscopic entropy as also exemplified by the simple example of the expansion of an ideal gas. After the introduction of the discrete time (Section 2.1), time irreversibility in a microscopic system is discussed (Section 2.2), followed by the reintroduction of time reversibility through scaling of time (Section 2.3) yielding the microscopic entropy of a single particle (Section 2.5) and a many particles system (Section 2.6). It is then further shown that the averaged microscopic entropy corresponds to the Boltzmann entropy (Section 2.7) as well as the Gibbs entropy (Sections 2.8 and 2.9). In (Section 2.10) the microscopic and macroscopic entropies of the volume expanding gas are calculated, followed by a discussion on time-irreversibility within time reversible descriptions of physical laws (Section 2.11). In Section 2.12 an explicit description of the evolution of a single particle within the established discrete time theory is given, followed by a conclusion.

2. Theory

2.1. Under a Discrete Time

In classical physics, a non-relativistic particle with mass m at the position $\mathbf{r}(t)$ at a given time t in a potential $V(\mathbf{r})$ has the following Lagrangian $L = \frac{1}{2}m\dot{\mathbf{r}}^2 - V(\mathbf{r})$ with $\dot{\mathbf{r}} = \frac{d\mathbf{r}}{dt}$ being the velocity. The use of bold letters indicate thereby the vector character of the physical variables such as \mathbf{r} and $\dot{\mathbf{r}}$. In examples having a one dimensional space only they are replaced by normal letters (such as x and \dot{x} and r). The classical trajectory of a particle is determined by the minimal extremity of the action A_c , which is usually defined by the time integral over the Lagrangian between the two time points of interest (t_i and t_f):

$$A_c = \int_{t_i}^{t_f} L(\mathbf{r}, \dot{\mathbf{r}}, t) dt \tag{1}$$

denoting c for the continuous or classical case.

In the discrete time formalism, Lee (1983) [22] replaced the continuous function $\mathbf{r}(t)$ by a sequence of discrete values:

$$(\mathbf{r}_0, t_0), (\mathbf{r}_1, t_1), \dots, (\mathbf{r}_n, t_n), \dots, (\mathbf{r}_{N+1}, t_{N+1}) \tag{2}$$

with (\mathbf{r}_0, t_0) the initial and $(\mathbf{r}_{N+1}, t_{N+1})$ the final position. In this description \mathbf{r}_n is still continuous, while t_n is discrete. In discrete mechanics there are many possible definitions of the concomitant velocity $\dot{\mathbf{r}}_n$ and acceleration $\ddot{\mathbf{r}}_n$. Since it is the attempt of the present work to introduce a time irreversible microscopic physics, the velocity at time point n $\dot{\mathbf{r}}_n$ is defined time asymmetric (note, this contrasts to time symmetric definitions such as the leapfrog schemes [5] usually used for example in molecular dynamics simulation to obtain a time-reversible mechanics. Furthermore, we would like to note that although such leapfrog schemes are symmetric in time there is a loss of the “instant in time”). Furthermore, it is defined backward in time in order to determine it from the past permitting a forward progressing description. This approach is in line with our daily experience that the presence is determined by the past and presence (such as experimentally-derived information from the past and presence):

$$\dot{\mathbf{r}}_n = \dot{\mathbf{r}}_n(\mathbf{r}_n, \mathbf{r}_{n-1}; t_n, t_{n-1}) = \frac{\mathbf{r}_n - \mathbf{r}_{n-1}}{t_n - t_{n-1}} \tag{3}$$

Using this description of the velocity the following action in presence of a discrete time formalism is defined:

$$A = \sum_{n=1}^{N+1} \left(\frac{1}{2} m \frac{(\mathbf{r}_n - \mathbf{r}_{n-1})^2}{t_n - t_{n-1}} - (t_n - t_{n-1}) V(\mathbf{r}_n) \right) \tag{4}$$

(Please note, that the definition of the action is different from the one defined by Lee [22] who uses a mean potential to get a symmetric action along the space coordinate).

According to Lee [22] the discrete analog of Newton’s law can be derived by setting

$$\frac{\partial A}{\partial \mathbf{r}_n} = 0 \tag{5}$$

which yields

$$m \left(\frac{\mathbf{r}_n - \mathbf{r}_{n-1}}{t_n - t_{n-1}} - \frac{\mathbf{r}_{n+1} - \mathbf{r}_n}{t_{n+1} - t_n} \right) - (t_n - t_{n-1}) \frac{\partial V(\mathbf{r}_n)}{\partial \mathbf{r}_n} = 0 \tag{6}$$

$$m \frac{\frac{\mathbf{r}_n - \mathbf{r}_{n-1}}{t_n - t_{n-1}} - \frac{\mathbf{r}_{n+1} - \mathbf{r}_n}{t_{n+1} - t_n}}{t_n - t_{n-1}} = \frac{\partial V(\mathbf{r}_n)}{\partial \mathbf{r}_n} \tag{7}$$

$$m \ddot{\mathbf{r}}_n = m \frac{\dot{\mathbf{r}}_{n+1} - \dot{\mathbf{r}}_n}{t_n - t_{n-1}} = - \frac{\partial V(\mathbf{r}_n)}{\partial \mathbf{r}_n} = \mathbf{F}(\mathbf{r}_n) \tag{8}$$

with $\mathbf{F}(\mathbf{r}_n)$ is the (vectorial) force of the potential $V(\mathbf{r}_n)$ at point (\mathbf{r}_n, t_n) , which is discrete in time. The acceleration $\ddot{\mathbf{r}}_n$ is defined through the Newton’s law of Equation (8) by

$$\ddot{\mathbf{r}}_n = \ddot{\mathbf{r}}_n(\mathbf{F}(\mathbf{r}_n), m) = \ddot{\mathbf{r}}_n(\mathbf{r}_{n+1}, \mathbf{r}_n, \mathbf{r}_{n-1}; t_{n+1}, t_n, t_{n-1}) = \ddot{\mathbf{r}}_n(\dot{\mathbf{r}}_{n+1}, \dot{\mathbf{r}}_n; t_n, t_{n-1}) = \frac{\dot{\mathbf{r}}_{n+1} - \dot{\mathbf{r}}_n}{t_n - t_{n-1}} \tag{9}$$

With these definitions $\dot{\mathbf{r}}_n$ and $\ddot{\mathbf{r}}_n$ are bound to the corresponding time t_n . $\dot{\mathbf{r}}_n$ is defined backward in time, while $\ddot{\mathbf{r}}_n$ is defined by the force $\mathbf{F}(\mathbf{r}_n)$ through the discrete variant of the Newton’s law of Equation (8). The Newton’s law also defines the velocity forward in time (*i.e.*, $\dot{\mathbf{r}}_{n+1}$) if the time step size is known (such as $t_n - t_{n-1} = const$). These definitions follow a general correspondence principle between continuous classical mechanics and the presented discrete mechanics introduced in Table 1 and enables the calculation of a time trajectory. Thus, for any time series t_1, \dots, t_{N+1} , the positions $\mathbf{r}_1, \dots, \mathbf{r}_{N+1}$, velocities $\dot{\mathbf{r}}_1, \dots, \dot{\mathbf{r}}_{N+1}$ and the acceleration $\ddot{\mathbf{r}}_1, \dots, \ddot{\mathbf{r}}_{N+1}$ can be determined given the starting position (\mathbf{r}_0, t_0) and the potential $V(\mathbf{r}_n)$ as discussed in details in 3.12 (note, that $\dot{\mathbf{r}}_0$ and $\ddot{\mathbf{r}}_0$ are not defined because of the unknown t_{-1} , but they are also not necessary for the determination of the trajectory).

Table 1. Correspondence principle between continuous classical mechanics and the discrete mechanics presented here. (a) other definitions are in principle possible; (b) $X_n(t_n)$ is a time-dependent variable such as \mathbf{r}_n and L_n ; (c) $\dot{X}_n(t_n)$ is a time-derivative of the time-dependent variable $X_n(t_n)$ such as $\dot{\mathbf{r}}_n$.

Continuos mechanics	Discrete mechanics (a)
t	t_n
dt	$t_n - t_{n-1}$
\mathbf{r}	\mathbf{r}_n
$\frac{\partial X}{\partial \mathbf{r}}$	$\frac{X_n(t_n) - X_{n-1}(t_{n-1})}{t_n - t_{n-1}}$ (b)
$\frac{\partial \dot{X}}{\partial \mathbf{r}}$	$\frac{\dot{X}_{n+1}(t_{n+1}) - \dot{X}_n(t_n)}{t_n - t_{n-1}}$ (c)

Alternatively, a Lagrangian Ansatz for the derivation of the Newton law given a sequence of time points $\{t_n, n = 0, 1, \dots, N + 1\}$ in presence of a discrete time can be derived as follows:

We start with the above equation of the Lagrangian (from Equation (4)) being

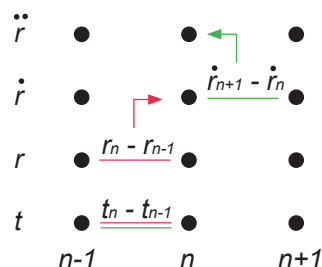
$$L_n = L_n(\mathbf{r}_n, \mathbf{r}_{n-1}; t_n, t_{n-1}) = \frac{1}{2} m \frac{(\mathbf{r}_n - \mathbf{r}_{n-1})^2}{(t_n - t_{n-1})^2} - V(\mathbf{r}_n) = \frac{1}{2} m \dot{\mathbf{r}}_n^2 - V(\mathbf{r}_n) = L_n(\mathbf{r}_n, \dot{\mathbf{r}}_n) \tag{10}$$

If the discrete analog of the Lagrangian equation ($\frac{\partial}{\partial t} \frac{\partial L}{\partial \dot{\mathbf{r}}} = - \frac{\partial L}{\partial \mathbf{r}}$) is written following the correspondence principle depicted in Table 1

$$\frac{1}{t_n - t_{n-1}} \left(\frac{\partial L(\mathbf{r}_{n+1}, \dot{\mathbf{r}}_{n+1})}{\partial \dot{\mathbf{r}}_{n+1}} - \frac{\partial L(\mathbf{r}_n, \dot{\mathbf{r}}_n)}{\partial \dot{\mathbf{r}}_n} \right) = - \frac{\partial L}{\partial \mathbf{r}_n} \tag{11}$$

the same discrete Newton’ law is obtained as above: $m \ddot{\mathbf{r}}_n = m \frac{\dot{\mathbf{r}}_{n+1} - \dot{\mathbf{r}}_n}{t_n - t_{n-1}} = \mathbf{F}(\mathbf{r}_n)$.

Figure 1. The dependencies of the velocity \dot{r}_n and the acceleration \ddot{r}_n from the corresponding times t_n and space r_n coordinates are graphically indicated. The discreteness of time is indicated by time points $n - 1, n,$ and $n + 1$.



2.2. Time Reversibility/Irreversibility in a One Dimensional Space

Having established the Newton’s law (Equation (8)) in presence of a discrete time, we would like to pursue the issue of time reversibility or irreversibility. It is immediately evident from the inspection of the discrete Newton’s law (Equation (8)) that under the assumption of having $\Delta t_n = t_n - t_{n-1} = const$ the equation is not time symmetric because of the term $\mathbf{F}(\mathbf{r}_n)$. Only for $\mathbf{F}(\mathbf{r}_n) = const$ or/and at the continuous limit for $t_n - t_{n-1} \rightarrow 0$ with $\lim_{t_n \rightarrow t_{n+1}} \mathbf{F}(\mathbf{r}_n) = \mathbf{F}(\mathbf{r}_{n+1})$ time reversibility is obtained. This finding is irrespective of whether the action is symmetric in \mathbf{r}_n or not. Hence, the discreteness of time with a $\Delta t_n = const$ in presence of a complex force (*i.e.*, $\mathbf{F}(\mathbf{r}_n) \neq const$) yields immediately time irreversibility and an arrow of time.

More formally, time reversibility can be described by a two step process having one step forward followed by a step backward. Let us first consider the evolution of the Newton’s law of a single particle with two step forwards in a one dimensional space (*i.e.*, $\mathbf{r}_n = r_n$ and $\mathbf{F}(\mathbf{r}_n) = F(r_n) = -\frac{\partial V(r_n)}{\partial r_n}$)

(i)

$$\dot{r}_{n+1} = \dot{r}_n - \frac{1}{m}(t_n - t_{n-1}) \frac{\partial V(r_n)}{\partial r_n} \tag{12}$$

(ii)

$$\dot{r}_{n+2} = \dot{r}_{n+1} - \frac{1}{m}(t_{n+1} - t_n) \frac{\partial V(r_{n+1})}{\partial r_{n+1}} \tag{13}$$

If the second step is now backward in time

$$\dot{r}_{n+2} = \dot{r}_{n+1} + \frac{1}{m}(t_{n+1} - t_n) \frac{\partial V(r_{n+1})}{\partial r_{n+1}} \tag{14}$$

and if time reversibility is requested

$$\dot{r}_n = \dot{r}_{n+2} = \dot{r}_{n+1} + \frac{1}{m}(t_{n+1} - t_n) \frac{\partial V(r_{n+1})}{\partial r_{n+1}} = \dot{r}_n - \frac{1}{m}(t_n - t_{n-1}) \frac{\partial V(r_n)}{\partial r_n} + \frac{1}{m}(t_{n+1} - t_n) \frac{\partial V(r_{n+1})}{\partial r_{n+1}} \tag{15}$$

Looking at the last equation with $\Delta t_n = const$ it is evident that only with $\frac{\partial V(r_n)}{\partial r_n} = F(r_n) = const$ Equation (15) is fulfilled and thus the process of interest is reversible. Under a more complex force

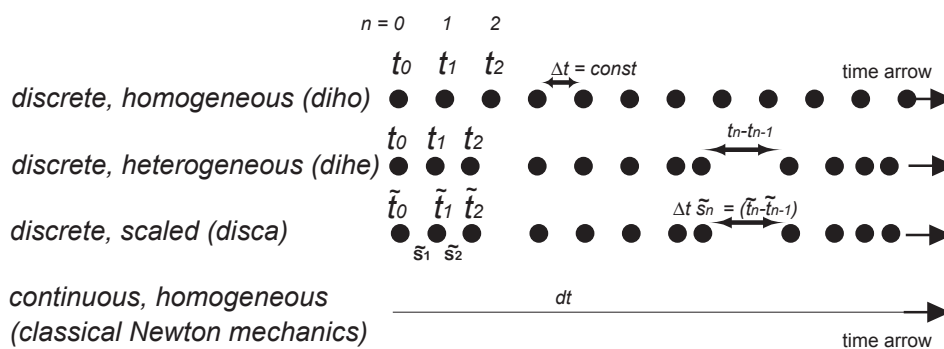
however in presence of $\Delta t_n = const$ the process is irreversible. That complex processes with many particles under a complex force are time irreversible is in line with our daily experiences (such as a cup that falls from a table and breaks into pieces), and thus sound, albeit most of the physical laws are time reversible including the Newton’s mechanics. It is therefore, the view of the author that the presented discrete homogeneous time mechanics (abbreviated diho mechanics) with $\Delta t_n = const = \Delta t$ (with Δt probably equal to the Planck time 5.4×10^{-44} s) may well describe nature, while the continuous, time reversible Newton mechanics is only an approximation. Usually, this approximation appears to work very well attributed to the small deviation from time reversibility because the time interval Δt is very short. However, in macroscopic processes with many particles the Newton mechanics apparently breaks down since it requires a description of the system by means of thermodynamics including the entropy term and time irreversibility. If the presented discrete time mechanics is a more profound theory than the Newton’s mechanics, on the one hand it should reflect irreversible properties of large complex systems usually described by thermodynamics and statistical mechanics (*i.e.*, time irreversibility and entropy), while on the other hand it should under certain boundary conditions asymptotically approximate the Newton’s mechanics and thus time reversibility.

Indeed, by inspection of Equation (15) there is the possibility to obtain also in presence of a discrete time and a complex force (*i.e.*, $F(r_n) \neq const$) time reversibility by introducing time as a discrete dynamic variable \tilde{t}_n . If time is a discrete dynamic variable it is a function of n and the step sizes $\tilde{t}_n - \tilde{t}_{n-1}$ are variable as indicated in Figure 2. This so-called discrete scaled representation (abbreviated by the disca representation in Figure 2; note this representation has in addition a scaling variable s_n to be introduced below) enables to guarantee the time reversibility of the Newton law (Equation (14)) by requesting

$$\frac{\tilde{t}_{n+1} - \tilde{t}_n}{\tilde{t}_n - \tilde{t}_{n-1}} = \frac{F(r_n)}{F(r_{n+1})} \tag{16}$$

Equation (16) is called in the following the reversibility axiom. (Note, Equation (16) is not defined for $F(r_{n+1}) = 0$ unless $F(r_n)$ is also 0 and thus with $F(r_n) = const = 0$ constant time steps are obtained; correspondingly Equation (15) is fulfilled for $\frac{\partial V(r_n)}{\partial r_n} = \frac{\partial V(r_{n+1})}{\partial r_{n+1}} = 0$).

Figure 2. The various discrete mechanics description used in this manuscript are displayed side by side including the nomenclature used. The discrete time points are shown and labeled in part. Also, the time difference between time points are indicated.



In other words, if the potential, respectively its corresponding force, is of complex nature (*i.e.*, $F(r_n) \neq const$) time is a dynamic variable following Equation (16) to guarantee time reversibility of the system of interest. The request of a dynamic discrete time if the potential is of complex nature has already been mentioned by [22]. One may argue now, that the discrete scaled time description may be superior to the discrete homogeneous one because it enables a time reversible description. However, the following caveats appear: (i) The description of complex physical systems is reversible, which is against our daily experience. Thus, by the introduction of time reversibility consequently the arrow of time got lost; (ii) In a three dimensional space, time has to be expanded to a tensor of second rank as discussed in details in the next section; (iii) A further complexity arises in a many particles system as discussed later yielding time to be a multi-dimensional tensor. These arguments indicate again that $\Delta t_n = const$ (possibly in the order or equal to the Planck time). Under this assumption time reversibility of a system with a complex potential is lost and hence an arrow of time is introduced automatically without the need to introduce a macromolecular ensemble description that follows thermodynamics.

However, by establishing a discrete dynamic time variable combined with Equation (16) a first important connection between the time irreversible discrete, homogeneous mechanics (diho) and its acclaimed approximation the Newton mechanics has been obtained by establishing a discrete but time heterogenous description (disca) of mechanics (compare the characteristics of the three systems in Figure 2). In the next chapters the introduction of the time scaling variable s_n will allow to complete the connection between the two mechanics theories, yielding a microscopic entropy description as we shall see. In other words, it is the authors assumption in the following that the time quantum is constant (and therefore independent of the step number n or the potential present) and the dynamic nature of the time is only of use to calculate the progression of the energy as discussed below, respectively, to guarantee energy conservation. Before we go on, we make a short excursion into the description of time reversibility in a three dimensional space.

2.3. Time Reversibility/Irreversibility in a Three Dimensional Space

Let us in the following consider the evolution of the Newton’s law of a single particle in presence of a discrete time in a three dimensional space under the request of time reversibility. By trying to expand our finding about force-dependent scaling of time from the one dimensional case to the corresponding three dimensions the complication arises that the force is now a vector (*i.e.*, $\mathbf{F}_n(\mathbf{r}_n) = (F^x(\mathbf{r}_n), F^y(\mathbf{r}_n), F^z(\mathbf{r}_n))$), while so far time was a scalar. In order to enable time reversibility, time is expanded to a diagonal tensor of second rank (e.g. a 2×2 matrix with only diagonal elements):

$$t_n \rightarrow \begin{bmatrix} t_n^x & 0 & 0 \\ 0 & t_n^y & 0 \\ 0 & 0 & t_n^z \end{bmatrix} = \mathbf{t}_n \mathbf{1} \tag{17}$$

with $\mathbf{1}$ being the unity matrix and $\mathbf{t}_n = \begin{bmatrix} t_n^x \\ t_n^y \\ t_n^z \end{bmatrix}$

This extension should be regarded as a mathematical trick as mentioned above in order to enable a formalism for time reversibility under a discrete time.

In accordance to the two step process in one dimension described above, the corresponding two step process in a three dimensional space of one step forward followed by a backward step is described by

$$\dot{\mathbf{r}}_n = \dot{\mathbf{r}}_{n+2} = \dot{\mathbf{r}}_{n+1} + (\mathbf{t}_{n+1} - \mathbf{t}_n)\mathbf{1F}(\mathbf{r}_{n+1}) = \dot{\mathbf{r}}_n - (\mathbf{t}_n - \mathbf{t}_{n-1})\mathbf{1F}(\mathbf{r}_n) + (\mathbf{t}_{n+1} - \mathbf{t}_n)\mathbf{1F}(\mathbf{r}_{n+1}) \quad (18)$$

The time reversibility of the Newton’s law requires the time is scaled by

$$\frac{\tilde{t}_{n+1}^x - \tilde{t}_n^x}{\tilde{t}_n^x - \tilde{t}_{n-1}^x} = \frac{F^x(\mathbf{r}_n)}{F^x(\mathbf{r}_{n+1})}, \frac{\tilde{t}_{n+1}^y - \tilde{t}_n^y}{\tilde{t}_n^y - \tilde{t}_{n-1}^y} = \frac{F^y(\mathbf{r}_n)}{F^y(\mathbf{r}_{n+1})}, \frac{\tilde{t}_{n+1}^z - \tilde{t}_n^z}{\tilde{t}_n^z - \tilde{t}_{n-1}^z} = \frac{F^z(\mathbf{r}_n)}{F^z(\mathbf{r}_{n+1})} \quad (19)$$

Note, that while in each dimension there appears a separate time scaling and this scaling is dependent on the corresponding spatial component of the forces present, the time evolution of the system is still discrete and the time evolution is defined by the number of steps n and not the step size. While this approach works mathematically it is composed of a bizarre complexity (*i.e.*, multi dimensional time) and hence it is regarded only as a mathematical trick to get insights into entropy as we shall see in the following.

2.4. Scaling of Time in Accordance to Nosé

For simplicity we go back to the single particle in a one dimensional space and its description by the discrete constant time description (diho in Figure 2). We now introduce the scaling variable \tilde{s}_n and scale in parallel the time to yield

$$\tilde{s}_n(t_n - t_{n-1}) = \tilde{t}_n - \tilde{t}_{n-1} \quad (20)$$

with $t_n - t_{n-1} = \Delta t = const.$ (Please note, that the s_n is defined as the corresponding variable s of Nosé with $dt = \frac{dt}{s}$, following the denotation for $\tilde{\cdot}$ used in the review by Hünenberger (2005). In this new so called discrete, scaled representation (so called disca representation) described in Figure 2 the time \tilde{t}_n is still a dynamic variable, while the system is extended by the scaling variable \tilde{s}_n . The transformation from the diho to the disca representation is thus obtained by

$$\tilde{r}_n = r_n, \dot{\tilde{r}}_n = \frac{\dot{r}_n}{s_n}, \tilde{s}_n = s_n, \text{ and } \dot{\tilde{s}}_n = \frac{\dot{s}_n}{s_n}. \quad (21)$$

$\dot{\tilde{s}}_n$ (and correspondingly \dot{s}_n) is thereby defined by $\dot{\tilde{s}}_n = \frac{\tilde{s}_{n+1} - \tilde{s}_n}{\tilde{t}_n - \tilde{t}_{n-1}}$ defining it forward in time $\dot{\tilde{s}}_n(\tilde{t}_{n+1}, \tilde{t}_n, \tilde{t}_{n-1})$ as it has been done for $\ddot{r}_n(t_{n+1}, t_n, t_{n-1})$ (see Figure 1).

Such an approach of scaling of time has been introduced by Nosé. He established the mathematical formulation of the so called Nosé-Hoover thermostat [32–37] enabling the molecular dynamics simulation of a system to sample configurations of a canonical (constant-temperature) ensemble. It is based on the extension of the real system by an artificial dynamical time scaling variable s . This important relationship serves in the following for the establishment of the microscopic entropy of a single particle (note, that s_n is the discrete analog of s). Most importantly thereby is by doing so Nosé introduced a Lagrangian that in presence of the dynamical variable s yields in addition to the Newton law, also a Hamiltonian and guarantees a Boltzmann weighted canonical ensemble description. Furthermore, its ensemble-averaged Hamiltonian is thereby a constant of motion referring to the energy of the system. Hence, the Nosé-Hoover thermostat introduces a Lagrangian that describes a system

on the microscopic level under scaling of time, which yields upon ensemble averaging a macroscopic thermodynamic description of the system bridging the microscopic with the macroscopic world.

Following Nosé and the transformation rules of Table 1, the discrete time analog of the Nosé Lagrangian at time point n for a single particle is then given by

$$L_n^N = \frac{1}{2} \frac{m (\tilde{r}_n - \tilde{r}_{n-1})^2 \tilde{s}_n^2}{(\tilde{t}_n - \tilde{t}_{n-1})^2} - V(\tilde{r}_n) + \frac{1}{2} Q \dot{\tilde{s}}_n^2 - g k_B T \ln \tilde{s}_n \tag{22}$$

where k_B is the Boltzmann constant, a constant Q , which has been described as a “mass”-like term for the motion of \tilde{s}_n with $Q > 0$ with actual units of energy time squared, and g is equal to the number of degrees of freedom in the real system N_{df} . (Note, since s_n is according to the reversibility axiom dependent on the force F as we shall see below the system of interest is not an extended system as in the case of Nosé and therefore $g = N_{df}$ and not $N_{df} + 1$ as it is the case for the Nosé extended system. In the absence of a requested reversibility the system would be extended though. Furthermore, we would like to mention that although under the given conditions of having a single particle in a one dimensional space g could be defined, the variable is kept here). The first two terms of the Lagrangian represent the kinetic energy minus the potential energy of the system, while the third and fourth terms represent the kinetic energy minus the potential energy associated with the \tilde{s}_n variable. The third term can thus be interpreted as a kinetic energy of a heat bath/the thermostat coupled to the system of interest, and the fourth term describes the heat transfer between the heat bath and the system of interest. The thermostat mimics a bath composed of an infinite collection of harmonic oscillators or one with an infinite number of “particles” in a box and thus shows an infinite heat capacity [36]. The heat or temperature bath is however of another nature than usually defined in thermodynamics because it is a heat bath of the unitless time scaling variable \tilde{s}_n with a mass-like Q with units Js^2 (energy · seconds · seconds) and a velocity $\dot{\tilde{s}}_n$ with unit s^{-1} . Nonetheless, it enables the use of a temperature as highlighted by the explicit presence of the temperature T in the fourth term of the Lagrangian although the system described is of microscopic nature.

By applying the discrete Lagrangian equation (Equation (11)) the Newton’s equation in the new representation is given by

$$\frac{1}{\tilde{t}_n - \tilde{t}_{n-1}} (\dot{\tilde{r}}_{n+1} - \dot{\tilde{r}}_n \frac{\tilde{s}_n^2}{\tilde{s}_{n+1}^2}) = \frac{m^{-1} F(\tilde{r}_n)}{\tilde{s}_{n+1}^2} \tag{23}$$

which can be simplified to

$$\ddot{\tilde{r}}_n = \frac{(\dot{\tilde{r}}_{n+1} - \dot{\tilde{r}}_n)}{\tilde{t}_n - \tilde{t}_{n-1}} = \frac{m^{-1} F(\tilde{r}_n)}{\tilde{s}_{n+1}^2} - \tilde{\gamma}_n \dot{\tilde{r}}_n \tag{24}$$

This Newton equation is extended by a friction term $\tilde{\gamma}_n = \frac{\tilde{s}_{n+1} - \tilde{s}_n}{(\tilde{t}_n - \tilde{t}_{n-1}) \tilde{s}_{n+1}} (1 + \frac{\tilde{s}_n}{\tilde{s}_{n+1}}) = \frac{\dot{\tilde{s}}_n}{\tilde{s}_{n+1}} (1 + \frac{\tilde{s}_n}{\tilde{s}_{n+1}})$. Hence, after transformation into the discrete, scaled so called disca system (Figure 2) the Newton equation is extended by a friction term which is attributed and dependent on the variables \tilde{s}_n and \tilde{s}_{n+1} as well as the corresponding time step. While this equation is in principle reversible, it is interesting to note, that it could be irreversible if the friction term is constrained to values ≥ 0 . The ad hoc introduction of such a friction term is often used in classical mechanics to introduce irreversibility, stochasticity or/and to deal with the interaction of the system of interest with its surrounding as exemplified for example by the Langevin dynamics [5,37]. It is also used to describe and study the quantum mechanical decoherence phenomenon [38].

Equivalent to Equation (24) is the following equation

$$\ddot{\tilde{r}}_n = \frac{m^{-1}F(\tilde{r}_n)}{\tilde{s}_n^2} - \frac{\dot{\tilde{s}}_n}{\tilde{s}_n} \left(1 + \frac{\tilde{s}_{n+1}}{\tilde{s}_n}\right) \dot{\tilde{r}}_{n+1} \tag{25}$$

It is now required that the system in the disca frame must be reversible. Hence, using the Newton equation a step forward yields

$$\dot{\tilde{r}}_{n+1} = \frac{m^{-1}F(\tilde{r}_n)}{\tilde{s}_{n+1}^2} (\tilde{t}_n - \tilde{t}_{n-1}) + \dot{\tilde{r}}_n \frac{\tilde{s}_n^2}{\tilde{s}_{n+1}^2} \tag{26}$$

the second step backward is then

$$\dot{\tilde{r}}_{n+2} = -\frac{m^{-1}F(\tilde{r}_{n+1})}{\tilde{s}_{n+2}^2} (\tilde{t}_{n+1} - \tilde{t}_n) + \dot{\tilde{r}}_{n+1} \frac{\tilde{s}_{n+1}^2}{\tilde{s}_{n+2}^2} \tag{27}$$

if time is reversible $\dot{\tilde{r}}_{n+2} = \dot{\tilde{r}}_n$ and $\tilde{s}_{n+2} = \tilde{s}_n$ and thus

$$\dot{\tilde{r}}_n = -\frac{m^{-1}F(\tilde{r}_{n+1})}{\tilde{s}_{n+2}^2} (\tilde{t}_{n+1} - \tilde{t}_n) + \left(\frac{m^{-1}F(\tilde{r}_n)}{\tilde{s}_{n+1}^2} (\tilde{t}_n - \tilde{t}_{n-1}) + \dot{\tilde{r}}_n \frac{\tilde{s}_n^2}{\tilde{s}_{n+1}^2}\right) \frac{\tilde{s}_{n+1}^2}{\tilde{s}_{n+2}^2} \tag{28}$$

$$\dot{\tilde{r}}_n = -\frac{m^{-1}F(\tilde{r}_{n+1})}{\tilde{s}_{n+2}^2} (\tilde{t}_{n+1} - \tilde{t}_n) + \frac{m^{-1}F(\tilde{r}_n)}{\tilde{s}_{n+2}^2} (\tilde{t}_n - \tilde{t}_{n-1}) + \dot{\tilde{r}}_n \tag{29}$$

yielding the reversibility axiom in the disca representation to be

$$\frac{\tilde{s}_{n+1}}{\tilde{s}_n} = \frac{\tilde{t}_{n+1} - \tilde{t}_n}{\tilde{t}_n - \tilde{t}_{n-1}} = \frac{F(\tilde{r}_n)}{F(\tilde{r}_{n+1})} \tag{30}$$

In the disca frame the system is thus reversible if Equation (30) is fulfilled.

2.5. The Microscopic Entropy of a Single Particle

Following Nosé [22,37] from the Lagrangian (Equation (22)) in the disca representation the corresponding Hamiltonian can now be writ

$$H_n^N = \frac{1}{2} m \dot{\tilde{r}}_n^2 \tilde{s}_n^2 + V(\tilde{r}_n) + \frac{1}{2} Q \dot{\tilde{s}}_n^2 + g k_B T \ln \tilde{s}_n \tag{31}$$

This function is a constant of the motion and evaluates to the total energy of the disca system.

Nosé and Hoover figured that the equations of motion can be reformulated to go back to a representation that has a homogenous time sampling yielding the disco representation defined in Figure 2 [32,33,37]. The transformation from the disca system to the disco system variables is thereby achieved through

$$r_n = \tilde{r}_n, \dot{r}_n = \dot{\tilde{r}}_n \tilde{s}_n, \tilde{s}_n = s_n, F(r_n) = F(\tilde{r}_n), \dot{s}_n = \tilde{s}_n \dot{\tilde{s}}_n, \tag{32}$$

and $\ddot{r}_n = s_{n+1} s_n \ddot{\tilde{r}}_n + \dot{\tilde{r}}_n \dot{s}_n = s_{n+1} s_n \ddot{\tilde{r}}_n + \dot{\tilde{r}}_n \tilde{s}_n \dot{\tilde{s}}_n = s_n^2 \ddot{\tilde{r}}_n + \dot{\tilde{r}}_{n+1} \tilde{s}_n \dot{\tilde{s}}_n$

Based on these expressions, the Lagrangian equations of motions can be rewritten

$$\ddot{r}_n = \frac{1}{m} F(r_n) - \Upsilon_n \dot{r}_{n+1} \tag{33}$$

with $\gamma_n = \dot{s}_n s_n^{-1} = \frac{s_{n+1} - s_n}{\Delta t s_n} = \frac{1}{\Delta t} \left(\frac{s_{n+1}}{s_n} - 1 \right)$

An equivalent expression is

$$\ddot{r}_n = \frac{s_n}{s_{n+1} m} F(r_n) - \frac{\dot{s}_n}{s_{n+1}} \dot{r}_n = \frac{1}{m} F(r_{n+1}) - \frac{\dot{s}_n}{s_{n+1}} \dot{r}_n \tag{34}$$

The constant of motion evaluating to the total energy of the entire, pseudo extended system is given by

$$H_n^N = \frac{1}{2} m \dot{r}_n^2 + V(r_n) + \frac{1}{2} Q \frac{\dot{s}_n^2}{s_n^2} + g k_B T \ln s_n \tag{35}$$

(note, however, that this term is no longer a Hamiltonian; Q is still a “mass”-like term for the motion of s_n , and g is equal to the number of degrees of freedom in the real system N_{df} [37]).

This constant of motion is composed of the inner energy of the system U described by the first two terms followed by the energy of the bath and the exchange energy (*i.e.*, the latter two terms having the variable s_n). The resemblance of this term with the free energy (or Helmholtz Energy) $A = U - TS$ is next put forward (note, the variable A is used instead of the traditionally used letter F for the Helmholtz energy, because F is used here for the force). It is intriguing to define a microscopic entropy of a single particle at time point t_n to be

$$S_n = -g k_B \ln s_n \tag{36}$$

yielding

$$H_n^N = \frac{1}{2} m \dot{r}_n^2 + V(r_n) + \frac{1}{2} Q \frac{\dot{s}_n^2}{s_n^2} - T S_n = U + \frac{1}{2} Q \frac{\dot{s}_n^2}{s_n^2} - T S_n \tag{37}$$

By using in the definition the word “microscopic”, we follow a suggestion by Prigogine [12] because S_n is a non ensemble-averaged term. Note, since we are in a time reversible description, the microscopic entropy is in general of reversible character and thus not a monotonously increasing quantity (see below and Section 2.11).

2.6. The Microscopic Entropy of a System With Many Particles

To extend the system from one particle to Z particles with Z very large (we are still in a one dimensional space and the particles are not interacting with each other keeping the potential simple $V_i(r_{i,n})$) for each particle i there is a separate scaling of time denoted $s_{i,n}$ that follows the reversibility axiom $\frac{s_{i,n+1}}{s_{i,n}} = \frac{F_i(r_{i,n})}{F_i(r_{i,n+1})}$ which yields

$$H_n = \sum_{i=1}^Z \frac{1}{2} m_i \dot{r}_{i,n}^2 + V_i(r_{i,n}) + \frac{1}{2} Q_i \frac{\dot{s}_{i,n}^2}{s_{i,n}^2} + g_i k_B T \ln s_{i,n} \tag{38}$$

and correspondingly, the microscopic entropy of a Z particles system is defined as

$$S_n = - \sum_{i=1}^Z g_i k_B \ln s_{i,n} \tag{39}$$

In an attempt to simplify Equation (39) by reducing amongst others the number of scaling factors $s_{i,n}$ the following description of the microscopic entropy is introduced by assuming there are J groups of particles and within each group the particles have undistinguishable properties but are still distinct since

the system is microscopically described (*i.e.*, within a group each particle has g_j degrees of freedom, the same responds to the potential, the same scaling factor, and the same velocity and mass). We define $p_j = \frac{\# \text{ of particles in group } j}{Z} = \frac{Z_j}{Z}$ with $\sum_{j=1}^J p_j = 1$. For very large systems (*i.e.*, at the thermodynamic limit) p_j is also the probability of a particle to be in the j group. Thus, the derived microscopic entropy of the Z particles system at time point t_n is given by

$$S_n = -Z \sum_{j=1}^J p_j g_j k_B \ln s_{j,n} = \langle -k_B g \ln s_n \rangle = -k_B N_{df} \langle \ln s_n \rangle \tag{40}$$

with $g = Z g_i$. In the latter part of Equation (40) it is assumed that all particles have the same degree of freedom and thus $g = Z g_i = N_{df}$ with N_{df} being the degree of freedom of the entire system.

In the next step, it is assumed that the scaling of time is very small (*i.e.*, $s_{j,n}$ is very close to 1). This assumption called in the following the “slow changing force limit” is valid if the change of the force from one time step to the next is very small (*i.e.*, $F(r_{n+1}) \approx F(r_n) + \Delta$ with Δ small, see also Equation (30)). Support for a $s_{j,n}$ close to 1 is also based on the notion that scaling of time is usually not directly observed in physics. Under this assumption the \ln of Equation (40) can be described by a Taylor expansion of first order and the averaging can be put inside the \ln , which results in

$$S_n = -k_B N_{df} \langle \ln s_n \rangle \approx -k_B N_{df} \sum_{j=1}^J p_j (s_{j,n} - 1) = -k_B N_{df} [(\sum_{j=1}^J p_j s_{j,n}) - 1] \tag{41}$$

$$S_n \approx -k_B N_{df} \ln \sum_{j=1}^J p_j s_{j,n} = -k_B N_{df} \ln \langle s_n \rangle \tag{42}$$

In accordance, the microscopic entropy difference between two time points n and m for a Z particles system with having all particles the same g_i is given by

$$\Delta S = S_m - S_n = -k_B N_{df} (\langle \ln s_m \rangle - \langle \ln s_n \rangle) \approx -k_B N_{df} \ln \frac{\langle s_m \rangle}{\langle s_n \rangle} \tag{43}$$

It is interesting to note that this description can be used to calculate for a Z particles system the microscopic entropy difference between two time points by using averaged time scaling factors.

Furthermore, in contrast to the macroscopic thermodynamic entropy, the microscopic entropy can also be calculated for a system with a single particle or a few particles at any given time point n . In addition, the microscopic entropy difference can be calculated without having the system in both states in equilibrium and the averaging is not over all possible states as in statistical mechanics, but over the observed state. However, the change of the microscopic entropy is in general not a monotonously increasing quantity as requested for the macroscopic entropy, an issue to be discussed below (Section 2.11). Nonetheless, with the above mathematical trickery a close resemblance between the microscopic and macroscopic entropy is obtained.

2.7. Boltzmann Entropy Versus the Microscopic Entropy of a Many Particles System

It is attempted in the following to show a profound relationship between the microscopic entropy and the corresponding macroscopic one. Let us start with the Boltzmann entropy which shall be defined as

the macroscopic entropy of a large system of Z independent, identical, indistinguishable particles (such as the ideal gas or diluted gas) for which each micro-state has the same probability. Boltzmann showed that the entropy is then given by

$$S^B = -k_B \langle \ln p_j \rangle = -k_B Z \sum_{j=1}^J p_j \ln p_j \tag{44}$$

with $p_j = \frac{Z_j}{Z}$ being the probability of a single particle to be in the state j and the average is a single particle average taken over all the possible states J of the particle. The derivation of this formulation of the Boltzmann entropy is starting with the well known formula

$$S^B = k_B \ln W \tag{45}$$

with

$$W = \frac{Z!}{\prod_{j=1}^J Z_j!} \tag{46}$$

describing the number of micro-states that the Z particles system can adopt if there are J distinguishable groups of states that each is composed of Z_j particles [7].

Using the Stirling formula (*i.e.*, $\ln Z! = Z \ln Z - Z$ or $Z! = (\frac{Z}{e})^Z$) which is true for large Z , Equation (45) can be simplified to

$$S^B = k_B (\ln Z! - \sum_{j=1}^J \ln Z_j!) = k_B (Z \ln Z - Z - [\sum_{j=1}^J Z_j \ln Z_j - Z_j]) \tag{47}$$

$$= k_B (Z \ln Z - Z - \sum_{j=1}^J Z_j \ln Z_j + \sum_{j=1}^J Z_j) = k_B (Z \ln Z - \sum_{j=1}^J Z_j \ln Z_j)$$

$$S^B = k_B Z (\ln Z - \sum_{j=1}^J p_j \ln [p_j Z]) = k_B Z (\ln Z - \sum_{j=1}^J p_j \ln p_j - \sum_{j=1}^J p_j \ln Z) = -k_B Z \sum_{j=1}^J p_j \ln p_j \tag{48}$$

In comparison, the microscopic entropy of this Z particles system is given by $S_n = -k_B Z \sum_{j=1}^J p_j \ln s_{j,n}$ with $g_j = 1$, which is for example the case for an ideal monoatomic gas in a one dimensional volume. Because the description is microscopic each particle is distinct and thus requests its own scaling of time (*i.e.*, $s_{j,n}$). In the “slow exchanging force limit” the averaging can be put inside the \ln (Equation (42))

$$S_n \approx -k_B Z \ln \langle s_n \rangle = -k_B Z \ln \sum_{j=1}^J p_j s_{j,n} \tag{49}$$

Since the macroscopic entropy is only defined by an averaging, which in the case of interest can be done by a single particle averaging (Equations (44)–(48)), only the single particle average of the microscopic entropy can be compared with its macroscopic counterpart yielding with δ_{lj} being the Kronecker’s delta function

$$\langle S_n \rangle \approx -k_B Z \langle \ln \sum_{j=1}^J p_j s_{j,n} \rangle = -k_B Z \sum_{l=1}^J p_l \delta_{lj} \ln (\sum_{j=1}^J p_j s_{j,n}) = -k_B Z \sum_{l=1}^J p_l \ln (p_l s_{l,n}) \tag{50}$$

A classical thermodynamic system in equilibrium for which the entropy is calculated can be assumed to be in the “slow changing force” limit with $s_{l,n}$ close to 1, yielding

$$\langle S_n \rangle \approx -k_B Z \sum_{l=1}^J p_l \ln(p_l s_{l,n}) \approx -k_B Z \sum_{l=1}^J p_l \ln p_l = S^B \tag{51}$$

Thus, for a system in the “slow changing force limit” with independent non interacting particles, the average microscopic entropy in equilibrium approximates the Boltzmann entropy of the system. An interpretation of this analogy suggests that the original description of the entropy by Boltzmann is just a statistical averaging of a variable which is close to 1 (*i.e.*, $s_{l,n}$) but that the entropy term itself has not its root in statistical mechanics but rather in the discreteness of time.

2.8. Gibbs Entropy versus the Microscopic Entropy of a Many Non-Interacting Particles System

Above, we have shown that the average microscopic entropy at equilibrium of a system of Z independent, non-interacting, indistinguishable particles approximates to the Boltzmann entropy. However, in more complex systems the above defined Boltzmann entropy leads to increasingly wrong predictions of entropies and physical behaviors, because it ignores the interactions and correlations between different particles. Instead one must follow Gibbs, and must consider the ensemble of states of the system as a whole, rather than single particle states. If there are totally Ω micro-states k that all together describe the same macro-state the following description corresponds to the Gibbs entropy

$$S^G = -k_B \sum_{k=1}^{\Omega} p_k \ln p_k \tag{52}$$

with p_k being the probability of a macro-state to be in the micro-state k with $\sum_{k=1}^{\Omega} p_k = 1$ (note, p_k is thus defined differently than above).

In a micro canonically behaving system the probability of each micro-state is equal with $p_k = \frac{1}{\Omega}$ yielding the famous entropy formula [7]:

$$S^G = k_B \ln \Omega \tag{53}$$

In comparison, the microscopic entropy of a Z non-interacting particles system was described by $S_n = -k_B Z \langle \ln s_n \rangle$ with $\langle \ln s_n \rangle$ the sum of $\ln s_{n,i}$ over all particles i multiplied by $\frac{1}{Z}$, which is equal to the average over the particles in the thermodynamic limit ($Z \rightarrow \infty$ and $V \rightarrow \infty$). In addition, in the thermodynamic limit, the ensemble averaging of a function over all the micro-states of the macro-state is identical to the averaging over the particles if they do not interact with each other yielding $Z \langle \ln s_n \rangle_{particle\ averaging} = \langle \ln s_n \rangle_{ensemble\ averaging} = \sum_{k=1}^{\Omega} (p_k \ln s_{k,n}) \approx \ln \sum_{k=1}^{\Omega} (p_k s_{k,n})$ following the ideas of Equations (41)–(43). Thus,

$$S_n \approx -k_B \ln \sum_{k=1}^{\Omega} (p_k s_{k,n}) \tag{54}$$

Since the macroscopic entropy is only defined for an ensemble, only the average over all the micro-states of the microscopic entropy can be compared with its macroscopic counterpart yielding

$$\langle S_n \rangle \approx -k_B \langle \ln \sum_{k=1}^{\Omega} (p_k s_{k,n}) \rangle = -k_B \sum_{m=1}^{\Omega} p_m \delta_{mk} [\ln \sum_{k=1}^{\Omega} (p_k s_{k,n})] = -k_B \sum_{m=1}^{\Omega} p_m \ln(p_m s_{m,n}) \quad (55)$$

The delta function δ_{lj} thereby guarantees the independency of each micro-state.

Assuming the system to be in the “slow changing force” limit the ensemble-average microscopic entropy in equilibrium is given by

$$\langle S_n \rangle \approx -k_B \sum_{m=1}^{\Omega} p_m \ln(p_m) = S^G \quad (56)$$

Thus, for a many non interacting particles system in equilibrium in the “slow changing force” limit, the microscopic entropy averaged over all the possible micro-states approximates the Gibbs entropy of the system. The Gibbs and Boltzmann entropies are thus derived from a particle-individual scaling of time. The individual time scalings were thereby requested by the hypothesis of a discreteness of time in combination with the acclaimed time reversibility nature of the established microscopic laws of physics.

It is interesting to note however, that individual time scaling in presence of a continuous time would also yield a microscopic entropy, which would correspond to the Gibbs entropy if ensemble averaged. While the author prefers scaling of time to be a consequence of the simple and sound rational of time being discrete, its continuous analog may have also its merits.

2.9. Gibbs Entropy versus the Microscopic Entropy of a System with Interacting Particles

It remains to be shown that the ensemble average of the microscopic entropy approximates the Gibbs entropy also in a system with many (Z) particles which may interact with each other. In order to describe such systems, a few concepts have been established in statistical mechanics of which we will discuss here the mean field approximation and the “two particles only” or pair approximation [7].

In the presence of an intermolecular potential $V(r_{i,n}, r_{k,n})$ with a long range in distance such as gravitation with its $\frac{1}{|r_{i,n}-r_{k,n}|}$ dependency, it appears that the individual contributions of the interactions

$\frac{1}{2} \sum_{i,k=1(i \neq k)}^Z V(r_{i,n}, r_{k,n})$ in the Hamiltonian/Lagrangian can be approximated by a mean potential

described by $\frac{1}{2}V(r_{i,n})$. This description can be interpreted as the potential that all the particles together induce at the position r_i at the given time point n . Obviously, with this approximation the particles are statistically independent of each other relaxing the acclaimed complexity that arises from switching the description from a particle to an ensemble point of view, and thus ensemble averaging and single particle averaging are equivalent. Furthermore, since the mean potential is now of the form of the potential introduced above (for example Equations (10) and (38)) the above derivation of the macroscopic Gibbs entropy from the microscopic one (Equation (56)) can be applied also to interacting particles if their interaction is described adequately with a mean field approximation.

While for long range potentials the mean field approximation appears to be reasonable, it fails for short range potentials such as the interatomic potential in a diluted real gas. In such systems the

pair approximation can be put forward, which assumes that the system is composed of two particles only. For diluted systems under short range potentials this approximation is reasonable, because for most of the states not more than two particles will be present within the relevant action distance of the short range potential at any given time yielding a system of statistically independent pairs of particles. The pair of particles is thus the smallest unit for averaging and pairs of particles are independent of each other yielding an equivalence between ensemble averaging over the pair and single pair averaging. If the pair potential acts onto the two particles equivalently with $|F(r_{i,n}, r_{k,n})| = |F(r_{k,n}, r_{i,n})|$ the two particles show also the same scaling factor $s_{i,n} = s_{k,n}$ (because of the reversibility axiom) and thus the microscopic entropy of the pair is given by $S_n = -k_B 2 \ln s_n$ yielding for the microscopic entropy of the Z particles system $S_n \approx -k_B \frac{Z}{2} 2 \ln \langle s_n \rangle_{\text{pair average}} = -k_B \ln \langle s_n \rangle_{\text{ensemble average}}$ and finally this results in $\langle S_n \rangle \approx S^G$ upon ensemble averaging of the microscopic entropy.

It remains however to be shown that without any assumption of a model the ensemble average of the microscopic entropy is equivalent to its macroscopic analog.

2.10. Example: The Change of the Entropy of a Volume-Expanding Ideal Gas

Although it was demonstrated above theoretically that the ensemble-averaged microscopic entropy approximates the Gibbs entropy, an example is given next for further illustration. By doing it, we will however elucidate an important not yet in details considered problem of the theory introduced, which is the problem of time-irreversibility in time reversible descriptions of physical laws (Section 2.11).

In the example the entropy change of the expansion of an ideal gas is calculated following the microscopic entropy expression derived above. The isothermal reversible expansion (*i.e.*, $T = \text{const}$) is along r of an ideal gas located in a box with the area A and the side r from the initial Volume $V_i = r_i A$ to the final volume $V_f = r_f A$. From a macroscopic view the expansion of the Z particles system is based on a force F which acts on the area A giving rise to the pressure $p = \frac{F}{A}$. Using the conventional thermodynamics the change of the macroscopic entropy is calculated to be $\Delta S^G = S_f - S_i = Z k_B \ln \frac{V_f}{V_i}$.

Using the microscopic entropy definition of the Z particles system (Equation (43)) the change of the microscopic entropy of an expanding gas can be described by

$$\Delta S = S_f - S_i \approx -k_B Z \ln \frac{\langle s_f \rangle}{\langle s_i \rangle} = -k_B Z \ln \frac{\langle F(r_i) \rangle}{\langle F(r_f) \rangle} = -k_B Z \ln \frac{F_i}{F_f} \quad (57)$$

For this derivation, the reversibility axiom of Equation (16) was used (note, it has not been used above for the derivation of the ensemble-averaged microscopic entropy). Furthermore, it was assumed that the averaged force $\langle F(r_n) \rangle$ that acts on the particle is equal to the macroscopic force $F_n = p_n A$ (this relationship is based on the principle that in a time reversible isothermal process the split of a force into a sum of smaller forces must follow the summation rule because of the impossibility to make a perpetuum mobile).

Furthermore, during the isothermal expansion of the gas the following dependence between the force and the volume is given through the ideal gas equation $pV = Z k_B T$ (note, the ideal gas equation

is believed to be correct also under a discrete time, because of its time insensitive character and the experimental verification).

$$dpV + pdV = 0 \tag{58}$$

$$dF \frac{V}{A} + \frac{F}{A} dV = 0 \tag{59}$$

$$\int \frac{dF}{F} = - \int \frac{dV}{V} \tag{60}$$

$$\Rightarrow \ln \frac{F_f}{F_i} = - \ln \frac{V_f}{V_i} \tag{61}$$

For the microscopic entropy change we finally get

$$\Delta S = S_f - S_i = -Z k_B \ln \frac{V_f}{V_i} \tag{62}$$

This obtained entropy change is equal to the macroscopic entropy change ΔS^G multiplied by minus 1 using the classical description of entropy. Obviously, the factor -1 is disturbing. An attempt to resolve this apparent discrepancy is given in the next section.

2.11. The Problem of Time-Irreversibility in Time Reversible Descriptions of Physical Laws

It has been mentioned that there is a fundamental problem to connect the reversible physical description of a microscopic system with its macroscopic analog usually described by statistical mechanics, because it appears to be difficult or impossible to connect a reversible description with an irreversible one [2,12]. In the approach presented, this problem is still puzzling as demonstrated with the example above on the expansion of the idea gas and as discussed in the following.

We did start with a time-irreversible microscopic description of a system under a complex potential by introducing the discreteness of time and by defining the time steps to be of constant size (*i.e.*, $\Delta t_n = const$). However, since most of the physical laws are time reversible, we (re)introduced time reversibility including the time reversibility axiom (*i.e.*, Equation (16): $\frac{s_{n+1}}{s_n} = \frac{t_{n+1}-t_n}{t_n-t_{n-1}} = \frac{F(r_n)}{F(r_{n+1})}$) by scaling of time yielding a time reversible description of the energy of the system including the constant of motion evaluating to the entire energy with the microscopic entropy (*i.e.*, $H_n = \frac{1}{2} m \dot{r}_n^2 + V(r_n) + \frac{1}{2} Q \frac{s_n^2}{s_n^2} + g k_B T \ln s_n$ and $S_n = -g k_B \ln s_n$ for a single particle, Equations (37)–(40)). Thus, both the microscopic entropy as well as the reversibility axiom are reversible. In other words, for the reversibility axiom and the energy description with the microscopic entropy the arrow of time is lost. The consequence of the loss of the arrow of time for the reversibility axiom is that it is not possible to distinguish between a forward and a backward process. Mathematically, this means that the reversibility axiom is either the one defined in Equation (16): $\frac{\tilde{s}_{n+1}}{\tilde{s}_n} = \frac{F(\tilde{r}_n)}{F(\tilde{r}_{n+1})}$ or $\frac{\tilde{s}_{n+1}}{\tilde{s}_n} = \frac{F(\tilde{r}_{n+1})}{F(\tilde{r}_n)}$ derived from the corresponding backward process starting with $\dot{r}_{n-1} = \dot{r}_n - \frac{1}{m}(t_{n+1} - t_n) \frac{\partial V(r_n)}{\partial r_n}$ in analogy to Equations (12)–(15) (*i.e.*, $\dot{r}_{n-2} = \dot{r}_{n-1} - \frac{1}{m}(t_n - t_{n-1}) \frac{\partial V(r_{n-1})}{\partial r_{n-1}}$ followed by the reversion of time of the second step $\dot{r}_{n-2} = \dot{r}_{n-1} + \frac{1}{m}(t_n - t_{n-1}) \frac{\partial V(r_{n-1})}{\partial r_{n-1}} = \dot{r}_n - \frac{1}{m}(t_{n+1} - t_n) \frac{\partial V(r_n)}{\partial r_n} + \frac{1}{m}(t_n - t_{n-1}) \frac{\partial V(r_{n-1})}{\partial r_{n-1}} = \dot{r}_n$ and $\frac{\partial V(r_{n-1})}{\partial r_{n-1}} = \frac{\partial V(r_{n+1})}{\partial r_{n+1}}$). Hence, the loss of the arrow of time due to the introduction of a time reversible discrete physics introduces the following ambiguity for the reversibility axiom:

$$\frac{\tilde{s}_{n+1}}{\tilde{s}_n} = \frac{F(\tilde{r}_n)}{F(\tilde{r}_{n+1})} \text{ or } \frac{\tilde{s}_{n+1}}{\tilde{s}_n} = \frac{F(\tilde{r}_{n+1})}{F(\tilde{r}_n)} \tag{63}$$

This finding resolves apparent problems such as the expanding gas discussed above (Section 2.10). Indeed, in the case of the expanding ideal gas, the introduction of the absolute value removes the negative sign in the calculation of the macroscopic entropy change from its microscopic analog yielding an approximate equivalency between the ensemble-averaged microscopic entropy and its macroscopic counterpart.

The remaining caveat is that the constant of motion $H_n = \frac{1}{2} m \dot{r}_n^2 + V(r_n) + \frac{1}{2} Q \frac{\dot{s}_n^2}{s_n^2} - T S_n$ with $S_n = -g k_B \ln s_n$ is still time reversible. If however, the “mass” Q of the heat bath/the thermostat (or Q_i of all the heat baths) goes towards infinity ($Q \rightarrow \infty, Q_i \rightarrow \infty$) the oscillatory nature of the Nosé-Hoover “thermostat” is lost and concomitantly time irreversibility is obtained. Note, in molecular dynamics simulations, the value of Q is chosen such, that during a calculation the temperature fluctuates around the temperature of the temperature bath. If Q is set small, there is a fast oscillation, if it is too long the oscillation is too slow and very long simulations are required to obtain a canonical distribution of the system. In the case of $Q \rightarrow \infty, s = 1$ and thus a regular molecular dynamics simulation without thermostating is established [30–34]. In the discrete time description of the H_n however $s_n \neq 1$ (unless $F(r_n) = const$) and thus time irreversibility is obtained.

This ad hoc introduction of requesting $Q \rightarrow \infty$ in order to introduce a time irreversible description of the system is strengthened by the following argument. Let us again consider the time reversible evolution of a single particle under a given potential $V(r_n)$ at time point n described by the Nosé-Hoover Lagrangian (Equation (31); Hünenberger, 2005 [37]; Nosé 1984a [30])

$$L_n^N = \frac{1}{2} m \dot{r}_n^2 - V(r_n) + \frac{1}{2} Q \frac{\dot{s}_n^2}{s_n^2} - g k_B T \ln s_n \tag{64}$$

The time reversible nature of the velocity has been demonstrated above resulting in the reversibility axiom (Section 2.4). However, also the evolution of the scaling factor s_n must be time reversible. With the definition of the scaling factor velocity $\dot{s}_n = \frac{s_{n+1} - s_n}{t_n - t_{n-1}}$ (see Chapter 3.4) the scaling factor evolves in a first step forward to

$$s_{n+1} = s_n + \dot{s}_n (t_n - t_{n-1}) \tag{65}$$

and accordingly for the second step

$$s_{n+2} = s_{n+1} + \dot{s}_{n+1} (t_{n+1} - t_n) \tag{66}$$

If the second step is now backward in time

$$s_{n+2} = s_{n+1} - \dot{s}_{n+1} (t_{n+1} - t_n) = s_n + \dot{s}_n (t_n - t_{n-1}) - \dot{s}_{n+1} (t_{n+1} - t_n) \tag{67}$$

With the request of time reversibility $s_n = s_{n+2}$ which simplifies the above equation by using $t_n - t_{n-1} = const$ to

$$\dot{s}_n = \dot{s}_{n+1} \tag{68}$$

which is true for a two step process with a step forward in time followed by a step backward in time. This result is obvious since the change of scaling of time in the step $n \rightarrow n + 1$ should be equal to the change of scaling of time of the step backward $n + 1 \rightarrow n$ multiplied by -1 .

In addition, also the scaling factor s_n must follow (its) (discrete) Lagrangian equation (*i.e.*, $\frac{1}{t_n - t_{n-1}} (\frac{\partial L(s_{n+1}, \dot{s}_{n+1})}{\partial \dot{s}_{n+1}} - \frac{\partial L(s_n, \dot{s}_n)}{\partial \dot{s}_n}) = -\frac{\partial L}{\partial s_n}$) yielding

$$\frac{1}{t_n - t_{n-1}} (Q \frac{\dot{s}_{n+1}}{s_{n+1}^2} - Q \frac{\dot{s}_n}{s_n^2}) = \frac{3}{2} Q \frac{\dot{s}_n^2}{s_n^3} + gk_B T \frac{1}{s_n} \tag{69}$$

$$\frac{Q}{t_n - t_{n-1}} (\frac{\dot{s}_{n+1} - \dot{s}_n + \dot{s}_n}{1} - \dot{s}_n \frac{s_{n+1}^2}{s_n^2}) = (\frac{3}{2} Q \frac{\dot{s}_n^2}{s_n^3} + gk_B T \frac{1}{s_n}) s_{n+1}^2 \tag{70}$$

$$Q (\frac{\dot{s}_{n+1} - \dot{s}_n}{t_n - t_{n-1}}) = Q \ddot{s}_n = (\frac{3}{2} Q \frac{\dot{s}_n^2}{s_n^3} + gk_B T \frac{1}{s_n}) s_{n+1}^2 - \dot{s}_n (1 - \frac{s_{n+1}^2}{s_n^2}) \tag{71}$$

Since the right hand of Equation (71) is not evidently 0, but with the above Equation (68) (*i.e.*, $\dot{s}_{n+1} - \dot{s}_n = 0$) the left hand is 0 for $Q \neq \infty$, Equation (71) can only be fulfilled with a $Q \rightarrow \infty$. Thus, $Q \rightarrow \infty$ is a requirement and a consequence of the request of a time reversible scaling factor yielding thereby a time irreversible constant of motion referring to the total energy as expected from a thermodynamic point of view. With setting the “mass” Q of the heat bath/the thermostat (or Q_i of all the heat baths in the case of a multi particle system) towards infinity ($Q \rightarrow \infty$), the “kinetic” energy of the heat bath of the scaling variable s_n (or $s_{i,n}$) is infinite and thus has an infinite capacity to take up the energy that is lost in the discrete time steps of the system. This description may open a discussion about the nature of the heat bath (baths), which is not a regular thermodynamic heat bath because it deals with the unitless scale variable s_n ($s_{i,n}$) outside the space-time. While on the one hand it is possible to interpret the scaling of time as an extension of the space-time by additional dimensions (*i.e.*, for each particle three additional dimensions $s_{i,x,y \text{ or } z}$) as has been done by Nosé in the Nosé-Hoover thermostat (however with a single s only), the author prefers the view, that the introduction of the scaling of time is just a mathematical construct that enables to preserve the first law of thermodynamics, which describes energy conservation.

2.12. Time Progression of a Discrete System Step by Step

For a simulation of a time irreversible system comprising one particle (or many particles) it is potentially interesting to write down the progression of the system step by step. Having constant time steps Δt the evolution of a single particle system in a one dimensional space starting under the (boundary) conditions

$V(r_n), F(r_n), m, \dot{r}_1, t_1, r_1$, and Δt can be calculated step by step as follows:

Using the (discrete) Newton equation

$$\ddot{r}_1 = \frac{1}{m} F(r_1) \tag{72}$$

Using the definition of the discrete \ddot{r}_n the velocity of step 2 can be obtained

$$\dot{r}_2 = \frac{1}{m} F(r_1) \Delta t + \dot{r}_1 \tag{73}$$

with the definition of the velocity the coordinate at step 2 can then be obtained

$$r_2 = \dot{r}_2 \Delta t + r_1 \tag{74}$$

which allows the calculation of the acceleration by

$$\ddot{r}_2 = \frac{1}{m} F(r_2) \quad (75)$$

The corresponding microscopic entropy change is then given by

$$\Delta S = S_2 - S_1 = k_B \left(\left| \ln \frac{F(r_1)}{F(r_2)} \right| \right) \quad (76)$$

Correspondingly, the step $n + 1$ can be derived from values from step n by

$$\dot{r}_{n+1} = \frac{1}{m} F(r_n) \Delta t + \dot{r}_n \quad (77)$$

$$r_{n+1} = \dot{r}_{n+1} \Delta t + r_n \quad (78)$$

$$\ddot{r}_{n+1} = \frac{1}{m} F(r_{n+1}) \quad (79)$$

and

$$\Delta S = S_{n+1} - S_n = k_B \left(\left| \ln \frac{F(r_n)}{F(r_{n+1})} \right| \right). \quad (80)$$

3. Conclusions

It was demonstrated that under the hypothesis that time is discrete with constant time steps the microscopic physical laws in presence of a complex force ($F(r) \neq const$) are time irreversible. Upon the introduction of the scaling of the discrete time in order to reintroduce time reversibility a microscopic entropy is obtained, which ensemble average in equilibrium under the “slow changing force” limit approximates the macroscopic Boltzmann/Gibbs entropy. Thus, an alternative microscopic description of entropy is derived. Since this approach does not rely on the statistical mechanics approach of Gibbs and Boltzmann, the Loschmidt and Zermelo’s reversal and recurrence objections appear to be resolved [9–11], and an arrow of time is obtained already at the microscopic level of physics.

The now arising question is, which entropy derivation is the correct one, the established Gibbs and Boltzmann ensemble-averaged macroscopic entropy or the presented one with the microscopic entropy? In favor of the presented theory are the reversal and recurrence objections and the establishment of a microscopic arrow of time that is connected to the second law of thermodynamics. However, the continuous time descriptions of physics introduced by Newton is highly successful and thus has obviously also its merits. In a first attempt towards answering the question raised, it is required to highlight the differences between the two entropy descriptions (Equations (53) and (56)):

$$S^G = -k_B \sum_{k=1}^{\Omega} p_k \ln p_k$$

and

$$\langle S_n \rangle \approx -k_B \sum_{m=1}^{\Omega} p_m \ln(p_m s_{m,n})$$

Thus, the ensemble averaged microscopic entropy approximates its macroscopic counterpart only at the “slow changing force” limit at which $s_{m,n}$ is close to 1.

In other words, only at the “slow changing force” limit the two entropy descriptions are equivalent. However, if the acting force changes considerably within a time step Δt , which has been hypothesized to be the Planck time (*i.e.*, 5.4×10^{-44} s), the ensemble averaged microscopic entropy is distinct from its Gibbs analog. If experimental data under such conditions would be available insight into the nature of the entropy might be possible. Such conditions may have been present at the beginning of the universe during which the acting potential must have been changed very fast. In this context it is interesting to mention that the observed inflation of the universe might support the presented theory, because the inflation can apparently be explained by a scaling of time [3,15,31,39], and the scaling of time is at the heart of the presented theory being a consequence of a time-reversible description of an irreversible process under a discrete time. In return, if time is discrete in nature, the apparent inflation is an artifact of the established time reversible description of a time irreversible universe. Another area of potential interest, that could eventually help in the elucidation of the origin of the entropy, might be the analysis of the observed time asymmetry of the weak force in particle physics [13]. Alternatively, fast kinetic experiments could elucidate potentially the scaling of time. Currently, the limit for such experiments is in the attosecond range and so far no time anomalies have been reported [40].

In conclusion, an alternative microscopic derivation of entropy is given, which originates from the quantization of time, which is a concept that has only occasionally been investigated in the past. For the author this theory resolves the many objections that have been raised for the Boltzmann/Gibbs entropy and introduces an arrow of time at the microscopic physics level. However, whether time is discrete, whether it is universal or must be classified [41] or/and the presented microscopic entropy is an adequate microscopic representation of the macroscopic entropy state function remains to be demonstrated (experimentally).

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Conflicts of Interest

The authors declare no conflict of interest.

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