

SOCIAL MEDIA KIT



Alex Iantaffi,
Ph.D., MS, SEP, CST, CST-S, LMFT

POWERED BY



HI, I'M ALEX!

Author, Scholar, Therapist, Co Founder, and Podcast Host

I am an author, independent scholar, licensed marriage and family therapist, and former editor-in-chief of the Journal of Sexual and Relationship Therapy. I am co-founder of a group practice, Edges Wellness Center LLC, located on Dakota and Anishinaabe territories, currently known as Minneapolis, Minnesota. I also host the Gender Stories podcast and really enjoy creating content for both providers and the general public. I have given keynotes and presentations in various states in the US, in Canada, the UK, Europe (Italy, Spain, Austria, Portugal, Croatia), and Australia. You can book me for keynotes, consultations, training, and other speaking events in the United States, where I currently reside, and abroad. I am fluent in Italian, English, British Sign Language, and I am learning American Sign Language..



 3k+

Twitter followers

 54

podcast episodes published so far

 76k+

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A LITTLE BIT ABOUT ME

www.alexiantaffi.com

Author, independent scholar, licensed marriage and family therapist, former editor-in-chief of the Journal of Sexual and Relationship Therapy, co-founder of group practices, Edges Wellness Center LLC, and host the Gender Stories podcast.



Education

Areas of Specialty

Certificates &
Licenses

Honors & Awards

Publications

[Click here to view my portfolio](#)



WHAT DO I OFFER?

- ✓ Keynotes
- ✓ Consultations
- ✓ Trainings
- ✓ Speaking events
- ✓ Media Interviews



Speaking Topics

- ✓ Gender
- ✓ Sexuality
- ✓ Relationships
- ✓ Disability
- ✓ Trauma
- ✓ Mental health
- ✓ HIV

as seen in

Warner
& Spencer

Ingoude magazine

Liceria &
Co. Network

Borcelle university

TESTIMONIALS



There are people in your life who act as lighthouses. Alex Iantaffi has been one of those people for me, and for many, many others I suspect. Time after time I've been adrift in stormy seas, at risk of being cast upon the jagged rocks. Alex's wisdom has been a guiding light for me through those times, although it has often taken me a while to follow it.

Meg-John Barker in the Foreword of
Gender Trauma by Alex Iantaffi



Dr. Alex Iantaffi is a values-driven, hard working person whose expertise and vision have inspired me to do better work serving bisexual and other non-monosexual populations. Alex is one of my favorite collaborators and workshop co-facilitators. We are working on organizing the first-ever academic conference on bisexuality associated with the "BiReConUSA: BECAUSE Research Matters." Alex is Chair of the Scientific Committee, and has served as a great mentor to me throughout this process. I highly recommend Alex Iantaffi.

Lauren Beach, J.D., PhD

PUBLICATIONS



Life Isn't Binary: On Being Both, Beyond, and In-Between

By Meg-John Barker and Alex Iantaffi

Foreword by CN Lester

Challenging society's rigid and binary ways of thinking, this original work shows the limitations that binary thinking has regarding our relationships, wellbeing, sense of identity and more. Explaining how we can think and act in a less rigid manner, this fascinating book shows how life isn't binary.

"Barker and Iantaffi have written the book we all need for this moment in time."

—CN Lester, author of *Trans Like Me*



How to Understand Your Gender: A Practical Guide for Exploring Who You Are

By Alex Iantaffi and Meg-John Barker

Illustrated by Jules Scheele

Foreword by S. Bear Bergman

This helpful guide presents ways we can all better understand gender, and how people can change and express their gender identity. Considering biological and cultural understandings of gender, gender expression, and relationships and sexuality, this is an excellent starting point for anybody thinking about what gender means to them.

"For anyone who's ever wished they had a smart, kind, friend with whom they could safely and openly discuss gender issues: this most excellent book is that kind of friend!"
—Kate Bornstein, author of *Gender Outlaw*



Gender Trauma: Healing Cultural, Social, and Historical Gendered Trauma

By Alex Iantaffi

Foreword by Meg-John Barker

Exploring how the essentialism of the gender binary impacts on clients of all genders, this ground-breaking book examines how historical, social and culturally gendered trauma emerges in clinical settings. Weaving together systemic ideas, autoethnography, narrative therapy and somatic experiencing, the book charts the history of the gender binary and its roots in colonialism, as well as the way this culture is perpetuated intergenerationally, and the impact this trauma has on all bodies, gender identities and experiences.

"Dr. Alex Iantaffi is one of the smartest gender theorists I know. A compassionate clinician and a brilliant educator they have produced one of the most compelling books on gender diversity and human rights you will ever read. IJH has published a plethora of books on gender diversity in recent years. Dr. Iantaffi's book on Gender Trauma deserves to be amongst the best of them!"
—Dominic Davies, Founder and CEO of Pink Therapy



How to Understand Your Sexuality: A Practical Guide for Exploring Who You Are

By Meg-John Barker & Alex Iantaffi

Illustrated by Jules Scheele



Hell Yeah Self-Care! A Trauma-Informed Workbook

By Alex Iantaffi & Meg John Barker

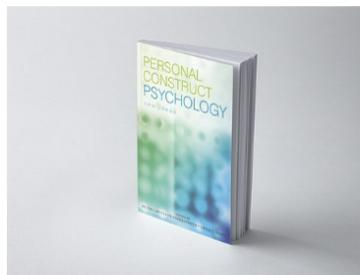
In this creative workbook and journal leading mental health pioneers, Alex Iantaffi and Meg-John Barker, provide you with

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Gender and Higher Education Series – Breaking Boundaries: Women in Higher Education (1996)

"Women and Disability in Higher Education: A Literature Search"



Personal Construct Psychology: New Ideas (2006)

"A hygienic process? Researcher and participants construing each other's worlds"



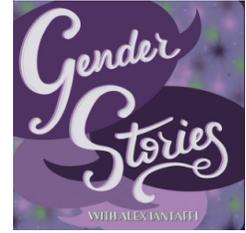
Feeling Queer or Queer Feelings?: Radical Approaches to Counselling Sex, Sexualities and Genders (2007)

"Kinky clients, kinky counselling?" (with Meg-John Barker and Camelia Gupta)

[Click Here For More Contributed Chapters](#)

THE PODCAST

[Click here for the Gender Stories Podcast](#)



Everyone has a relationship with gender... What's your story? In this podcast Alex Iantaffi, author of "How to Understand Your Gender: a practical guide for exploring who you are" will reflect on how gender impacts different areas of our lives, such as relationships, spirituality, parenting and more. They will also have guests to explore these topics and reflect on their own experiences as a therapist, writer, educator, and trans masculine, non-binary person. Please contact Alex at genderstoriespodcast@gmail.com for relevant topics and questions! You can find us on Spotify, Apple, and all podcast platforms.



Most Downloaded Episodes

S4 E50

I have always been me: in conversation with Precious Brady-Davis.

S4 E47

Trans Sexualities: a conversation with Lucie Fielding

S2 E14

Non-binary everything!

S2 E21

Complex PTSD

Statistics

77.8k+

total podcast downloads

1k+

average monthly downloads

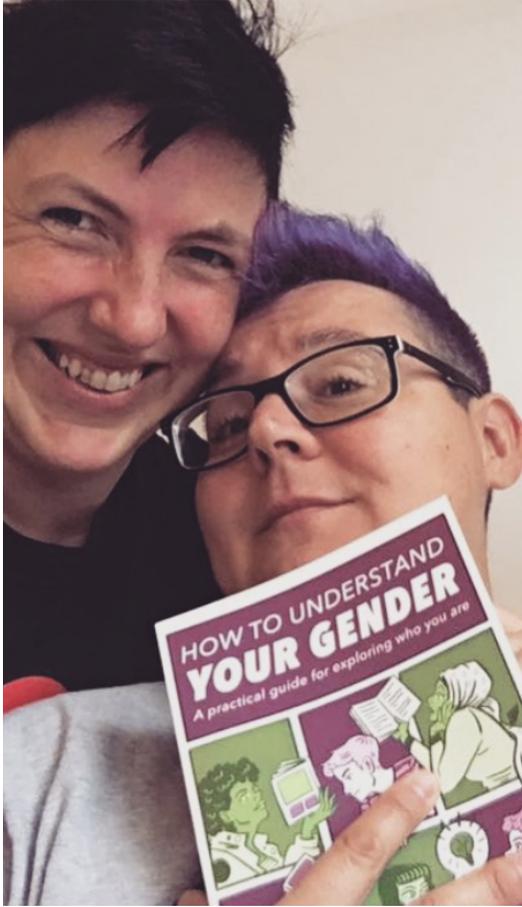
My Audience

60%

US

15%

UK



WHO I WORK WITH

All organizations, businesses, etc. who are interested in the following topics:

- Gender
- Sexuality
- Relationships
- Disability
- Trauma
- Mental health
- HIV

WHAT CAN YOU EXPECT

Keynotes
Consultations
Trainings
Speaking events
Media Interviews



www.alexiantaffi.com



GET IN TOUCH

1. We will meet for 30 minutes. Set up a free meeting [here](#).
2. Contract & invoice will be sent to you.
3. Completion of event/service.
4. Payment sent/received
5. OPTIONAL: You can also book me through the [AAE Speakers website](#) as well!

*If you are a journalist or have an urgent ask, please text me at 612-305-8510

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