

PORTFOLIO



Alex Iantaffi,
Ph.D., MS, SEP, CST, CST-S, LMFT



GREETINGS!



Thank you for checking out my portfolio.
I'm so excited to get started on your
project, and I can't wait to hear from you!

POWERED BY



ABOUT ALEX



I am an author, independent scholar, licensed marriage and family therapist, and former editor-in-chief of the Journal of Sexual and Relationship Therapy. I am co-founder of a group practice, Edges Wellness Center LLC, located on Dakota and Anishinaabe territories, currently known as Minneapolis, Minnesota. I also host the Gender Stories podcast and really enjoy creating content for both providers and the general public. I have given keynotes and presentations in various states in the US, in Canada, the UK, Europe (Italy, Spain, Austria, Portugal, Croatia), and Australia. You can book me for keynotes, consultations, training, and other speaking events in the United States, where I currently reside, and abroad. I am fluent in Italian, English, British Sign Language, and I am learning American Sign Language.

EDUCATION



University of Rome, Italy
Laurea summa cum laude
Linguistics, English, German
1993



University of Reading, United Kingdom
Postgraduate Diploma (1994): Deaf Studies, Sign Language,
Higher Education

Ph.D. (1999): Disability, Gender Studies, Higher Education,
Community Health.



University of Bedfordshire, United Kingdom
M.Sc. Systemic Psychotherapy
2006



University of Minnesota Program in Human Sexuality
Postdoctoral Fellowship, Sexual Health, HIV/STI Internet-
Based Research, LGBTQ Health Disparities, Transgender
Youth, Sex and Relationship Therapy
2008-2010

AREAS OF SPECIALTY

I specialize in:

Gender

Sexuality

Relationships

Disability

Trauma

Mental health

HIV

My reading and writing on these topics have been featured in:

- International Journal of Sexual Health
- AIDS Education and Prevention
- Anthologies published by Palgrave Macmillan
- Routledge
- W.W. Norton & Company

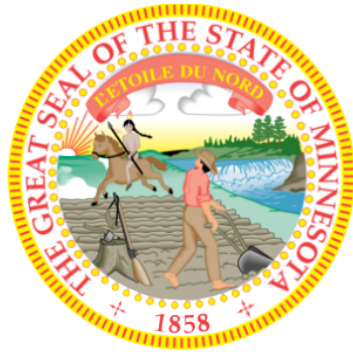
I have been funded by the:

- United States National Institute of Health
- University of Minnesota
- Organized numerous community projects, including zines, handbooks, and guides, and edited academic journals

Other certificates and positions include:

- Certified sex therapist
- President of MAMFT and Chair of QTAN
- Member of the American Association of Sexuality Educators Counselors & Therapists (AASECT)
- Clinical member of the World Professional Association for Transgender Health (WPATH)
- At-Large Board member of the Minnesota Association for Marriage and Family Therapy
- Clinical fellow of the American Association for Marriage and Family Therapy (AAMFT)
- Chair-elect of the AAMFT Queer and Trans Advocacy Network

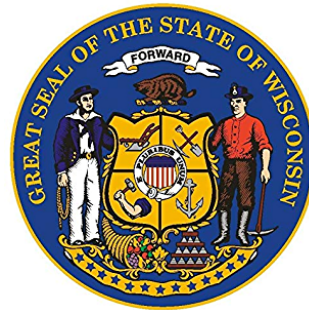
CERTIFICATES & LICENSES



2010-present
Licensed Marriage and Family
Therapist, License No. 2061,
State of Minnesota



2011
Narrative Therapy Certificate,
Kenwood Therapy Center



2010-present
Licensed Marriage and Family
Therapist, License No. 2061,
State of Wisconsin



2017-present
Approved Supervisor, American
Association of Marriage and
Family Therapy



2017
Somatic Experiencing
Practitioner Certificate, SETI

SOMATIC
EXPERIENCING®



2020-present
Certified Member, World
Professional Association for
Transgender Health Standards
of Care 7 Global Education
Institute



2018-present
Certified Sex Therapist and Sex
Therapist Supervisor,
American Association of
Sexuality Educators, Counselors
and Therapists

HONORS AND AWARDS



Best Dissertation Award, British Educational Research Association



UNIVERSITY OF MINNESOTA

Driven to DiscoverSM

Breaking the Silence Award, University of Minnesota



Twin Cities Deaf Pride Community Organization Award, 3rd Annual Deaf LGBTQ and Allies Awards Ceremony and Awareness Day



Distinguished Service Award, Minnesota Association for Marriage and Family Therapy



Nautilus Gold Award for Gender Trauma in 2022 and 2023 recipient of the AASECT Sexuality Professionals Book Award



AASECT 2023 Humanitarian Award

PUBLICATIONS



Gender Trauma: Healing Cultural, Social, and Historical Gendered Trauma

By Alex Iantaffi



How to Understand Your Gender: A Practical Guide for Exploring Who You Are

By Alex Iantaffi and Meg-John Barker

Illustrated by Jules Scheele



Life Isn't Binary: On Being Both, Beyond, and In-Between

By Meg-John Barker and Alex Iantaffi

Foreword by CN Lester



Hell Yeah Self-Care!: A Trauma-Informed Workbook

By Alex Iantaffi & Meg John Barker

In this creative workbook and journal leading mental health pioneers, Alex Iantaffi and Meg-John Barker, provide you with



How to Understand Your Sexuality: A Practical Guide for Exploring Who You Are

By Meg-John Barker & Alex Iantaffi

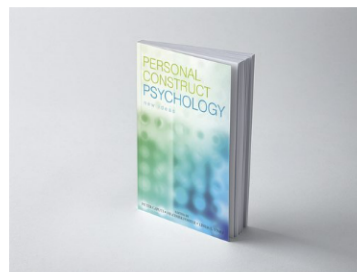
Illustrated by Jules Scheele

[Click Here To View Books](#)



Gender and Higher Education Series – Breaking Boundaries: Women in Higher Education (1996)

“Women and Disability in Higher Education: A Literature Search”



Personal Construct Psychology: New Ideas (2006)

“A hygienic process? Researcher and participants construing each other’s worlds”

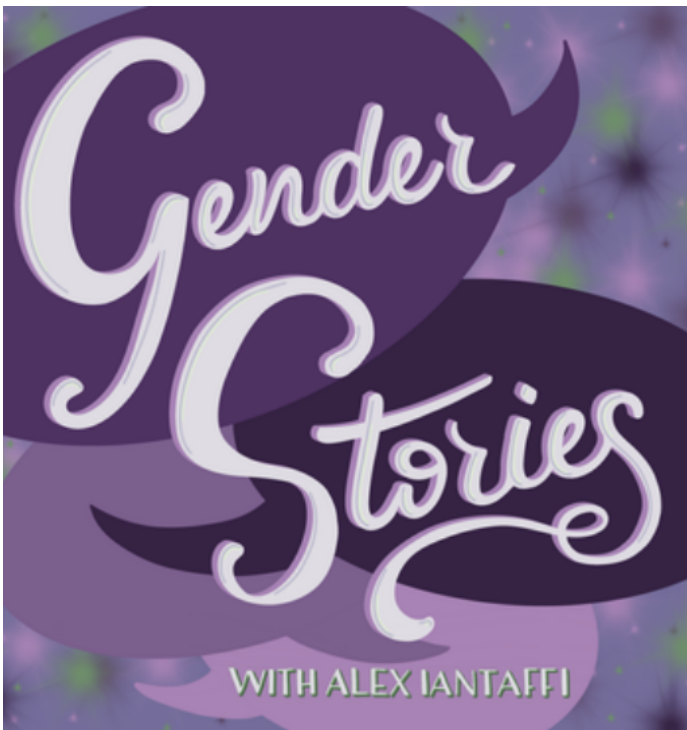


Feeling Queer or Queer Feelings?: Radical Approaches to Counselling Sex, Sexualities and Genders (2007)

“Kinky clients, kinky counselling?” (with Meg-John Barker and Camelia Gupta)

[Click Here To View More Contributed Chapters](#)

PODCAST



I host the Gender Stories podcast, which invites guests from across the world to discuss their gender identity and its effect on their life. Taking gender divergence to be an everyday aspect of lived experience, we share stories that unsettle binaries and complicate how we view, for example, our careers, families, parenting, relationships, and spirituality. As a practicing educator and therapist, I draw upon my own personal and professional experiences to examine common questions, myths, and terminology that arise when we move outside the binary. The podcast includes both solo episodes and interviews with people of all genders. You can also support the podcast on [Patreon!](#)



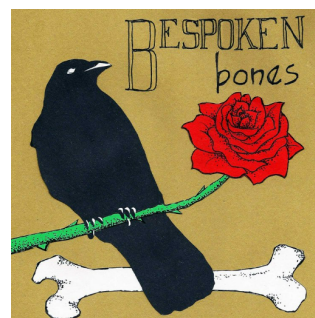
[Click Here To Learn More](#)

I've also been featured on several other podcasts:



Episode 58: Gender, Sexuality, and Mental Health – A Conversation with Alex Iantaffi

[Click Here To Listen](#)



Episode 54: The gender revolution will be podcasted

[Click Here To Listen](#)

I HAVE BEEN FEATURED IN...



CHICAGO
HUMANITIES
FESTIVAL



Xtra*

them

AUGSBURG
COLLEGE

Rebellious
MAGAZINE FOR WOMEN

science
FRIDAY



UNIVERSITY OF MINNESOTA

MPR
news



[VIEW FULL LIST HERE](#)

ANY FURTHER QUESTIONS?



Please reach out via email at alex@alexiantaffi.com

If you would like to work with me, you can [click here](#) to set up a 30 minute meeting.

OPTIONAL: You can also book me through the [AAE Speakers website](#) as well!

Thank you, and I look forward to
working with you!

