Instructions for students on how to add a Kaltura video to a Discussion Post.

1. *Click* on the Discussion Board activity link provided by the Instructor.

2. In the Discussion Forum *click* **Create Thread** to start a new Thread. If no Create Thread button is present, select the Instructor's post and click Reply.

3. In the Message area, *click* + to add content. If you do not see the + button *click* the three dots in the top right to display all rows of icons.

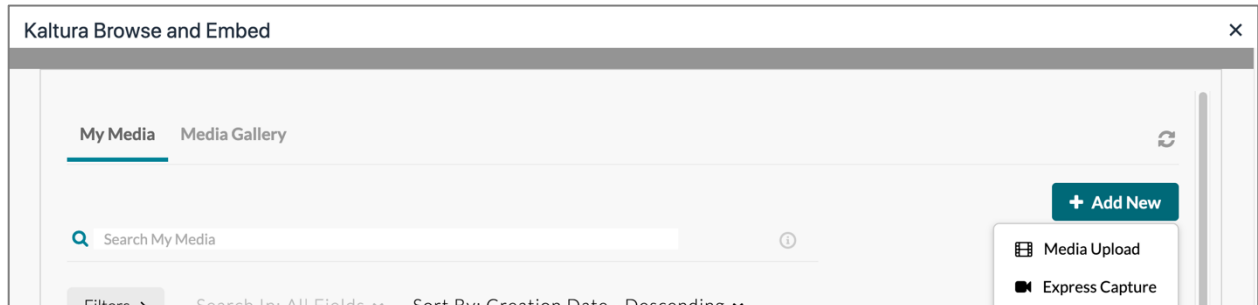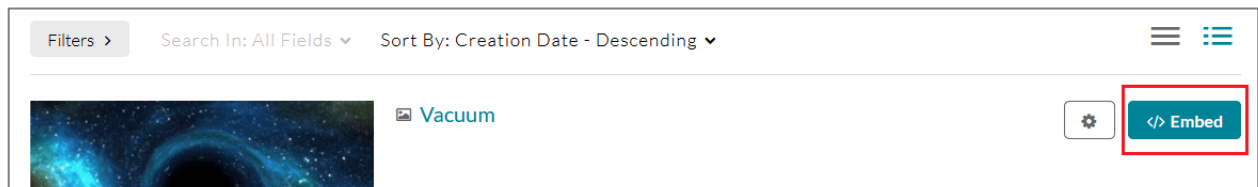4. *Click* **Kaltura Browse and Embed**.

5. In the pop-up box, *click* **Add New** to upload or create a new recording (**Express Capture**). (If the video is already in your My Media area, skip to Step 6.)

6. *Click* **Embed** next to the video from your My Media

7. Complete the thread post and *click* **Submit**.