

COMO RESOURCES

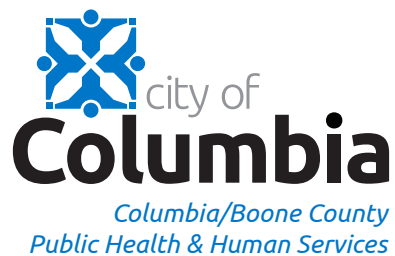
Health and Human Services Resource Guide

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COLUMBIA/BOONE COUNTY DEPARTMENT
OF PUBLIC HEALTH AND HUMAN SERVICES

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Department of Public Health and Human Services.*



BASIC NEEDS

CLOTHING

The Loveseat	573-447-7328
The Salvation Army	573-442-3229
Voluntary Action Center	573-874-2273
Wardrobe	573-442-3260

DISASTER RELIEF

American Red Cross	573-445-9411
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EMERGENCY SHELTER

Lois Bryant House (<i>women and families</i>)	573-445-9411
New Life Evangelistic Center (<i>men</i>)	573-875-0603
Room at the Inn (<i>winter only</i>)	
St. Francis House (<i>men</i>)	573-875-4913
The Salvation Army Harbor House (<i>men, women, and families</i>)	573-442-1984
True North of Columbia (<i>domestic/sexual violence</i>)	573-875-1370
Voluntary Action Center (<i>motel vouchers</i>)	573-874-2273
Welcome Home (<i>veterans</i>)	573-443-8001

FOOD

Aging Best (<i>home delivered meals for age 60+</i>)	573-449-8000
Columbia/Boone County Public Health and Human Services - WIC	573-874-7384
The Food Bank Central Pantry	573-874-7848
Loaves and Fishes (<i>evening meal</i>)	573-875-0826
Meals on Wheels (<i>home delivered meals</i>)	573-886-7554
The Salvation Army	573-442-3229
The Salvation Army - Harbor House (<i>daily lunch</i>)	573-442-1984
State of Missouri - SNAP/Food Stamps	855-373-4636
Voluntary Action Center	573-874-2273

HOMELESSNESS RESOURCES

Phoenix Programs- Street Outreach	573-875-8880 EXT. 2131
Turning Point Day Center	573-214-4077
Voluntary Action Center	573-874-2273
U.S. Department of Veterans Affairs (VA)- Truman Memorial Veterans' Hospital	573-814-6000

HOUSEHOLD ITEMS

The Loveseat	573-447-7328
The Salvation Army	573-442-3229
Voluntary Action Center	573-874-2273

CHILDREN & YOUTH

CHILD CARE

Child Care Aware of Central Missouri (<i>child care referral service</i>)	573-445-5437
State of Missouri- Child Care Assistance	855-373-4636

CHILD SAFETY

Child Abuse and Neglect Hotline (<i>State of Missouri</i>)	800-392-3738
First Chance for Children (<i>cribs</i>)	573-777-1815
MU Health Care- Safe Kids Program (<i>car seats</i>)	573-771-9216
Voluntary Action Center (<i>car seats</i>)	573-874-2273

CHILD SUPPORT

State of Missouri- Child Support Enforcement	866-313-9960
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EMERGENCY SHELTER

Rainbow House	573-474-6600
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MENTAL HEALTH

Mental Health Crisis Line (<i>Burrell Behavioral Health</i>)	800-395-2132
Burrell Behavioral Health	573-777-8300
Compass Health Network- Columbia	844-853-8937
MU Family Access Center for Excellence (FACE)	573-771-3223
MU Health Care- Missouri Psychiatric Center (Children's Hospital)	573-884-1002
MU Psychological Services Clinic	573-882-2254
MU SOAR (<i>parent-child psychotherapy ages 0-5</i>)	573-884-6324
MU Thompson Center for Autism and Neurodevelopmental Disorders	573-884-6052

MENTORING

Big Brothers Big Sisters	573-874-3677
Presbyterian Children's Home and Services	573-442-9916

OUT OF SCHOOL PROGRAMS

Boys and Girls Club (<i>after school and summer</i>)	573-874-1697
City of Columbia- Community Recreation	573-817-5077
CHA Low-Income Services (<i>after school and summer</i>)	573-443-2556 EXT. 1283
Fun City Youth Academy (<i>Saturdays and summer</i>)	573-256-1436
Grade A Plus (<i>after school and summer</i>)	573-268-4372
MU Family Impact Center	573-882-2428

CHILDREN & YOUTH

PARENTING HELP

Columbia Public Schools- Parents as Teachers	573-214-3955
MU Family Access Center of Excellence (FACE)	573-771-3223
First Chance for Children	573-777-1815
Lutheran Family and Children's Services	573-815-9955
ParentLink	800-552-8522
Rainbow House	573-474-6600

PRESCHOOL

Central Missouri Community Action- Head Start	573-443-8706
Columbia Public Schools- Preschool	573-214-3585

RESPIRE CARE/CRISIS CARE

Rainbow House	573-474-6600
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YOUTH EMPLOYMENT

City of Columbia- C.A.R.E. (Career Awareness Related Experience)	573-874-6300
CoMo Youth Works	573-256-1896
Job Point	573-449-3431

HEALTH & MEDICAL

CO-PAYMENT ASSISTANCE

Voluntary Action Center	573-874-2273
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DENTAL

Columbia King's Daughters and Sons (referral made by school nurse)	
Family Dental Center	573-777-8997
UMKC School of Dentistry Clinic	816-235-2100

HEALTH INSURANCE

Columbia/Boone County Public Health & Human Services- Social Services	573-817-6430
Health Insurance Marketplace	
- HealthCare.gov	800-318-2596
- Cover Missouri	800-466-3213
- Family Health Center	573-886-6790
- Mid-MO Insurance Counseling Services	800-735-6776 EXT. 520
Medicare	800-633-4227
State of Missouri- MO HealthNet	855-373-4636

HIV/AIDS TESTING

Columbia/Boone County Public Health & Human Services- Community Health	573-874-7356
Spectrum Health Care	573-875-8687

MEDICAL SUPPLIES/EQUIPMENT ASSISTANCE

Columbia/Boone County Public Health & Human Services- Social Services	573-817-6430
Services for Independent Living	573-874-1646
Voluntary Action Center	573-874-2273

MEDICATION ASSISTANCE

Columbia/Boone County Public Health & Human Services- Social Services	573-817-6430
Voluntary Action Center	573-874-2273

MENTAL HEALTH

Mental Health Crisis Line (Burrell Behavioral Health)	800-395-2132
Burrell Behavioral Health	573-777-8300
Compass Health Network- Columbia	844-853-8937
HeartSpace Clinic	573-214-0436
Lutheran Family and Children's Services (<i>maternal mental health</i>)	573-815-9955
MU Health Care- Missouri Psychiatric Center	573-884-1300
MU Integrated Behavioral Health Clinic	573-882-2428
MU Psychological Services Clinic	573-882-2254
New Horizons	573-443-0405

HEALTH & MEDICAL

PREGNANCY TESTING AND SUPPORT

Columbia/Boone County Public Health & Human Services- Social Services	573-874-7488
My Life Clinic	573-874-3561
Planned Parenthood Columbia Health Center	573-443-0427

PRIMARY CARE

Family Health Center	573-214-2314
MedZou Clinic	573-356-2499

STD TESTING AND TREATMENT

Columbia/Boone County Public Health & Human Services- Community Health	573-874-7356
Planned Parenthood Columbia Health Center	573-443-0427
Spectrum Health Care	573-875-8687

SMOKING/TOBACCO CESSATION

Columbia/Boone County Public Health & Human Services- Community Health	573-874-7356
MO Tobacco Quit Line	1-800 QUIT-NOW

SUBSTANCE USE DISORDER TREATMENT AND SUPPORT

Substance Use Helpline (U.S. Dept. of Health & Human Services)	800-662-4357
Compass Health Network- Columbia	844-853-8937
Compass Health Network- McCambridge Center (<i>women</i>)	844-853-8937
Phoenix Programs	573-875-8880

VETERANS HEALTH

Veterans Crisis Line (U.S. Department of Veterans Affairs)	800-273-8255
U.S. Department of Veterans Affairs (VA)- Truman Memorial Veterans' Hospital	573-814-6000

VISION

State of Missouri- Prevention of Blindness Program	800-592-6004
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WOMEN'S HEALTH

Columbia/Boone County Public Health & Human Services- Community Health	573-874-7356
Family Health Center	573-214-2314
Planned Parenthood Columbia Health Center	573-443-0427

HOUSING

AFFORDABLE HOUSING

Columbia Housing Authority (<i>public housing/Housing Choice Vouchers</i>)	573-443-2556
Bethel Ridge Estates (<i>seniors</i>)	573-443-0158
Claudell Homes	573-299-5015
Columbia Square	573-303-3212
Gentry Estates (<i>seniors</i>)	573-443-0437
Hanover	573-474-0550
Lakewood Apartments	573-724-4046

HOME OWNERSHIP

City of Columbia- Housing Programs	573-874-7288
Columbia Community Land Trust	573-874-6321
Habitat for Humanity	573-499-1202

HOME REPAIR

Central Missouri Community Action (<i>weatherization</i>)	573-443-8701 EXT. 1958
City of Columbia- Housing Programs	573-874-7244
Services for Independent Living	573-874-1646

PERMANENT SUPPORTIVE HOUSING

Boone County Family Resources (<i>persons with developmental disabilities</i>)	573-874-1995
Burrell Behavioral Health (<i>persons with mental illness</i>)	573-777-8300
New Horizons (<i>persons with mental illness</i>)	573-443-0405
Spectrum Health Care (<i>persons with HIV/AIDS</i>)	573-875-8687
U.S. Department of Veterans Affairs (VA)- Truman Memorial Veterans' Hospital	573-814-6000

RENT/MORTGAGE ASSISTANCE

Phoenix Programs	573-875-8880
True North of Columbia (<i>victims of domestic/sexual violence</i>)	573-875-1369
Voluntary Action Center	573-874-2273
Welcome Home (<i>veterans</i>)	573-443-8001

UTILITY ASSISTANCE

Central Missouri Community Action	573-443-1100
Columbia/Boone County Public Health & Human Services- Social Services	573-817-6430

OTHER SERVICES

ADULT EDUCATION/LITERACY

Columbia Public Schools- Adult Learning Center	573-214-3803
MU Family Impact Center	573-882-2428

AGING AND DISABILITY SERVICES

Adult Abuse and Neglect Hotline (State of Missouri)	800-392-0210
ACT: Alternative Community Training	573-474-9446
Aging Best	573-443-5823
Boone County Family Resources	573-874-1995
Meals on Wheels	573-886-7554
MU Adult Day Connection	573-882-7070
Services for Independent Living	573-874-1646
Social Security (S.S., S.S.D.I., S.S.I., and Medicare)	800-772-1213
State of Missouri- Central Missouri Regional Center	573-441-6278
State of Missouri- Senior and Disability Services	800-392-0210
State of Missouri- Special Health Care Needs	800-451-0669
Woodhaven	573-875-6181

DOMESTIC AND SEXUAL VIOLENCE

Domestic/Sexual Violence Hotline (True North)	800-548-2480
True North of Columbia	573-875-1370

EMPLOYMENT

Job Point	573-474-8560
State of Missouri- Columbia Job Center	573-441-6361
State of Missouri- Vocational Rehabilitation	573-441-6327

FINANCIAL/BUDGET COUNSELING

CHA Low-Income Services- Money Smart	573-443-2556 EXT. 7017
Love, Inc.	573-256-7662
MU Family Impact Center	573-882-2428

HUMAN RIGHTS

City of Columbia- Human Rights	573-817-5024
Missouri Commission on Human Rights	573-886-4082

INCOME SUPPORT

Social Security (S.S., S.S.D.I., S.S.I.)	800-772-1213
State of Missouri- Temporary Assistance	855-373-4636

OTHER SERVICES

INDIVIDUAL AND FAMILY DEVELOPMENT

Central Missouri Community Action	573-443-8706
LOVE, Inc.	573-256-7662
MU Family Impact Center	573-882-2428

LEGAL ASSISTANCE

Mid-Missouri Legal Services	573-442-0116
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REFUGEE AND IMMIGRATION SERVICES

Catholic Charities- Refugee and Immigration Services	573-442-7568
City of Refuge	573-289-1869

TAX ASSISTANCE

State of Missouri- Missouri Department of Revenue Tax Assistance Center	573-751-7191
MU Family Impact Center	573-882-2428

TRANSPORTATION

Aging Best	800-369-5211
City of Columbia- Go COMO (Columbia Transit and Para-Transit)	573-874-2489
State of Missouri- MO HealthNet (non-emergency medical transport)	866-269-5927
OATS	573-449-3789
Services for Independent Living	573-874-1646
Voluntary Action Center	573-874-2273

VETERANS SERVICES

Columbia Vet Center	573-814-6206
U.S. Department of Veterans Affairs (VA)- Truman Memorial Veterans' Hospital	573-814-6000

CRISIS HELP NUMBERS

Adult Abuse and Neglect Hotline (State of Missouri)	800-392-0210
Child Abuse and Neglect Hotline (State of Missouri)	800-392-3738
Domestic/Sexual Violence Hotline (True North)	800-548-2480
Mental Health Crisis Line (Burrell Behavioral Health)	800-395-2132
Substance Use Helpline (U.S. Dept. of Health & Human Services)	800-662-4357
Veterans Crisis Line (U.S. Department of Veterans Affairs)	800-273-8255



Missouri/Illinois 2-1-1

Speak to a trained professional and get connected with local resources. Available 24 hours a day, seven days a week, and your phone call is always free and confidential. Multilingual services are also available.

Dial 2-1-1

Other ways to access CoMo Resources:

ONLINE



<https://www.CoMo.gov/CMS/HealthServ/Public.php>

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