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COVID-19 AND REMOTE WORK:
AN EARLY LOOK AT US DATA

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COVID-19 and Remote Work: An Early Look at US Data

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ABSTRACT

We report the results of a nationally-representative sample of the US population during the COVID-19 pandemic. The survey ran in two waves from April 1-5, 2020 and May 2-8, 2020. Of those employed pre-COVID-19, we find that about half are now working from home, including 35.2% who report they were commuting and recently switched to working from home. In addition, 10.1% report being laid-off or furloughed since the start of COVID-19. There is a strong negative relationship between the fraction in a state still commuting to work and the fraction working from home. We find that the share of people switching to remote work can be predicted by the incidence of COVID-19 and that younger people were more likely to switch to remote work. Furthermore, states with a higher share of employment in information work including management, professional and related occupations were more likely to shift toward working from home and had fewer people laid off or furloughed. We find no substantial change in results between the two waves, suggesting that most changes to remote work manifested by early April.

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Code and Data are available at https://github.com/johnjosephhorton/remote_work/

1 Introduction

The on-going COVID-19 pandemic is rapidly transforming how, and even whether, people work. Large numbers of people have remained in their homes to avoid the disease or due to shelter-in-place orders. Many businesses are closed and many people are not working remotely. There have been enormous and unprecedented increases in workers filing unemployment insurance claims ([Goldsmith-Pinkham and Sojourner, 2020](#)). These changes in work and employment have immediate implications for the economy, and may lead to permanent shifts that last beyond the pandemic.

To get a real-time sense of how firms and workers are responding, we conducted two waves of surveys using Google Consumer Surveys (GCS), one each in April and May.¹ In the April version of the survey we asked a single question: ““Have you started to work from home in the last 4 weeks?”” with the following response options:

1. “I continue to commute to work”
2. “I have recently been furloughed or laid-off”
3. “Used to commute, now work from home”
4. “Used to work from home and still do”
5. “Used to work from home, but now I commute”

¹GCS is a relatively low-cost tool for rapidly collecting responses to simple questions [Stephens-Davidowitz and Varian \(2014\)](#), and response representativeness is often comparable to similar alternatives ([Santoso et al., 2016](#); [Brynjolfsson et al., 2019](#)).

6. “None of the above / Not working for pay”

In the May version, we updated the question to: ““Have you started to work from home in the last 2 months?”

We launched a first wave of our survey on April 1, 2020 and collected responses until April 5, collecting a total of 25,000 responses. We launched a second wave on May 2, 2020, collecting 25,001 responses until May 8, 2020. We find across both waves that over one third of workers have responded to the pandemic by shifting to remote work, while another 10% have been laid-off or furloughed. There is a great deal of variation across states in the share of people switching to remote work as well the share of people who continue to commute. These can each be predicted by incidence of COVID-19 as well as the industry composition of the state prior to the onset of the crisis. We also find that younger people were more likely than older people to switch from commuting to remote work. Responses did not meaningfully differ across the two survey waves, suggesting that most changes to remote work had already manifested by early April.

2 Results

We first report results from the May version of the survey in the main figures, and explore across-time differences in Section 2.5 below. Of the respondents, 13,937 reported something other than “None of the above...” This gives an implied employment rate of 56%, which is slightly lower than the BLS estimate of about 60%.² For the rest our analysis, we restrict our sample to those reporting being employed prior to the onset of COVID-19.

The distribution of answers pooled over all respondents is shown in Figure 1. We can see that the most common response from workers was that they continue to commute, at 37.1% (95% CI is [35.8,38.4]). But the next

²<https://fred.stlouisfed.org/series/EMRATIO>

most common was that they have switched from commuting to working from home.

The fraction of workers who switched to working from home is about 35.2%. In addition, 15.0% reporting they were already working from home pre-COVID-19. This suggests about half the workforce is now working from home, significantly more than the [Dingel and Neiman \(2020\)](#) estimate of 37% of people working at home.³

We find that 10.1% of workers report recently being laid off or furloughed. This fraction is lower than the BLS estimate of 14.7% for April. The difference may reflect the way respondents interpreted the phrase “furloughed or laid-off” or “None of the above / Not working for pay” in our survey, while the BLS reports a person as being unemployed if they have been out of a job for a month and searching for employment.⁴

2.1 Geographic variation

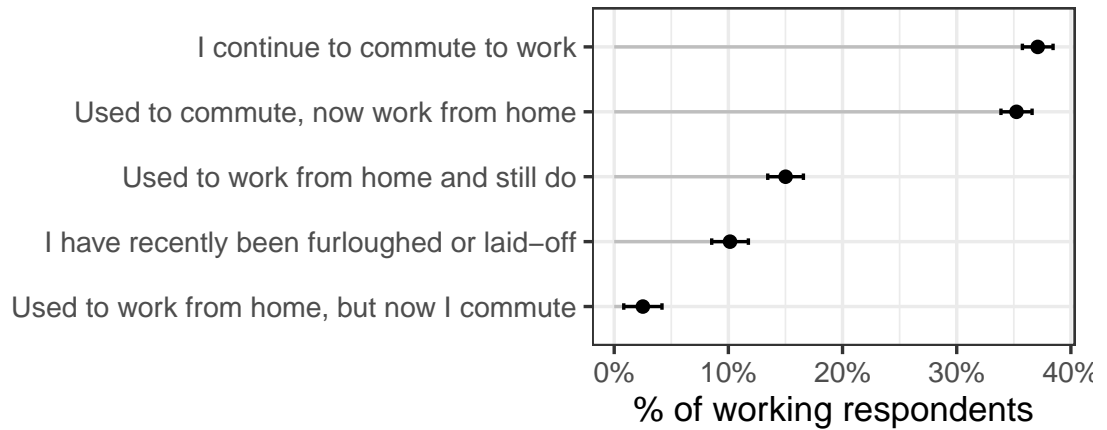
COVID-19 has affected various parts of the US differently, with the main epicenter in New York City. In [Figure 2](#), we plot the fraction of respondents choosing each answer by region. GCS captures a respondent’s city and state, which are then mapped to the regions “Northeast”, “Midwest”, “West”, and “South.”

In the first facet from the left, we can see that the South has the highest

³Our estimates are broadly consistent with the broader literature, which includes a relatively wide range of estimates. [Krantz-Kentkrantz \(2019\)](#) uses 2013-2017 American Time Use Survey (ATUS) data to show 20.5% of workers working from home in some way on an average day. However, our question implies working from home all the time. The remote worker fraction in the ATUS is 11.4%. Our 14.2% estimate is also broadly consistent with the “Freelancing in America Survey” that reported 16.8% of workers report doing most or all of their work remotely, though this includes people working from co-working spaces, coffee shops, homes, etc ([Ozimek, 2020](#)). At the lowest end, the 2019 Census reports 5.3% of workers as “working from home.” The wide range in answers suggests respondent uncertainty about the precise meaning of questions. Nevertheless, our results lie well within the existing estimates.

⁴<https://www.bls.gov/news.release/pdf/empisit.pdf>

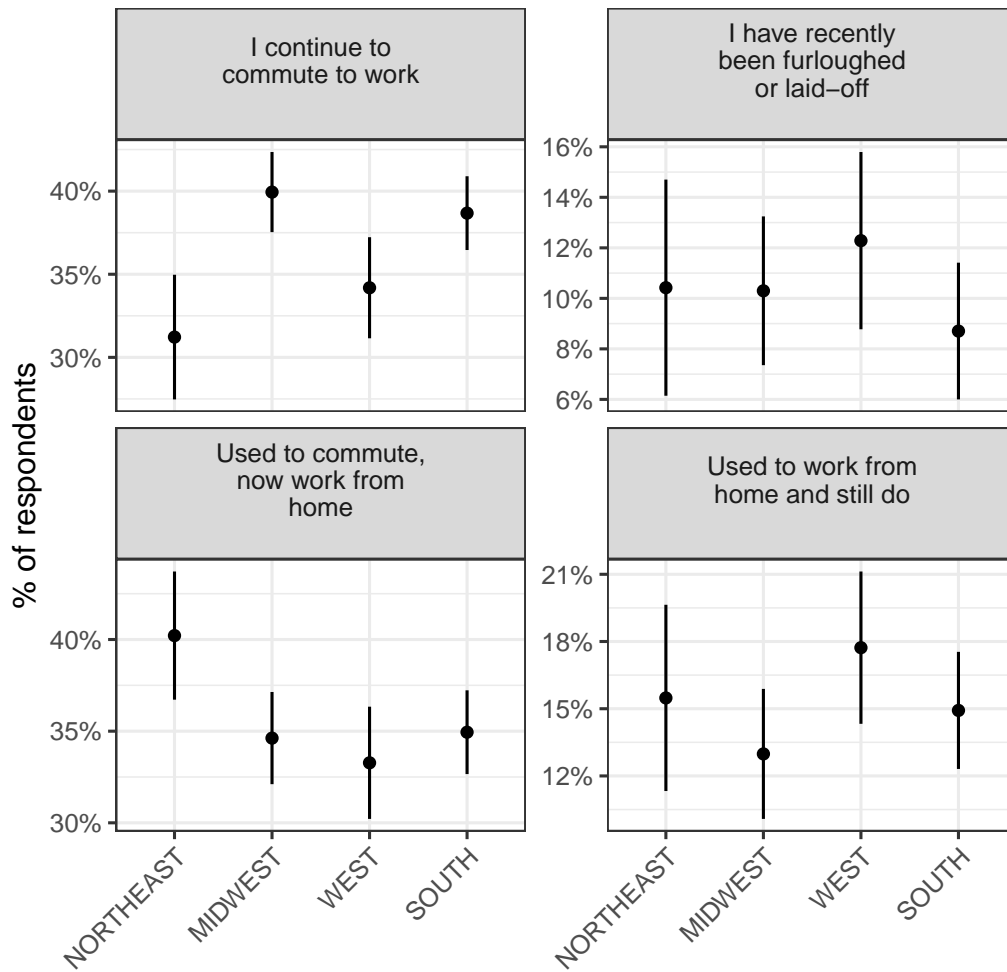
Figure 1: Answers to the question “Have you started to work from home in the last 2 months?”, conditional upon being in the labor force from a US sample



fraction still commuting to work and the Northeast has the lowest. In the second facet from the right, we can see that the Northeast has the highest fraction of respondents switching to working from home, and the South has the fewest. The Northeast started from the lowest fraction working from home, though these fractions are imprecisely estimated and are all fairly similar to each other. The Northeast fraction now working from home is over 40%.

For a finer-grained look, we plot responses by state. In Figure 5 we plot the fraction of respondents that switched to working remotely. As we saw in Figure 2, the highest fraction switching to working from home are in the Northeast. The South and parts of the Midwest show substantially less remote work. It is important to keep in mind that some of these point estimates are fairly imprecise.

Figure 2: Responses by US region



2.2 By gender and age

In Figure 3 we report responses by inferred gender. Fractions are computed separately for males and females, and then a slope graph is used to show differences. Within all questions at a 95% confidence interval, the differences between gender are not statistically significant. Within our sample, however, it appears that men were modestly more likely to continue to commute to work, and likewise women more were more likely to report switching from commuter to work from home status. Men were also slightly more likely to have been recently furloughed or laid-off. Consistently working from home workers show little difference in gender composition.

In Figure 4 we report responses by inferred age. A similar proportion of workers continue to commute to work across all age groups, as is also the case for the recently furloughed or for the contingent of laid-off workers. On the other hand, the proportion of respondents that has recently converted from commuting to work to remote work steadily declines from the 25-34 age group to the 65 and older category. The differences between the 25-34 age group and the 65 and older group are statistically significant, and, as Figure 4 shows, younger workers (above age 25) are more likely to have been converted to work from home from commuting.

Survey respondents in older age groups also reported *remaining* working remotely with greater propensities. These results are directionally consistent with the 2019 Census, though our estimates are larger. The differences may arise from a difference in the question asked. The Census asks about how workers get to work. The 2019 Upwork “Freelancing in America” study found younger workers were modestly *more* likely to work mostly or entirely from home [Upwork \(2019\)](#). It is possible that our survey is somewhere in between, grouping people who do some work at home with those who are fully committed remote labor. We will investigate further in future work.

Figure 3: Responses by gender

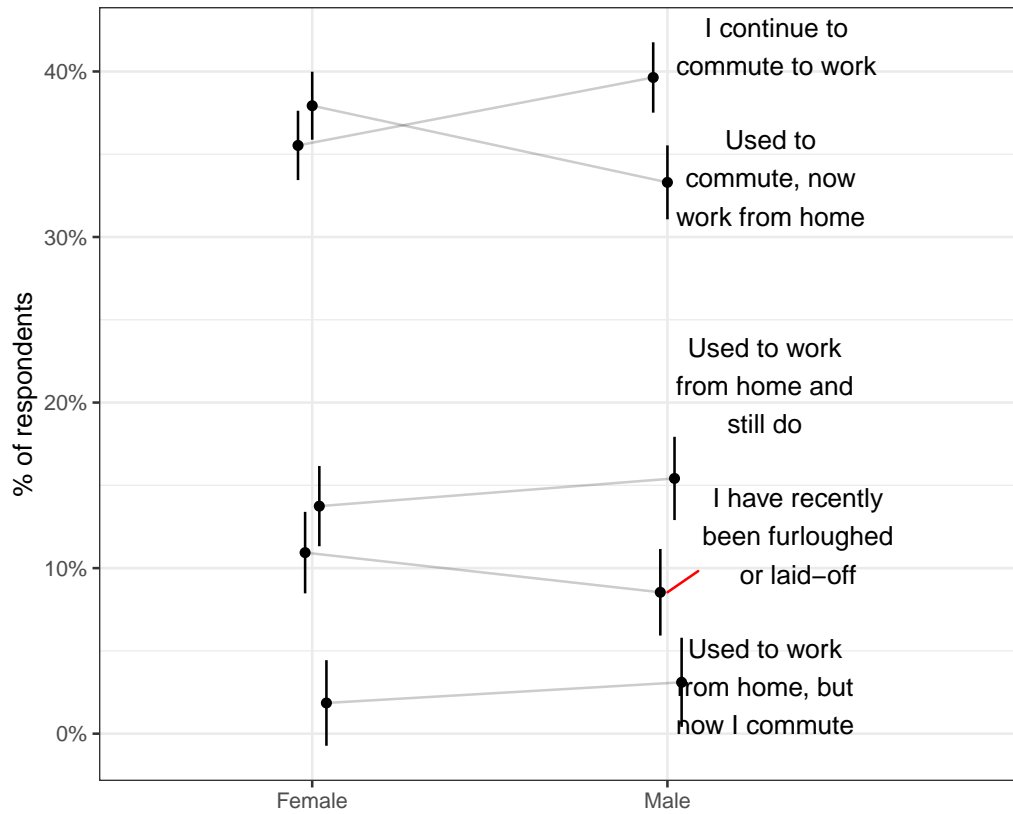


Figure 4: Responses by inferred age

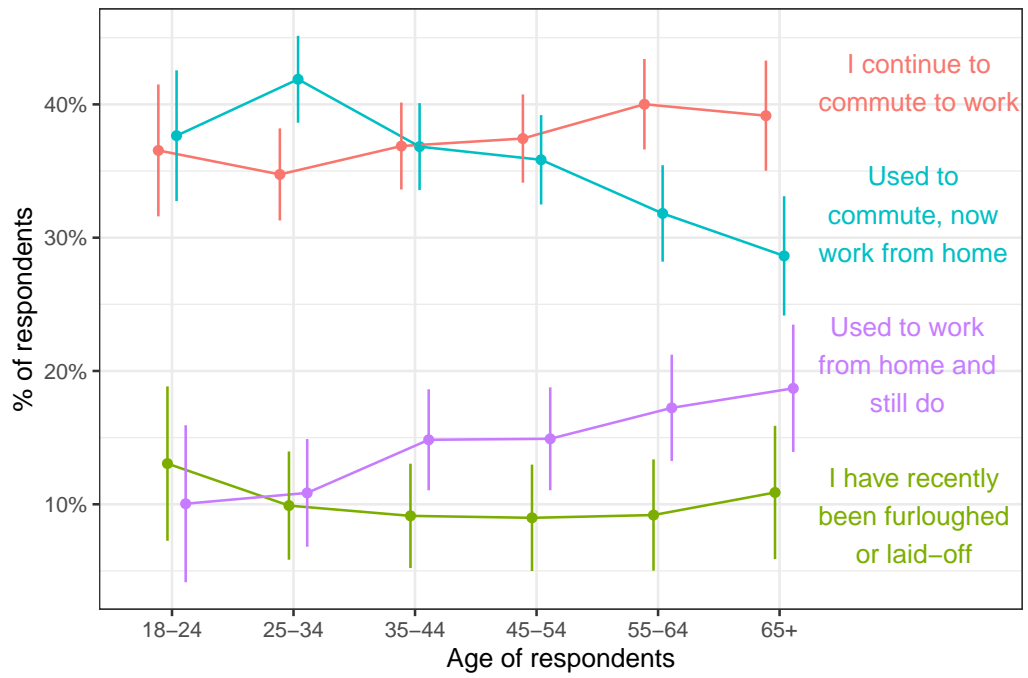
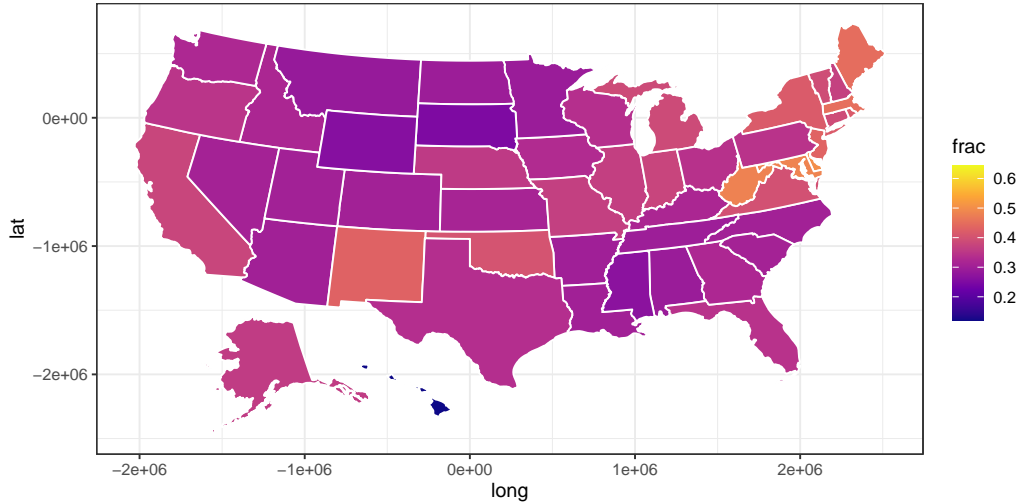


Figure 5: Fraction now working remotely, by US State



2.3 Predictors of across-state variation

The fractions laid-off or furloughed by US State are shown in Figure 6.

In Figure 7 we plot the fraction of respondents working from home versus the fraction still commuting by US state. There is a clear negative relationship, suggesting a fraction of current commuters could potentially transition to work-from-home status. Each 10 percentage point increase in the fraction still commuting is associated with about a 6 percentage point decline in the fraction of workers now working from home.

Table 1 documents how heterogeneity in COVID-19 infection rates (measured as the log of cases per 100,000 individuals⁵) affects switching to remote work or continuing to work from home. We report results from the April (wave 1) as well as May (wave 2) waves of the survey. Column (1) shows that a doubling in COVID-19 cases per 100k individuals is associated with a 5% rise in the fraction of workers who switch to working from home in wave

⁵Data accessed on May 16, 2020 from The New York Times: <https://github.com/nytimes/covid-19-data>

Figure 6: Fraction Laid-off/furloughed, by US State

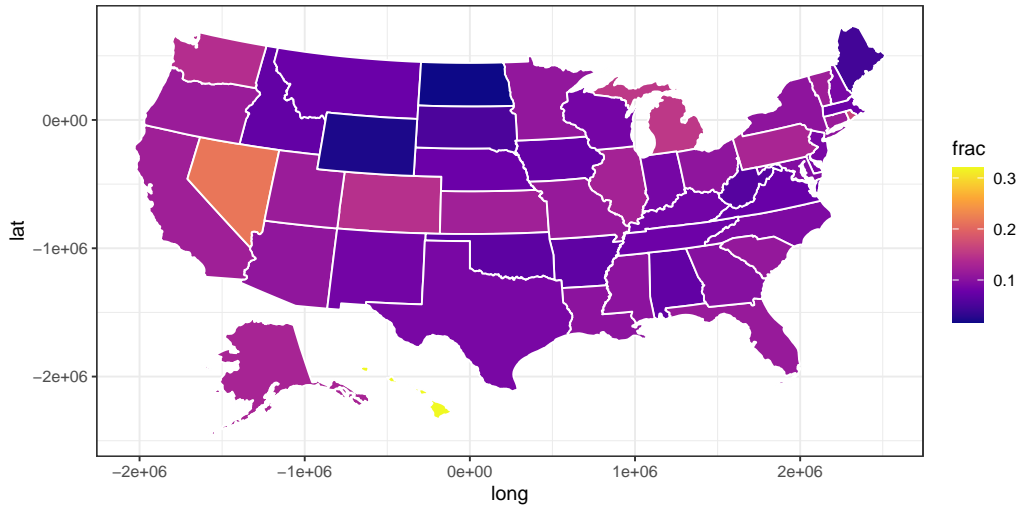
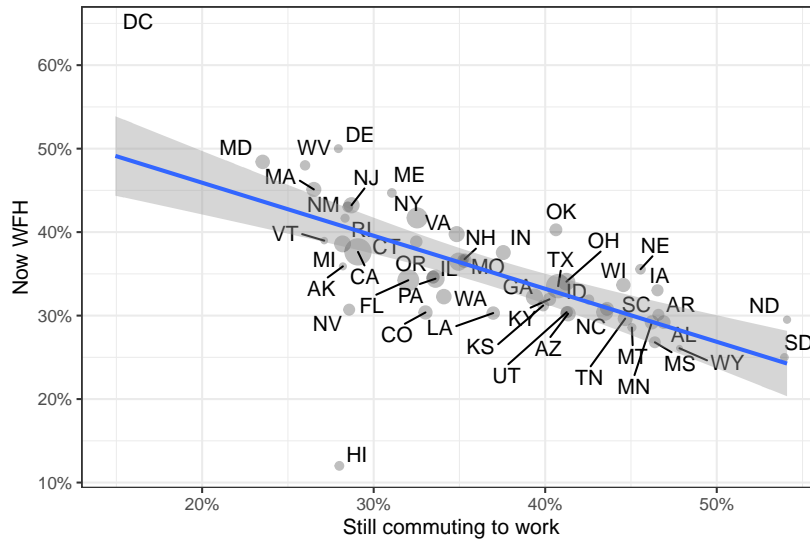


Figure 7: Still commuting versus work from home fractions by US State



1 and a 4.3% rise in wave 2.

Column (2) shows a similar rise in COVID-19 incidence as predicting a 5.4% fall in the fraction of those continuing to commute in wave 1, and a 2.7% fall in wave 2. Waves 1 and 2 show substantial consistency, supporting the conclusion that most changes to remote work occurred by the first wave. We would expect these relationships if higher spread is associated with higher responsiveness of government or individuals. Surprisingly, we do not find a strong or statistically significant relationship between our measure of incidence and survey reports of being furloughed or laid-off. These associations are not to be interpreted as causal and future work will explore the causal effect of the pandemic on switches into remote work.

Tables 2, 3, and 4 document how the pre-COVID distribution of economic activity across states predicts shifts into remote work. In Table 2 we look at how the pre-COVID share of workers working from home (measured in the 2017 ACS) influences survey responses. Interestingly, pre-COVID work from home share is not strongly predictive of COVID-induced shares of people working from home or continuing to commute in either of the two survey waves.

Table 3 shows not all occupations have been affected equally. In particular, states with more workers in “management, professional and related occupations” (Krantz-Kentkrantz (2019)) were more likely to have large shifts into remote work. This is consistent with the classification of these occupations by the Bureau of Labor Statistics as having high potential for working from home. Columns (1)-(2) show that in the April wave of the survey a 1% rise in the share of workers in these occupations is associated with a 1.1% rise in those reporting now working from home and 1.1% decline in those reporting that they continue to commute to work. The May wave yields similar numbers at 1.1% rise in those reporting now working from home and a 0.9% decline in those continuing to commute. Column (3) also shows a greater share in these occupations as being associated with a decline in furloughs or

Table 1: Predicting remote work by state incidence of COVID-19

	<i>Dependent variable:</i>		
	Work from home	Continue to commute	Furloughed or laid-off
	(1)	(2)	(3)
<i>Panel A: Wave 1</i>			
Log cases per 100k population	0.050*** (0.012)	-0.054*** (0.015)	-0.000 (0.007)
Constant	0.136*** (0.047)	0.590*** (0.059)	0.122*** (0.028)
Observations	51	51	51
R^2	0.23	0.19	0.00
<i>Panel B: Wave 2</i>			
Log cases per 100k population	0.043*** (0.015)	-0.027* (0.014)	-0.004 (0.011)
Constant	0.115 (0.083)	0.513*** (0.079)	0.124* (0.067)
Observations	51	51	51
R^2	0.22	0.07	0.01

Notes: Significance indicators: $p \leq 0.1$: *, $p \leq 0.05$: ** and $p \leq .01$: ***.

Table 2: Predicting remote work by pre COVID-19 work from home

	<i>Dependent variable:</i>		
	Work from home	Continue to commute	Furloughed or laid-off
	(1)	(2)	(3)
<i>Panel A: Wave 1</i>			
Pre-COVID fraction working from home	1.161 (0.915)	-1.464 (1.357)	-0.325 (0.524)
Constant	0.278*** (0.040)	0.445*** (0.061)	0.136*** (0.026)
Observations	51	51	51
R^2	0.02	0.02	0.01
<i>Panel B: Wave 2</i>			
Pre-COVID fraction working from home	0.337 (0.974)	-1.057 (1.006)	-0.038 (0.441)
Constant	0.337*** (0.044)	0.416*** (0.047)	0.103*** (0.023)
Observations	51	51	51
R^2	0.00	0.02	0.00

Notes: Significance indicators: $p \leq 0.1$: *, $p \leq 0.05$: ** and $p \leq .01$: ***.

layoffs.

Table 3: Management, Professional, and Related Occupations

	<i>Dependent variable:</i>		
	Work from home	Continue to commute	Furloughed or laid-off
	(1)	(2)	(3)
<i>Panel A: Wave 1</i>			
MPR share	1.152*** (0.122)	-1.100*** (0.170)	-0.229** (0.092)
Constant	-0.092* (0.049)	0.781*** (0.064)	0.205*** (0.035)
Observations	51	51	51
R^2	0.47	0.30	0.07
<i>Panel B: Wave 2</i>			
MPR share	1.076*** (0.126)	-0.889*** (0.164)	-0.143 (0.119)
Constant	-0.043 (0.050)	0.694*** (0.066)	0.153*** (0.048)
Observations	51	51	51
R^2	0.45	0.28	0.02

Notes: Significance indicators: $p \leq 0.1$: *, $p \leq 0.05$: ** and $p \leq .01$: ***.

Table 4 shows that prior share in manufacturing employment is not a statistically significant predictor of switches into remote work. However, as expected, the sign of the coefficient is negative. Similarly, pre-COVID-19 manufacturing share positively predicts continuing to commute. This pattern is statistically significantly different from zero in Wave 2 of the survey; a 1% increase the pre-COVID-19 share of employment in manufacturing is

associated with a 0.84% increase in continuing to commute to work.

Table 4: Manufacturing

	<i>Dependent variable:</i>		
	Work from home (1)	Continue to commute (2)	Furloughed or laid-off (3)
<i>Panel A: Wave 1</i>			
Mfg share	-0.151 (0.385)	0.549 (0.363)	0.070 (0.185)
Constant	0.347*** (0.046)	0.322*** (0.040)	0.114*** (0.021)
Observations	51	51	51
R^2	0.01	0.05	0.00
<i>Panel B: Wave 2</i>			
Mfg share	-0.346 (0.404)	0.838*** (0.308)	-0.113 (0.236)
Constant	0.387*** (0.049)	0.284*** (0.034)	0.112*** (0.029)
Observations	51	51	51
R^2	0.03	0.17	0.01

Notes: Significance indicators: $p \leq 0.1$: *, $p \leq 0.05$: ** and $p \leq .01$: ***.

Taken together, these results suggest that places with greater capacity for increasing the amount of working from home are not necessarily places where workers are already working from home. Instead, the occupation mix is more predictive than prior remote work of the “remote-ability” of the marginal job that is not yet remote. Of course, these estimates are especially relevant for short-run adjustments that workers and their employers

can make. The longer term capacity to rely on remote work and associated hysteresis in employment patterns will take months to years to make accurate measurement possible.

2.4 Impact on unemployment

A natural question is how these various measures vary with unemployment and UI claims by state. In Table 5, we combine our data with that on the April unemployment rate from the Bureau of Labor Statistics⁶. BLS classifies an individual as unemployed if they were out of work and searching for at least four weeks. Our goal is to gauge the extent to which our survey measures (from Wave 2) predict changes in unemployment between February and April 2020.

Column (1) of Table 5 finds that a 1% rise in the fraction of those still commuting to work is associated with 0.18% fall in unemployment rate. Column (2) finds a similar negative albeit not statistically significant relationship between working from home and the unemployment rate. Column (3) shows that a 1% rise in survey reports of being unemployed or laid off is associated with a 0.53% rise in the unemployment rate.

Since COVID may have lowered the intensity of unemployed individuals' search activity, causing BLS to under-report COVID-driven layoffs, we repeat the above exercise with the dependent variable being the negative of the change in employed individuals (using payroll) between February and April 2020, i.e. additions to unemployment from payroll between February and April 2020. Unsurprisingly, across all specifications, the state population explains a great deal of the variation in unemployment. We are interested in asking whether our survey measures account for some of the residual variation.

Results reported in Table 6 paint a remarkably similar picture to the one above. In Column (1), we append the state-specific fraction reporting that

⁶Accessed May 22, 2020 from <https://www.bls.gov/web/laus/laumstem.htm>

Table 5: Predicting unemployment rate by state

	<i>Dependent variable:</i>			
	Unemployment rate			
	(1)	(2)	(3)	(4)
Still commuting frac.	-0.180** (0.069)			
Now WFH frac.		-0.039 (0.075)		
Laid-off frac.			0.527*** (0.118)	
Still WFH frac.				-0.000 (0.000)
Constant	0.201*** (0.029)	0.148*** (0.029)	0.081*** (0.011)	0.136*** (0.010)
Observations	51	51	51	51
R^2	0.15	0.01	0.42	0.00

Notes: Significance indicators: $p \leq 0.1$: *, $p \leq 0.05$: ** and $p \leq .01$: ***.

they were still commuting to work. The higher the fraction reporting still commuting, the lower the log change in unemployment for that state. States that still have large numbers commuting to work should have fewer lay-offs, and so the coefficient on the fraction still commuting should be negative. This pattern is consistent with the observed negative relationship between continuing to commute and the unemployment rate.

In Column (2), the greater the fraction that reports working from home, the *higher* the log change in unemployment. The fraction working from home should, on the one hand, have a protective effect, keeping workers from becoming unemployed, but on other hand, a state with a high WFH fraction has likely had a particularly severe labor market shock, with many additional workers laid-off. What seems likely is that workers who would otherwise be continuing to commute to work are splitting into (a) work-from-home or (b) becoming unemployed.

Column (3), which includes a direct measure of reported lay-offs is positive and significant, but lower than expected in magnitude. Our expectation is that the elasticity of log of unemployment to the fraction laid-off should be 1. This discrepancy might be driven by survey respondents reporting “None of the above / Not working for pay” instead of “I have recently been furloughed or laid-off”.

Finally, in Table 7, we combine our data with that on UI claims from the Bureau of Labor Statistics. We regress the log of the UI claims in a state from mid-March till the end of April on the state’s population and the state-specific fraction for each of the response possibilities.

To interpret these results, consider a state i that has population Pop_i , an employment rate of E_i and a COVID-19-induced fraction of the working population laid-off of LO_i . If UI claims perfectly measured lay-offs, then the state’s UI claims would be $Pop_i E_i LO_i$ and so a regression of log UI claims on the log of each of the terms should give each component a coefficient of 1. In the regressions in Table 7, we use a state-specific employment rate

Table 6: Predicting unemployment numbers by state

	<i>Dependent variable:</i>			
	Log of unemployed			
	(1)	(2)	(3)	(4)
Log of state population	0.995*** (0.029)	1.003*** (0.035)	0.983*** (0.038)	1.039*** (0.070)
Still commuting frac.	-2.122*** (0.386)			
Now WFH frac.		1.329** (0.619)		
Laid-off frac.			2.418*** (0.732)	
Still WFH frac.				-0.002 (0.002)
[1em] Constant	-1.899*** (0.464)	-3.276*** (0.645)	-2.734*** (0.581)	-3.273*** (0.990)
[1em] Observations	51	51	51	51
R^2	0.96	0.94	0.94	0.93

Notes: Significance indicators: $p \leq 0.1$: *, $p \leq 0.05$: ** and $p \leq .01$: ***.

pre-COVID-19 calculated from labor force participation per our own survey and the state population.

Columns 1-3 of Table 7 reveal patterns remarkably similar to Tables 5 and 6 above. The higher the fraction reporting still commuting, the lower the UI claims for that state. The greater the fraction that reports working from home, the *higher* the UI claims. The higher the reported layoff response, the higher the UI claims.

Taken together, these findings suggest that workers who would otherwise be continuing to commute to work are splitting into (a) work-from-home or (b) becoming unemployed and filing for UI.

2.5 Changes over time

Survey responses between the first wave (April 1-5) and second wave (May 2-8) of the survey do not demonstrate significantly different patterns, driven largely by strong positive correlations in responses. For example, when looking within states, the correlation in reports of workers having switched into remote work is 0.79; for continuing to commute to work, the correlation is 0.73, and for being laid off or furloughed it is 0.63. As expected, the tables above thus reveal little change in pattern over time of workers switching into remote work, continuing to commute, or being laid off or furloughed. An earlier version of the paper ⁷, which plotted Figures 1-7 using data from the first wave, shows results from the two survey waves as also revealing remarkably similar patterns. Taken together, these suggest that most short-term changes to remote work and commuting had already occurred by the first week of April.

To gauge whether changes in employment are dynamically responding to the COVID-19 crisis, we regress state-level changes in survey responses across the two survey waves on changes in state-level COVID-19 incidence. Table 8 reports results. Column (1) reveals that the *change* in COVID-19 incidence is mildly predictive of *changes* in switches into remote work. A 1 point

⁷Can be accessed at https://github.com/johnjosephhorton/remote_work

Table 7: Predicting UI claims by state

	<i>Dependent variable:</i>			
	Log state six week UI claims			
	(1)	(2)	(3)	(4)
Log of state population	1.012*** (0.035)	1.019*** (0.042)	1.013*** (0.033)	1.125*** (0.061)
Log of LFPR	-0.554 (0.408)	-0.492 (0.499)	0.249 (0.470)	0.154 (0.526)
Still commuting frac.	-1.666*** (0.473)			
Now WFH frac.		0.671 (0.708)		
Laid-off frac.			2.940*** (0.673)	
Still WFH frac.				-0.004** (0.002)
Constant	-2.304*** (0.519)	-3.221*** (0.788)	-2.765*** (0.553)	-4.052*** (0.793)
Observations	51	51	51	51
R^2	0.95	0.93	0.94	0.93

Notes: Significance indicators: $p \leq 0.1$: *, $p \leq 0.05$: ** and $p \leq .01$: ***.

change in log of COVID-19 cases per 100,000 individuals between April and May increases switches into remote work during this period by 2%. Change in COVID-19 incidence does not, however, appear to affect either continuing to commute or layoffs and furloughs.

Table 8: Predicting changes to work using changes to COVID

	<i>Dependent variable:</i>		
	Work from home	Continue to commute	Furloughed or laid-off
	(1)	(2)	(3)
Log change in COVID cases per 100k	-0.001 (0.008)	0.019** (0.009)	-0.005 (0.006)
Constant	0.028 (0.044)	-0.110** (0.051)	0.004 (0.033)
Observations	51	51	51
R^2	0.00	0.07	0.01

Notes: Significance indicators: $p \leq 0.1$: *, $p \leq 0.05$: ** and $p \leq .01$: ***.

2.6 Implications and suggestions for future work

These are a set of preliminary analyses of a rapidly-evolving crisis. We have documented some early shifts in the economy, and it remains to be seen if some of these changes will last beyond the end of the pandemic. For in-stance, once businesses and individuals invest in the fixed costs of remote work, including technology but perhaps more importantly in developing the necessary human capital and organizational processes, then they may decide to stay with the new methods. Furthermore, the crisis has forced people to try out new approaches, some of which may be unexpectedly efficient or effective. In either case, lasting changes from the crisis would be expected.

Long term changes may involve not only remote work, but also the struc-

ture of industries and international trade. For example, tasks that can be done by remote workers may be more likely to be off-shored, as distance becomes less relevant. The tasks that comprise many occupations may be unbundled and re-bundled to separate those that require in-person presence at a business from those that can be done remotely. Remote work is one way in which employers can protect both the health and job security of their employees. Additional work to understand these changes is needed.

3 Conclusion

We document some early facts about how the US labor force is responding to COVID-19 pandemic. In particular, we find that between February and May 2020 over one third of the labor force switched to remote work, resulting in about half of American workers now working from home. The state-level COVID-19 infection rates predict these switches. Furthermore, states with more people in management, professional and related occupations were more likely to see large shifts toward working from home and had fewer people laid off or furloughed.

If there is hysteresis as people learn new ways to work remotely and businesses reorganize, the pandemic-driven changes may portend more lasting effects on the organization of work. We will continue to track changes to the nature of remote work, asking how pandemic-induced changes transform workplaces in the short and long-term.

The code and data for this project are here: https://github.com/johnjosephorton/remote_work/.

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